

Men's basketball heads to Branson



Photo by Miranda Clark

The Bulldogs won the conference championship in Hartman Arena on Tuesday, Feb. 26. The Bulldogs were the no. 8 seed in the tournament and beat the no. 1 seed Saint Mary's in the first round. Then they beat Friends University in the second round who was the no. 4 seed. They met Sterling College University in the final, who was the no. 3 seed and beat them 87-80.

RONALDO FILHO
Spectator Staff

The no. 8 seed McPherson College Bulldogs are headed to Branson, Mo., for the National Tournament a fourth year in a row.

The Bulldogs upset the no. 1 seed Saint Mary and no. 4 seed Friends University, both away.

"The fact we won two road games in less than 24 hours is outstanding," said men's head basketball coach Tim Swartzendruber.

ber. "Not to mention the fact one was at Saint Mary, which is three plus hours from McPherson."

For the most part of the regular season, the Bulldogs faced tough moments when the team struggled to find its best performance, but it seems the team achieved its pick at the critical moment of the year.

They played Sterling College in the final at the Hartman Arena in Newton on Feb. 26. The Bulldogs came away with a victory of 87-80. They became the second team in the league's history to win the tourna-

ment as the no. 8 seed.

"Our goal from day one is to play our best basketball at the end of the season," Swartzendruber said.

Adam Bruner, jr., guard, led the Bulldogs in scoring ending the night with 27. Samson Shivers, jr., guard, also came through scoring 17 points. Joey Powers, jr., forward, ended the night with 13. Jake Reinhardt, sr., forward, racked up 11 points and also contributed in rebounding with nine. Devirous Johnson, jr., forward, also got double figures in rebounding with

10 and scored 8 points.

"Even though we had a rough stretch about a month ago, the guys have continued to work hard and do what the coaches have asked," said Swartzendruber.

The Bulldogs will play in Branson, Mo., against William Penn on Wednesday, March 6 at 1:45 p.m.

"I do believe our experience has been positive for us," Swartzendruber said. "Our players expect to win and take pride in the fact we have had success. I feel blessed to be coaching such a great group."



Men's basketball wins KCAC Championship



Photo by Samantha Peterson

The team will play William Penn on March 6

Cafeteria to close at 2 p.m. on Friday, March 1

2 Housing reservation deadline for next year approaches

8 Johnson teaches new positive psychology trial course

11 Our parents were right: eating our veggies proves to be healthy

13 Men's Tennis puts up a fight against Wichita State

14 Two students will compete at nationals for indoor track and field

NEWS BRIEFS

Students can paint outside of classroom

Students can paint for fun on Monday, March 11 at 7 p.m. in the basement of the Hoffman Student Union.

All painting supplies are provided.

Reservations can be sent to Kelli Johnson.

Fundraiser pits students against faculty, staff

Students, faculty and staff were pitted against each other starting on Monday, Feb. 25.

Everyone could bring their pocket change and bills in a competition that allows the winners to pie the losers in the face. The collection jars were in Mohler Hall at Vikki Tremmel's desk and during lunch in Hoffman Student Union.

This competition was a fundraiser for the Haiti Medical Change for Change Clinic, which purchases in-country medical staff and supplies for 10-13 traveling medical clinics annually in Haiti.

A raffle will determine the lucky people who get to throw the pies, should their side win.

Badminton play and tournament planned

In the small gym on Saturday March 2, there will be a day of badminton starting at 11 a.m.

Maclin, SGA take new approach to housing reservations

MAGENTA JACKSON
Spectator Staff

Shay Maclin, dean of students, and the student life staff have incorporated a few changes into the housing reservations process. Students are asked to reserve housing online by March 8.

To reserve housing for the 2013-2014 academic year, students are required to use Bulldog Connect.

For those who plan to live in Dotzour Hall, Metzler Hall, Bittinger Hall, and Morrison Hall, reservations began on Monday, Feb. 25 using Bulldog Connect. The application deadline for these dorms is March 8. All student life fines must be paid prior to reserving housing.

Previously, Maclin set specific dates for

returning students to apply. The reservation process is now open to any student.

Through this change, McPherson College has become "greener" by going paperless. However, this is not tied to the fifty dollar deposit fee. In addition, this new technique for housing reservations provides more student benefits.

Maclin shared that the reason for the change was "to try to allow students with an equal opportunity to reserve housing and to give students more control. Also, it aligns us with other institutions."

Maclin said, "I asked SGA to assist me in revamping some of the concerns with housing. They formed a committee and made the recommendation for their endorsement since they represent the student voice."

SGA proposed that Metzler becomes co-ed.

The plan is to make the top floor an all-girls floor, since the stairway doors lock.

Therefore, 2013-2014 is going to be a test. With that, the bathrooms would stay the same, meaning keeping the urinals, in case the test doesn't work. Maclin hasn't decided because they are waiting on a cost analysis.

However, Maclin strongly believes that "the thought is that adding women could change the culture in the building."

As for Baer Apartments, Harter Hall and Off-Campus Housing, applications were sent via email and available Monday, Feb. 18 through Thursday, Feb. 21.

The applications are no longer being accepted.



Photo by Arryana Barton

Brian Johnson, soph., Kansas City, Kan., and Dante Lee, fr., Shawnee Mission, play chess in Dotzour Hall as a past-time during the snow storms last week.

Women's basketball ends season 14-15
Lady 'Dogs lose to Southwestern University in first game of conference

RONALDO FILHO
Spectator Staff

McPherson College Women's basketball season ended after losing a close game by 57 to 50 against Southwestern University last Friday at Winfield.

The Lady Bulldogs shot 18-of-55 from the floor and committed 24 turnovers.

"I'm very proud of our effort and how we fought back, especially on the road against a quality opponent," said Cy Rolfs, women's basketball head coach. "We gave ourselves a chance to win and that's what we strive for it."

"Overall, this team has been a true pleasure to coach. Their work ethic and character are outstanding, and they accomplished a lot this season. It's important for our team to realize how far we've come and what we had to do to get here."

