

Men's soccer claims KCAC, National Tournament bound

CHRIS NEWELL
Spectator Staff

Just over a week between regular season and the championship tournament, the McPherson College men's soccer team laid claim over the KCAC Tournament championship, its first since the 2008 season.

The Bulldogs have been scheduled to play against the No. 3 seed, Grand View University, in Iowa for the national tournament. The match is slated for this Saturday, Nov. 22. Heading into the tournament, the Bulldogs are ranked No. 22 in the nation, the first and highest ranking they've received in the postseason. The team's win over the defending champions of Kansas Wesleyan on Nov. 15 was reason the Bulldog's reserved a spot in the national tournament for the Bulldogs.

The first step to the championship ran through Friends University on Nov. 13. The semi-final match began with Friends taking ball possession in the first, with McPherson slowly taking charge. The first half ended with no goals scored. Fewer than 10 minutes into the second half, the Bulldogs scored when midfielder Alex Ronneburg, jr., hit one in off the keeper, putting the Bulldogs ahead 1 - 0. A Friends player who got his second yellow card of the day was sent off in the 73rd minute for overly physical play. That allowed Oscar Cortez, sr., midfielder, to secure the victory with a goal in the 86th minute. Forward Nick Torres, soph., got the assist on the play.

The victory took the Bulldogs into the championship game. The winner earned itself a right to play in the National Tournament level, a tournament the Bulldogs had not qualified for since 2008. In the Bulldogs' way was the defending champion, who McPherson had tied with earlier in the season with a score of 1 - 1. Both teams entered the game with 8 wins in a row since their tie.

The same goal scorers from the semi-final worked in the KCAC final. This

time the goals happened much earlier, as the KCAC MVP, Cortez, found the back of the net off of a pass from Ronneburg. KWU was quick to answer with its own equalizing goal just a minute later.

With the score tied, Ronneburg scored the game-winning and championship-claiming goal, as he hit a deep shot outside of the 18-yard box past the keeper. Ronneburg was named the KCAC Offensive Player of the Year.

It wasn't a smooth ride to the end of the game however, as plenty of yellow cards and ejections happened in the second half. A KWU player opened the second half earning a card with a foul in the 52nd minute, followed by Bulldog Octavio Villa, sr., defender, in the 54th minute. From that point on, seven Kansas Wesleyan players earned cards, with three of them being red cards warranting ejections from the game. The total amount was 14 cards for the game due to physical fouls.

The Bulldogs shot 13 shots in the game compared to the Coyotes 5. Forward Kevin Ndongo, fr., led the team with 4 shots, and Cortez had 3 on goal. Torres also had 3 shot attempts on the day. Freshman Goalkeeper Tanner Horton, made just one save, but had plenty of work to do in denying Kansas Wesleyan attempts.

"Certainly a great win for the program," said Coach Doug Quint. "It's nice to get back to our championship ways. Today the KCAC Player of the Year and Offensive Player of the Year showed why they earned the recognition they did with big goals for us. I couldn't be more proud of this group of men."

McPherson hoisted the championship banner to end its season in conference play. The team earned their first NAIA National Ranking for the first time after a season's conclusion.

Team confidence is sky high said one of the team's veterans, Tito Ruiz, sr., defender, "We are very excited after our tournament win. We put a lot of work in, and it's personally very rewarding since

we've been working towards this for four years."

"It feels good to be able to make history here for the program. As a team we accomplished it together, we are all happy,

and we all play for each other. We are very confident in ourselves and each other. We know that we earned the championship, and with our style of play we can compete against anyone."



Photo by Miranda Clark Ulrich

Freshman Alex Ronneburg, mid-fielder, juggles the ball around an opponent to pass to an open teammate. The Bulldogs will travel to Iowa on Saturday Nov. 22 to continue their chance at becoming national champions.



Students play for prizes at Bingo



Photo by Alaina Johnson

Michael Cosby, a senior in automotive restoration technology, and Karsen Stuchl, a sophomore in automotive restoration technology, listen for the next number called at Bingo in the cafeteria of Hoffman Student Union Wednesday, Nov. 19.

4 Student Government Association approves renovation of workout room

5 Sexual assault policy change aims for greater accountability

7 Student explains benefits of vegetarian lifestyle

10 Student explains benefits of vegetarian lifestyle

11 Flannel, facial hair feature in trendy "lumbersexual" look

14 Football team finishes season with victory

16 Men's soccer heads to national tournament

NEWS BRIEFS

Housing open during Thanksgiving break

McPherson College housing will remain open during Thanksgiving break. Students must inform their RAs whether they will be staying during the break. The last meal before break will be dinner on Tuesday, Nov. 25 and there will be no meals until breakfast Monday, Dec. 1.

Housing will be closed for winter break following finals and will reopen on Jan. 3. Students having difficulty finding housing for break should get in touch with the Student Life office located in the back of Miller Library. The Student Life office can also be reached via phone at 620-242-0500 or via email at studentlife@mcpherson.edu. Students looking for transportation assistance can also reach MC Transit. A link was included in an email about break sent by ShaRhonda Maclin on Nov. 3.

APO needs volunteers to help with weekend show

The final play of the semester, "California Suite," opens this weekend with shows from Nov. 20 to 22. This performance will feature dinners each night. Alpha Psi Omega (APO) is looking for volunteers to help with dinner service, teardown on Saturday, Nov. 22 and other odd jobs. Students interested in helping can reach Josh Hall at halljos@bulldog.mcpherson.edu.

College undergoes accreditation evaluation in December

DEVON RUTLEDGE
Spectator Staff

The Higher Learning Commission (HLC) will send a team to McPherson College to do an accreditation check.

From Dec. 8 to 10, a four-member team will conduct interviews and validate a recent McPherson College self-study.

