



**In Campus Life**  
Yoga and dancing are two unique classes offered to students this semester.

◀ **PAGE 4**

**In Sports**  
The men's basketball team heads to nationals in Point Lookout, Mo.

**PAGE 6** ▶



# The McPherson College SPECTATOR

Volume 94, Issue 8

spectator.mcpherson.edu

March 5, 2010

THE STUDENTS' VOICE SINCE 1917

## NEWS BRIEFS

### SAB to host bowling

SAB will be hosting bowling tonight from 11:30 p.m. to 1:30 a.m. at Starlite Lanes on Kansas Ave. Bowling is free for all students.

### Speaker re-scheduled

The "Dreams from my Father" lecture has been rescheduled for Sunday, March 7 at 2 p.m. Dr. Cheryl Ragar of K-State will be presenting "Finding the Home Place: Reflections on Place in Meaning" in Barack Obama's book "Dreams of My Father." The presentation will last 30 to 45 minutes.

### Housing reservations

After completing the FAFSA or FAFSA waiver, students can reserve rooms with a \$50 room deposit in Hoffman Student Union from 11 a.m. to 1 p.m. for the following dates: March 15 for all students reserving current rooms, March 16 for fall 2010 seniors who want to change rooms, March 17 for fall 2010 juniors who want to change rooms, March 18 for fall 2010 sophomores who want to change rooms and March 19 for students who want to sign up for a consideration to live off campus.

### Protocol party

The Business Club will be having a Protocol Party on March 23 at the McPherson Opera House at 7 p.m. Anyone attending must register with Lisa Easter by today. There is a \$5 charge to cover the cost of food. President Michael Schneider will be the speaker at the party.

### Fall enrollment

Enrollment begins for fall 2010 seniors on March 24, 25 and 26. Enrollment begins for fall 2010 juniors on April 6, 7 and 8. Sophomores can begin enrolling April 9, 12 and 13. FAFSA or FAFSA waiver must be done in order to enroll. Students must enroll with their current advisers.

## More students means more classes

SHANNON WILLIAMS  
News Editor

With enrollment and retention on the rise, many wonder if class sizes will increase for next fall. Right now McPherson College has 494 traditional undergraduate students enrolled and is planning on having more next fall.

"Class size is really limited by our space," said Kent Eaton, dean of faculty.

Having few classrooms that accommodate a large number of people makes it hard for class sizes to get bigger.

Professor to student ratio is currently 1-to-15, which is the same ratio that was achieved last year.

"While some classes may appear to be larger this year we have run a class this fall with as few as two students, so I don't know that there has been a measureable increase across the board in class



Photo by Ben Denton

Students fill the seats in Dan Hoffman's, assistant professor of education, holistic health class. Holistic health is one of the many general education courses offered.

sizes," Eaton said.

The biggest classes offered at the college are some of the general education courses. General education courses in different subjects are required for students to graduate.

"Any introductory class is going to have the most whether it's psychology or sociology or business, because those classes are very content driven and

there is a body of knowledge the student needs to master," Eaton said.

Eaton also said that once students get into their major courses, most of the time the number of students will decrease, but the class size really depends on the subject itself.

"If the class is primarily content that traditionally is delivered through a lecture or through film with

a lot of monologue then it's going to be bigger," Eaton said. "I think there is an optimum class size for each subject as well as for the methodology that is used to teach that class, so let's say it is a class that works well with a lot of group interaction then a class size of 20-25 is ideal."

According to Eaton, professors also have a strong

opinion that is weighed in when deciding the size of the classes they are teaching.

"That would be a discussion between the professor, the department chair and me, and then we have to recognize the class size is limited by the facility," Eaton said.

Eaton doesn't see class sizes growing substantially from this year to next year even with the enrollment up on campus.

"There is no strong movement or force that is saying we need to have larger and larger classes," Eaton said.

More classes will also be offered next fall to accommodate the growing number of students.

"We do expect that enrollment increase, we will be ready with an ample offering of courses," Eaton said. "The number of classes offered next year will be slightly higher than this year."