—Coach Rolfs

The team had chances to take the lead during the game when Southwestern didn't performed as well in the second half. They were shooting 7-of-27 from the floor. Southwestern had 14 turnovers along the match and scored 38 points out of the bench, nine more than the Lady Bulldogs

"If we had done a better job of taking care of the ball, some things would have changed in the game," Rolfs said.

Guard Chandler Short fr., Edgewood, Texas, stepped up from the bench and

scored 11 points and had two assists. Guard Madison Chambers sr., Wellsville, had nine points and nine rebounds. Forward Tayler Puttergill, sr., Tryon, Neb., also contributed with nine rebounds and scored seven points.

"Overall, this team has been a true pleasure to coach," Rolfs said, "Their work ethic and character are outstanding, and they accomplished a lot this season. It's important for our team to realize how far we've come and what we had to do to get here."

The Lady Bulldogs have a negative record of 14-15 this season.

"We stepped up and beat some high caliber opponents and showed great improvement compared with last year," Rolfs said. "We expect positive leadership to continue, with a great core of underclassmen returning. We know what it takes now to be at the top and our team will simply work harder to get there."

The Lady Bulldogs will lose four graduating seniors this year, but it will keep a young squad for next season. Now, the team focuses to carry this momentum forward.

"I'm very proud of the young ladies that have contributed to that, especially our seniors," Rolfs said. "Everyone will continue to work hard and that will lead to even greater results in the future."



Photo by Miranda Clark

Cami Engelbert, fr., Beloit



Photo by Miranda Clark

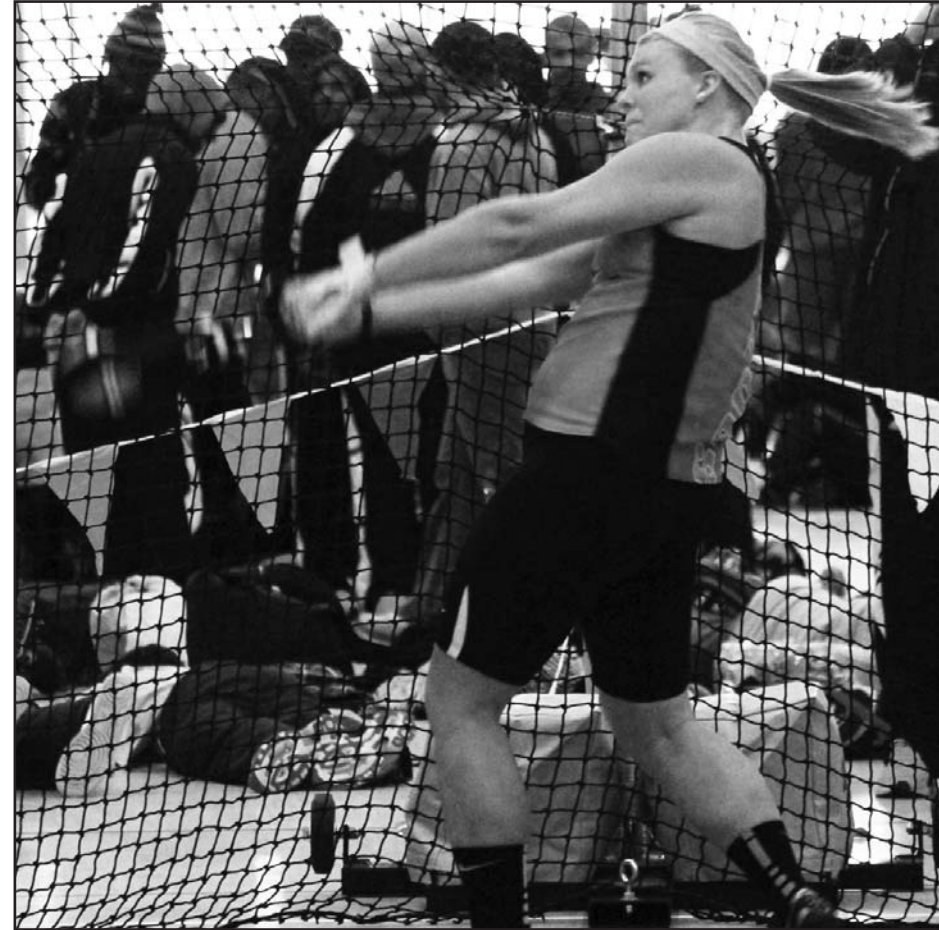
Beth Cooper, jr., guard, drives down the court in the Bulldogs game. The Lady Bulldogs ended their season 14-15.

Track finishes indoor season strong, ready for outdoors



Photo by Miranda Clark

Arryana Barton, jr., Sacramento, Calif., makes her mark in the triple jump. Right, Megan Pohlmann, jr., Deshler, Neb., makes her approach in the discus.



TAYLER PUTTERGILL
Sports Editor

McPherson College Track team sent two athletes to the KCAC National Indoor Track and Field Championships, which will be in Geneva, Ohio. The Championships started Feb. 28 and will be all week long.

Derrick Toney, sr., Salinas, Calif. will be competing in the high jump, and Arryana Barton, jr., Sacramento, Calif., will be competing in the triple jump.

"It took us two days to drive up to Ohio and we practiced light Wednesday and Thursday just to keep them fit and getting them used to the facility before they compete," said Coach Cameron Magnall.

The Bulldogs had a meet on Saturday

Feb. 16 where there were two more records that fell for the McPherson Bulldogs.

Rea Samuels, fr., Williston, Fla., broke the school record in women's 200-meter dash with a time of 26:48 seconds. She ended up getting first at the meet. Samuels also got a sixth place finish in the 60-meter dash with a time of 8:13.

The other record broken during the day was by Sharica Pleasant, jr., Long Beach, Calif. Pleasant totaled 2932 points in the pentathlon. She finished with a third place in the long jump by jumping 4.99 meters and ran a 2:47.13 in the women's 800-meter run and that placed her sixth. She also competed in the 60-meter hurdles, high jump and shot put. She threw the shot put with a personal record of 11.11 meters.

The Lady Bulldogs also had one more

place in the day. Ashley Huizar, sr., La Puente, Calif., ran the 3000-meter run in 11:36.63 which put her at fourth place at the meet.