The HLC team will make recommendations to the North Central Association of Colleges and Schools. This visit will determine whether McPherson College is reaccredited, reaccredited with monitoring or no longer accredited.

"That is important because an accreditation makes sure that a college degree from McPherson College is an acceptable standard for higher learning," said Tyler Henning, president of the student government association and junior in automotive restoration management.

The college formed a self-study committee 2011, which examined the school through 2014. The findings and recommendations made by the student and faculty committees are available to view at www.mcpherson.edu/hlc. The self-study highlighted the college's strengths and recommended ways to improve the quality of education.

According to the HLC website, five criteria determine a school's accreditation. The criteria consist of the school's mission; integrity; quality, resources and support for teaching and learning; evaluation and improvement of teaching and learning; and resources, planning, and institutional effectiveness. For more information on these criteria, visit [https://www.ncahlc.org](http://www.ncahlc.org).

Students may be interviewed by one of the HLC members. Cari Lott, associate dean for institutional research, assessment and academic records, said student participation and "awareness of how our actions reflect the institution" is important.

The good representation of the



Photo by Miranda Clark Ulrich

Crystal Osner, a junior in performing arts, and Liz Lindsey, a junior in performing arts and musical education, wear T-shirts the college distributed to raise awareness of this year's accreditation assessment.

college relies on the knowledge of the institution's mission statement of three core components: scholarship, participation and service.

A recent internal survey was conducted during the self study, and was answered by roughly 10 percent of the student body.

Students still have an opportunity to give feedback until the HLC team arrives on campus on Dec. 8. According to an email sent by Lott, students can still submit comments to <https://www.ncahlc.org/HLC-Institutions/third-party-comment.html>.

Volleyball season ends with loss, 3 All-KCAC selections

TERRANCE GRANT
Spectator Staff

In the opening round of the 2014 KCAC Volleyball Tournament on Nov. 11, the No. 8 seed McPherson College Bulldogs lost to No. 1 seed Kansas Wesleyan University and fell 3-1. The loss ended the McPherson College volleyball team's season at 11-19 overall and 4-14 in conference play.

The game began to look very promising as McPherson dominated the first set by winning 25-16. The second set was played very evenly but a late push from Kansas Wesleyan gave the Coyotes the set with a win of 25-22. In the third set, Kansas Wesleyan displayed a dominant performance. Their determination helped them coast for an easy win over the Bulldogs with a score of 25-14.

The McPherson Bulldogs struggled to regain momentum as they entered the fourth and final set. During the opening points, Kansas Wesleyan went up 19-10 over the Bulldogs. McPherson attempted

to fight back, but the lack of time ended their chance of a comeback as the Coyotes ended the Bulldog's season, winning 25-16.

Cortlyne Huppe, jr., middle hitter, led the team in kills with 13 on a team-high of 29 swings. Taylor Johnson, soph., setter, was second highest in kills for the Bulldogs with nine, and first in assists with 22. Johnson also recorded 13 digs and two service aces. Phoebe Barton, sr., right side hitter, was second on the team in assists with 16. The libero, sophomore, Emily Warner totaled a team-high 16 digs.

The 2014 season is over for the McPherson College volleyball team. At the end of regular season play, The Kansas Collegiate Athletic Conference announces the 2014 Volleyball All-Conference award winners. McPherson College tabbed three athletes on the list.

Both Huppe and Warner earned the highest of awards on the volleyball team with Second Team All KCAC while Taryn Lee, jr., middle hitter, earned an Honor-

able Mention award. Senior, Phoebe Barton, right side, received the Champion of Character Award along with one player from each team in the conference.

The Bulldogs will graduate three seniors: Barton, and two defensive specialists, Maci Grimes and Magenta Jackson.

The volleyball team hopes to turn their focus and dedication towards volleyball come the beginning of spring season. The process of recruiting new players and making changes in their play performance will also take place as the Bulldogs hit the weight room next year.