## Nutrition Month

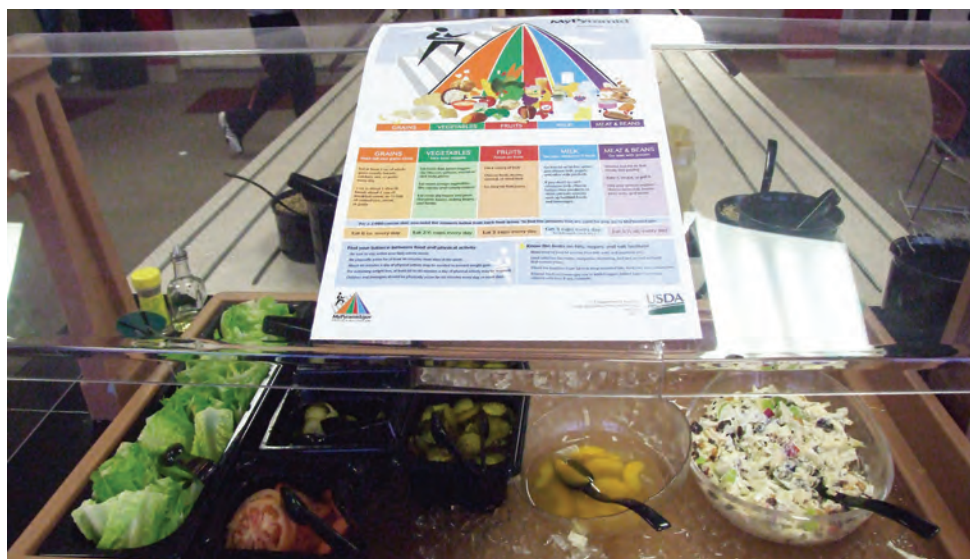


Photo by Ben Denton

A food pyramid covers part of the salad bar in the cafeteria. Different items on the salad bar are also marked with a "V" for vegan.

## Student Services, cafeteria encourage students to eat healthy

AUDREY SECKER  
Editor-in-Chief

March is National Nutrition Month and Student Services and the café are working together to take advantage of it to educate students in healthy eating and exercising habits.

"The café has been great about this," said Kelli Pfau Johnson, personal counselor. "Once a week they will be posting the nutritional info of what they're serving. One vegan dish will be offered each meal and labeled with a 'V' on the menu as well as on the food itself."

To teach students about nutrition, the new food pyramids will be hanging

around campus and students can pick up pamphlets, recipes and weight loss booklets from Johnson's office as well as in the café.

"Fliers will be available about how to eat healthier in the café," Johnson said. "It's not just about food, either, we're going to begin to look at the importance of

working out."

Johnson has started a weight loss group for students that will focus on healthier eating habits and exercising while providing a support group for those who join. It meets every Wednesday.

"It's a learning process," Johnson said. "People will have to learn to eat healthier, we're hoping students will increase the nutritional value of what they eat."

Student services plans on purchasing salt-free Mrs. Dash seasonings for the salad bar so that students can create their own salad dressings, and the café is going to be working harder to get fresh fruits a salad at least twice a week.

## Staff changes, additions on campus

### Admissions, academic affairs announce transitions

REBECCA GROSCHACH  
Staff Writer

Making communication more efficient and defining responsibilities are the goals of changes that were made last week in the admissions and academic affairs departments.

The first change is that career services will now be a part of academic affairs and will report to Kent Eaton, vice president for academic affairs. Before, it was a part of student services. A goal for this change is to incorporate internships and service experiences into the classroom.

"We see this as a good place to integrate the academics and the practical skills and not have them separated," Eaton said.

Chris Wiens, director of career services, also sees this as a positive change. "This change will help us focus on students that employers will be attracted to," Wiens said. "Also, if there's something that I want or the faculty want me to do we can both go through Kent."

With career services and academic affairs working together, a more congruent atmosphere is expected to be present.

Changes are also present in the admissions office. Christi Hopkins, who was the director of admissions operations, is now the new vice president of marketing, and Dave Barrett will now be the vice

president of admissions.

"I now oversee the marketing department, admission operations and information technology (IT), which is being transferred from the business office," Hopkins said. Although working with marketing and IT is new to her, Hopkins is looking forward to the opportunity.

"There are a lot of possibilities for me," Hopkins said.

Moving IT to the surface is a change President Michael Schneider is looking forward to. With these changes, IT will help with web strategies and play more of a role in designing the technology side of new buildings.

"We're bringing IT to the surface, but they will still be there to serve the students," Schneider said.