The men's team had several place in the meet this past Saturday as well. Perry Joseph, fr., Seminole, Fla., got fourth in the 60-meter dash with a time of 7.01 seconds.

Robert Ryland, fr., Fort Garland, Colo., had a 1:19.27 in the 600-meter dash which was a personal record for him and also got him a fifth place at the meet. Andrew Asuncion, sr., Salinas, Calif., received a fifth as well in the triple jump with a jump of 13.30 meters.

Derrick Toney received sixth in the high jump with a jump of 2.03 meters. Zach Mason, sr., Uniontown, received a fifth

place in the 400-meter dash with a time of 53.95 seconds.

"We toned things down a little at practice the last week or two after conference to let everyone recover from the indoor season and get healthy for outdoor," Magnall said. Now we'll kick it back up and pick up where we left off."

The snowstorm hasn't slowed down the Bulldog track team at all.

"We have been doing some conditioning in the large gym and getting in the weight room," Maganll said. "Our goal for days like this is to make sure we don't lose any fitness we gained previously."

For the athletes who are not competing at Nationals, they will have their first outdoor meet on March 9. It will be in Hillsboro at the Tabor College Invitational.

Alumni Board meets to discuss future activities

RONALDO FILHO
Spectator Staff

The college is constantly looking for ways to improve the relationship with its alumni.

The Alumni Board met this month with staff, faculty and students to discuss ideas for alumni events. The meeting was Saturday, Feb. 16.

The meeting was conducted by Katie Hill, director of alumni and college relations, and Deb Wagoner, coordinator of constituent relations.

The Alumni Board met with some faculty and staff, including President Michael Schneider, who gave college updates and his vision for the future of the institution.

Anna Ruxlow, director of development, provided information on fundraising.

Hill presented the goals for the alumni association and its future events.

Joshua Norris, assistant professor of music, gave information about the music department and his vision for the future of

the program.

According to Hill, the Alumni Board helps to make the alumni experience meaningful by planning alumni gatherings and events that will help alumni network with each other and to build relationships with the college.

The Alumni Board is composed by three main committees that are responsible to plan alumni events through new ideas, to recruit prospective students and to help graduating seniors to feel involved and welcomed in the alumni association.

"In this last meeting, they wrote letters to our graduating seniors that they will get at graduation," Hill said. "They wanted the seniors to know that they are joining a community that will always support them."

The Alumni Board helps the college to maintain its connection with former graduates, which can help future students to get their education at an affordable price.

"It is important to remember that keeping our alumni engaged directly corre-

lates with student scholarships," Hill said. "When our alumni are involved with the college, they are more likely to donate to help our students receive a McPherson College degree."

The meetings are held twice a year. The first meeting occurs over Homecoming weekend and the second meeting occurs Red Out weekend. Red Out weekend is where students wear red to the basketball game. This day is normally also senior night.

"We are currently looking for a junior and a senior representative student for next year to participate on this board," Hill said.

Interested students should contact Hill to get a chance to network with the college's alumni and to give them opinions on all discussions in the future meetings.

"The meetings went well," Hill said. "We are lucky to have such an incredible board with such wonderful people. They care about this college and they want to do anything they can to make it even better."

California professor will present a new approach to religion

BRITTANY WERNER
News Editor

A professor of religion from will be this year's guest for McPherson College's Religious Heritage Lecture. The title of his lecture is "Death, Disease and Demographics in Jesus' Galilee—A New Look at the First Christians."

Dr. Jonathan Reed will be presenting the lecture at 4 p.m. Sunday, March 3 at the McPherson Church of the Brethren in the sanctuary. After the lecture, there will be a question and answer session for the audience.

Reed will also speak with campus pastor Steve Crain's history of Christianity class on Monday, March 4 at 9 a.m. Crain will allow for students outside of the class to attend the classroom lecture, although

there is limited seating. The class is located in Mohler Hall, room 227.

Reed is currently the professor of religion and the dean of the College of Arts and Sciences at the University of La Verne in California. Reed has been a professor at La Verne for two decades. He is also a leading expert on first century Palestinian archaeology.

Reed has been involved in over 13 years of excavations in Israel. This work has helped him write five books on the first century. They focus on topics related to early Christianity. Two books of his are "Archaeology and the Galilean Jesus" and "Excavating Jesus."

"You have to understand the history and society of first-century Galilee before you can get right a theology for the 21st century," Reed said.

Reed has also been a guest on numerous television programs including CNN, "Good Morning America," NPR's "Talk of the Nation," and Discovery and History channel specials. He was also the senior historical consultant for "Science of the Bible" series by National Geographic.

Steven Gustafson, director of planned giving, said, "The lecture is designed to deal with issues in Christian heritage that impact students, faculty and staff."

The religious lectures are not restricted to the Christian view.

"In the past, we have had Jewish, Hindu and Muslim speakers," Gustafson said.

The Religious Heritage Lectureship is possible through the donations of unnamed contributors. The lecture is free to students, faculty, staff and the community.

NEWS BRIEFS

Match Two provides services to inmates

Match Two allows any interested students, faculty and staff members to serve a greater community.

Training occurred on Saturday, Feb. 23 from 8 a.m. to noon in the basement off the Hoffman Student Union in the Chapel Room.

M2 matches community members with inmates at the Hutchinson Correction Institution. The volunteer meets with the inmate for approximately one hour a month inside the correction facility. This provides the inmate contact with the outside world.

The meetings are held inside the facility and are casual conversations with the inmate.

In the past, two students have been paired together with one inmate to increase the comfort of volunteering.

Volunteers must be over the age of 18.

Takeover provides relaxed environment

Takeover is a new organization on campus.

The first meeting was Sunday, Feb. 25 from 8:30 to 9:15 p.m. in the basement of the Miller Library.

Takeover provides a relaxed environment for students where they can strengthen their spiritual relationship without being judged.

The club took part in prayers, petitions and discussions. Food was provided at the meeting.



