

Cross Country brings home 3rd, 5th places

TAYLER PUTTERGILL
Sports Editor

Women's cross country got third while the men's team get fifth in the McPherson Lakeside Shootout on Oct. 13.

"The team set some pretty high goals for themselves both individually and as a men's and women's team, so motivation hasn't been much of an issue," Cross Country Coach Cameron Magnall said.

Eight schools competed in the race. Hutchinson Community College won the women's title and Wichita State won the men's.

The McPherson men's team had all their members competing on the rainy, wet day. The Bulldogs were led by Kwan Leung, jr., El Monte, Calif., who had a time of 29:02.

"The course was wet and muddy, which gave all the runners a lot of discomfort during the race," said Leung. "Even so, I think we did pretty well as a team. I was not very satisfied with the time that I ran, but it was probably the best time I could have ran that day."

Caleb Porter, fr., McPherson, and Preston Mossman, jr., McPherson, finished right behind Leung with times of 29:09 and 29:17. Derek Gaudent, fr., Windsor, Conn., was the next to finish the race with a time of 30:42. Brandon Sherier, jr., Milwaukie, Ore., was the last to come through for the Bulldogs with a time of 31:31.

Magnall said, "Cross country runners always keep the end goal in mind, which for us is performing at our best at the KCAC meet. Each meet prior to that is just one step towards the ultimate goal."

The women's team pulled out third place in the meet. Savana Cross, fr., Wichita, led the Lady Bulldogs with a time of 21:36. Heidi Lyne, fr., Lincoln, Kan., followed shortly behind with a time of 22:08. Lyne was followed by Addie Johnson, fr., Quinter, who had a time of 22:16. Miranda Clark, fr., Russell, came in fourth for the team with a time of 24:10. Last came in Lizette Guzman, sr., Montebello, Calif., for the Lady Bulldogs to cross the line. She had a 25:13.



Photo by Fred Miller

Heidi Lyne, fr., Lincoln, Kan. pushes herself in the McPherson Lakeside Shootout on Oct. 13. The Bulldogs next meet will be the Ottawa University Invitational on Oct. 19. Their Conference Championships will also be held in Ottawa on Nov. 3.

Cross said, "Due to the weather, part of the course was wet and muddy which added an extra challenge, but overall the team had an outstanding meet."

Their next and final meet will be at the Ottawa University Invitational in Ottawa on Oct. 19.

"The course this Friday is the same course that we will run at Conference this

year," said Cross. "It will be great to be familiar with the turns and hills before competing at Conference."

Then, the Bulldogs will prepare for the conference meet in Ottawa, where they will hopefully go on to nationals.

Magnall said, "We are anxious to see the Ottawa course, since it is where the KCAC Championships will be held in

three weeks and none of the runners have ever competed there before. We are starting to taper down our training as we get closer to the KCAC meet."

Leung said, "As I always follow the quote, 'winners make commitment, losers make promises.' I believe that as long as we stay committed as a team with the right mindsets, success will come to us."



Photo by Miranda Clark

Homecoming week provides activities

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NEWS BRIEFS

Business class added to student schedule

Another class of business ethics (junior seminar) will be offered next semester.

The class will be Thursdays from 10 to 10:50 a.m. in Mohler 218.

Karleen Tyler, associate academic dean, informed the student body through an email sent Wednesday, Oct. 17.

The class is required for business majors.

Student panels to follow Honors Convocation

Three Young Alumni Awards was distributed to McPherson College alumni Friday, Oct. 19 at the Honors Convocation at 1:30 p.m.

Alumni Panels started at 3 p.m. Auto restoration was in Tempelton Hall in room 5B.

Humanities and fine arts were in Mohler Hall in room 212.

Behavioral science was in Melhorn Science Hall in room 111.

Business was in Melhorn in room 112.

Natural sciences were in Melhorn room 60.

Physical education was in the Sport Center Classroom.

Teacher education was in Miller Library in room 103.

Student fair will have club participation

McPherson College clubs will set up booths at the Student Fair during homecoming on Saturday, Oct. 20.

Apps helps students succeed

LORA KIRMER
News Editor

Students can use a multitude of apps and websites to help them study and achieve their academic goals.

Dropbox is a cloud tool that gives the user 2GB of space of file storage that can be accessed from any device that had Dropbox application installed on it. It is a folder that is placed on the computer and files and documents are dropped in. The folder automatically syncs between desktops and laptops, making it easier for updated documents to be shared without using email. Dropbox updates files and backs them up on Dropbox's server, thus giving the user the ability to print anywhere by logging onto the website and downloading their file.

Evernote is a note-taking app that has both Macintosh and Windows versions, as well as mobile versions for the iPhone, iPad, Android, Blackberry, Palm and Windows Phone 7. One major feature of Evernote is text-recognition; the user can scan in handwritten notes and Evernote converts the notes into a searchable text. The application can store picture notes, video notes and web clippings that can be views offline as well.

Another note taking app created for the iPad is Notability. It allows the user to use text and handwriting, PDF annotation, advanced word-processing and media insertion. This application automatically syncs to a cloud, much like Dropbox, to back up information.

StudyBlue.com is a website that creates free flashcards on electronic devices. It is also available as an application for the iPhone and Android. Study guides and quizzes are also available with StudyBlue.com.



Notability

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Football take down the Braves

BRITTANY PITTAS
Spectator Staff

After having a week off from football, the Bulldogs were back at it again at Ottawa University on Saturday, Oct. 14. The outcome however, was not in McPherson's favor as they went on to lose 14-38.

The Bulldogs came out strong and continued to trade possessions with the Braves for most of the first half, however a run put Ottawa on the board. A blocked field goal attempt allowed the Braves' lead to be 6-0 in the first quarter.

At the start of the second, the Braves were once again the first to put point on the board with a 50-yard drive to score their second touchdown of the game. A fumble by junior Hav Pomele, jr., running back, on the next McPherson possession resulted in the third touchdown of the

game for Ottawa, putting them ahead 21-0 at half.

Going into the third quarter, the Braves put ten points on the board, while McPherson did not.

In the fourth quarter, the Bulldogs finally were able to convert on an 18-yard touchdown pass from senior Jake Snodgrass, quarterback, to junior Paul Rotering, tightend, Snodgrass gave Ottawa their final touchdown from an interception.