When formulating these changes, Schneider took his time to gather all the information he could. The new transitions will happen over time.

"We're easing into this," Schneider said. "There will be a transition time where we spend time with people and make sure the changes are working how they're supposed to. If something doesn't work, we'll try something new."

Schneider, as well as everyone that is affected, is looking forward to and excited for the changes.

"They will make sure people have the support

Please see Changes, page 8



LEAD EDITORIAL

# Our quitters are anything but losers

"I QUIT."

WHEN DO WE GET TO THE POINT IN OUR LIVES WHEN THESE TWO WORDS DETERMINE OUR FUTURE? AS CHILDREN, WE QUIT EVERYTHING: THAT STUPID GAME OF TETHERBALL AFTER YOU GOT NAILED IN THE FACE OR YOUR FAVORITE SPORT AFTER IT TURNED OUT TO BE TOO HARD — GROWING UP, WE ALL QUIT SOMETHING. WHETHER WE LEFT THE PLAYGROUND CRYING OR HAPPY, READY FOR THE NEXT ADVENTURE, WAS AN ENTIRELY PERSONAL DECISION.

WITHOUT A DOUBT, SOMEONE WOULD ALWAYS SAY: "QUITTERS NEVER WIN, AND WINNERS NEVER QUIT." WHAT HAPPENS IN OUR ADULT LIVES WHEN, FACED WITH DECISIONS THAT WILL IMPACT NOT JUST US, BUT THE LIVES OF FAMILIES, STUDENTS, TEAMMATES AND COLLEAGUES, WE DECIDE TO THROW IN THE TOWEL? FIRST OF ALL, THE WORD GETS CHANGED TO "RESIGNATION." SO WHEN WE RESIGN, DO WE LOSE OUR "WINNER" STATUS?

MCIPHERSON HAS BEEN HIT WITH A BARRAGE OF QUILTS, SOME EXPECTED, SOME MOURNED, THAT HAVE LED TO CHANGES THAT IMPACT ALMOST EVERY STUDENT. IT BEGAN WITH THE RESIGNATION OF CHEERLEADING COACH ANITA PARKS: HER QUIT HAPPENED BECAUSE OF A NEED TO FOLLOW HER FAMILY. THEN HEAD FOOTBALL COACH BRIAN WARD GOT A D-1 OFFER AND MOVED UP A LEVEL TO IMPROVE THE LIVES OF HIS FAMILY AND TO FURTHER HIS CAREER. WE COULDN'T HAVE BEEN MORE PROUD OR DEVASTATED IN THE SAME EMOTIONAL MOMENT. NEXT CAME THE ANNOUNCEMENT OF ASSISTANT PROFESSOR MARJON AMES CHOSE TO ENHANCE HER CAREER BY TAKING A POSITION AT APPALACHIAN STATE UNIVERSITY, A MOVE HER COLLEAGUE KEN YOHN, CHAIR OF HISTORY AND POLITICS CALLS "A GREAT HONOR AND A GREAT OPPORTUNITY."