Photo by Miranda Clark

D'Andre Sampson throws a snowball outside of Dotzour Hall on Wednesday, Feb. 20. Classes were cancelled because of weather conditions on Thursday, Feb. 21, Friday, Feb. 22 and Monday, Feb. 25. According to KAKE, snowfall totaled 13.8 inches in McPherson. Shay Maclin, dean of students, said, "The last time we cancelled was two years ago and we cancelled twice. Before that it was the late '70s." Numerous students enjoyed playing in the snow. "In Moundridge, I got the amazing first time experience of tractor sledding, followed by burying each other in the snow and amazing hot chocolate." said Michael Himile, fr., Harmony, Minn. Brittney Shoulders, jr., Rialto, Calif., Cody Turnbull, jr., Rushville, Mo., Chad Ediger, jr., Vancouver, Wash., Rex Schaefer, soph., Lebanon, Mo., Lance Butler, jr., Torrance, Calif., Drew Talbott, sr., Mishawaka, Ind., Evan Clary, jr., McPherson, Simon Marriott, sr., Rutland, UK, and many others built a snow fort outside of Harter Hall.

Men's tennis struggles against Wichita State

TAYLER PUTTERGILL
Sports Editor

The Wichita State University Shockers shut the men's tennis team out this weekend when they traveled to Wichita on Feb. 13. This makes their record now 6-1 on the season.

In doubles, Slav Bukatin, sr., Moscow, Russia, and Sean Dullaghan, jr., Los Angeles, Calif., lost 8-2. Rafael Bulnes, soph., Rosmalen, Netherlands, and Sean De Young, jr., Anaheim, Calif., lost their match as well at 8-4. The last match in the doubles was Mark Mahan, jr., Fullerton, Calif., and Torsten Keil-Long, sr., Claremont, Calif. They also were defeated by Wichita State Univer-

sity losing 8-4.

"Our doubles were in the matches until the end and I thought that we learned that we can play with just about any team in the country," said Coach Jeff Benito.

In the singles, the Bulldogs struggled again with their number one Bulnes, losing 6-2 and 6-4. Bukatin put up a fight but ended up losing 6-7, 6-2 and 10-6. Keil-Long went 6-2, 6-1 respectively also getting defeated by his opponent. Mahans match went 6-0 and 6-1.

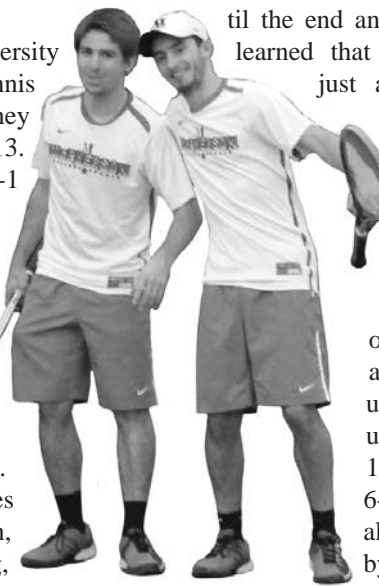


Photo by Robin De Young

Rafael Bulnes and Sean De Young

Dullaghan didn't have much luck as well going 6-3, 6-1 with the defeat, and De Young lost his match 6-0, 6-2.

"Our other matches in singles were closer than what the scores indicated," Benito said. "The Wichita State Coach Brad Louderback praised our team for our fight and our class which was good news to me."

The big snow storm on Feb. 20 has also been an issue for the tennis team. Making it harder for them to practice.

"We are fortunate that we do have access to indoor tennis facilities in Hutchinson and Salina so that we can try to remain competitive," Benito said.

Next they have Oklahoma Baptist University. They play them in Salina on March 3 at 5 p.m.

"Oklahoma Baptist is ranked No. 21 in the country so this will be a top 25 battle with some huge implications in our region, Benito said. "The next few matches should be exciting."



Photo by Robin De Young

Sean De Young, jr., Anaheim, Calif.

Baseball has schedule change because of snow

TAYLER PUTTERGILL
Sports Editor

The McPherson baseball had a week off because of the big snowstorm. They were suppose to go to Lubbock, Texas to play Lubbock Christian University, but decided that it would be safer to stay home.

"We hope the football field melts soon so we can try to get outside on a dry surface," said Coach Andrew Ehling.

The Bulldogs have been stuck indoors practicing since the snow has the ground covered outside.

"We just try to stay in a routine that allows us to stay focused," Ehling said. "We are fortunate to have a sufficient indoor facility where we can get a lot of swings in."

"We just try to stay in a routine that allows us to stay focused."

-Coach Ehling

The Bulldogs are 1-5 on their season so far.

The Bulldog Classic got cancelled this next week because of the accumulation of snow on the ground. Their next game will be in Shawnee, Oklahoma in a tournament hosted by Oklahoma Baptist and Saint Gregory's.

Their first home game will be against Benedictine University on March 6 at 1 p.m. at home.



Photo by Miranda Clark

Jordan Slaton, sr., Dodge City, throws a pitch during the Hesston game on Oct. 17. The Bulldogs are 1-5 in the season so far.

Endearing pickup truck memories last a lifetime

What is it about trucks? Why do some of us love trucks? How did we get attached to them? By "trucks" I mean pickup trucks, primarily, but the same attachments seem to surround almost any kind of truck: panel truck, flat bed, even dump trucks. What drives us to own, fix, restore trucks when there are perfectly good cars available?

First, of course, are the "happy memories" aspect of pickup trucks. If you drive one, you'll hear a steady stream of comments like "Grandpa had one just like that" and "that reminds me of vacations we used to take" or "my dad never should have sold that old truck" (it's never "I wish we'd sold that old thing"). Complete strangers will reveal to you a piece of their personal history, simply because you drive a truck.

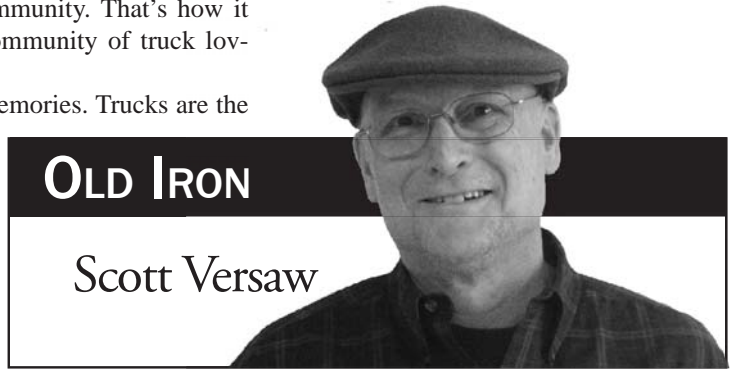
Truck memories seem to embed themselves in the brain compartments set aside for warm and fuzzy experiences. They're about family, and traditions, and people we miss, and things we learned. For those of us from the wide middle part of this country, our first loves, best friends, and milestone events are often inextricably linked to trucks.

