

# Track & Field begins preparation for KCAC championships

CHRIS NEWELL  
*Sports Editor*

The track and field program is nearing the end of the season. With one meet left before the conference meet, the Bulldogs will be traveling to Baker University on Saturday, April 25.



Photo by Miranda Clark Ulrich

Art Hop, a junior in physical education, pole vaults at Southwestern University on March 10.

At the KT Woodman Classic on April 10, many of personal records were set, with one athlete even breaking a four-decade-long school record.

Laura Gibson, a freshman in physical education, ran a 4:58 in the 1500 meter race, setting a personal record and breaking McPherson College's 45-year-old record, previously held by Hall of Fame athlete, Kathy Rogers.

On the men's side of the team, Art Hop, a junior in physical education, came through with his usual dominant performance on the pole vault.

He earned the NAIA "A" standard with a vault of 16 feet and three-quarters inch. He now sits at fourth place in the NAIA and just a quarter inch away from the McPherson College record.

J'Moi Penn, a sophomore in business, ran a 10.93 100 meter time at Wichita State on April 10, putting himself at first place in the KCAC in the event. His teammate, Josiah Oyebefun, a sophomore in bio-chemistry, sits at second in the conference with just .02 seconds behind Penn. Oyebefun also put himself in first place in the KCAC at the 200 meter with a time of 22.17 seconds.

The following week after Wichita State, the Track and Field team traveled to the Prairie Wolf Invite in Lincoln, Nebraska.

Leading the men was Michael Barrett, a junior in mathematics, as he earned himself PR's in all three of his throwing events with the shot put (41' 1"), discus (111' 1") and the hammer (134' 3"). Dixon Cooney, a sophomore in mathematics, placed third in the 800 meter with a time of 1:55.82. He now sits at third place in the KCAC in that event.

For the women, Rea Samuels, a junior in psychology, placed first in the 100 meter and 200 meter. She sits at third place in the conference in the 200 meter. Gibson also put herself at fifth place in the 5000 meter run with a time of 19:15, a personal best.



Photo by Miranda Clark Ulrich

The Baker University Wildcat Relays is up next for McPherson College on Saturday, April 25. This is the last meet before the team readies themselves for the KCAC championships and a run at back-to-back titles for both teams.

Austin Smith, a freshman in history and political science, leaps in the long jump event. He currently ranks first in the event in the KCAC with a jump of 22' 5".



# Casino Night entertains students



Photo by Alaina Johnson

Caitlyn Blaggrave, a sophomore in communication; Whitney Zimmerman, junior, in biochemistry; Nicholas Lechner, a freshman in restration technology; and David Tanner, a freshman in retoration technology, play roulette on Casino Night in Mingenback Theatre.

# Students dressed fancy for annual event

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## NEWS BRIEFS

**SGA proposes revision of constitution, bylaws**

Student Government Association is proposing a revision of the Constitution and Bylaws. This document must be voted on by the student body. This vote will take place Thursday, April 9. To review the document, please go to [www.mcpherson.edu/students/activities/](http://www.mcpherson.edu/students/activities/). If students have comments, email [student-government@mcpherson.edu](mailto:student-government@mcpherson.edu)

**HLC reaccredits McPherson College**

McPherson College has been reaccredited for 10 years by the Higher Learning Commission (HLC).

No monitoring reports will be required from the school to the HLC.

Students who would like to see a copy of the report can request one from Cari Lott, associate dean of institutional research and assessment and academic records. She can be reached by email at [lottc@mcpherson.edu](mailto:lottc@mcpherson.edu).

**New director of computer services named**

Starting April 1, Andy Ullom will be the McPherson College's new director of computer services.

Previously he was the assistant director of computer services.

# Tuition increases for next school year

RYAN KRESKY  
*Spectator Staff*

Next year students will have to pay a higher price for tuition and fees. Increases in tuition have constantly gone up every year, a decision made by the Board of Trustees.

At the March meeting, the Board of Trustees raises the next academic school year's tuition and fees to \$25,276. Room and board will remain the same as this year. Usually the total cost increases by about 5 percent, but because there is no additional cost to room and board, the cost will increase less than 4 percent.

Tuition and fees rise every year because of inflation of costs rising. Increasing the total cost is a way for the school to keep up with expenses. In addition, even with the increases in tuition and fees, McPherson College continues to cost less than most schools in the Kansas Coalition Athletic Conference (KCAC).

The decision to increase tuition start-

ed in November at the annual Board of Trustees meeting. However, March is when the rate of increase to tuition, fees, board and room are discussed.

Rick Tuxhorn, vice president of finance, said, "We have to know early in order to prepare the budget for next year."

The rate of increase is discussed at the November meeting but it does not give a definite figure.

"It's usually a percentage," Tuxhorn said. "It depends if there are fees and professors' wants and needs because different fees for different classes."

Tuxhorn said the room and board costs will remain the same "To help the students. We felt that we could leave it this time."

There are a number of ways in which the college compares its costs to other schools. One way is that they send in their information to the Kansas Independent College Association, an organization which deals with other schools, and they give information anonymously.

Sometimes they even call other schools to know what their rates are for the next year.

Christi Hopkins, associate vice president for enrollment, said, "When looking at tuition and fees we look at the surrounding KCAC schools as well as all other private schools in Kansas. This helps us determine if the new tuition is out of line comparatively."

Other schools make their decisions around this time as well. Some might do earlier while others are later.

Hopkins mentioned that after the Enrollment and Student Life Committee brought the proposal for the next year, the Board of Trustees approves it.

The Board of Trustees is given information from the instructors of the college early in the year so they know the fees for supplies for the coming year.

Tuxhorn said these decisions are made every year and "we try to look out two or three years ahead to see what we think will happen."

# New restaurant connects community with whole food

CHANNING WALL  
*Copy Editor*

A new restaurant, market and bar called Marigolds has opened up on main street called Marigolds.

The restaurant focuses on whole foods that are primarily found locally or produced in the U.S. Owner Jen Hughes was inspired to start the market in order to connect the community with local and regional growers.

"A love of food and desire to bring a market to McPherson where we're connecting the community with local and small producers," Hughes said. "We believe that healthy foods start by being locally produced and fresh."

The store opened about the third week in January but has not hosted the Grand Opening just yet. Products in the market range from sauces and sausages to choco-

lates and ready-to-go salads. The food isn't specifically gluten free or organic specific but is picked based on the whole foods aspect.

"We don't look for the organic and gluten free as much as we look for whole foods," Hughes said. "Our focus is labels that you can read, ingredients that you know so by default we end up with gluten free and organics products."

If visitor want to sit and stay a while, seating is available and Marigolds serves food mostly made from scratch in the kitchen, or there is a bar area where spirits offered follow the same values of being local.