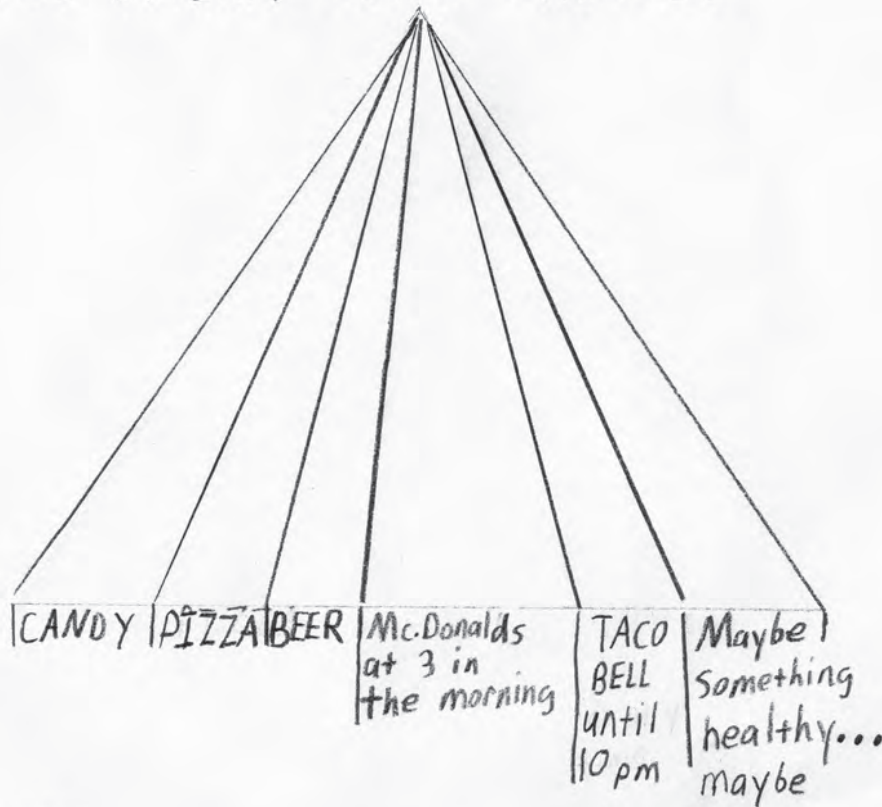
FINALLY, THE RESIGNATION OF HEAD WOMEN'S BASKETBALL COACH SHELLY PRESCOTT WAS ANNOUNCED. THE LOCKER ROOM FLOOR WAS HOME TO TEARS FROM SOME PHENOMENAL ATHLETES, AND NOT FOR THE FIRST TIME THIS SEASON.

AS WE BECOME ADULTS, WE HAVE TO REALIZE WHEN TO QUIT. WHETHER IT WILL BENEFIT OR HARM US OR THOSE WE LOVE, THE WORDS "I QUIT" CAN RESOUND LOUDLY, LOUDER THAN A LECTURE HALL FULL OF STUDENTS PREPARING FOR ANOTHER CLASS, LOUDER THAN THE CHANTING FANS IN THE STANDS. IT IS UP TO THE PEOPLE WHO ARE DIRECTLY AFFECTED BY THE QUIT TO TAKE THE NEWS AS AN OPPORTUNITY TO PROVE THEIR OWN WORTH, OR QUIT IN THE WORST WAY. OUR LOVED QUITTERS ARE ALL WINNERS, AND EXAMPLES: THEY ARE ACTIVELY INSPIRING ALL OF US TO DO SOMETHING AMAZING WITH OUR OWN LIVES, EVEN IF THAT MEANS QUITTING WHEN WE HAVE TO.

**ISSUE 8:**  
A number of staff resign.  
**OUR POSITION:**  
In their leaving we lose and learn a lot.

## Not Necessarily Ordinary

### THE COLLEGE STUDENT FOOD PYRAMID



Benjamin Denton

## LETTER TO THE EDITOR

### Beliefs of John Fife won against the Immigration and Naturalization Service

Indeed, as reported in the February 19 issue of the Spectator campus guest and Convocation Speaker John Fife and his seven colleagues were convicted in Federal Criminal Court with each having to serve five years of probation for their actions related to assisting refugees from Central America to safely enter the United States.

However, following this conviction, this group of citizens brought

Federal Civil Charges against the United States Attorney General and Director of the Immigration and Naturalization Service (INS) arguing that the United States was breaking its own laws regarding treatment of refugees.

And, this group of faithful citizens won its federal civil court case. The United States government agreed to:

- 1) stop deporting refugees from El Salvador and Guatemala;
- 2) issue worker cards to all refugees from those two countries who had entered the United States from 1980 on;

3) a series of other changes to the Immigration and Naturalization processes that INS was using.

As a citizen and as a person of faith, John Fife, seeing his own government breaking its own laws, became an active participant in the political process.

And, in the process, the United States government was forced to once again begin abiding by its highest ideals and the law of the land.

Tom Hurst

Director of Campus Ministries

## Disrespect dwells on campus

Student appalled at other's behavior during the last convocation

Two Fridays ago, I found myself sitting in our crowded auditorium with the rest of you. I was not so much listening to the man on stage talking about the civil rights laws being violated by our government, but to the junior-higher trapped in a college student's body sitting in the row behind me. For your reading pleasure, I scratched down a few of this individual's clumsily loud whispers. I want to share them with you just as they went along with our speaker's presentation.

As Reverend John Fife began speaking about our country breaking their own laws concerning refugees, an initial "Shut the f\_\_k up!" resounded in my ears.