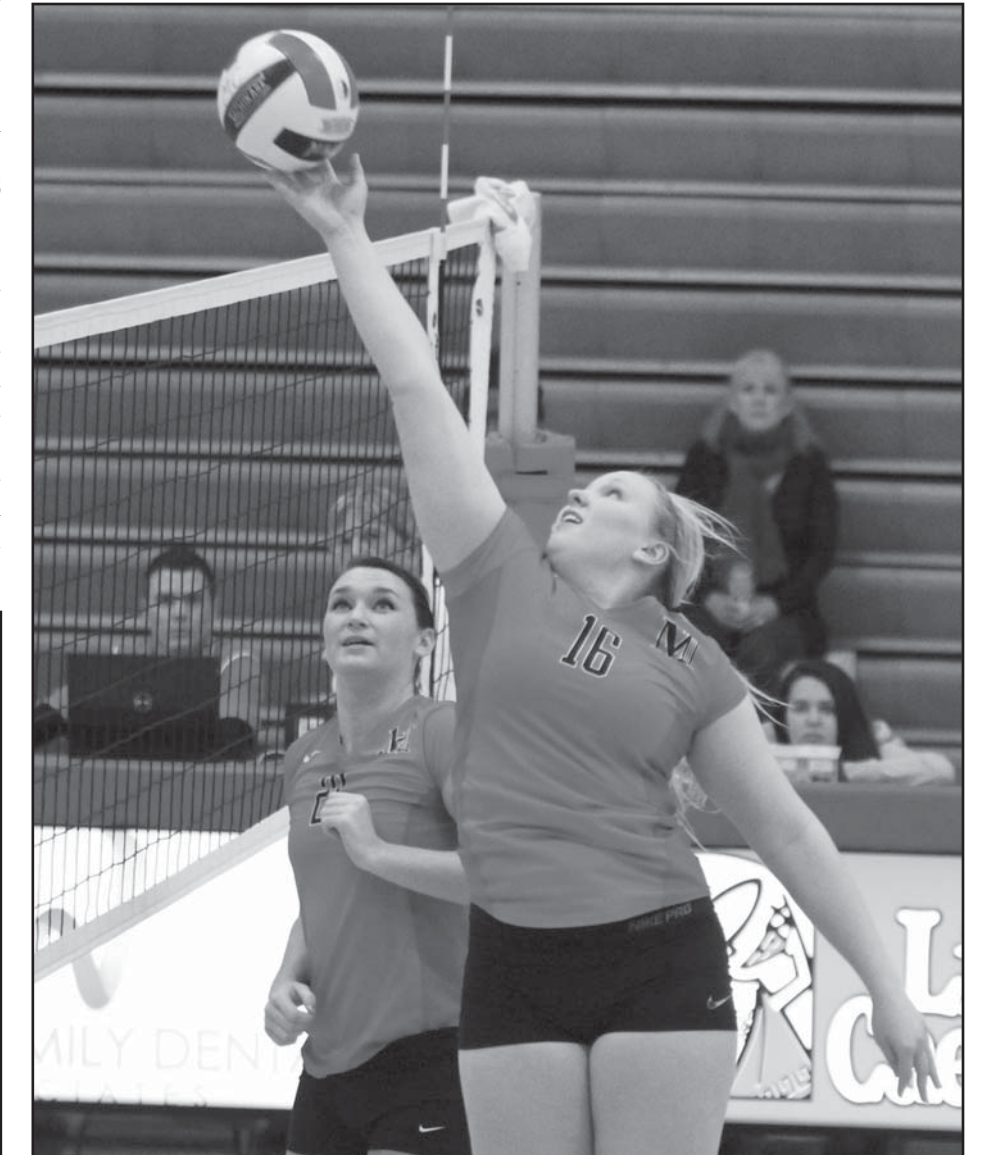


Photo by Miranda Clark Ulrich

(Above) Phoebe Barton, sr., setter, attempts to bring the ball back into play for her fellow Bulldogs. (Left) Magenta Jackson, sr., defense, passes a ball to her setter to give the Bulldogs a chance to score. Barton, Jackson and the rest of the Bulldogs played their last volleyball game of the 2014 season on Nov. 11 when KWU beat McPherson in four sets ending their chance to win the conference tournament.

Men's basketball team falls to crosstown rival

CHRIS NEWELL
Spectator Staff

For just the third time in a 23-game history, the McPherson College men's basketball team lost to cross town rivals Central Christian College on Nov. 12.

While the JV team was able to avenge an early season loss against Central, the varsity squad lost to the Tigers. The loss drops the Bulldogs to 3 - 2 in the early stages of pre-season.

The game started in favor of McPherson. Getting up and down the floor quickly, they were able to take a lead in the opening minutes, pushing their advantage to 9 at one point.

Central Christian played catch up for

the rest of the half. Offensive rebounding and an advantage on the glass was a major contribution for Central, as the Bulldogs went into halftime with a 2-point lead with the score at 34 - 32.

The second half was a different story, as the energy picked up more for Central. The Tigers took the lead just before three minutes passed in the second half. A shot in the paint by TJ Grant, jr., point guard, gave the Bulldogs the lead back around the 15-minute mark, but Central took the lead back within a minute, this time for good.

A late surge from the Bulldogs saw the lead get to only 6, but this was as close as they reached. Central Christian won the game at a score of 81 - 71, a victory

in this year's feature of the town rivalry. Central has now won two of the last three games.

This was the lowest point total for the Bulldogs this year, as they only had 10 goals each half, going 20 - 49 total and shooting 40 percent for the game. Central shot 28 - 71, only 38 percent on the game. The advantage against McPherson came in the rebounding department, as the Tigers out rebounded the Bulldogs 49 - 35. Second chances for Central Christian College was what gave them the scoring advantage in the game, even though they shot a worse percentage. One player for Central alone tallied 16 boards.

Throughout the game McPherson was

led by Darius Hill, sr., forward. He had 20 points and 5 rebounds with 2 steals. He shot a perfect 8 - 8 from the free throw line. Grant went for 18 points, grabbing 5 rebounds as well while recording 5 assists. Louis Parker III, fr., forward, chipped in 8 rebounds off the bench as well.

The Bulldogs had some time off after this contest. The next competition is the McPherson Classic, set for Nov. 21 and 22. The team will face Baker University, followed by Haskell Indian Nations University, a team that they beat in the opening game of the season.

In regards to Central Christian, the Bulldogs will have to wait for next season to avenge this season's outcome.

Football finishes its 2014 season with a victory

TERRANCE GRANT
Spectator Staff

It was a great day to be a McPherson College Bulldog as the football team, on Senior Day, was able to get a much needed win 10-7 against Southwestern College on Nov. 15. This was the final game of the 2014 season and the McPherson College Football team ended the year at 4-7 overall and 4-5 in the KCAC.

The game was a low scoring game so not much happened but stops by each team in the first quarter.

In the second quarter was when the game started to get really interesting. McPherson was the first to score with a 27-yard field goal from Christian Guerra-Barbosa, soph., linebacker. In the middle of the quarter, Southwestern took advantage of a McPherson turnover and scored their only points of the game to go up 7-3. Following Southwestern's score, the McPherson College football

team scored as Cody Groff, soph., quarterback, hit sr., wide receiver, Michael Ramos, with a four-yard pass.

In the second half, it was more like the first quarter with a lot of defensive stops. The Bulldogs made the key stop by not allowing Southwestern to kick a field goal to tie up the game, preserving the win 10-7.

The McPherson College football team gained a total of 275 yards with 237 of them coming on the ground. Miles Balthazor, fr., running back, ran for 110 on 27 carries and Groff rushed for 88 on 18 carries. Passing, Groff threw for 79 yards on 12-of-21 with two interceptions and a touchdown. Ramos totaled a team-high six grabs for 36 yards and the score.