"We make as much as we can from scratch in the kitchen," Hughes said. "The bar follows a lot of the same principles with as local as possible and small producers. The majority of our spirits are American produced, which is unique for us

comparatively but also a challenge to find quality liquor that is made in America."

In addition, there really isn't a specific target audience, they just want people to feel welcome and at home. The market aspect is inspired by an old-time market but in an upbeat and modern setting.

As far as goals, they are focused on connecting people with food on a deeper level to nurture their bodies rather than just eating to eat.

"It's about connecting people with food so that it becomes more than just putting food in your stomach," Hughes said. "We also want to promote our producers and growers, just really connect all those things together."

Because they are still working towards their final vision, a Grand Opening date has not yet been set, but they are serving and want the community to give them a try.

# Women's Tennis earns No. 1 seed for conference tournament

TERRANCE GRANT  
*Spectator Staff*

The women's tennis team won the KCAC Regular Season Championship for the second year in a row.

It was blowout type of victory as McPherson won 8-1 over Bethany College on Tuesday, April 21.

With this victory, the team is guaranteed their No. 1 seed for the upcoming conference tournament. This is the second regular season championship in program history.

In doubles, McPherson dominated each match. Brooke Vorhees, a senior in elementary and special education, and sister Nikki Vorhees, a junior in business, took down Bethany College's top duo at 8-0.

The No. 2 team of Nikki Thornburg, a junior in kinesiology, and Nadine Baquiran, a junior in psychology, was able to win easily with a score of 8-1.

The No. 3 tandem of Brittney Gourlay, a senior in physical education, and Chandler Short, a junior in physical education and sports management, was also able to win handily at a score of 8-1 to sweep the

doubles for McPherson

In singles, Brooke Vorhees dominated her match and gave McPherson a commanding 4-0 lead over Bethany. In her sets, Brooke Vorhees won 6-3 and 6-2.

Chandler Short was very big for the team. At No. 6, she was what most people call "clutch" winning 6-2 and 6-3. The team was able to outlast Bethany the last three out of four matches.

The KCAC conference tournament for the women's tennis team begins Friday, April 24 in Wichita. Since McPherson is the No. 1 seed of the tournament, they will face No. 4 Kansas Wesleyan University in the opening round.

The Women are making back-to-back trips as the team, and members of the team are confident they will return to the national stage.

"Our goal all year has been to make it back to nationals," Brook Vorhees said. "There has never been a doubt in our whole teams mind throughout the year that we wouldn't make it back. This is just the first step in completing that goal for us."

The women will be looking to punch their tickets back to the national tournament



Photo by Miranda Clark Ulrich

Nikki Thornburg, a junior in kinesiology, winds up a swing against Friends University on April 20. Thornburg is a transfer from Orange Coast College, California.

## Upcoming Athletic Events

**Women's Tennis** - KCAC Conference Championship. April 24. Riverside Racquet Club, Wichita. \$5 for admission, free for students. Noon

**Mens Tennis** - KCAC Conference Championship. April 25. Riverside Racquet Club, Wichita. \$5 for admission, free for students. Noon.

**Baseball** - vs. Kansas Wesleyan University. April 25. Light Cap Stadium, McPherson. 1 p.m. & 3 p.m. Free

**Track & Field** - Wildcat Relays Hosted by Baker University. April 25. Baldwin City. Noon. Free

## Mens tennis loses, earns No. 2 seed for tournament

TERRANCE GRANT  
*Spectator Staff*

The men's tennis team went to battle with the No. 8-ranked team in the NAIA. They suffered their first KCAC loss to Bethany College at a score of 6-3 on April 21.

The loss cements McPherson as the No. 2 seed for the upcoming conference tournament on April 25 in Wichita.

In the double matches, they were all close and each match was between two and three points. Hector Carrillo Perales and Jose Maria Carrillo Reina, both freshmen in business, won 8-6.

Hugo Ball-Greene, a freshman in business, and Allen Darmawan, a senior in biology, were at the No. 3 position as they grabbed a victory with a score of 8-6.

McPherson's No. 1 team Joan-Marc Fajula Rodriguez, a sophomore in business, and Ahmed Lahlou, a freshman in business administration, lost at a score of 8-5. This was the duo's first loss in doubles on the season.

The team needed three points to win, but Bethany College stepped up their game as well. Bethany College took the lead after they won at the number one, two and three singles.

Ball-Greene's win took the lead back at the No. 4 position 6-1, 6-2. This was the only singles victory that the Bulldogs were able to take on the day. The remaining players didn't pick up a point, and the Bulldogs took

home their first conference loss of the season heading into the conference tournament.

For the KCAC Tournament opening round, the McPherson College Tennis team will face the No. 3 seed Friends University. The Bulldogs defeated Friends University at a score of 7-2 on April 20. The first day of the tournament begins Saturday, April 25 at the Riverside Racquet Club in Wichita.



Photo by Miranda Clark Ulrich

**Joan-Marc Fajula Rodriguez, a sophomore in business, follows through on a forehand against**

## Softball end season with scoring struggles

### Team finishes with 4-35 record

THOMAS POTTER  
*Spectator Staff*

The 2014-2015 season was not what the McPherson College softball team had hoped for as they missed qualifying for the conference tournament for the first time in program history. The Bulldogs currently hold an overall record of 4-33 and a conference record of 1-15 with one more series to play.

The Bulldogs lost their doubleheader series against Ottawa University at scores of 8-0 for both games that were played on April 21.

Emily Davis, jr., infielder, and Samantha Harity, jr., outfield, were the only Bulldogs to log hits in the first game.

In the second game, Mariah Wedel, sr., infielder, and Amanda Darrow, jr., catcher, each logged one hit each to tally for the two hits earned. Other than these players, offense was hard to come by for the Bulldogs against Ottawa.

The Bulldogs played their last game of the season on April 22 against Saint Mary's University. Unfortunately the series was too similar to the last, as the Bulldogs were unable to score a run in both games.

The first game saw the Spires of Saint Mary jump out early, and then score 7 in the fourth inning. Mariah Wedel was the only McPherson player to get a hit. USM

took the first game 10-0.

In the season finale for the Bulldogs, the team was able to keep the game close, but could not score any runs. McKenna Deckard, outfield, Sydney Lipton, third base, and Emily Davis all recorded hits in the loss.

This year the team was led by four seniors: Wedel, Deckard, Lipton and Hailey Beckett, first base.

Wedel and Deckard provided offensive upside for the Bulldogs as they both have held a batting average over .300 throughout the season.

Lipton was a defensive anchor for the team with solid play at both third base and catcher. Beckett had to undergo hip surgery and missed majority of the season but was a great leader for the team on and off the field as a role model for the future Bulldogs.

With losing only four seniors at the end of the season, the team will have 15 players returning for the 2015-2016 season.

Davis and Cassandra Moreno, jr., first base, are two returners who will be important with game experience that will be needed in the infield for next season.