A few minutes later when Fife spoke of these same refugees dying in their own country, I was hearing: "It's not my fault they live over there."

Fife later went on to quote Martin Luther King Jr.; the words from my back-seat personal commentator were, "Can I just get up and walk the f\_\_k

### JUST KICKIN' IT



Jordan Roquemore

out of here?"

This lovely comment moved my beautifully blunt wife, who turned around and said rather angrily, "Yeah, why don't you go ahead and do that."

I turned in time to see the commentator taken aback, mumbling something about being bored. After losing face in such a manner, I thought that certainly the comments from behind would cease for the duration of convocation. Unfortunately, after a couple minutes of silence, sighs and scoffs began eeking their way from the back row at regular intervals.

Fife was now speaking on his church and friends harboring refugees, a topic inspiring the verbalized thought from my commentator, "Yeah, are we gonna keep a bunch of 'em in the dorms. That would be funny."

The reverend went on to speak of other college students who had come down to help him for a week or so.

This statement brought a comment from behind about how such students must, in fact, be hippies if they choose to do something good in the world.

The crowning jewel of my commentator's blurbs came when Fife spoke on how thousands are dying while attempting to cross the border.

Elicited from the back row was this: "I wish I were a minute man so I could shoot 'em as they come across."

A few minutes later, the auditorium was emptying. I sat befuddled at what I had just heard and at the ignorance and apathy it represented in my generation. Then I wrote this.

The question is, will it

## CHEW ON THIS

"One of the definitions of sanity is the ability to tell real from unreal. Soon we'll need a new definition."

-Alvin Toffler

"A people that values its privileges above its principles soon loses both."

-Dwight Eisenhower

"All men are created equal, it is only men themselves who place themselves above equality."

-David Allan Coe

"Do not waste your time on Social Questions. What is the matter with the poor is Poverty; what is the matter with the rich is Uselessness."

-George Bernard Shaw

"Man is the animal that intends to shoot himself out into interplanetary space, after having given up on the problem of an efficient way to get himself five miles to work and back each day."

-Bill Vaughn

"The world has achieved brilliance without wisdom, power without conscience. Our is a world of nuclear giants and ethical infants."

-Omar N. Bradley

# The McPherson College SPECTATOR

The McPherson College Spectator is published by the Student Government Association of McPherson College, P.O. Box 1402, McPherson, Kansas 67460. The Board of Publications, a sub-committee of SGA, directly oversees the publication of The Spectator.

The Spectator is published six times a semester, allowing for the interruption of school holidays. Student activity fees subsidize publishing costs, and all McPherson College students are entitled to a copy of each issue without subscription fee.

Subscription information for non-students is available from the The Spectator business Manager at the address above.

### BUSINESS STAFF

Publisher ..... SGA Board of Publications  
Tecie Turner, Chair  
Business Manager.....Rodley Barlet  
Ad Sales Manager.....Sara Powell  
Ad Design Manager.....Jordan Rothrock  
Faculty Adviser.....Bruce Clary

### EDITORIAL STAFF

Editor-in-Chief.....Audrey Secker  
News Editor.....Shannon Williams  
Viewpoints Editor.....Ashley Andrews  
Campus Life Editor.....Elizabeth Shaffer  
Sports Editor.....Jordan Roquemore  
Photography Editor.....Benjamin Denton  
Copy Editor.....Jillian Overstake

Good Dog



Bad Dog

Teachers: They give inspiration and lift you up when needed.

Illness: Just when it's nice out, sickness sneaks in. Boo.

Ice Cream: It's delicious all year round. Yummy.

Mold: You never find it until it's too late.

Movies: The Oscars are Sunday. This is a year to celebrate great films.

Racist Remarks: We're all living on the same Earth. Treat everyone as equals.



# Xalapa, México: A journey of honking horns, missing sidewalks and over-sized bags full of empanadas

Traveler learns about the culture from close-call car accidents and wise merchants

## FAR AND AWAY



Melisa Grandison

I looked around the small Mexican café taking in the new environment. Rob, the resident director, handed out an assortment of papers.

"This is the most important document aside from your passport and visa," he said about one paper. "Carry it with you at all times." I nervously wondered about the document. "It's your got hit by a bus card," he said.