McPherson will graduate 13 seniors from their 2014 squad. Head Coach Steve Fox and his staff will begin the preparation for their 2015 season.

Upcoming Events

Friday, Nov. 21

Men's Basketball vs. Baker University
(Home) at 8 p.m.

Women's Basketball vs. York College
(Home) at 6 p.m.

Saturday, Nov. 22

Men's Basketball vs. Haskell Indian Nations University
(Home) at 4 p.m.

Women's Basketball vs. Haskell Indian Nations University
(Home) at 2 p.m.

Cross Country vs. NAIA National Championship
(Away) at TBA

Men's Soccer vs. Grand View University
(Away) at 5 p.m.

Some KCAC schools lose quarters for laundry

LAURINA HANNAN
Editor-in-Chief

McPherson College is one of four KCAC schools that still requires students to pay for laundry with quarters. Although six KCAC schools don't use quarters per laundry load, McPherson students use the fewest quarters of the four other schools.

McPherson College charges 50 cents to wash and 75 cents to dry. Bethel College charges 75 cents to wash and dry. Ottawa University charges \$1.50 to wash and \$1.25 to dry but has the option for students to use their Brave Cards instead of quarters.

Some of the schools, Tabor College, University of Saint Mary and Bethany College, absorb the laundry prices into the general housing costs. Southwestern has a laundry fee of \$75 that covers laundry costs for the semester. Friends University and Kansas Wesleyan University have free laundry services on their main campuses.

Sterling College students participating in its foster family program with community members sometimes have the opportunity to do laundry off-campus with the families. This can be an opportunity for these students to do their laundry for free, said Melissa Virts, admission assistant in student life for Sterling College.

Tabor College made the switch to quarter-free laundry three years ago, said Kirby Fadenrecht, senior vice president for business and finance for Tabor College. He mentioned that since the 80 machines don't accept quarters, the annual contract can be absorbed in the raised and then frozen housing costs.

Although Bethel University still requires using quarters, it is considering a quarter-free system for the students.

Aaron Austin, vice president for student life at Bethel, said without the coin receptacle, the machines are less likely to break and need maintenance. He said he suspects having a quarter-free laundry system would create happier students.

"It's a convenience for the students," Austin said.

Dusty Kitchen, director of housing, said he doesn't hear McPherson College students complain much about the laundry services provided. If anything, he hears from students' parents about how the parents had to leave campus when they were in college to visit a laundromat to get their clothing cleaned.



Photo by Marissa Patton

Abigail Trenkle, a sophomore in business administration management, unloads a washing machine in Bittinger Hall on Wednesday, Nov. 19.

NEWS BRIEFS

Students can apply for Ethiopia trip in spring

Students can take a trip to Ethiopia from March 25 to April 1 next semester. The trip will take students to churches and a monastery and Africa's largest outdoor market. Students will do service work at an orphanage and local school and deliver wheelchairs to polio victims.

Students interested in going on the trip should reach Herb Smith at smithh@mcpherson.edu or call him at 620-242-0533 or 620-241-7128. Scholarships are also available if cost is an issue.

Students, faculty, staff can add tags to wreath

Students, faculty and staff are invited to add to a wreath of gratefulness hanging in Miller Library. Faculty started the wreath during a faculty meeting and placed in the library for others to add to it. Tags are located by the wreath for people to write down what they're grateful for and then hang on the wreath.

Students can still apply for housing changes

Students can now apply for new housing. Students looking for any new housing including a new roommate, new room, new dorm or apartment should apply now. Students can email Dusty Kitchen, director of housing, at kitchend@mcpherson.edu. His office hours are 10 a.m. to 1 p.m. in the Hoffman Student Union.

SGA approves SU recreation room renovation

KALA TIEMANN
Spectator Staff

Students will have access to a renovated recreation room in the future. The Student Government Association (SGA) is preparing to renovate the recreation room in the basement of Hoffman Student Union.

Every year the SGA tackles special projects to improve the students experience while on campus.

Last year SGA's project was cafeteria renovation. This year, SGA proposed three options: continue cafeteria renovations, increase Internet bandwidth or renovate the recreation room.

Cafeteria renovations would involve removing a few walls and possibly creating a "grab and go" food station. The Internet bandwidth project would involve increasing bandwidth to 100 megabits per second with a three to five year contract. To renovate the recreation room would involve an expansion of the space with more exercise machines. The SGA members unanimously voted to expand the recreation room.

Tyler Henning, president of the SGA and a junior in automotive restoration management, said one of the reasons the recreation room renovation became a priority is because of the recent addition of a film room in the Sport Center.

Henning explained that the film room took the place of the cardio equipment. He said that with the cardio equipment from the Sport Center now in the in the SU recreation room, the space can be tight split between non-athlete students and athletes.

Henning said the expansion will take place in two parts.

The first part of the expansion will use an allotted \$10,000 to purchase indoor exercise equipment during holiday sales. The second part of the project



Photo by Joel Stocksdaile

Ryan Orscheln, a freshman in automotive restoration technology, uses a recumbent exercise bike in the soon-to-be renovated recreation room in the basement of the Hoffman Student Union.

would include the expansion of the recreation room and the installation of the equipment.

Henning added that he "hopes to get more students downstairs to increase a quality of life and alleviate health concerns on campus."

Elizabeth Newby, a senior in elementary education and SGA board member, said, "There were a couple of ideas tossed around. This was not my first choice to do because I do not live on campus. After hearing the information that was presented, I felt this was the best choice overall."

Newby said, "From what I have heard from several students, we need to update the workout area. The items in there are old. It is time for something new to works better."

Students do seem to be looking forward to the renovation.