Snodgrass found senior Julius Record, running back, in the end zone for their final score of the game.

"The disappointing thing is we let ourselves down," Record said. "We were able to move the ball down the field but not finish."

Record continued, "We are a way better team than we showed, myself included."

Snodgrass went 23-44 with three inter-

ceptions and two touchdowns. Record was able to catch 11 passes for 92 yards. On the ground, Pomele had 98 yards on 10 carries. Junior Terrance Jones, running back, carried the ball six times for 26 yards.

Defensively, junior Tyler Bruton, linebacker, and junior Micah Roehl, linebacker, each had nine tackles. Junior Philip Wilson, linebacker, led the team with eight solo tackles.

Bruton said, "Our goal is to win the next three games, so we can finish with a 6-3 record."

Record said, "Winning is what you play the game for and that's been our goal since August."

The McPherson football team will play their next game against the University of Saint Mary's on Oct. 27. The game will be held at McPherson College at 1:30 p.m.



Photo by Miranda Clark

Ryan Bosque, jr., kicker, punts the ball during the game. The Bulldogs will play again on Oct. 27 at McPherson College against the Spires at 1:30 p.m.

Volleyball digs up win against Threshers

MIKAYLA ABBOTT
Spectator Staff

The Bulldogs had two tough losses on the road in Kansas City, Mo. The Bulldogs played on Saturday, Oct. 13 against Missouri Valley. They ended up losing in three sets.

Aubrey Hoover, fr., middle hitter, led the Bulldogs in kills with 12 and also had six total blocks. Tori Phelan, soph., outside hitter, added seven kills and two blocks while Cortlyne Huppe, fr., middle hitter, had six kills and one block.

Coach Barton said, "We need to finish and in each match we had opportunity to win sets as we would get ahead and wouldn't finish the other team off."

In their second competition of the day, McPherson took on the host school, Avila University. The Bulldogs came out and surprised the Eagles taking the first game by 12 points, but AU returned the favor

in the second game, winning 25-17. The third game was the closest of all four with Avila holding on and winning 25-23. The Lady Eagles ended the match with a 25-16 final game win.

"We need to stop being passive and have that 'killer instinct,' until we do we will continue to lose these types of matches. Bringing up the intensity in practice and not letting up I believe is one of the keys to being more successful," said Barton.

Leading the Lady Bulldogs was Phelan who had 10 kills and two blocks. Huppe posted nine kills while Hoover grabbed six to go along with her four blocks. Also, Hannah Hoffman, sr., setter, had 14 assists and Rachel Phillips, jr., setter had 16. Hoffman also had 15 digs during the game. That brought the Bulldogs' overall record to 6-22.

This past Wednesday, Oct. 16 the Lady Bulldogs took on the Bethel Threshers. It was the ladies senior night and took down



Photo by Fred Miller

Sophie Simon, fr., middle hitter, goes up in the game against Bethel College. The Bulldogs won in three sets and are now tied for sixth in Conference.

Bethel in three straight games. The Lady Bulldogs are now tied for sixth in KCAC at 4-8 and are 7-22 on the season.

The Lady Bulldogs will take on the Lady Spires of the University of Saint Mary on Oct. 18. at 7 p.m. The game will be held in Leavenworth at the University of Saint Mary.

"Our season is far from over and we will keep pushing to improve," Barton said.

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Men's soccer beat Spires 3-0

RONALDO FILHO
Spectator Staff

The McPherson College Men's Soccer team continued its fight back in the conference with a convincing win against University of Saint Mary by 3-1 Saturday, Oct. 13 at home and now holds a 2-2 record in KCAC.

The Bulldogs controlled the game for the most part, with 15 shots on target out of 32 attempts.

"We had a good performance Saturday," said Doug Quint, men's soccer head coach. "We were dominate in possession and created a lot of chances to score. We had a lot of guys playing well individually; it is hard to list just one."

The first goal came out in the minute 33 of the first half with a 30-yard shot by Johnny Nuthall, jr., midfielder. On the fol-

lowing play, Nuthall dribbled three opponents before scoring his second goal in the game.

After taking a 2-0 lead in the first half, the Bulldogs dictated the rhythm of the game, avoiding any offensive action by the Spires, who had only four shot attempts in the entire game.

At minute 22 of the second half, the Bulldogs increased their advantage with a goal scored by Brooks Walsh, sr., midfielder, assisted by Tito Ruiz, soph., defender. At minute 82, the Spires discounted the Bulldogs' lead with a goal scored by Christian Smith, but it was too late on the clock for a possible reaction by the Spires.

The Bulldogs are improving in the right moment of the season, despite the tough start in the conference.

"This team has the chance to be very special," Quint said. "If we can stay fo-

cus and continue to improve, our destiny will be our choosing."

The Bulldogs are looking to correct the last games' mistakes as the season continues with six regular season games remaining.

"We are constantly working to better ourselves, but two things stand out in my mind: finishing and defending of set pieces," Quint said. "We have only conceded three goals in the run of play this year, which is record-setting good. The issue is that we have given up 13 on set pieces and this team needs to sort that out."

The Bulldogs will face Sterling College Saturday, Oct. 20 at Sterling, with kick-off scheduled for 3 p.m. before hosting the Swedes on Wednesday, Oct. 24.

"These will be two very tough challenges for us," Quint said. "Our guys know what is at stake and I expect us to play well."



Photo by Miranda Clark

Michael Phillips, sr., midfielder, and Ricardo Tavarez, fr., defender, prepare for the return against the Friends University Falcons on Oct. 10.

Softball slides out of fall season 14-4

BRITTANY PITTAS
Spectator Staff

With softball fall season closing, with a record of 14-4 the softball team has the Alumni game left before taking the winter to get ready for their spring season.

The ladies went 11-4 in their spring outing with loses only to tough teams such as Hutchinson Community College, Johnson County Community College, Cowley County Community College and Hastings College.

The many new faces on the team wasn't a problem with the communication and chemistry as they were able to beat teams that statistically were better, such as Pittsburg State University.

"The team was better, but in the end we came together and pulled out a win," said

Amanda Butcher, soph., outfielder.