"Got hit by a bus card!" I said aloud. I scanned the document and quickly realized it was just an information card: my family name and address, home number, directors' addresses, phone numbers and police information.

Funny joke, I thought to myself.

I discarded my premature worries and filed the card in a safe place.

As part of orientation, we walked the city to learn our environment. The cluttered streets, lack of signs and the tremendously disorganized driving techniques immediately caught my attention. People honked to turn, they honked to drive through a stop sign and they honked to complain.

It is impossible to know exactly what a honk communicates.

This was evident as we walked single-file on a narrow sidewalk next to a busy highway. I turned at the sound of a honk just in time to witness a BCA-er get struck by the side mirror of a quickly advancing bus.

Apparently, "honk" also means get out of the way! After checking that she was all right, I had a momentary internal break down. Joke? More like a nightmare.

Eventually, I learned to navigate the city. I live in the Centro so I walk most of the places I want to go: stores, parks, cafés and bars.

I read in numerous brochures that Xalapa is the

safest city in Mexico. At first, I highly doubted the validity of this statement. My lack of cultural experience flashed warning! at each corner: 'do not walk alone at night; do not take a taxi by yourself; stay away from buses.'

I proceeded with caution, careful to notice my surroundings. Within a week, I was confident. I memorized my address and the appropriate phone numbers and I learned the route to important places. With the exception of one almost very unfortunate cab ride, all went well. Even walking in the dark was now an easy task for me. Then, everything changed.

Classes started and I learned quickly that Xalapa may be safe with regard to crime, but traffic operations were a different story. I have five classes that meet in three locations. I take one online class and because my house lacks wireless Internet connection, the Italian Coffee Company has become a permanent classroom.

I take three of my classes at the Escuela para Estudiantes Extranjeras. It is located in the Centro and is a five-minute walk from my house.

It was not until I started my fifth class at La Universidad de Vera Cruz in Las Humanidades that I encountered Avilla Camachao: my new nightmare.

In order to get to Las Humanidades, I walk 45 minutes through busy market streets. Children, merchants and musicians fill my walk with activity. I arrive at Avilla Camacho, an intersection with non-stop traffic coming from eight different directions, and no crosswalks or pedestrian walks signals.

Usually, busy streets in Mexico have crossing guards. The guards direct traffic and provide frightened pedestrians opportunities to cross safely.

The trek across Avilla Camacho haunts my twice-daily walk to Humanidades.

The first time I maneuvered this street I was naïve in thinking if I just dart across, traffic will stop. I was wrong. I am embarrassed to admit I almost caused a pile up when I ran into a slow moving car changing lanes.

The second time, I waited 30 minutes to find a point of entrance into the intersection and I was late to class.

Subsequent attempts to cross this intersection continued to present difficulties. I was thoroughly disgusted that I could overcome the fear of getting mugged but could not cross a busy street.

For a small town girl who grew up in a town of 900 people with wide streets and no stoplights, this was definitely a cultural awakening; one that was weighing down my global acceptance goals.

The second week, I entered a dismal mood each time I left for class. I started to notice how walkers moved at slow paces, and refused to part when meeting others on the sidewalk.

It was annoying to me that people sauntered as if they had nowhere to go and stopped to chat when I tried to get through.

Could they not see me? I couldn't move due to a stupid street that I could

not seem to cross.

At the end of the week, I made my final trek to Humanidades and I was in an especially foul mood. I was about two blocks from Avilla Camacho when I encountered an older woman carrying empanada supplies in two over-sized bags. Recognizing this woman as one of the food merchants on this street, I knew we were headed the same way so I asked if I could carry her bags to her destination.

She agreed. As we passed other people I commented about the small streets, even smaller sidewalks and the difficulty I have traveling them. The woman nodded, smiled and showed me where to place her bags.

Before I left, the woman grasped my hand and said: "Mi hijita, sientate." Recognizing a learning opportunity and forgetting my woes about the busy street that awaited me, I sat down.

Want more information about studying abroad? Visit [www.bcanet.org](http://www.bcanet.org) and discover opportunities in México and fourteen other countries around the world.

In this 15-minute conversation, I learned much. She sold empanadas in the same place for longer than I have been alive.

Every day she observes the people passing her. "I see people having good and bad days" she told me in Spanish. "But one thing never changes."

Then she explained that she watches families, friends and perfect strangers interact on busy Mexican streets, as if they have nothing better to do. She smiled then, and wished me well.