Trucks are inclusive, though; you won't be left out. Somehow you can hop in a truck and instantly adopt a lifetime of memories that don't even belong to you. Suddenly you're part of a historical thread of hard work and honorable labor. Maybe it's the aura of self-sufficiency that surrounds a truck. Maybe it's like listening to a live concert by a musician you hardly know say, Willie Nelson, Prince or Tom

Waits, and realizing that the fans in attendance love this guy, have loved him for years and know every song by heart. You love the music too, and wish you had discovered it earlier. Then you realize that you can be a fan starting now. You're in, no waiting; a full member-in-good-standing of the fan community. That's how it works with the community of truck lovers, too.

It's more than memories. Trucks are the automotive equivalent of comfort food, like meatloaf, macaroni and cheese and still-warm chocolate chip cookies. Simple, with just

a few ingredients, and never fussy. Always welcome. Always satisfying in way that transcends the five senses. Try that explanation when someone asks why you drive a truck. If they don't understand, just take 'em for a ride.



OLD IRON

Scott Versaw

ON THE FLY

How do you feel about the new housing process?

"Housing should be solely based on merit. Only people who deserve it should get it."
Blair Darsh, jr. Hamstead, Md.



"My personal experience applying for an apartment went really smoothly."
Kelsey Stucky, jr., Cimarron



"It's good that the upperclassmen got the apartments, they deserve it."
Sierra Ulrich, fr., Sylvan Grove



"Shay probably had a good reason for changing the housing process."
Fred Miller, sr., Greenwood, Del.



"I'm a senior so I don't have to deal with it, but it should run smoother than last year."
Wrylie Finkle, sr., Wichita



"It is nice that it's all online."
Zack Winkle, jr., Goddard



SGA makes changes to election process, organization

BRITANY WERNER
News Editor

Student Government Association will hold elections for executive offices and representatives on Thursday, March 7.

The process required students to obtain a petition, sent out through email, for the office they wish to run for in the election. The petition listed all the qualifications and duties of that office.

GPA was one qualification for students. For students running as a representative, they were to have at least a 2.25 GPA on a 4.0 scale. For students running as an executive board member, they were to have

at least a 2.75 GPA.

Once signatures were collected, the candidate returned the petition to an executive board member, SGA President Jacob Patrick, jr., Elizabeth, Colo., Vice President Elizabeth Newby, jr., McPherson, Treasurer Aspen Ulrich, jr., Sylvan Grove, Secretary Katie Naccarato, or to Shay Malin, dean of students.

Students needed to obtain 15 to 20 signatures to be eligible to run as a representative and 20 to 25 signature to be eligible to run as an executive board member. Petitions were due Thursday, Feb. 28.

"We elect the new executive board members and class representatives in the spring

because their constituencies are present on campus," Patrick said. "We don't elect freshmen or dorm representatives at this time because we don't have their constituencies for the next year present."

There have been a few changes in the election process. The deadlines were extended by a week this year because of the new academic schedule.

A separate running was also created for the vice president because there has been difficulty in the past for the president to find a willing running mate. This change is a test, but if it is successful, SGA will change the bylaws and the constitution to reflect it.

There have also been organizational changes. Last year, meetings were held every Wednesday at noon. This year, meetings are held every other Sunday at 7 p.m. in the library board room.

"We have also made a strong effort to hold representatives accountable to their commitment to their office," Patrick said.

Another change includes student voices in the planning of food service, housing, fines and the Campus Blowout.

SGA involvement has been down in people running for office and in the actual voting in the past two years.

"I'm hoping this spring will prove the current trend wrong," Patrick said.

Founder of automotive restoration company speaks to students

Painter tells audience about high-tech, modern machines used in shops

TYLER HENNING
Spectator Staff

Motion Products Inc. visited the college because they were looking for high-quality interns.

The lecture was presented in Templeton Hall on Tuesday, Feb. 19.

Motion Productions Inc., based in Neenah, Wis., is a high end restoration shop that uses modern technology to recreate valuable cars. They have been specializing in automotive restoration and custom fabrication for over 30 years.

Founder Wayne Obry spoke to students about his company. Motion Products Inc. started with three aircraft workers; an electrician, a mechanic and a painter.

One day, the painter took a break from painting custom aircrafts to do a project for an individual. Realizing his true passion in car painting, he called up two fellow aircraft workers and a friend in Milwaukee who happened to specialize in Ferrari res-

toration and maintenance.

Like many other restoration shops, they started with just a one-room shop, and eventually grew into a complete fabrication shop with multiple CNC Machines, engine diagnostics, and three-dimensional laser scanning.

The company specializes in Ferrari restorations. However, they never shy away from other high-end restorations. They are famous for their restorations and had five Ferraris at Pebble Beach Concours d'Elegance in 2012. Obry even commented on the fact that having so many cars at Pebble Beach is difficult, because they are effectively competing against their own projects.

The main thing that sets Motion Products Inc. apart from other companies is their immaculate attention to detail and their sophisticated technology. They described the process that they go through



to create three-dimensional images with their scanner.

First, they have to put specialized reflective dots on the image being scanned for reference points. Then the scanner's lasers bounce off any three dots to help create a small image around the area. Finally, the computer assimilates the images and creates the final product with impeccable detail.

The founder was more than willing to share stories during the lecture, such as how the portable three-dimensional scanners became a valuable piece of machin-

ery. When the company purchased the scanner from a technology company in Canada six years ago for \$40,000, they brought the scanner back to Wisconsin, but the Canadian software was incompatible with their CNC Machines.

After a dreaded trip to England, for custom software compatible with their CNC Machine and \$100,000 later, they finally had a working scanner.