Freshmen Jenna Kaiser, shortstop, Whitney Miller, outfielder, Miranda Folks, infielder, Cassandra Mereno, first base, along with juniors Ariel McGee, short stop; and Kaci Nichols, infielder, proved to be power hitters all at least hitting one homerun in the season.

Senior Allison Love, pitcher, was able to lead the team from the pitcher's mound while junior catcher Amanda Baxter was behind the plate.

McGee said, "This spring season made me excited for fall because we had a great team connection better than ever before."

The Bulldogs are on the field one more time this season Saturday, Oct. 20 against the McPherson College Alumni softball players. The game will be at 9:30 a.m. at McPherson.



Photo by Miranda Clark

Cassandra Mereno, fr., first base, throws the ball back from the outfield during practice on Oct. 17. The Bulldogs' next game will be on Oct. 20 against the McPherson College Softball Alumni.

Homecoming game cancelled

LORA KIRMER
News Editor

The 2012 Homecoming football game, marking the 125th anniversary of McPherson College, is cancelled. The game was against Tabor College.

The KCAC Commissioner Scott Crawford wanted the game cancelled in honor of Tabor College student, Brandon Brown, who died in September, and to respect the needs of an ongoing criminal investigation.

The game was cancelled for the safety of all parties involved, according to Sha-Ronda Maclin, dean of students. The decision to cancel the game came from the conference commissioner.

This is the first time that a homecoming game has been cancelled at McPherson College. Students are meeting the news with mixed emotions.

Some students are accepting the news with understanding.

"I'm happy and sad," said Gaby Padilla, fr., Wichita. "I'm happy because it is preventing animosity between our colleges, but sad because it's our 125th. A lot of alumni are coming and won't see a game."

"Initially, I was upset, but I do understand the reasoning behind it," said Aspen Ulrich, jr., Sylvan Grove, SGA treasurer. Some students are meeting it with sadness.

"I really wish it was still going on," said Kaitlin McCammond, fr., Meade, "As a freshman, I wish I could experience a 'true' college homecoming."

In place of the football game, there will be two basketball games between the men and women alumni starting at 1 p.m. and 3 p.m. on Saturday, Oct. 20.

Also in place of the football game, Ped-

als for Paul will be in the small gym from 10 a.m. to 4 p.m.

In honor of Paul Ziegler, a McPherson student who died in a bicycle-vehicle accident on Oct. 23, McPherson College is providing several stationary bicycles to complete Ziegler's goal to travel 2,000 miles.

There will also be a mobile 20-mile bike ride to contribute to Pedals for Paul goal. Registration starts at 1 p.m. and the ride starts at 1:30 p.m.

Community members can ride bike miles ahead of time and submit their miles to Christ Wiens at wiensc@mcpherson.edu before 4 p.m. on Saturday, Oct. 20.

The recognition of the Homecoming Court will be at 11:30 Saturday, Oct. 20 in front of Miller Library.

"It's just different," Maclin said. "It's affecting us in several ways, but people understand."

NEWS BRIEFS

During Thanksgiving break, dorms closed

McPherson College residence halls will be closed for Thanksgiving break starting noon on Saturday, Nov. 17 and will reopen at noon on Sunday, Nov. 25.

This is a new policy starting this year. Last year, students could remain in their dorms during Thanksgiving break.

This poses a housing problem for students who can't afford to visit home, either out of state or internationally.

Internet services upgrade to duality

Websites like Facebook and Google have a faster processing speed on McPherson College campus networks and Internet.

A new generation of Internet addressing (IPv6) was added to the old Internet addressing (IPv4). The campus now has dual connectivity.

Dave Gitchell, director of computer services, has been working with the campus' Internet provider, Cox, to bring the IPv6 to McPherson College.

McPherson College is the only ACCK college with this dual connectivity.

Music concert set in Church of Brethren

McPherson College Choir and Band will perform a Homecoming concert in the McPherson Church of the Brethren at 2 p.m. Sunday, Oct. 21.

McPherson College student debt is thousands more than other four-year colleges

LORA KIRMER
News Editor

McPherson College student debt is around \$5,000 more than other four-year colleges and \$1,000 more than other private four-year colleges.

There is somewhere between \$902 billion and \$1 trillion in outstanding national student loans when nearly 20 million Americans attend college each year, according to American Student Assistance.

A recent study found that the average debt for a McPherson College student is \$27,641 for four years.

The average national debt is \$22,656 for a four-year college, and \$26,683 for those attending a four-year private institution.

In Kansas, 57 percent of the population is paying off an average student debt of

\$22,280, according to a report released by projectonstudentdebt.org.

The average college debt rose from \$23,349 to \$26,682 across all households in recent years, according to a study by the Pew Research Center.

One contributing factor to this is the economy's pessimistic state.

Students looking for jobs after college are finding that there is none, therefore they must take a part-time job in hopes of paying off some debt.

Repaying debt is making it harder for college graduates to have a balanced budget.

Another factor is that students currently enrolling take out more than they need. Students take extra out for living costs, not realizing how it accumulates in the end when it is time to pay it back, said Brenda

Krehbiel, director of financial aid.

The student debt crisis is spilling into politics. President Obama and challenger Mitt Romney recognize the problem and are offering solutions.

Obama's plan includes embellishing Federal Pell Grants for lower-income families and making permanent tax credits for college expenses.

Romney favors curbing college costs by relying less on the government as a direct source of federal student loans.

According to the Pew Research Center, 71 percent of adults claim that it is harder for today's students to pay for college than it was for them, and 14 percent of college graduates do not believe their schooling was a good investment.

"Borrow only what you need," Krehbiel said.

Horizon Fund Grant provides students with opportunities for ventures

AMBER MCKINNON
Spectator Staff

Creating a great opportunity for students, the Horizon Fund showcases the creative ideas of social and commercial organizations which give students an avenue into the business world.

The Horizon Fund is a micro-grant program to help students carry out

their entrepreneurial idea. The goal of the program is to obtain some community value and think of ways that the organization will benefit our campus community.

Kori Gregg, executive director of entrepreneurship, is eager to jump into this new year of applicants, with over 20 students applying for the grant.

"The Horizon Fund gives students a great opportunity," Gregg said. "Even if

their program does not succeed, they still learn something."