Sam Brandyberry, a sophomore in business accounting and management, said, "I'm excited for the renovation because I use the workout room and the equipment needs to be updated."

Todge Cooper a sophomore in physical education and health, said he is "very

excited for the new machines" and he "cannot wait to try them out."

"I'm so excited for these new renovations and new equipment," Kelsey Eby, a sophomore in automotive restoration technology, said. "It will be extremely nice to be able to get a better more complete work out in the union."

Henning said students can bring concerns and suggestions to the SGA or representatives. Students can email the SGA at studentgovernment@mcpherson.edu or can visit the office in the basement of the Hoffman Student Union.

Bulldogs win big against crosstown rivals, CCC

TERRANCE GRANT
Spectator Staff

The McPherson College women's basketball team took down crosstown rival Central Christian College 76-52 on Nov. 12. This was their first victory of season moving them to 1-6 on the year.

In the first half, there were a lot of turnovers by both teams and nobody could score a basket early on. McPherson turned the ball over 15 times in the opening period

and was losing to Central Christian 34-27 at the break. The McPherson College Bulldogs were 10-to-32 in the half.

In the second half, McPherson turned up the intensity and took control of the game early. Sunny Smart, jr., guard, took over the second half with a few three balls, McPherson increased their gap on Central to double-digits with five minutes to play. A couple late baskets brought the final score to 76-52.

For the game, the McPherson College

Bulldogs were 25-of-65, and were 9-of-25 from three-point range. From the free throw line, they were 17-of-28. The McPherson College basketball team outrebounded Central, 62-42, and had 20 offensive boards. The Bulldogs also scored 42 points in the paint and 26 second chance points.

Bailey Brown, jr., guard, led the team in scoring with her 27 points on 6-of-11 shooting with one being from deep. The junior netted an incredible 14-of-16 from

the charity stripe. Brown also had 12 rebounds, three assists and three steals in her 32 minutes of action. Smart totaled 19 points as she made 7-of-16 field goals including 5-of-13 from range. She led the team in rebounds with 15 and in assists with four. Alicia Demerat, fr., forward, brought in 11 rebounds and scored 8 points despite only playing 14 minutes.

McPherson's next contest is scheduled for Nov. 21. The Bulldogs will face York College at 6 p.m., Friday night.



Photo by Seth Sterling

The women's basketball team defends its basket against cross-town rivals, Central Christian on Wednesday, Nov. 12. McPherson defeated the Tigers 76-52. The Bulldogs' next match is scheduled for Friday, Nov. 21 at the Sport Center against York College from Nebraska. Tip-off is at 6 p.m.

Holidays remind students they should be thankful

Turkey, green bean casserole and pumpkin pie. Mapping out a Black Friday shopping plan of attack. These are the things Thanksgiving is made of. Isn't it funny how family, the crisp autumn wind and having a relaxing break don't make the list?

While in high school, I started a tradition in the month of November. Every day, I would wake up and center my first thoughts on all I am thankful for.

Not surprisingly, things like cats and my favorite coffee shop always made the list.

However, as the month wears on, it becomes increasingly difficult to find things I'm not grateful for.

I have a warm bed to crawl into every night, the opportunity to further my education and the resources to contact any of my family, no matter their location at

any point. I'm surrounded by so many great people. I have the capabilities to go on a midnight doughnut run any night of the week. You know the one thing I don't have, actually?

Room to complain. Too often, at this point in the year, I become so focused on events to plan, presentations to prepare and the sleep I am missing out on while trying to get everything done.

While all of this is happening, I forget that these all stem from the opportunities I have been given.

We're at this part of our lives where we get to make our own choices. We decide who we want to associate with and how to spend time.

We get to take classes with other students who will be doctors, coaches and

entrepreneurs.

We get the opportunity to learn experience different perspectives and viewpoints from them.

We have unending care from our college professors, as well as support systems back home, challenging and encouraging us to pursue our own version of greatness.

So I present this challenge: take out time to be thankful and be as creative as you want.

Pay forward all you've been given.

Write a nice note to a favorite professor who is going the extra mile. Offer to prepare the sweet potato pie for your family. Do something, anything, to show your attitude of gratitude.

SPIRIT OF THANKSGIVING

Jo Hoffman



ON THE FLY

What is a tradition you have with your family or friends for the holidays?

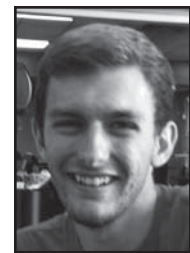
"We make tamales on the 24th. Everyone helps make them and once it hits midnight we open presents."
Laura Puente, jr., business administration



"I always get together with my dad's parents on Thanksgiving for lunch. For dinner we go to my mom's side."
Lindsay Moss, soph., communication



"When we come home from church we eat and then open our gifts. We spend the day with my dad's side of the family."
Emily Dumler, jr., accounting and finance



"My family is made up of more than 40 people. We always have a big Thanksgiving football game in the backyard."
Logan Schrag, fr., business administration



"After the first major snowfall in Wichita, my family and I will watch 'It's A Wonderful Life.'"
Nick Greenway, soph., performing arts and theater education



"For Thanksgiving we play volleyball and my aunt sets up a hay bale maze on their property."
Josh Korte, sr., business administration

Campus members required to report alleged sexual assault

JOEL STOCKSDALE
News Editor

McPherson College students now have more reason to keep an eye out for each other because of this year's revised sexual assault policies.

McPherson College revised the school's policy to meet requirements by new government legislation.

Because of new national legislation, McPherson College instituted updated sexual assault policies and practices starting with the Fall 2014 semester.

This year's sexual assault policy now addresses expanded accountability and responsibility of college community members. Now the policy states that any member of the college, student, faculty or staff, must report any alleged incident of sexual assault, dating violence, stalking or rape or attempted rape. Members of campus who do not report alleged incidents of sexual assault, will also face

disciplinary action.