As for the outfield, Harity and Simone Donaldson, jr., will be the veteran leadership.

The Bulldogs will also be returning all three of their pitchers and their catcher

### NEWS BRIEFS

#### Interterm class offered for 2016

Students needing a class that meets natural science general education requirements and who want to travel abroad can meet these goals in one class next January.

Jonathan Frye, professor of natural science, will teach field experience in Puerto Rico (G-NS295) in Interterm 2016.

The class is limited to 10 students. The cost is \$1,800 and includes airfare, lodging, transportation, meals and admissions.

Students with questions should email Frye at [frej@mcpeherson.edu](mailto:frej@mcpeherson.edu).

#### Dining Hall adjusts hours

The dining hall hours in Hoffman Student Union have been changed.

Lunches for Monday through Friday will be served between 11 a.m. and 2 p.m.

Friday dinners will be served from 5 to 7 p.m.

## McPherson College grants professors sabbaticals

ALAINA JOHNSON  
*Spectator Staff*

Two McPherson College professors will be on sabbatical next fall.

McPherson College grants professors sabbaticals after more than seven years of service.

A sabbatical is not a vacation or leave of absence for professors to do whatever they wish. Rather a sabbatical is paid time off for professors to further their education and stay current in their field of study.

McPherson College professors have to work for the college for seven years before they can apply for a sabbatical. Then after a sabbatical has been given, professors must work for at least two years.

Jd. Bowman, associate professor of theater, and Ken Yohn, associate professor of history, will be going on a sabbatical next school year.

The professors' breaks commence at the beginning of the upcoming fall semester; they will receive a break from teaching for a semester. Bowman will also have an entire year off from theater productions.

Bowman has taught at McPherson College for 10 years, so this is his first sabbatical.

"I'm honored and humbled to have this opportunity," Bowman said. "It means a lot to me that my employer also wants me to have this experience."

Bowman will be staying in town for his sabbatical. He is working toward completing a master's degree in Creativity from Drexel University.

Drexel University is in Philadelphia, but the program is primarily based online, therefore, Bowman is able to stay in town.

Bowman is hoping to focus his studies on the brain links between creativity and empathy.

"The field fascinates me," Bowman



Photo by Alaina Johnson

**Jd. Bowman, associate professor in theatre practices yoga with his class.**

said. "Since I've been teaching creativity here, I keep learning more and more."

Yohn will be gone on his sabbatical September through December 2015.

Yohn has been appointed the position of a visiting scholar at the University of Science and Technology in Lille, France.

While there, Yohn will be studying intercultural communication and developing interdisciplinary intercultural content.

Yohn will be applying the intercultural studies to the fields of history and political science.

"My ultimate goal is to take new developments in intercultural studies and apply them to the history and politics classroom at McPherson to improve the content we deliver," Yohn said.

Before Yohn started teaching at McPherson College, he worked with the French faculty in Lille starting in 1995. He has taught short seminars there every year for the last 20 years.

"I'm not tired of teaching and my goal isn't to take a break from the classroom. I just want to add another layer of knowledge to make my teaching better," Yohn

said.

An office space and working resources will be provided by the French university and housing for Yohn will be provided by a colleague from the University.

"My French colleagues and I have been discussing doing a more intensive project for many years," Yohn said. "So this is an opportunity to follow through on something we've talked about for a long time."

Sabbaticals give professors a chance to reflect on their work by giving them a break from everyday tasks.

"There are few jobs in the world where your employer has enough faith in you and faith in learning to let you go away for several months, so that you can come back stronger," Yohn said. "It's a big investment by the college, and I want to make sure the college's investment pays off."

Sabbaticals are granted to professors from the college on an individual case-by-case. Depending on what a professor would like to work on and who else may have applied for a sabbatical that year can vary whether or not a professor is given a sabbatical.