There is a considerable variety of applicants this year, varying from students of different ages and majors. Depending on the needs of your entrepreneurial idea, students can be granted up to \$500 to help get there business started.

Past recipients of the Horizon Fund have had a good experience with receiving this

opportunity. Sam Tucker, sr., Thornton, Colo., was one of the many students that received the grant in spring 2011. He created an appeal company called MutePoint.

"It helped us get a better understanding of what it takes to get a small business running and it gave us the push to make our dream a reality," said Tucker.



Photo by Miranda Clark

Sidewalk construction on the northeast exterior of Mohler Hall is to replace the old, sunken sidewalk. Nearly 45 feet of the sidewalk was replaced. On Wednesday, Oct. 17, members of Quinter Manufacturing & Construction Inc. started breaking up the concrete between 8 and 9 a.m. with a jackhammer. By the end of the day, workers, Roger Wayborough and Al Plenert finished preparing for concrete to be poured the next day. They returned on Friday, after the concrete was dried to remove the setters.

Women's soccer win two in row

Lady Bulldogs come back in second half to win game



Photos by Miranda Clark

Kayla Burke, fr., midfielder, attacks from midfield during the Lady Bulldogs' game against the Lady Spires on Oct. 13. The Bulldogs' next game will be at Sterling College on Oct. 20.

RONALDO FILHO
Spectator Staff

The McPherson College women's soccer team fought back against University

of Saint Mary and defeated them 2-1, last Saturday, Oct. 13, at McPherson Stadium.

The Lady Bulldogs were up against a tough opponent that didn't allow a big offensive action by the home team for the

most part of the game.

"I feel the girls really grew closer as a team with the thrilling finish, especially knowing that USM was undefeated in conference coming into our house," said Rob Talley, head women's soccer coach.

In the second half, both teams came back seeking to open the score board, which happened in the minute 66 when USM's Claire Beebe, stole a pass for the first goal. The Lady Spires had the control of the game, but after receiving a pass from Gabriela Navarro, fr., forward, the defender Amy Stockton, fr., scored to tie the game at minute 83.

When the game seemed to have its decision in overtime, a penalty kick was called against the Spires by a referee who saw a hand-ball inside the box at minute 89.

Senior midfielder Cheyna Buchman took the responsibility in the clutch moment of the game and scored to give the 2-1 victory for McPherson.

"I told the ladies following the match that it took a full team effort by everyone to come from behind and win in such dramatic fashion," Talley said.

Senior goalkeeper Molly Whitwell had a good performance with four saves out of nine attempts by the Lady Spires. The Lady Bulldogs had ten shots on target, five of those were made by Buchman and two by Navarro.

The team's progress presented against University of Saint Mary brings good perspectives at this point of the regular season, and also shows that the Lady Bulldogs have increased their level of confidence.

"The team is really starting to peak at the right time of the season," Talley said, "We suffered two losses at the beginning of conference play and we knew we let them both slip away from us."

Talley continued, "I asked the team before the Friends game what their focus is for the rest of the season and they told me, 'To win the next seven games.' So far we've won two out of the remaining seven."

Talley still feels that there is room for improvement.

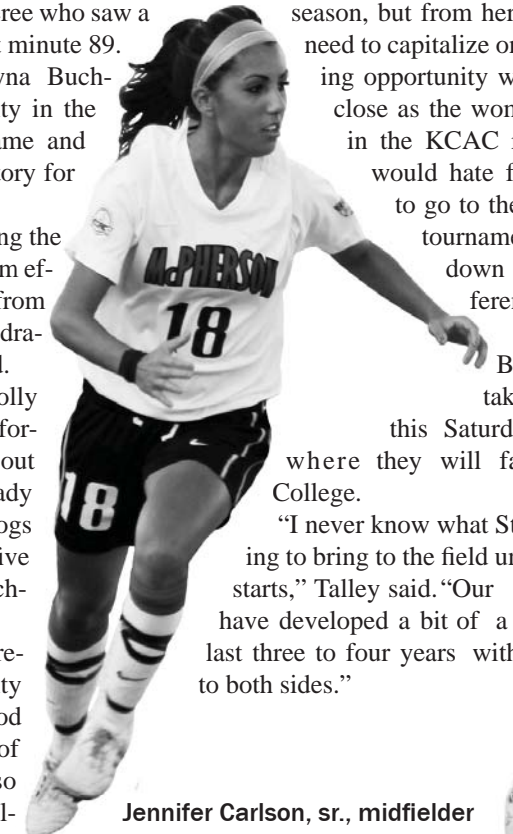
"I feel the biggest thing we need to work on is our finishing in the attacking third," Talley said. "We've come long way from where we were at the beginning of the

season, but from here on out we need to capitalize on every scoring opportunity we create. As close as the women's side is

in the KCAC right now, I would hate for a chance to go to the conference tournament come down to goal differential."

The Lady Bulldogs will take the road this Saturday, Oct. 20 where they will face Sterling College.

"I never know what Sterling is going to bring to the field until the game starts," Talley said. "Our two teams have developed a bit of a rivalry the last three to four years with wins going to both sides."



Jennifer Carlson, sr., midfielder



Student resolves to make small change; conservation starts with observation

As humans, we can find all kinds of reasons to create a necessity out of unnecessary things. I used to think some of my purchases were not only necessary but also improved my quality of life.

Ever since I was a boy, one of my duties around the house was to wash the dishes. I have always appreciated the use of paper plates. Of course, this produced waste in the form of trash but the time savings was always felt whenever the time to do dishes was shortened significantly. I could justify the savings in water and the electricity it took to bring it from the well.

In my adult life, I have cycled from using primarily paper plates and other consumable products to regular plates and utensils. Usually, the latter is brought on by either a lack of funds to warrant spending on paper products or simple forgetful-

ness at the store.

I have never been zealous when it comes to the conservation of the planet. I have shunned away from the zealots who have shown with force and determination their apparent loss of sanity when expressing to me their love for the planet.

Actually, I have rather done my part in a way. In my youth I was in 4-H, a member of the Audubon Society and I collected trash on the side of the highway with church groups and community members in the many large cities and small towns where I lived.