Andrew Butcher, jr., Atlantic, Iowa, said "It was a pretty fascinating presentation, many fantastic things, the rapid prototyping was pretty cool."

The Hot spot

BY KAITE NACCARATO

A GLIMPSE INTO THE LIFE OF SCOTT HOOKER,
HEAD ATHLETIC TRAINER



What is your impression of MAC: I love McPherson, I enjoy the small college atmosphere. It was an adjustment since I attended larger schools, but I do like the small town and I love working with student athletes.

What should students expect: Life isn't easy. It is what you make of it. College is your time to grow.

Who are your Role Models: My role models would be anybody who has helped me get to where I am today, especially my parents, my brothers, previous and current bosses, my friends and even the student athletes who I work for.

Hometown: I grew up in Merriam, Kansas which is up by Kansas City. I am the youngest of three boys.

Education: I graduated from K-State in December of 2003. Then I went to Illinois State University where I received my master's in May of 2006.

Before MAC: I was attending grad school. I was a graduate assistant in the athletic training department at Illinois State University in Normal, Ill. There, I was the trainer for track and field and cross country.

Hobbies: I support my Bulldogs and I love going to different sporting events. I am an avid KU and Royals fan.

Hope for the future: Personally, I hope to be a good husband, a good father when the time comes and a good provider. I want to have fun, work hard and enjoy life.

Why did you choose McPherson: Amongst other things, the opportunity arose and it helped knowing someone here at McPherson College.

What is your Favorite Part of Mac: My favorite part of McPherson is the people here. I grew up in the suburbs of Kansas City. It is a different way of life here. I enjoy the small town atmosphere.

What are one or two things about you that would surprise the students: I am engaged to a beautiful woman, miracles do happen.

What is one thing you want to do: I would really like to see a Major League Baseball game in every stadium in America. I have been to eight different stadiums so far.

Bittinger Hall announces challenge for women

Exercising with Brazilian dance on DVD for students

ASHLIE MANZI
Spectator Staff

Bittinger Residence Hall purchased the Brazilian Butt Lift DVDs and all ladies are invited to join.

Residence Director Beth Krehbiel decided to buy these DVDs in an effort to help the girls of campus to have a good lower body workout.

"It's not something for people to watch, but more like a fitness challenge with like-minded women in a supportive setting," Krehbiel said. "A group where we can hold each other accountable."

While working out the lower part of the body, she's also hoping to help the girls make stronger and healthier relationships with those around them.

These workout videos were designed and created by Leandro Carvalho to make it possible for women and men to get a workout for their butts without over working the calves and quads.

In these videos work the core, legs, and of course, the butt with a series of twists, shakes, bends and squats.

The use of resistance bands also helps with toning and firming all of the gluts and legs.

Katie Naccarato, sr., Valley Center said, "We thought about doing 'Insanity' as a dorm, but Beth found this workout. It'll be a great way for us girls to have fun and encourage each other in a positive way."

Many of the girls of Bittinger have signed

up to be a part of this workout and many are looking forward to it.

Taylor Wilkens, sr., Clearwater said, "I'm looking forward to see what happens in the challenge, and doing it with my best friend just makes it that more fun!"

Some girls are hoping to be able to have the time to participate.

Allison Snyder, sr., Adel, Iowa said, "I think it sounds like fun. We're working out and building community at the same time. If I have the time, I want to do it."

The DVDs were expected to arrive this past week, with the sessions taking place not long after.

Sessions will be held in the basement of Melhorn Science Hall in the same room where the Zumba classes are held.

They will be during the evenings, two times a week.

Any woman on campus is welcome to join.

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LEAD EDITORIAL

Eating your veggies now spurs healthy lifestyle

As a child, did a parent remind you to eat your veggies at dinner? And more importantly, did you? Well if you listened then yes, you did eat your vegetables; no questioned asked. You listened to your parent because they were the biggest authority figure in your life. You were the child, they were the parent and keeping you healthy was one of their chief responsibilities.

It seems as though some parents in this country are not making their children eat their veggies. Why eat peas when cheese balls taste so much better! When is it OK to step in and tell a parent that they are setting up their child for an unhealthy life

style? Go to any big box store and look down the snack isles. Most of the products are artificially flavoured, sugar coated cardboard. These cannot be a good alternative to fresh produce, but people buy them anyway. The snack food isles at the grocery store boast all kinds of treats.

Health organizations, like the FDA, have been warning the public about the ever increasing rate of obesity for years, but it continues to be a touchy subject. Parents are offended when they are told that their child is unhealthy due to neglecting a healthy diet. They take the news personally that their child is unhealthy. This is a completely wrong way

to go about it. For example, in Michigan, local school board is sending letters home to notify parents that their child is overweight based on a BMI (Body Mass Index) scale. Some have responded with criticism and point out that the BMI does not take muscle mass into account, so all of the young body builders in the district may get a "fat letter," as they have been called, by mistake.

Parents are responsible to oversee their child's growth and health. Any information or tools that can be used to improve the child's circumstances should be utilized. The same can be said for personal health. Do not take the news that bad

health choices that you made are unhealthy as a personal attack. Instead realize what needs to be done to make things right. After all, it is your health that is going to suffer the most from improper eating habits learned early on.

It does do any good for a parent to get offended when a professional offers health advice. It is not a personal attack, they want to help. Proper eating habits are best learned early on in life, the more time goes by the harder it is to change. So next time you hear a study about obesity and poor nutrition, listen carefully and take away from it what you can. Just remember, eat your veggies.

Constant bad choices may provide no hope for humanity

Destructive habits, rituals hard to break

Even though they know it's wrong, there are those kids who steal candy from the candy jar when they know it's bad for them. And then they grow up into adults who continue doing actions that they know is bad for them.

It seems that individuals and society as a whole continue to start projects that will end badly.

An Australian billionaire, Clive Palmer, recently announced that he intends to build a life-sized replica of the Titanic. It will have three levels of passengers with period clothes provided for the passengers. The ship will have air conditioning but no TV or internet.

The Titanic II is a bad idea from the beginning. Before it can set sail, the replica has to shake off the bad publicity from the original. Palmer admits that he won't call the ship "unsinkable."