According to the Clery Center website, clerycenter.org, the U.S. government passed the Violence Against Women Act amendments to the Jeanne Clery Disclosure of Campus Security Policy and Crime Statistics Act earlier this year. The act is designed to add additional protections for victims of sexual assault and the deadline for colleges to have compliant policies is July 2015.

Among the guidelines and requirements given by the amendments are increased accountability and education. ShaRhonda Maclin, dean of students and Title IX coordinator, said the college is addressing both of these requirements.

Joel Kellogg, a sophomore in automotive restoration technology, said he felt the new policy change for increased accountability is positive.

He said, "Making other people who know about incidents responsible may bring more resolved cases and bring cases

to light."

Monica Ewy, a sophomore in automotive restoration design, also felt the policy could help victims come forward.

"It's good because you do have cases where people are scared," she said. She also saw a potential downside as well. She said she would be concerned about someone making a false report about someone else they didn't like to get that person in trouble.

According to the policy, members of campus should report incidents to the dean of students or Title IX coordinator, chief academic officer or director of human resources. Maclin can be reached at her office in the back of Miller Library, via email at maclins@mcpherson.edu or by phone at 620-242-0501.

The new amendment also requires additional and continuing education. Maclin said the college has begun addressing this. A few weeks ago, she went to each dorm to have meetings with

all residents to discuss some of the new changes to the policy. Following that, students presented sexual assault facts and statistics at the homecoming week Powderpuff football game. She said she is also working with Allie Hicks, a sophomore in psychology and health and human services, to plan programming, which will include another red flag campaign similar to last year and possibly a T-shirt to spread awareness of the need for consent which reads, "Mustache you a question. Respect the answer." Other possibilities include speakers and online courses.

Maclin said further education also applies to staff and faculty. She said she and other faculty and staff members underwent training over the summer.

Maclin also said that other portions of the policy remained the same such as disciplinary and investigative policies. She said they are still compliant with the new amendment.

Students reminded to protect belongings as semester ends

RYAN KRESKY
Spectator Staff

The dean of students sent a campus-wide email on Friday, Nov. 7 with the subject "KEEP IT LOCKED UP!" to remind students to protect their belongings before Thanksgiving Break.

ShaRhonda Maclin, dean of students, included in the email to students to lock up their belongings and lock their doors if they leave their rooms unattended, even for short periods of time.

The email gave tips about how to prevent students from having their possessions stolen. Maclin said the email "was sent as a reminder" to students because this time of year is when "thefts may increase."

She said the reason why thefts can increase this time of year is because "it is harder to track" students when it is time

for them to return home. Maclin said electronics and video games are among the most commonly stolen items on campus.

Another reason Maclin gave is that students sometimes allow other people to use their keys or don't report lost room keys and leave their rooms unlocked, making them "easy targets."

Although dorm rooms are at risk of theft, they aren't the only places theft can happen. Maclin said "everywhere is a possibility" meaning students should also be cautious outside of their rooms.

Maclin also said that people have been caught stealing though she did not disclose the exact numbers. She also said the number of thefts has not changed significantly.

Maclin said, "every college has this issue" and said again students should lock their rooms every time they leave for break whether it is a fall or spring semester.



Photos by Lora Kirmer

Sam Harris, a freshman in automotive restoration management, locks up his dorm room in Morrison Hall on Wednesday, Nov. 19.

The Hot spot

BY: ROBIN DE YOUNG

A GLIMPSE INTO THE LIFE OF
ASHLEY SPENCER, HEAD SOFTBALL COACH



HOW LONG HAS SOFTBALL BEEN A PART OF YOUR LIFE?

I have been playing or coaching softball since I was 10 years old. I never played T-ball or coach pitch though. My mom pretty much threw me in with the older kids and I started playing fast pitch. Once our team's pitcher stopped showing up, so my mom told me I had to be the pitcher and that passion just grew from there. My mom pitched in college, so I had a good role model in teaching me the fundamentals of pitching and the game. From there on, I just grew to love the game and everything about it.

WHAT INSPIRED YOU TO BE A SOFTBALL COACH?

I had always realized that I wanted to coach softball, but never really knew what level. During my freshman year at Cowley County Community College, I was inspired by the assistant Coach

Suzanne Unruh to coach at the college level. At KU, I had great coaches that helped me turn my dream into reality. After I graduated from KU, I went to Tabor College to be the graduate assistant for Coach Unruh. She helped lead me into this job at McPherson.

HOW DO YOU LIKE MCPHERSON?

McPherson has been a great place to start my career. The people of McPherson College and the community have been welcoming in helping me get established. I have been able to spread my passion about academics and softball to a great group of athletes. There is a tremendous amount of potential behind them and we are excited for them to start their season this spring.

WHERE DID YOU GROW UP?

I am originally from Weir. It is located in southeast Kansas with a population of about 300. My family all still lives in that area.

DO YOU HAVE ANY HOBBIES?

When I am not focusing on softball, I love to do crafts. I am a huge Pinterest junkie.

WHAT'S THE MOST FUN OR CRAZIEST THING YOU'VE EVER DONE?

I have been on three cruises and have always zip-lined, snorkeled or went hiking on them.

WHAT THINGS DO YOU HAVE ON YOUR BUCKET LIST?

A few things I have on my bucket list would be to go to the Olympics sometime in my life, to visit every state and to be on the show "The Amazing Race."

Students to perform 'California Suite'



Photo by Alaina Johnson

Tyler Henning, a junior in auto restoration technology, and Karrington Sneed, a freshman in music education (above), and Chandler Dohe, a junior in music education, and Logan Schrag, a freshman in business administration, rehearse for "California Suite" in Mingenback Theatre.