However, I have always felt a tug from my conscience as I mentally inventory my purchases. Has it really been six in one hand and a half dozen in the other as I have assumed?

A few weeks ago, as I was on a store

run, I found myself once again standing in the aisle with the paper cups, plastic cutlery, paper towels and plates. You've been there before; we all have. It was then that a revelation hit me. This was a particularly unique aisle for any store. Of all the aisles in this store, every last item on the shelves will be in the landfill, our local landfill, wherever that may be. I was appalled because I am a part of the process.

There are thousands of items in just that one aisle, and they will all be replaced as quickly as they are purchased. It would be no worse if we took them to the landfill directly from the store. I recognized then that I didn't want to be a part of

that cycle anymore. A bit more effort on my part was necessary.

I'm not going to chain myself to a tree. I just simply am resolving to have better judgment in my purchases.

Next time you're in your local store, go to the paper product aisle. I believe you will see as I did. I stand in front of the sink more now. Who will stand with me?

THE FINE PRINT

Shane Dresser



ON THE FLY

What are you looking forward to during homecoming?

"I'm looking forward to the convocation."
Kyle Smith, sr., Milford



"I'm looking forward to seeing my friend from camp at the church service on Sunday."
Tori Carder, sr., Eudora



"I am excited to see my family and old acquaintances."
Lara Neher, soph., Grundy Center, Iowa



"Pedals for Paul is what I'm looking forward to."
Emily James, sr., Westminster, Colo.



"I enjoy listening to people who have had experience in my desired field during the alumni panels."
Kelsey Stucky, jr., Cimarron



"Taylor Adams as homecoming king!"
Casey Maxon, sr., Lawrence



Campus security to be hired for remainder of year

LORA KIRMER
News Editor

The current security on campus is going to become permanent for the rest of the 2012-2013 school year.

"It is a proactive approach," said Sha-Ronda Maclin, dean of students.

Maclin noted that long-term security was discussed before the incident, but it is

now being put in action.

Marty Sigwing, director of facility management is working with a contractor from Wichita to set up a security guard on campus on Friday and Saturday nights. The students will have the chance to know the guard.

According to Maclin, students are more active when the staff is asleep, and having a guard that the students are familiar with

will make both parties feel safe.

"I feel it's a good thing that doesn't hurt to have," said Claire Krizek, R.A. for Biting "It is a good system to have in place and comforting to know there's extra security at night."

The new security set up is not just for this year either.

Maclin said, "I believe we're looking at a one to three year contract."



Photo by Fred Miller

A security guard will be hired to patrol McPherson College campus.

Rotaract Club teams up with Resolution 58 in service project

McPherson College and Central Christian College of Kansas clubs join for common goal

DANI JACKS
Spectator Staff

On Saturday, Sept. 29, members of the Rotaract Club of McPherson College and members of Resolution 58 from Central Christian College of Kansas met to cooperate on a service project.

The PETS organization welcomed approximately 34 volunteers to their Moundridge facility and give work for about half of them.

Members painted wooden wheelchairs, assembled seat cushions, folded and stamped newsletters and redesigned assembly instructions.

The other half of the volunteers went to Moundridge's Museum and did other service projects. This joint project launched a greatly desired cooperation initiative between the service clubs of McPherson's two colleges.

The major goals of this initiative are to promote goodwill and cooperation between McPherson's two college communities and to enhance their impact in the community at large. Future joint service projects include a fall Rake-n-Run and Christmas Caroling in December.

Both clubs were pleased with the effort and atmosphere of the PETS project, and look forward to having successful ventures in the future.



Submitted Photo

McPherson College Rotaract club members joined with Central Christian College of Kansas Resolution 53 club members are preparing to paint for the PETS organization. The two clubs participated in a joint service project. Laura Puente, fr., Scott City, Amanda Leffew, fr., Hanover Park, Ill., and Tori Carder, sr., Eudora, participated in painting. Carder is also the vice president of Rotaract Club.

The Hot spot

BY ASHLIE MANZI

A GLIMPSE INTO THE LIFE OF JEAN REGIER, CAFETERIA STAFF.



very please with it. I think the students are great. But I kind of hit the bad year here with that thing. I've had people ask me about it and I'm like 'I don't know. This is my first year there. Read about it in the paper!' And then the thing with Paul Ziegler...it was just kind of a bad month or so there for a while. But otherwise I think this is a good school. I think it's great that they're going to do the bicycling thing. I think that's wonderful.

HOPES FOR THE FUTURE: I'm kind of getting up there in years so I don't know how long I'll be here. But having been in the business where I've met people and their pets and everything, I was just not a good retiree. I'm a people person. I just had to be back out there with people. So I will be here as long as my health will permit. Of course, I like to see the kids go on and hope to see them excel in whatever they like to do in life. You can always hope for that.

HOMETOWN: McPherson

HOBBIES: My pets, my gardening... I like to walk, if I don't have a sprained ankle. And I like to be outside a lot when the weather allows me.

BEFORE MAC: My husband and I had a business of our own. He was a veterinarian and I helped him and ran the office and helped him with surgeries.

IMPRESSION OF MAC: I've been

"I've been very pleased with it. I think the students are great"

-Jean Reiger

they said they would let me know in a week. They called me back that afternoon and said 'come in!'

WHY DID YOU CHOOSE MCPHERSON COLLEGE: I just saw the ad in the paper. I was just looking for something I felt I could do. And this was one that was open. I came in for an interview and



Photo by Fred Miller

Justin Biegger, jr., Fuquay Varuna, N.C., Zachary Winkle, jr., Goddard, and David Mahanna, sr., Hoxie, make a runthrough at dress rehearsal for "Black Comedy" opening night Oct. 19.

Black comedy storms through campus

JILL AST
Spectator Staff

The McPherson College Theater Department is showing "Black Comedy" Oct. 19, 20, 26 and 27.

Director of the play and Assistant Professor of theater, Jd. Bowman is very excited about the play because it has not been performed at McPherson since 1974.

Bowman notes the historical aspect of the show in acknowledgment to McPherson College's 125th anniversary.

"It is neat for our students to plug into that sense of history and it is a great way to celebrate the different times," Bowman said.

In the play, a couple is putting on a party in hopes of impressing a few people. To make their flat look more presentable, the couple borrowed (without permission) their neighbor's furniture.