This time, there will be enough lifeboats and life rafts for the 3,135 passengers and crew. The stronger hull is made of a steel composite.

Palmer's announcement came only 12 days after the disabled Carnival returned to port after five days without electricity or plumbing. An engine fire caused the difficulties.

Bad things happen especially if people don't think all the way through their bad plans.

This sort of behavior can be found at this campus.

Students and faculty know smoking and using other tobacco products is harmful. It causes cancer and premature death. Yet, these adults continue this behavior even though they know it will end badly.

There are times when students make gluttons of themselves. It can be eating

way beyond the point of being full. The excess food consumed makes the glutton slow, sluggish and have stomach pains for the rest of the day.

The same can go toward excessive drinking. Doctors do agree that a glass of red wine has health benefits.

It is detrimental to student who continues drinking knowing they will have a

hangover the next morning or that it will affect their sport performances.

It is hard to find, conversely, people who don't do activities that help them or end positively.

If people continue to harm themselves before thinking all the way through, then the population of Western society could take a steep downward fall.

BRIGHT BRAINWORKS

Laurina Hannan



Mistakes made now shape future success

Every person, especially college students, always seems to question what it means to be successful. Unfortunately, there is no real way to measure success; every person has a different perception.

According to the web site, dictionary.com, success means achieving or having attained wealth or position. This narrow definition seems to only apply to wealthy individuals, which is not a common characteristic of college students.

Can one be successful without wealth and power?

In my opinion, college students are successful without all the wealth or power. College students are able to become successful by learning from their mistakes. As college students, we learn, grow and strive for success by making mistakes and figuring out who we are going to be.

Making mistakes in order to be successful can be a foreign concept. An example of a mistake turning to success would be a child learning not to touch a hot stove. The child may need to touch the hot stove in order to learn not to touch it again, even though mother probably said not to touch it in the first place.

The mistakes we make as college students will lead to our success. The success might not be noticeable once the mistake is made, or even seem successful at all initially. This success could be as simple as being an undecided major or taking an unwanted or mandatory class.

Unfortunately, each student has to find out which mistakes could be made into successes. A mistake I have made that has turned into success was not paying a lot of attention in business class. I will not make

that mistake again.

Other than not being interested in business, I doodled a lot. From these doodles I figured out what I wanted to do focus on design.

My mistake of not paying attention paid off to one of my greatest moment of success. In order for a mistake to be successful, one must realize what they have done and how it benefits them. One should

Learn and grow from mistakes and turn them in to successful lessons.

CREATIVE CHAOS

Kala Tiemann



Letters to the editor

Any student, staff or faculty member can submit a letter to the editor for the Spectator.

Letters should be limited to 350 words in length. The letter must be accompanied by the signature of the authors; letters may not be sent anonymously.

Letters may be edited for grammar, spelling, content or length. The newspaper staff reserves the right to refuse publication.

All letters should have a point

that is constructive or contributes to the enhancement of the student body; the newspaper staff will not print libelous material.

Anyone can submit a letter to the editor at any time if time of publication isn't vital to the author.

Letters can be printed and then submitted directly to any member of the newspaper editorial staff or emailed directly to the Spectator at spectator@bulldog.mcpherson.edu.

Views Expressed

The viewpoints pages provides diverse views on contemporary issues to stimulate discussion and promote the shaping and progression of ideas. Editorials are the official position of the newspaper, but are not the official views of the student body, staff, administration or McPherson College. Other views are the opinions of the individual authors or artists.

Student service trips offered during spring break

MAGENTA JACKSON
Spectator Staff

With spring break just around the corner, the McPherson College Service Office is providing a productive alternative for the typical holiday retreating.

There are currently three unique service opportunities available during spring break.

On March 23, early Saturday morning, Tom Hurst, director of service, has scheduled for individuals to travel to Holden, Ind. to repair damage caused by Hurricane Irene.

However, Saturday night will be spent in Indianapolis at an Indianapolis Church of the Brethren. Students will spend eight hours sight-seeing on Sunday as well before arriving to Holden that evening.

The actual service work will be implemented Monday through Friday for eight hours a day.

Being a construction specialist really isn't necessary, for volunteers from the Brethren Disaster Ministries will be also be present and helping to teach individuals the required skills. Therefore, no experience is needed in order to participate.

Sophie Simon, fr., McPherson, said, "I really want to go, and if it all works out I'm really excited because I took building trades

in high school and actually built a house. I think it will be so cool to use my skills and help people who really need their houses back!"

The service trip to Holdon, Ind., is a brand new project. Similar projects have been done in the past because of other natural disasters, such as floods, where the students are able to meet the families whose homes they will reconstruct.

"The gratitude shown is emotionally moving," Hurst said. "House owners really toil to understand why students would come so far, on their spring vacations, to help people they do not know, get back in reconstructed houses."

On March 24, a separate service trip is going to be conducted at the Heifer International Ranch in Arkansas where participants will have the opportunity to be involved in service work and learn about various approaches to world hunger as well.

In addition, partakers will be visiting the Clinton Presidential Library, which requires an extra fee of \$5 and the Heifer International Headquarters in Little Rock, which is known to be one of the nation's "greenest" buildings.

This gives students the opportunity to not only serve but also a great chance to learn.

Hurst shared that "6 students and 2 drivers will go to the Heifer International Ranch in Perryville, Ark., where former professor, Dr. Al Dutrow, will be the primary host for the week there."

"Participants can thank the college's Faculty and Staff Opportunity Fund for a grant to cover tuition, room and board for the participants," Hurst said.

This is the first time that no faculty members will be attending these out-of-state trips, but Hurst has made a point to find qualified drivers and the necessities to make sure these trips are conducted smoothly.

An alternative service trip will be held during this year's spring break here in Kansas as well. Hurst has made it possible for five students to accompany eight alumni to get involved with Camp Mt. Hermon in Tonganoxie. Individuals who choose to participate will depart from McPherson on Sunday afternoon, March 24.

Hurst said that the service work will include "lots of building, painting, weed pulling and dead limb trimming," as the camp will be preparing for their upcoming summer camps.

However, participants have much more to look forward to then simply hard volunteer work for they will "be involved in a series of

great evening activities" said Hurst.