LEAD EDITORIAL

Sex trafficking hits closer to home than some realize

Prostitutes have a certain stereotype: tight and cropped shirts on top and short skirts over tights with large holes and high heels on the bottom, working on the dark on a street corner in a sketchy part of a large city.

What people do not realize is that there is another side of prostitution.

A forced and violent side.

That side is called sex trafficking.

Jan. 11 is National Human Trafficking Awareness Day, and it is important to understand that victims of trafficking are closer to home than we sometimes realize.

Rolling out, an African-American source for entertainment and news published an article on April 5 this

year that said the "Federal Government released a study on sex trafficking indicating Atlanta as the No. 1 city in America for this crime."

Most people have heard the term 'sex trafficking,' however they write it off as only a problem in developing countries.

That mindset could not be more wrong.

Sex trafficking is a gigantic problem in the United States.

The Covering House, which is a "place of refuge and restoration for girls who have experienced sexual trafficking or exploitation," said "sex trafficking occurs when an individual is forced or coerced into the commercial sex trade against their will."

These victims are recruited, threatened, deceived, coerced and abducted into the life that is sex trafficking.

While these businesses use some of the same venues as prostitution, they are not the same.

Prostitution, while not legal, is a choice made by the person.

Sex trafficking is forced. It is against the person's will and is often a very violent and destructive life.

Ebony, an African-American lifestyle magazine, published an article about Atlanta and the problem of sex trafficking there. In its November 2014 issue, the magazine recounted one young survivor's story.

In the article, Keisha Head, a survivor

and now advocate for these victims, told her story about how she was molested and abused in her childhood.

By the time she was 16, Head had run away from 42 group or foster homes.

She found herself with nowhere to turn and was threatened into sex trafficking.

The Covering House's website said around 300,000 children are at risk in the United States alone and the average age of the victims are only 13 or 14 years old.

Although prostitution can be a very violent life, these individuals choose to engage in the behaviors.

Circumstances may make it seem as though there is one option, but there is always a choice.

Flannel, facial hair replaces metrosexual trend

Leather, plaid, denim, flannel and beards.

We have reached the age of the urban woodsman. They can be found walking down the street wearing plaid and denim with an impressive beard needing 20 minutes of grooming to make sure that no hair was out of place.

Metrosexual is a thing of the past. What is now called "lumbersexual" is the go-to trend.

GearJunkie.com said that this breed of masculinity, the lumbersexual, "looks like a man of the woods, but works at The Nerdery, programming for a healthy salary and benefits. His backpack carries a MacBook Air, but looks like it should carry a lumberjack's axe."

It's all about appearing as if he can work in a forest, but without the wood element.

Whatever people may say about it, a

good amount of women find it extremely attractive.

The real question is how long it will last. Until December when men aren't confined by the ideal that they shouldn't shave? Or when spring hits and flannels aren't in season?

We won't know. This trend will either withstand the criticism it is getting for creating labels and accelerate gender stereotypes or crumble under those statements.

In a society making its way toward breaking stereotypical gender roles; lumbersexual may not be as accepted as people hope because it emphasizes masculinity.

There have been multiple occurrences, especially on Tumblr, where this has been called "promoting toxic masculinity" and giving "credit to a bunch of white cis men for no reason other than upholding a

European beauty standard" according to a blog called theamazingindi.

It is perfectly okay to claim to be lumbersexual, deep-woods hipster or ruggedly handsome.

The constant criticism pulls away from the fact that this is a culture of sorts by choice. It is not forced upon men to constantly uphold this standard of having a luxurious beard and being an innovative craftsman.

It does not matter if a man decides he wants to conform to the lumbersexual

lifestyle. He may decide that he wants to be "metrojack" which is a stage between metrosexual and lumbersexual, allowing him to get the best of both worlds. None of these choices truly affect anyone except for the man who makes them.

So men, grab a flannel, grow a beard and get a hold of a craft beer because it is officially the age of the lumbersexual. It's going down—and we're yelling timber.

MODERN MASCULINTY

Amanda Leffew



Eating less meat helps create best performance

It's hard for college students such as ourselves to think far enough into the future where we can imagine ourselves on a surgery table, chest cut open, surgeons elbow deep in our chest. It's hard to imagine that 10 plus years of McDonald's drive-thru could be the cause of this. It's hard to imagine feeling happier and having more energy because of a simple diet change, but it's real and it's backed by facts.

Nowadays, it is expected to use the quick-fix method for bad health with prescriptions and surgery instead of eating right and exercising. The United States is considered one of the best places to get medical care, but ranked among the worst in the world for health. According to Livestrong.com, "In the United States, obesity statistics indicate that almost one in every three people is medically obese."

Many people think cutting meat out of their diet is extreme. But it's better than having to take drugs or having a six-hour long triple bypass surgery, that according to the Mayo Clinic, requires up to a 12-week recovery period is extreme.

Most people's main concern about going vegetarian is that, aside from missing the taste of meat, they won't get enough protein. Contrary to popular belief, humans don't need that much protein, even an active athlete. If you're curious how much protein you actually need, meals.com has a protein calculator that computes your protein needs by height, weight, age and exercise. For example, nomeatathlete.com says that a 140 lb. female endurance runner needs about 83 grams of protein a day compared to a non-athlete who only needs 50 grams. Fifty grams is about a hockey puck sized

piece of meat or about two cups of cottage cheese.

There are many meatless ways to get protein. Quinoa, which has a grain-like consistency, is a great way to get protein.

When I first started incorporating meatless meals into my diet, I followed many vegan and vegetarian people on social media who posted recipes on Instagram and Facebook. This helped me get a handle on what kinds of meals to make until I was comfortable experimenting.

I drew my motivation for eating healthy from documentaries found on Netflix like "Forks Over Knives," and "Hungry for Change."