Shortly before the guests arrive, a main

fuse blows causing complete darkness in the flat. Only the audience can see what is happening.

What follows is confusion, mistaken identities, and surprises around every corner. Disaster and chaos result.

In a play like this, students are given room to be creative and inventive.

"I enjoy seeing all the hard work student-lead creativity that goes into shows like this one," Bowman said.

Even though students may not have a lot of experience with going to live events, Bowman believes that Black Comedy is a fun and funny show that people will enjoy.

However, Bowman does warn that the show may not be for everyone.

The show starts at 7:30 p.m. each night. Tickets information is available at the ticket office at theatre@mcpherson.edu.

Students who show ID can receive free tickets.

LEAD EDITORIAL

Time, strong support is best route to reconciliation

How do you heal a wound? Why that is simple. Clean the affected area, use a bandage for temporary protection from further damage and let time run its course. Now what about social wounds? A similar method can be used, with some modifications.

In the last month there have been several tragic events. We have all heard enough about what happened, who was involved and how things will be different.

Everyone has a different method of reconciliation, but when an event affects a larger community it is up to the leaders of that community to guide the process

along. This is a venture that is not to be taken lightly.

I have seen the damage that mishandling of a tragic situation can cause. During my junior year of high school, a fellow student was killed in an automobile accident. Many of the groups at school and friends, myself included, wanted to preserve the memory of our friend. We gave a proposal for the renaming of the basketball courts to honor of him because of his love of the game and because he was instrumental in getting our schools basketball program off the ground.

The student body and many of the

facility was in favor of this idea. After gathering the support we needed, we sent our proposal to our local school board. It was denied without cause. We were given no reason as to why we could not honor our friend. This naturally caused unrest and resentment of our local school board. There are probably strong points as to why it did not pass, but no information was given to the student body. This was a gross mishandling.

To relate to your school, you cannot dismiss or ignore events that affect an entire community. The best course of action is to realize what has happened and what needs to be done to start the

process of reconciliation. The way recent events here at McPherson College have been handled has instilled in me a strong sense of community. It is comforting to see that services were set up and support groups formed to aid the healing process.

While there are many ways to go about reconciliation, McPherson College as a community is doing a fantastic job. This makes me proud to be a part of the McPherson community. Time does heal all wounds, but with a strong community of support and leaders who are tactful in their approach, it makes reconciliation that much easier.

Keep health basic; expensive equipment not required to get fit

Do you want to lose weight or just tone your body? Are you tired of feeling tired, and not as strong as you should? Does the prospect of going to a gym seem daunting? Does the fitness room at the bottom of Hoffman Student Union seem too crowded for you? Do not let your unease of working out in public stop you from getting the results you want!

It is tough at first to walk into a gym and realize you are the smallest or most out of shape person there. Even if you are not, there is always "that guy." You know who I am talking about: the dude who is freakishly lifting obscene weight amounts or that girl who can run two miles faster than your one mile.

While a lot of people have trouble working out in crowds. It is no wonder, after all, if you are at the gym you are most likely not happy with your current physique and you may be feeling somewhat insecure. You can start by running!

Who says you need a decked out gym with every possible machine to become fit? The ancient Greeks did not have lat pull down machines or squat racks. Despite lacking modern day amenities, there were those Greeks who inspired the marvelous athletic sculptures we see today. Running is an excellent way to get your cardiovascular system in check and to burn off fat. But when running is mentioned I often hear, "But I can't run," "I have bad knees," or "It hurts." Where did this stigma towards running start? Why is it unpopular? Running will make you a leaner and meaner machine.

Start by running slower than you normally do. That's right, slower. If you can squeak by an eight minute mile, then slow it down to nine minutes and enjoy the run. Feel the run. Love the run. As time goes by increase the distance, bit by bit. As the distance slowly increases the time spent running increases as well. By slowly progressing, running for half an hour straight can be attained. Some-

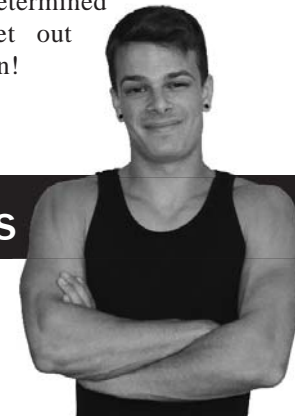
times progress is slow, but if you start out too hard and too fast you will burn out.

If you wanted to build a bigger chest, would you go to the gym every day and bench press? No, our muscles need rest too! If running makes a sore you, then why struggle to run every day? Run three out of seven days a week. Supplement the training regimen with lifting days or other forms of cardio to keep the routine fresh and interesting.

There is no reason to run the same mileage day after day, if you don't want to. Switch things up, have speed work days and threshold training days. Running is a love/hate relationship. You have to spice things up from time to time. Speed work days are just what they sound like: shorter distance

sprints with ample recovery time will allow calories to be burned, while also boosting leg strength and speed. Threshold training is a bit more difficult. The pace should be set at, "comfortably difficult," and you should barely be able to speak a sentence while running. Shoot for 15 minutes at this pace and slowly work your way up.

Running can be fun. It all lies in the mind-set. Enter the workout with a positive and determined attitude. Get out there and run!



PONDERABLE POINTS

Devon Rutledge

Scary moments can imprint everlasting, exciting memories

With Halloween coming up, I thought it would be a great idea to share one of my favorite scary moments. Most of them have my brother, Austin, and my good friends scaring me. Someone else's reaction can be quite funny.

The scariest moment I can remember is when a creepy man chased us through our town. My friends, brother and I were all hanging out one night when we stopped along a side road. My brother stepped out of the car, handed me his glasses and phone, so he could climb a ladder on the side of a building.

We cheered him on for a while, until head lights shined upon us. We were scared, telling him to get down as the

headlights approached closer...

My friends and I got back in the car and took off down an alley, not realizing my brother was behind us trying to get in.

The headlights followed us a couple of blocks until they suddenly turned off and vanished. We went back to where we left Austin and scouted the area for him. Austin was nowhere to be found around the building.

However, the creepy guy had appeared again in his vehicle and began chasing us all over our small town. Finally we were able to get behind his car and follow him. He suddenly flipped around and started to come at us, barely miss-

ing hitting our car head on.