## Expert teaches about child abuse at 40th annual Mohler lecture

LAURINA HANNAN  
*Editor-in-Chief*

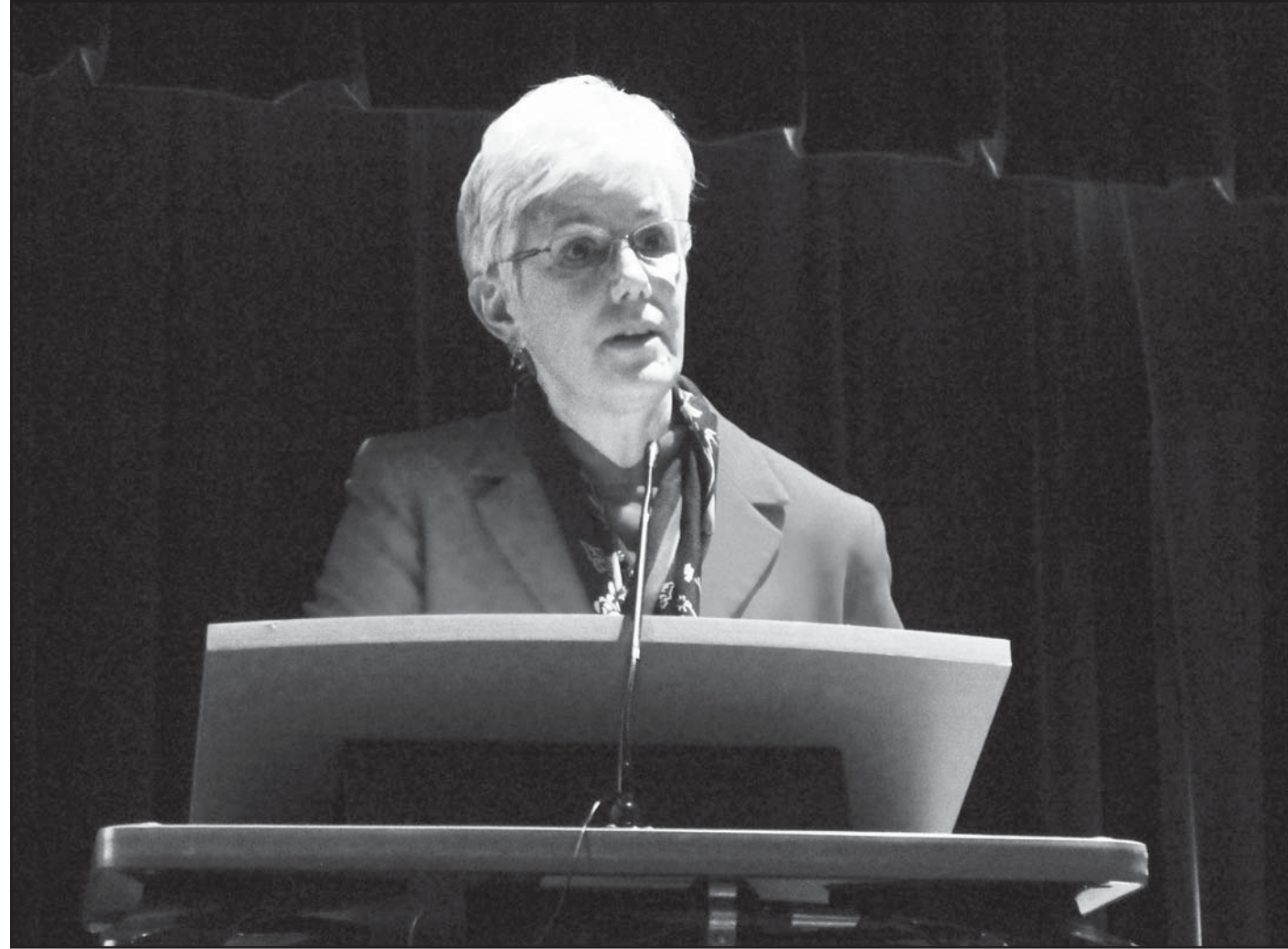


Photo by Laurina Hannan

**Kathy Melhorn, an expert in the prevention of child abuse and neglect, speaks at the 40th annual Mohler lecture.**

In the 40th annual Mohler Lecture Series, a McPherson College alumna spoke about child abuse signals, probably causes and how audience members can react if they suspect child abuse supporting Fredrick Douglass' quote, "It's easier to build a strong child than to repair a broken man."

"Child abuse is any physical injury or neglect, emotional injury or sexual act indicted on a child," said Kathy Melhorn, an expert in child abuse and neglect prevention. She warned the audience early on of graphic materials and photos that were included in the lecture.

Melhorn was requested by the Mohler family lecture benefactors for this speech on Sunday, March 8 in Mingenback Theatre.

Melhorn covered the topic extensively citing her information from national studies.

The audience of more than 100 people, mostly community members with fewer than 25 students and faculty, were receptive to her presentation on signals like "the seven deadly sins of childhood," which can be triggers for abuse.

These "sins" include colic, nighttime waking, separation anxiety, normal exploratory behavior, physiologic anorexia (picky eating), normal toddler negativism (the "no" stage) and toilet training.

Mohler explained that some of the characteristics of abused children can also be an indicator of abuse. These children can be withdrawn or fearful, unaccompanied in the hospital, or have delayed care.

The injuries on children should be easily explained and appear like normal injuries, like having bruises on fore arms or knees instead of upper arms or inner thighs. Infants, who are hardly mobile, shouldn't

have many, if any, bruises at all.

"If you don't cruise, you don't bruise," Melhorn said.

The abuse the children can receive at a young age can affect them for the rest of their lives and beyond. Melhorn cited a study that said that stress can alter DNA which can be passed onto their children and grandchildren. The stress can shorten and damage telomeres of DNA.

Telomeres keep the genetic materials from unraveling.

"Those are kind of like the little plastic ends of your shoe laces that keep the end of your shoe laces from unraveling," she said.

She concluded her lecture by saying that the audience is already helping abused children by educating themselves by attending the lecture. She opened the

floor for questions, and many community members asked for clarification and elaborations.

Steve Gustafson, vice president for advancement, organizes the yearly event. "People received a really difficult topic well," he said. "I really hope Dr. Melhorn's plea that we all take on a role for advocating children and reporting abuse if we suspect it."

## Baseball struggles against No. 10 Tabor College

CHRISTOPHER NEWELL  
*Sports Editor*

Forced to move games from the previous weekend due to weather concerns, the McPherson College Baseball team played two different doubleheaders against No. 10 in the NAIA Tabor College on April 20 and 21. All four games had the same outcome and won four games with not much trouble.

The series opened on April 20 with Tabor scoring 7 runs in the first two innings. In the final five the Bulldogs came out at 3 - 2, but the final score read 9 - 3 in favor

of the Blue Jays. Matt Bryan, jr., outfield; Evan Willow, fr., catcher; and Reily Martin, fr., outfield, all got two hits each for the Bulldogs.

The second game looked much like the first, and Tabor jumped up to a 3 - 0 lead after the first three innings. A double by Martin in the fifth inning prevented the shutout for Tabor when his hit brought in Shon Pinar, jr., infielder, to score the lone run for McPherson. The final score was 7 - 1.

Nathan Crowe, fr., pitcher, put together the most solid pitching performance of the week on the mound for the Bulldogs.

He went five and one-third innings while tallying four strikeouts.

In the second doubleheader on April 21, Tabor kept their pace from the day prior. The Bulldogs actually took a lead after their first appearance in the first inning. The Blue Jays quickly responded with four runs of their own to answer. By the end of the fifth inning, the scoreboard read a count of 14 - 3.

Despite it all, Stephon Miller, fr., second base, had a strong individual performance as he went a perfect 4 - 4 from the plate with an RBI.

The final game proved to be the most

difficult for McPherson. The three previous games against No. 10 in the NAIA may have begun to take its toll. Only Willow, Kyle McDonald, fr., catcher, and Bryce Strecker, fr., infielder, were able to tally hits and each hit one single.

McPherson College Baseball has two separate doubleheaders left for the year and will face Kansas Wesleyan University for both of them, as the last series of the year will be Saturday, April 23 in Salina against the Coyotes. The Bulldogs will look to salvage the season and improve their currently 8 - 40 record and 2 - 18 conference record.



Photo by Miranda Clark Ulrich

**(Right) Stephon Miller, fr., second base, makes contact with a ball against Tabor College on April 20. Miller went a perfect 4 - 4 at the plate in the first game of a doubleheader on April 21. (Above) Bryce Strecker, fr., infielder, scores a run against Tabor.**



## College creates feeling of pride, belonging in students throughout career

I had a conversation with someone the other day about how proud I feel to be on a campus like McPherson College and they had the same conversation with someone days before.

That made me wonder why someone would not be proud to go to school here?

The amount of opportunities, connections and memories that we can make on this campus is never-ending.

Maybe that question is too corny or makes people roll their eyes, but think about how much it costs in tuition to go here and some people still do not take full advantage of those opportunities.

Personally, I do not think of my college experience in the amount I pay. I feel like focusing on where I will be after graduation is more important. Other people's priorities are

different and that is OK.

If there are people here who are not happy, then they could think about how they could change that.

I love that we are such a small campus because we have the opportunity and the resources to make change if we see a need for it. Even if it cannot be changed, it is a small-enough community that we can raise awareness. With so many people so close, there is almost always someone who feels the same as you.

If you are passionate about something, try and get support. Find another perspective and feedback that could execute the changes. The difference between state schools and us is that we are not just numbers when it comes to enrollment.

We do have voices and people care what we think.

Another thing I pride myself on is the amount of connections I have built with not only students, but also faculty and staff. At a bigger college, you do not get to eat or visit with faculty or staff and discuss other issues in the world or your own life.