"This is the fourth consecutive year that we have taken spring break trips," said Hurst.

Over the years, approximately 49 students have participated.

Susan Barton, head volleyball coach, who was one of the previous participants said, "I loved it! It is a great feeling to help others and to meet new people. It was an overall great experience."

It cost \$50 to participate on the out-of-state trips, plus the cost of food and possible activities for the week, and \$45 for the in-state trip.

Hurst shared that the "Other funds, this year, came from gifts given at the community Alternative Christmas Market and an anonymous gift or grant given to the college through the McPherson Community Foundation."

The non-negotiable deadline for participant's money to be turned in is Friday, March 1. Checks can be written to McPherson College or cash can be accepted and turned into Hurst, along with a completed registration form and a copy of an apportioned medical plan card, as proof of insurance.

Interested students can contact Hurst at 620-242-0503 or email him at hurstt@mcpherson.edu.

Friendship Hall exhibiting student art work from all majors, classes, art mediums

GRAHM MAHANNA
Spectator Staff

The student art exhibit is finally up for the college community to enjoy. The student art exhibit on display currently host most of fall semester's art projects, though there are some projects from this semester included.

Over six classes worth of art are on display until March 15 in Friendship Hall.

The work consists mostly of art majors, however a number of works are from emerging non-art majors. Drawing I and II, painting, photography, ceramics, and metal-working are just some of the classes being represented.

Evan Hiebert, jr., Goessel, has several of

his graphic work on display.

"I sit down at my computer a doodle," said Hiebert said. "I bring a notebook and work during classes over and over until I get a solid idea. Then I illustrate on the computer."

Isaac Levin, sr., Dighton, has two pieces in the exhibit. Both are metal work projects, one being a bronze cast of a man's face and the other a found object sculpture of a skele-

tal creature. An idea, Levin says, spawned from the concept of renewal.

Describing his metal sculptures, Levin said, "Believe it or not, procrastination is a big key to my artistic process. I let my hands go. I have a vision in my head and I just let my hands bring it into real life."

"I wanted to make it look like it came out of the trash," laughed Levin.

The McPherson College SPECTATOR

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Photo by Anna Means

Kelli Johnson, campus counselor, teaches basic methods of positive psychology and encourages students to find their own methods to use to Christian Rodriguez, jr., North Las Vegas, Nev., Brooks Walsh, jr., Valencia, Calif., Magenta Jackson, soph., Corpus Christi, Texas. This semester is the first time the class is offered.

Students take advantage of new psychology class

Individuals investigate positivity methods in order to practice

MIRANDA CLARK
Photo Editor

The psychology department received a new addition this semester. Kelli Johnson, personal counselor, teaches the positive psychology class during the spring semester as a trial course.

It is an opportunity for students to try a new class and see what they think of it.

"I am very pleased with the students," Johnson said. "I love the diversity of the individuals in the class. It is the diversity

that will continue to make it phenomenal. We learn from each other."

A regular psychology class teaches the norms of the subject. Positive psychology teaches how one can live above the norm. Johnson teaches the students how to have a meaningful and happy life.

The information can apply to anyone in any occupation, such as a coach, artist, businessperson or a parent. Self-improvement is key throughout the course.

"Positive Psychology is a nice alternative to regular psychology classes," said Kara Moose, jr., Wichita, said. "I have to

say I love how the class is based off of discussion. Kelli dedicates a lot of time to letting us express what we think about and find interesting."

Although the class is only a trial course, Johnson is working to be able to teach it every semester.

Johnson said, "I would love to teach it every semester. We are trying to find a way to do that."

The class focuses on research, having experiences and critical thinking. The students had one book that they were required to buy, but get to choose their second book

to buy. The information they research varies from traditional to bizarre.

Magenta Jackson, soph., Corpus Christi, Texas, said, "I like the class a lot."

"Right now we are learning different methods of meditation and yoga because it shows us that there are different ways to find your happy place."

The course is worth three credit hours, although students are taking it for varied credits from one to three hours. The class meets Monday, Wednesday and Friday from 3 to 3:50 p.m. in Melhorn Science Hall in room 102.

Campus participates every week during love month

SYDNEY LIPTON
Spectator Staff

Campus Ministry, Student Activities Board and counseling services, hosted events during the month of February in order to celebrate love for one another.

During the first week of February, students were asked to reflect on their friendships. Students were asked to tell a friend what difference he or she has made in their life and what their friendship means to them. The Rotoract club set up a table, giving away free friendship bracelets to share with a meaningful friend.

The second week of February was cel-

ebrating Eros, passionate love. At the beginning of that week, Teachers of Tomorrow had a booth set up selling Crush sodas. People were able to purchase one for friends and loved ones. On St. Valentine's Day, the Crush sodas were distributed.

Also on St. Valentine's Day, there was a kissing booth. It was not a traditional kissing booth. Campus Ministry hosted the booth with hundreds of Hersey's Kisses for people to come by, take and give to others. The night before St. Valentine's Day, there was a St. Valentine's Day Bingo night during late night at the cafeteria.

The next week, Feb. 17 through 23,

family love was celebrated. During lunch in the cafeteria, a booth was set up with envelopes and postage stamps provided by the college to encourage students to write to family.

There was also a Family Memory poster set up in the cafeteria where students could put the name of a family member who has inspired them. This was very popular as the whole sheet was filled by the end of the day. The movie "The Loin King" was played on a projector in Hoffman Student Union on Feb. 17.

The final week of February is celebrated Agape, or unconditional love. It is the type of love that has people caring more

for others and even strangers.

The Change for Change fundraiser was during this week. This fundraiser will benefit The Haiti Medical Clinic. This The Change for Change fundraiser works by putting pennies in the jars.

The rules are that only pennies count in positive points. Paper and silver money counts negatively.

Students are able to place paper and silver money into the faculty jar, and faculty can do the same for the student jar. The winning group will pie the losing group in the face.

The date of the pie tossing will be announced next week.



Photo by Kiara Mathis

Justin Crenshaw, jr., Wichita, Danna Jacks, soph., Stafford, Rebekah James, fr., Moundridge. Rotoract members supervises Change for Change to help raise money for The Haiti Medical Clinic.