We raced to my house and found my brother on the front porch, out of breath. It turned out that when the guy had disappeared from behind us the first time, he had chased my brother down alleys and through the streets all the way back to my house. We gathered inside to hide from the creepy man.

My friend spoke up, "Wow, that was just like a horror movie, except we didn't die!"

Although this scary moment of

mine happened in the summer, it would have fit perfectly with the spooky holiday coming up. Be prepared for ghosts, goblins and all the things that go bump in the night. Happy Halloween!

CREATIVE CHAOS

Kala Tiemann



Letters to the editor

Any student, staff or faculty member can submit a letter to the editor for the Spectator.

Letters should be limited to 350 words in length. The letter must be accompanied by the signature of the authors; letters may not be sent anonymously.

Letters may be edited for grammar, spelling, content or length. The newspaper staff reserves the right to refuse publication.

All letters should have a point

that is constructive or contributes to the enhancement of the student body; the newspaper staff will not print libelous material.

Anyone can submit a letter to the editor at any time if time of publication isn't vital to the author.

Letters can be printed and then submitted directly to any member of the newspaper editorial staff or emailed directly to the Spectator at spectator@bulldog.mcpherson.edu.

Views Expressed

The viewpoints pages provides diverse views on contemporary issues to stimulate discussion and promote the shaping and progression of ideas. Editorials are the official position of the newspaper, but are not the official views of the student body, staff, administration or McPherson College. Other views are the opinions of the individual authors or artists.

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McPherson students' diets lack compared to national averages

SEAN DULLGHAN
Spectator Staff

Hundreds of thousands of students eat at cafeterias everyday, three times a day.

The national average, according to the Centers for Disease Control and Prevention, more than one-third of U.S. adults attending a higher form of education, are obese.

With a student body comprised of over 52 percent athletes, it begs the question, how our diets as students at McPherson College compare to that of the every day American.

This study was conducted by the class in an unscientific informal manner and the sampling was not random. The students chose who they wanted to give surveys to.

Based on a study done by Kim Stanley, professor of English and communication, at McPherson College, in her Rhetoric I class last semester, 50 percent of students eat at fast food restaurant once or twice a week and 78 percent of student eat at the cafeteria 10 or more meals a week.

This may also be because of the nature

of the student body comprising mostly of athletes and many of the males seeking to gain weight to help them in their sport.

"You do encounter with athletes more young men trying to gain weight than you normally have because the football players, for example, are trying to gain weight," Stanley said.

About 54 percent of students said they go to fast food restaurants once or twice a week and 26 percent said they go three or four times a week.

"I expected more consumption of fast food," Stanley said.

Stanley concluded that this is most likely due to the large number of athletes on campus, which would most likely lead to a more health conscious diet.

According to Sandi Brown, the Food Service Director, the cafeteria diet in Hoffman Student Union is chosen by her from three meal plan options made by dietitians.

However, the buffet style service so gives students charge of their own diet.

"I really have to watch what I eat because there are a lot of unhealthy options, but I can always find something healthy to eat,"

said Devon Rutledge, soph., Wichita.

Based on the food orders of the cafeteria, we can estimate an approximation of what student are actually consuming.

The cafeteria this semester has an average of about 175 students for breakfast, 425 for lunch, 350 for dinner and 125 at late night snack.

Including weekend meals, this makes an average of 273 students per meal.

According to Brown, the cafeteria consumes 20,000 ounces of fruits and vegetables, 5600 ounces of bread, 4480 ounces of pasta, 6400 ounces of cheese, 87.5 gallons of milk, 32,000 ounces of meat, 275 dozen eggs, 59.5 gallons of ice cream, 85 gallons of soda and 350 pizzas on a weekly basis.

This means that the daily consumption is 10.88 ounces of fruits and vegetables, 5.28 ounces of grain products (pasta, and bread), 1.2 cups of dairy (excluding cheese) and 17.6 ounces of meat per day for a student on a cafeteria-based diet.

Based on information from the United States Department of Agriculture (USDA) and the United States Census Bureau, the average food consumption consists of one

cup of fruit, 1.79 cups of vegetables, 1.57 cups of dairy, 6.72 ounces of grains, and 6.08 ounces of meats (this excludes fats like butter and oils) for American adults over the age of 20.

Comparing these numbers, we can say that the average diet of a McPherson student is tremendously lacking in fruits and vegetables, and the students' diets are also lacking heavily in meats.

However, the study revealed discrepancy between genders as far as eating habits.

When the data is broken down by gender, we see that 50 percent of women have gained no weight since they have been on campus and 42 percent only gained between one and 10 pounds, whereas the men have statistics in a much broader range with only 39 percent gaining no weight, 45 percent gaining between one and 10 pounds and 17 percent gaining between 11 and 30 pounds.

This may be due to the high number of athletes searching for high protein diets, but shows a stereotypical problem in youth diet of eating healthily in the Student Union.

Art curriculum underwent changes for students' benefit

BRITTANY WERNER
Spectator Staff

Last semester, the art department redesigned the curriculum. Classes were added, merged or completely dropped from the curriculum.

Professor of art Wayne Conyers suggested that there needed to be changes in order to give the students what they need to be the best after graduating.

Conyers, Ann Zerger, professor of art, and Dee Erway-Sherwood, professor of graphic design, meet every week to discuss how the new curriculum is forming. Conyers, Sherwood and Zerger continue

to discuss the mission of the art department and most specifically, the classes. Some of the classes were cut because they did not reach the mission.

Although the professors had the final say in which classes to drop and add to the curriculum, most of the input came from the students.

These professors listened to their students in- and outside of class, as well as watching their body language.

By the reflections of the students through words and body language, professors added four new courses to the curriculum which are design software, graphic design for nonmajors, Photography II and Sculpt-

ture II. The professors decided to eliminate junior seminar because over the past two to three years, some students believed the class began to decline.

Classes have also merged because of overlapping issues. By listening to the students, classes such as photography and painting are offered both semesters to fit in the students' schedules.

A huge part of the curriculum change was to the graphic design department.

McPherson College used to be the only small liberal arts college in the area to offer graphic design as a major.