I cannot tell you how many great conversations I have had with not only my own professors, but other faculty and staff members on this campus.

I think anyone that goes here and hates it

here needs to ask themselves why they do not like it here and they need to talk to someone.

People at McPherson College care. They want to see us graduate and go far in life.

If I could have seen where I am now my freshman year, I would not believe everything I have done or met the people I have. I am proud to be a Bulldog.



COLLEGE CREATED CHARISMA

Gabe Padilla

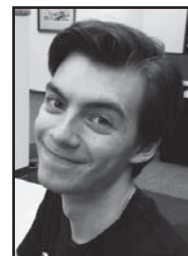
## ON THE FLY

### What do you do to de-stress before the week of final exams?

"Binge watch my favorite shows on Netflix."  
Caitlyn Blagrove, soph., communication



"I spend the weekend before moving all my stuff home so when I'm done I can just drive back home."  
Nick Greenway, soph., performing arts



"Sleep, go to a new place and do something fun or have a Netflix marathon."  
Laura Puente, jr., business administration



"Gabriel Iglesias. He's funny and I like to laugh."  
Karsen Stuchl, soph., automotive restoration technology



"I'll go to the ceramics lab. You really have to focus on what you are doing."  
Whitney Zimmerman, jr., biochemistry



"I get extra rest. Sleep takes away my stress."  
Geoff Pugh, jr., chemistry

## College offers 2-week May session for first time

ANDRÉ WHITE  
*News Editor*

For the first time in the school's history, McPherson College offers students a chance to take some extra hours; after the end of the spring semester. Students looking to graduate or finish school before the usual four years are required to have attained a minimum of 124 credit hours.

This program will run for two weeks, May 18 to 29. There will be a maximum of nine courses offered. Five of the courses are new. Among the new courses are special topics in business; primitive survival skills; concepts in biology now; topics in education: cooperative learning; and envisioning, starting, growing and managing a social justice/change organization.

Tuition is \$250 per credit hour, room is \$17.50 per day and board is also \$17.50 per day. There is a package for room and board that costs \$30 per day for students.

Bruce Clary, vice president of academic affairs, said that the two-week May session was approved by the Educational Policies Committee as part of the entire academic calendar for academic year 2014-15.

"It was added to provide students with an opportunity to complete an additional two- or three-credit-hour course in a brief but intensive period of study," Clary said. "The May session is possible in part because the January interterm was shortened by four days, permitting the college to start the spring semester earlier and schedule commencement one week earlier than in past years."

The primitive survival skills course is aimed at introducing students to basic skills associated with surviving difficult outdoor or wilderness situations without the use of current technologies or luxuries.

"Those faculty offering May session courses are doing so voluntarily, and most have proposed courses they don't usually get to teach that they are really excited about,"

Clary said. "So this is something they want to do, and they have plenty of time to plan how to deliver their course in two weeks."

Registration started on March 25 for students who are currently classified as juniors and seniors. Additionally, interested students are required to enroll in this session via their academic planner. For more information on how to get into the academic planner, students may visit the school's registrar, Tricia Hartshorn, in the Dean's Suite.

Classes with two credit hours will require at least six students enrolled and classes with three credit hours will require at least five students. Announcements about which courses make minimum enrollments will be made Friday, April 24. For more information about this May session, students can visit [www.mcpherson.edu/academics/may](http://www.mcpherson.edu/academics/may) or speak with assistant registrar, Allison Mackey by visiting her in the Dean's Suite.

## Counselors make changes to ambassador program

JOHANNA HOFFMAN  
*Spectator Staff*

Prospective students flock to campuses nationwide as the weather warms and college mail continues to flood in. For those looking at McPherson College, visits may be different, even from their friends who applied and visited in the fall.

The admissions team is changing the Ambassador program so students have more part in showing prospective students McPherson College. The ambassadors give tours of campus to prospective students.

Admissions counselor, Danna Gordon, is excited to be a part of these changes. She said one of the main goals of this change is to boost current student to prospective student interaction.

"We want the students to take pride and ownership of the Ambassador program," Gordon said. "Who better to talk to a perspective student about MC than someone who lives and breathes it?"

The admissions team found it essential to get current students interacting with prospective students, making their experience at events such as Behavior

Mania and Jump Start Kansas meaningful.

Gordon and other admissions counselors talked with current students to make a plan that would enhance prospective students' experience, as well as to get more current students excited about recruiting. Ambassador Logan Schrag, a sophomore in business, is excited to be a part of the process.

"I think the prospective students will be able to see a broader view of the school through the eyes of current students," Schrag said. "This will help with recruiting the best possible candidates and make an even better school in the long run."

Ambassadors will be encouraged to attend more events with prospective students. They will also have periodical Ambassador team meetings. Recently, the program added a calling campaign to connect students with high school seniors who are still undecided on where they will go next year.

To Gordon and Schrag, this is beneficial to all members involved: counselors will not feel so overwhelmed with their workload, prospective students will have the opportunity to connect with current students and current students will be excited to step



Photo by Claire Crossman

Rea Samuels, a junior in psychology takes prospective students on a tour during their visit to campus.

up into a new kind of leadership role.

"I'm most excited to see students on campus take more responsibility and help the college flourish," Schrag said.

It is a gradual plan. By May, the Ambassador program hopes to have a solid plan to start in full force for next fall's recruitment season.

## The Hot spot

BY: LAUREN IKENBERRY

A GLIMPSE INTO THE LIFE OF  
TITO RUIZ, ASSISTANT SOCCER COACH



**HOW MANY YEARS HAVE YOU PLAYED SOCCER?**

I started playing soccer when I was four, and I haven't stopped playing since.

**HOW LONG DID YOU PLAY SOCCER FOR MCPHERSON COLLEGE?**

I played four years here at MC. I came in as a freshman.

**DO YOU HAVE ANY PREVIOUS COACHING EXPERIENCE?**

Very little. When I would go back home to visit my family, I would help my dad out with his U-12 team that he took over. The academy sessions that the soccer program does in the spring, and then I've started the transition from player to coach with the current team.

**WHAT ARE YOU LOOKING FORWARD TO AS ASSISTANT COACH?**

I'm looking forward to learning, broadening my knowledge and getting a feel to what being a coach really is. Also getting to build relationships and

having the opportunity of mentoring others so that they can improve. I love this sport. I've been playing it my whole life. When I was offered this job, it was an opportunity for me to continue being involved with the sport, and I felt it was something I just couldn't pass up.

**DO YOU PLAN ON COACHING AT MC FOR AWHILE?**

I haven't really thought about that. I'll just focus on what's happening now and start my new job as a coach. You never know what can happen in the future. Being offered this job is a good example of that. I didn't expect this at all. But I saw this job as a good career starter, so I'll see where life takes me and what God has in store for me. It's crazy how life works sometimes.