If you're interested in making a life change or learning more about eating healthy, I'd suggest doing research. If you fill your mind with information, it will be easier to fill your body with more health conscious choices.

After all, you can't put garbage into your body and expect it to perform it's best.

ON A FINAL NOTE

Robin De Young



Letters to the editor

Any student, staff or faculty member can submit a letter to the editor for the Spectator.

Letters should be limited to 350 words in length. The letter must be accompanied by the signature of the authors; letters may not be sent anonymously.

Letters may be edited for grammar, spelling, content or length. The newspaper staff reserves the right to refuse publication.

All letters should have a point

that is constructive or contributes to the enhancement of the student body; the newspaper staff will not print libelous material.

Anyone can submit a letter to the editor at any time if time of publication isn't vital to the author.

Letters can be printed and then submitted directly to any member of the newspaper editorial staff or emailed directly to the Spectator at hamlmeg@bulldog.mcpherson.edu.

Views Expressed

The viewpoints pages provides diverse views on contemporary issues to stimulate discussion and promote the shaping and progression of ideas. Editorials are the official position of the newspaper, but are not the official views of the student body, staff, administration or McPherson College. Other views are the opinions of the individual authors or artists.

The McPherson College SPECTATOR

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Choir students to travel across Europe

Concerts will feature American theme for European audience

CLAIRE CROSSMAN
Spectator Staff

Members from the McPherson College Choir and Band will be traveling on a European tour this interterm.

From Jan. 8 to 21 roughly 40 students, parents, faculty and alumni will arrive in Poland and make their way to Germany, Austria and the Czech Republic.

Luke Hannan, a sophomore in auto restoration, said that this will be his first time traveling out of the country.

"We will be doing American songs to share a part of our American culture,"

Hannan said.

Although the focus is on performing, there will be no lack of sight seeing or the opportunity to experience different cultures.

Elizabeth Lindsey, a junior in music education, said, "We will be visiting the infamous concentration camp Auschwitz, seeing the castle Cinderella was based off, underground salt mines and visiting so many cool historic places."

Students anticipate that it will be a special trip.

"I'm excited that we have this amazing opportunity to visit another country,"

said Lindsey. "Not many people can say they've done that. I'm so excited to make new memories with my friends and to perform American music to a European audience."

The McPherson Choir has been doing the European Tour for the past 30 years. The tour occurs every four to five years.

Many of the students are able to participate in the trip because of scholarships, but donations for the trip are still more than welcomed. Those wishing to contribute should email choir director, Josh Norris at norrisj@mcpherson.edu or call him at 620-242-0529.



Photo by Claire Crossman

Seamus Hnat, a freshman in auto restoration technology and Jordan Pickerall, a freshman in performing arts, practice music in men's chorus for the Europe trip in January.



Photo by Marissa Paton

Grant Tuttle, a freshman in philosophy and religion; Austin Crosby, a freshman in performing arts; Ethan Jacobits, a senior in philosophy and religion; Joshua Hall, a sophomore in performing arts; and James Jared, a freshman in psychology rehearse in the men's chorus in Hess. Josh Norris, director of choral activities, will direct the vocal students, while Kyle Hopkins, band director, directs the brass ensemble students.

High school choir students visit MC

CHRIS RAKOWSKI
Spectator Staff

The performing arts department hosted choirs for local high schools on Tuesday, Nov. 11.

The high school students were able to perform one song per group. Afterwards they were able to come together collectively and perform three songs as a whole.

The McPherson College Singers opened the concert with songs that they will be singing during their European Tour which include "Blue Skies," "Get Happy," and "Dream a Little Dream of Me."

"The songs that we sang were a lot of fun because we normally don't sing jazz style songs," said Chandler Dohe, a junior in music education. "We typically sing more classical music so it is very refreshing to try something different as a unit."

Schools that performed include: Smokey Valley High School, Canton-Galva High School, Newton High School, Hesston High School, Halstead High School and Augusta High School. Students from these schools had a tour of the performing arts department as well the option to dine in the cafeteria.

Students were in for a bit of a surprise when they discovered that Josh Norris, McPherson College choir director, was not able to conduct the concert because of an illness, but the music professor from Central Christian College substituted as the conductor.

"This was a great experience for me because it shows music education majors how to get their choirs out there if they come from a smaller school." Dohe said. "Coming from a small school, I know that public performances are hard to come by when you're not near a large city or other small towns and the honor choir is a great way to show off your students."

Behavior Mania attracts high school students



Photo by Rissa McNichols

Sierra Ulrich, junior in sociology and psychology, leads a high school group in activities during the Behavior Mania event on Thursday, Nov. 13. Behavior Mania is a recruitment event sponsored each year by the Behavioral Sciences Club and led by McPherson College students.

Bingo Night draws large crowd

TERRANCE GRANT
Spectator Staff

It was an intense, but fun night during the Student Activities Board Bingo Night on Wednesday, Nov. 19.

The prizes ranged from candy to a grand prize Xbox One. This Bingo Night was definitely a can't-miss.

During the night, there were 10 rounds of Bingo played. Of those rounds, different types of Bingo were played. Some of the types of Bingo included were four corners, loser's Bingo and the typical regular Bingo.

One important aspect of this Bingo Night was when ShaRhonda Maclin, dean of students, spoke about the Higher Learning Commission visit Dec. 8 to 10. The HLC reaccredits McPherson College.



Photo by Alaina Johnson



Christian Johnston, a junior in history education; Trenton Forrester, a senior in business administration; Scott Crist, a senior in elementary education; Derek Bevan, a senior in business administration (top); Erica Perez, a freshman in psychology; Megan McIntosh, a sophomore in elementary education; and Daniel May, a junior in business administration (left) participate in Bingo Night with hopes to win a prize.