Now, other colleges are taking notice and also offering this program.

"We need to make sure our students are as well prepared for a degree in graphics design, whether that degree comes from a small liberal arts college or a large university," Conyers said.

Conyers has heard comments regarding the changes.

"It is too early to tell whether the new curriculum will be better for the students," Conyers said.

He believes it will take two years before anyone can really tell if the change is working.

"We are not at our strongest point," Conyers said. "There is always room for improvement."

HOMECOMING 2012

Bulldogs celebrating 125 years of pride

Jill Ast
Spectator Staff

This weekend marks a big stepping stone for McPherson College. McPherson alumni and students are celebrating McPherson College's 125th anniversary with a fun-filled homecoming weekend. Leading up to the big weekend, SAB put on a Spirit Week. Students were encouraged to dress up, and the best costumes of each day won a cash prize.

On Friday, Oct. 19, the weekend kicked off with a golf tournament and also the first showing of the theatre production, "Black Comedy." Saturday, Oct. 20, will start bright and early with the Art Ray 5k. The day will continue with the tailgate party, where pulled pork will be served and there will be games and inflatables set up in Mingenback Mall, the area in front of Dotzour and the cafeteria.

Due to the cancellation the football game, the college will be putting on an event called Pedals for Paul in honor of Paul Zeigler. Paul had a goal to bike 2,000 miles by the end of the year. Before the accident, Paul had reached 800 miles. McPherson college students, faculty, and alumni would like to reach this goal for Paul.

On Saturday Oct. 20, from 10 a.m. to 4 p.m., there will be 26 stationary bikes in the auxiliary gym that everyone is encouraged to pedelsome miles. In the gym, there will be a DJ playing music, and an atmosphere that keep the pedals moving.

At 1:30 p.m. anyone with a bike is encouraged to meet outside of Miller Library for a ride around town. All miles biked on Saturday will be recorded and at the end of the night, it will be announced whether or not we helped reach Paul's goal of 2,000 miles.

The big, new event on Saturday, Oct. 20, is Bulldog Bash. Director of Alumni and College Relations Katie Hill said that the Bulldog Bash will be a event filled with good food, a great atmosphere, and lots of people. On the main floor of the Student Union there will be gourmet food, prepared by professional chefs. In the basement, there will be games and plenty of snack foods. Outside on the patio, there will be hot drinks and s'mores bar.

"For the Bulldog Bash, we are going to transform the Student Union," said Hill. "It's going to be a brand new event, something students have never seen. Bulldog Bash is going to be a great time for current students to meet Alumni of the college."

To end Saturday night Oct. 20, there will be a Homecoming Dance put on by Alpha Si Omega. Students are encouraged to attend and wear '80s and '90s attire.

Sunday, Oct. 21, will wind down the weekend with a Worship Service in Brown Auditorium at 10 a.m. Several local churches have come together to put on the service. Following the service, there will be a brunch served in the cafeteria.



Photo by Miranda Clark

Jason Pfoutz, sr., Manville, N.J., Jacob Snodgrass, Derby, Ashley Frankenbery, fr., Benton, fight hard to win the tug-of-war contest during homecoming spirit week.



Photo by Miranda Clark

Matthew Wagner, soph., Castle Rock, Colo., Lora Kirmer, fr., Holly, Colo., Mallorie Thurman, fr., Belle Plaine, and Savana Cross, fr., Wichita, compete in the annual hot dog eating competition.



Katie Naccarato, sr., Valley Cener.

Photo by Miranda Clark



Photo by Miranda Clark

A.J. Brinkley, jr., Fuquay Varuna, N.C., Andrew Asuncion, sr., Salinas, Calif., Nathan Wilson, jr., Milliken, Colo., Chad Izzo, fr., Wichita, and Corey Ridenour, sr., Omaha, Neb., battle it out in the tug-of-war competition Tuesday, Oct. 16.



Photo by Miranda Clark

Matthew Wagner, soph., Castle Rock, Colo., participates in the hot dog eating competition Wednesday night for a homecoming activity.

Homecoming weekend schedule

Friday, Oct. 19

- 8 a.m. Champions Clubs Golf Tournament (\$40 entry fee for students)
- 1:30 p.m. Honors Convocation
- 3 p.m. Alumni Panel Discussions
- 7:30 p.m. Class of 1982 Reunion Dinner
- 7:30 p.m. Theater Production "Black Comedy"

Saturday, Oct. 20

- 7:30 a.m. Art Ray 5K (\$20 entry fee)
- 8 a.m. - 1 p.m. Bulldog Visit Day
- 8 a.m. - Noon Alumni and Friends Tennis Social
- 8:30 a.m. 1K "Dog Dash" (for kids 12 and under)
- 9 a.m. Athletic Hall of Fame Brunch
- 9:30 a.m. Softball Alumni Game (@atWall Park)
- 10 a.m. - 2 p.m. 125th Anniversary Historical Exhibit
- 10 a.m. - 4 p.m. Inflatable games
- 10 a.m. - 1 p.m. Auto Restoration Car Exhibit
- 10 a.m. - 1 p.m. Student Fair
- 10 a.m. - 4 p.m. Pedals for Paul (Small gym)
- 11 a.m. Faculty and Staff Celebration
- 11:30 a.m. Homecoming Crowning (Library steps)
- 11:30 a.m. - 1:15 p.m. Tailgate Party (Free with Student ID, pulled pork will be served)
- 1 p.m. Women's Alumni Basketball Game
- 1 p.m. Pedals for Paul (Miller Library)
- 3 p.m. Men's Alumni Basketball Game
- 3:30 p.m. Ultimate Frisbee (Lakeside Park)
- 5 p.m. Class Reunion Photos and Reception
- 5:30 p.m. Bulldog Bash (Free with Student ID)
- 7:30 p.m. Alumni Soccer Tournament
- 7:30 p.m. Theatre Production "Black Comedy"
- 9:30 p.m. Homecoming Dance (Mingenback Theatre)

Sunday, Oct. 21

- 8:30 a.m. Mass Choir Rehearsal
- 10 a.m. Worship Service (Brown Auditorium)
- 11 a.m. - 1:30 p.m. Brunch Buffet
- 2 p.m. McPherson College Choir and Band Concert