**HOW DO YOU THINK THE TEAM LOOKS FOR NEXT YEAR?**

I like how our team is looking. It's looking pretty good. We have a good amount of starters returning that were important to our championship winning team this last season. We also have some good guys coming in that will surely come in and make an impact. I'm looking forward to next season.

**WHAT HAS YOUR BEST EXPERIENCE AT MCPHERSON COLLEGE BEEN?**

Being a part of this program and finally coming away a champion. The best times that I've had on and off the field have been because of my teammates during my career here. All these guys are my family and have made my college experience extremely enjoyable.

## Choir sings at Iowa alumni event

LAUREN IKENBERRY  
*Campus Life*

McPherson College Choir students performed for alumni and church members in Iowa from April 17 to April 19.

They performed for an alumni event at Stine Barn in West Des Moines, Iowa as well as the Waterloo Church of the Brethren in Waterloo, Iowa.

The event consisted of past graduates that came together to hear President Michael Schneider; Amanda Gutierrez, vice president for automotive restoration; Karlene Tyler, director of alumni and constituent relations; and Johanna Hoffman, a sophomore in communication; speak about a campaign to raise funds for the school.

"I love being able to travel and perform with my friends," said Elizabeth Lindsey, a junior in performing arts. "McPherson College has been such a great place for me

because of all the opportunities to travel and get to know the faculty and staff on a personal level. I had such a great time getting the chance to hear President Schneider speak about the school. We have a lot of great things to look forward to."

Karrington Sneed, a freshman in performing arts also enjoyed the trip.

"It was an awesome experience to travel to another state and be with a swell old group of people," Sneed said. "We worked hard over a three week period and I think we sang very well."

Joshua Norris, director of choral activities, began planning a month in advance to coordinate everyone's schedules. Nine of the choir members were able to attend the event.

The next choir concert is titled "Music To Die For," which will be Sunday, April 26 from 4 to 6 p.m. This particular concert will be a collaboration with other local groups.



Submitted Photo

Members of the McPherson College choir stand outside the Stine Barn during the alumni event where they performed in Des Moines, Iowa.

### LEAD EDITORIAL

## Cramming not as beneficial as studying for final exam retention

As the year winds down, it's a good time to reflect on all that has been accomplished. Before we do that though, there is still one more obstacle: final exams.

Final exams are getting close and most college students grow more and more anxious as they come.

It can be hard to study for these exams, and sometimes there is no way to study for them.

The student either learned and retained the information throughout the semester, or they didn't.

They are not simple test questions a student could memorize the answer to or a definition of a word. They encompass everything learned in a comprehensive test.

Dartmouth College found that there are certain ways of studying that help increase retention. On their website they provide a page entitled "Improving Concentration, Memory and Motivation."

The first tip Dartmouth gives is to study in chunks. Taking breaks helps the brain process and retain information.

The British Broadcasting Corporation, or BBC, published an article on Sept. 18 2014 about why cramming for tests is never a good option.

Tom Stafford, the author of "Memory: Why cramming for tests fails" found 99 percent of students admitted to cramming and 72 percent believed that cramming was beneficial to them.

According to the article, the information

they cram is familiar, it is not remembered. Stafford said, "being able to recognize something isn't the same as being able to recall it."

Although cramming may seem like it is helpful, it's actually not. The student vaguely remembers, but they did not learn the material.

Dartmouth College says studying is most productive in the daytime. In order for the studying to be successful, the student should make a list of their classes and rank the top three. Prioritizing what is most important and going in order.

Finding the right place to study can also be helpful. Somewhere the student is comfortable, but not too comfortable.

A chair with good back support and a

comfortable seat is the best in our opinion.

Finding somewhere quiet is also a good tip for helping retention.

Everyone learns differently. Some people are visual learners and need to see what they are doing in charts, graphs or spelled out.

Other people are hands-on learners. They need to see or write out for themselves the problem and figure out how to fix it.

Some students need to be told exactly what to do rather than being handed a piece of paper with directions.

Ultimately, finals are just another obstacle before the end of the school year.

Find a style that works best, a quiet place during the day and break up the studying.

Walk around, stretch and get some fresh

## Tips for improving your first impression with future employers

First impressions are hard to change.

People are judgmental by nature. It is instinctive to immediately categorize someone into a box based on inferences drawn.

Michelle O'Connor, a writer for the Daily Mail, wrote an article about how quickly people make judgments and how stereotypes play into those preconceived notions.

O'Connor quoted clinical psychologist Linda Blair, "It takes only seven seconds for us to judge another person when we first meet them."

Today, jobs are not in abundance. When an opportunity to interview arises, the person should take full advantage.

U.S. News published an article on May 2, 2012 about what interviewers notice first. Jada A. Graves said interviewers notice several aspects.

The first being the time the interviewee arrives.

The interview begins the moment they step through the door. It's often said "on time is late, 10 minutes early is on time"

There is truth to the statement.

Graves said the second aspect the interviewer notices is attire. Dress appropriately for the job you are trying to get. Graves said if you are unsure, call the front desk and ask what the dress code is. Dress comfortably too, nothing that will cause fidgeting or need adjusting.

A person's body language says a lot about how they are feeling, too. Graves says that the interviewee should try to look comfortable and relaxed. Fidgeting and the crossing of arms send a specific message to the potential employer.

Graves said communication style is the fourth aspect employers notice. When

a person wants someone to like them, they try to mimic their style of talking and sitting. If the opposite person leans forward, they should too.

How prepared the interviewee comes across is also a very important aspect of creating a good first impression. Graves said interviewees should do the research beforehand and know what the company does, who they serve, what their mission statement is and why he or she wants to work for that company.

If the interviewee is excited about what they are talking about, then the interviewer will be, too. Enthusiasm is contagious. Employers want to know that their employees care about what they do.

The last aspect that Graves said is important to a potential employer is the potential employee's qualifications. They want to know that the interviewee has the skills to do the job they are interviewing for.

Even though first impressions can be

### IMPECCABLE IMPRESSIONS

Megan Hamlett



# Possible theories on name origin of April 20 holiday

This past Monday was April 20. To some it may have been just a regular Monday, but to the ever-growing marijuana culture, it was a day of celebration.

Smoking weed should be more accepted in society today if we are really as accepting as we say we are.

Each year, April 20 is embraced around the world as “weed day” by people who smoke marijuana.

There is a holiday for the plant itself, so why are people scared to talk about it, give recognition to the day or question the reasons that the day got its name.

Many ask the question, “When did 4/20 begin, and where did the term come from?”

There are multiple theories suggesting why the number 420 is associated with

marijuana.

Rumors circulated around San Rafael, Calif. in the early '70s that it was a police code for “marijuana smoking in progress.”

After smokers heard police call it this, they started using the expression as an underground term for getting high.

Several former San Rafael High School students came forward and claimed that 420 wasn't a police code, and that they had in fact coined the term.

This group of stoners called themselves “The Waldos” and would pass each other in the halls, exchanging knowing glances and muttering “420.”

Michael Goldstein, a writer for LA Weekly, said in an article busting the myth of 420 that the numbers were actually a

code for a homicide.

“The Waldos” used 420 as a code word for their marijuana-related activities so no one would know what they're talking about.

It was considered just a joke, but it became a code for phrases such as: “Do you have any?” or “Do I look high?”

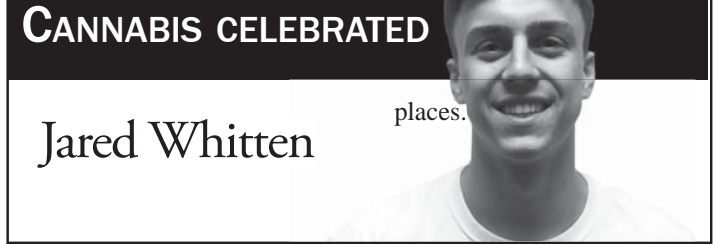
Within 10 years, marijuana enthusiasts were using it across the country and around the world.

The 420 awareness began to bloom once being recognized in pop culture and being a cliché within the marijuana community. A reference

to 4/20 can be expected in movies, TV shows or songs mentioning marijuana. Many businesses in states that have legal marijuana prosper on April 20 due to the amount of tourists that come to celebrate.

Hotels are booked, restaurants are full and various venues are set up for people to safely participate in this nontraditional holiday.

April 20 is given recognition around the world, so there should be worldwide, too.



## The McPherson College SPECTATOR

The McPherson College Spectator is published by the Student Government Association of McPherson College, 1600 E. Euclid, McPherson, Kansas 67460. The Board of Publications, a sub-committee of SGA, directly oversees the publication of The Spectator.

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# Letters to the editor

Any student, staff or faculty member can submit a letter to the editor for the Spectator.

Letters should be limited to 350 words in length. The letter must be accompanied by the signature of the authors; letters may not be sent anonymously.

Letters may be edited for grammar, spelling, content or length. The newspaper staff reserves the right to refuse publication.

All letters should have a point

that is constructive or contributes to the enhancement of the student body; the newspaper staff will not print libelous material.

Anyone can submit a letter to the editor at any time if time of publication isn't vital to the author.

Letters can be printed and then submitted directly to any member of the newspaper editorial staff or emailed directly to the Spectator at [hamlmeg@bulldog.mcpherson.edu](mailto:hamlmeg@bulldog.mcpherson.edu).

## Views Expressed

The viewpoints pages provide diverse views on contemporary issues to stimulate discussion and promote the shaping and progression of ideas. Editorials are the official position of the newspaper, but are not the official views of the student body, staff, administration or McPherson College. Other views are the opinions of the individual authors or artists.

# Speaker discusses nonviolent retaliation

LAUREN IKENBERRY  
*Campus Life*

Rick Polhamus talked to history and political science classes about living in war torn areas and the struggles that come with it on Friday, April 17 and at the Brethren Church Sunday, April 19.

He is a member of Christian Peacemaker Teams (CPT), an international organization that sends peace workers to conflict areas around the world.

Polhamus shared his experiences and showed how to make a difference in the world. His lessons were about helping students understand different cultures.

“I really enjoyed listening to Rick Polhamus, said Gary McDonald, a senior in physical education and health. “I cannot imagine being in some of the situations he has experienced. I truly admire and respect his work.”

Polhamus has had a passion to help others from a young age. After an injury made him unable to play for the Kansas City Royals, he began his work in conflict resolution in the mid-1980s.

“The moments that really matter in making peace for me are those individual situations where people quit looking at each other as ‘the other’ and see the humanity in the person that they’ve been in conflict with,” Polhamus said.

Polhamus has worked in South Dakota; Chiapas, Mexico; Vieques, Puerto Rico; Hebron, Occupied Palestine; and Iraq. He has worked in these areas for 13 years.

During these trips, Polhamus has helped hundreds of people and has been in dangerous situations, including being held at gunpoint multiple times. Although he has seen death and destruction, he still promotes nonviolent retaliation.

“If the use of violent force kills indiscriminately, even if it is killing the

worst human being on the planet, they have family and friends and come from a community and at some level your hurting all of them and alienating a group of people that might be sympathetic to reaching out with you,” Polhamus said.

One of the most important concepts that Polhamus tells college students is to learn another language and connect with people from other cultures.

“I think learning languages and taking part in cross-cultural things is important,” Polhamus said. “Whether it’s people from outside coming here or people from other countries that you know on campus. Really, really listen to their stories and what they’re saying, what their life’s like. It’s those kinds of stories and relationships that make a difference. Take chances to build a bridge.”

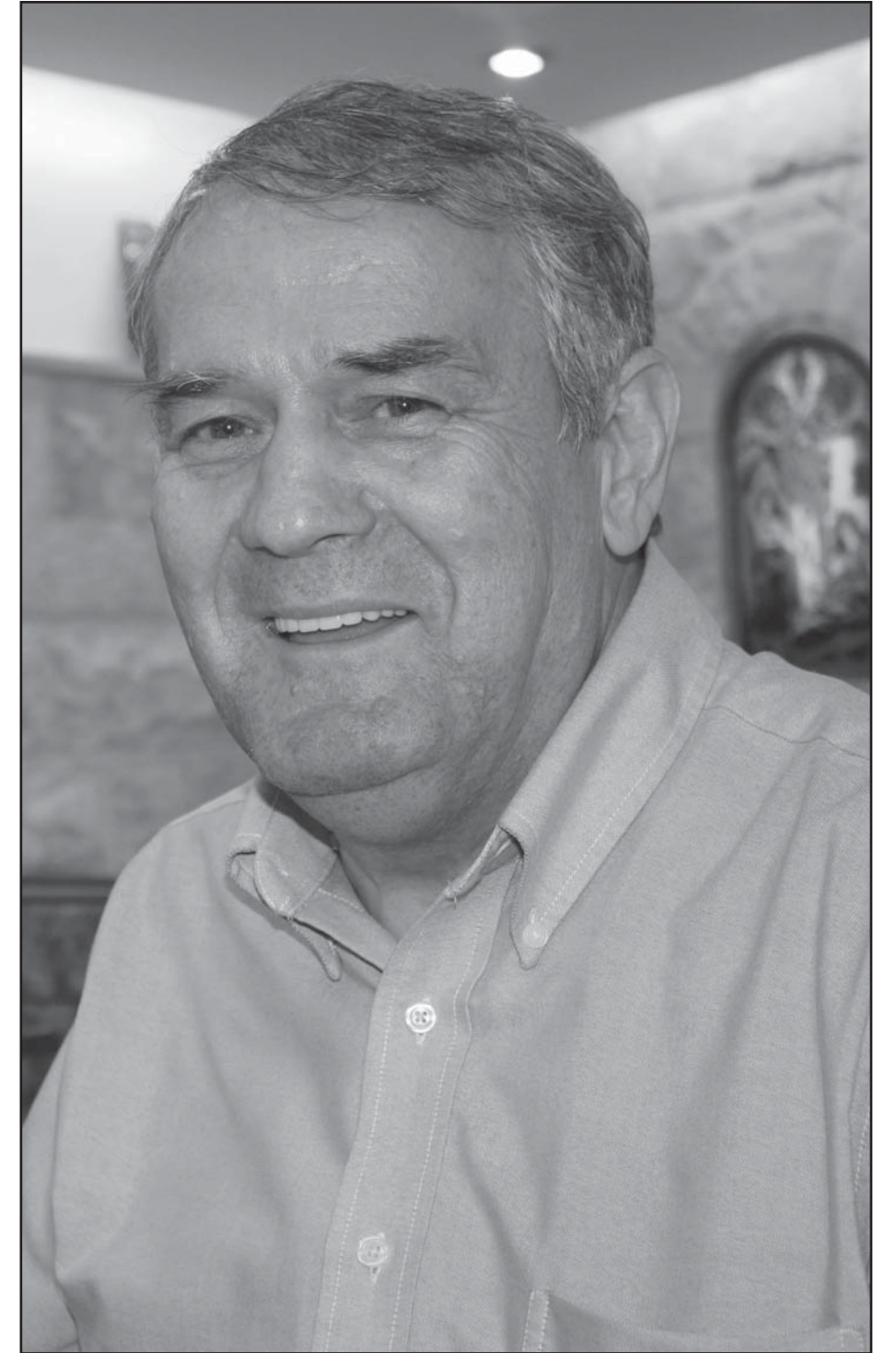
Polhamus recounted a story when an Israeli soldier in a shopping mall held him at gunpoint. Instead of running or cowering, he talked calmly to the soldier until his release. He said he saw the good in the soldier instead of the bad.

“To me the significant part of that experience was when I made the conscious decision to quit looking at the soldier in front of me and to look at the eyes and face of the young man in front of me,” Polhamus said. “I made that distinction in my mind.”

He continued to speak about his work and CPT.

“I think that’s a crucial thing in peace work that we don’t look into the stereotype image that is in front of us but look at the common humanity of who is front of us,” Polhamus said. “I think that is the most important part of the work that CPT does and should be done more.”

Polhamus hopes to continue his work for CPT and return to Hebron, Iraq or Palestine sometime this summer.



Rick Polhamus



Photos by Ryan Kresky

Senior projects "Darkskies," a men's body line project, by Phoebe Barton (left), and "The Red Car," by Kala Tiemann (above) are on display in Friendship Hall until April 28.

## Art exhibitions wrap up '14-'15 school year

RYAN KRESKY  
*Spectator Staff*

Two separate exhibitions now show artwork created by this year's seniors in Friendship Hall. The exhibits will consist of works students have created during their years at McPherson College.

The shows have been divided between studio work in April and graphic design in May. The first senior exhibition is showcasing Phoebe Barton, graphic design and studio art major, and Kala Tiemann, technology auto restoration design major. Other students like Cierra Bowers, Kevin Aka, Kala Stevenson, Nick Unruh, and Xavier Bartee, all senior students in graphic design, will be showcased in the May senior exhibition.

The art reception party for the April

exhibition will be on Friday, April 24 and the May exhibition reception will be on May 15. Both events will go from 7 to 8:30 p.m.

Wayne Conyers, art professor at McPherson College, said that this was the "capstone" event for his students. He further explained that this event was to promote experience among the different art majors and to promote presentation of artwork.

"Students have the option on however they want to approach it," he said referencing their work in general. The artwork in the April and May exhibitions will vary in style, color and media. Their work will be accompanied by a statement, which will explain the artist's intentions.

Since Conyers' stay at McPherson

College, the art department has always held exhibitions showcasing seniors' artwork in Friendship Hall. Both exhibits will last around two weeks with the May exhibition showing through commencement. The reason why there are two separate shows is the increase in the graphic design program.

Conyers also said they have classes that prepare art majors for the senior exhibition and even include senior classes where they can create and "perfect" their work. They also have concentrated study during their junior year so they can prepare for the show.

He had to work around the Central Kansas League Festival in Friendship Hall on April 29. The festival is only for one day so the April exhibit will be taken down on April 28, and after the festival

is finished, the May exhibition will be up on April 30.

"We want people to put up a show together," Conyers said.

The objectives of the exhibitions are to professionally pull off a body of work and show it, show a professional presentation of that work and to make them ready for after college for whichever track the student is in.

"They remember their senior experience," Conyers said, mentioning that these exhibitions serve as a "Grand Finale" for the graduating students. Conyers views these as important for his students to know because any artist's life is entrepreneurial. He mentioned that with graphic design students they have to find their market niche if any company wants to use their designs.

## 'Foreigner' closes season

CLAIRE CROSSMAN  
*Spectator Staff*

It was hard for the actors of "The Foreigner" to stay in character when an actor accidentally didn't follow the script, on Saturday, April 18 in Brown Auditorium.

Logan Schrag, a freshman in business administration, tossed a glass of apple juice into the face of Scott Crist, a senior in elementary education

This was just one of the more memorable moments for Nora Grosbach, a freshman in biology, and the rest of the cast for the last show of the semester.

Not only was this Grosbach's first time in a show on campus, but her first theater production. She played the character Catherine, a wealthy heiress who seems skeptical of her future life with the Rev. David Lee, the villainous character of the play. Although not a theater major, she has always had an interest with trying her hand with acting.

"Addie and Jd had been pushing me towards doing this the whole year, so I thought why not give it a try," Grosbach said. "Half the time on I was stage, I didn't have to think about my lines. It came naturally."

She also was able to get a large amount of support from Amanda Leffew, a senior in philosophy and religion, who acted as a mentor for the freshman.

Many students had positive comments to report on the play, including those who have never attended one of the schools productions, like Karsen Stuchl, a junior in automotive restoration.

"I usually am not one to go to a play, and I wasn't expecting to enjoy it as much as I did," Stuchl said.

Grosbach will not be able to be in any productions next semester because she will be in Columbia, but plans on acting in future plays because of the great experiences this play has given her.



Photos by Claire Crossman

(Above) Scott Crist, a senior in elementary education (top left), and Nora Grosbach, a freshman in biology, act out a scene in the last production of the year, "The Foreigner." (Below) Actors play Klu Klux Klan members to search for the foreigner.



Amanda Leffew, senior, and Grant Tuttle, freshman, both philosophy and religion majors, interact together in a scene.