As I stood to leave, she said "hay una más cosa, mi hijita." Turning to hear the "one last thing," she smiled and looked up at me.

She told me not to worry about the size of the streets because she is certain they were made that way on purpose. "If they were any bigger" she said, "people wouldn't have to stop and talk. Don't be upset with the busyness because it means as a country we are growing."

She patted my hand once more and said with a laugh that I should not try to change the pace because talking to people around us was "Es la más importante cosa" (the most important thing).

As I walked away, my cultural awareness returned. She was right. I am frustrated by cultural differences of transportation in Mexico compared to the United States.

In my frustration, I forgot to observe and learn from those differences, and it took a toll on my attitude. I finished my journey to Avilla Camacho.

I would like to say that this time it was easier to cross this enemy road, but it was not.

This time, however, I crossed it with a smile, laughed when cars honked, and kept walking. Thank you Mexico for another lesson learned amidst the organized chaos that is often misinterpreted.

Mexico has not only taught me life lessons already, but it has taught me a new way of life that I would have never discovered at home. I can't wait to see what else it has in store for me.

I have now made a game of this frequent task in my week, knowing that if I pay enough attention it will provide me with a lesson and an entertaining experience, not to mention a familiar face selling empanadas along the way.

# SHOUT IT OUT!

To contribute to Shout It Out! put your shout in the submission box in Hoffman Student Union.

I hate it when you see someone you don't want to talk and you end up talking to them anyway because they sit with you at lunch.

You're hot and dumb. Awesome.

I hope they make studying abroad mandatory next year. Students need to get out of their comfort zone and see how other parts of the world live.

Stop complaining about noise from my room - you're just jealous.

He's just NOT that into you. Sorry.

Bad decisions encompass my life. The end.

Anita Johnson will return to the river of spoons shortly.

Thanks for the heat, sun!

Where, oh where has our weekly cafeteria menu gone?

I'm so glad that the hot water in my bathroom never goes out.

Saturday nights are really unpredictable. You never know who's going to jail or who's going home with who. It's like a soap opera.

If tutors don't know how to spell in their e-mails, they shouldn't be tutors.

I love having multiple boys.

You can only do so much with what you have that sometimes you have to learn when to say no.

If I had a dog, I'd go walk it.

I'm 20 years old and I still miss my mommy everyday.

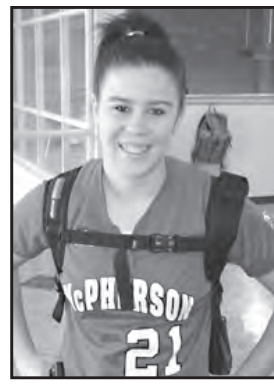
Wendy's should be open 24 hours a day. Then, I could eat a baked potato all hours of the night and the morning.

## On the Fly

What is one thing that you've always wanted to do but haven't?



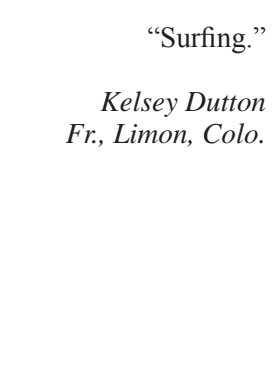
"Surfing and sky-diving."  
Michelle Ducey  
Sr., Pueblo, Colo.



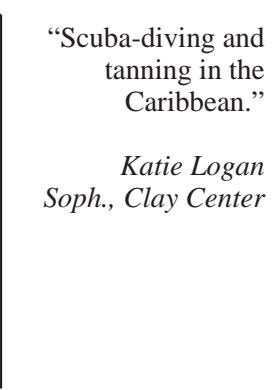
"Bungee jumping."  
Kristen Gustafson  
Soph., Overland Park



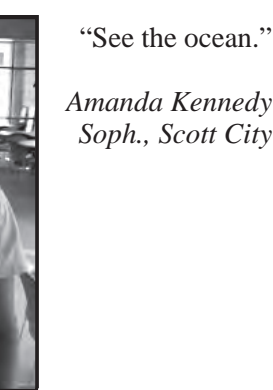
"Go skinny dipping."  
Sarah Taylor  
Fr., Valley Center



"Surfing."  
Kelsey Dutton  
Fr., Limon, Colo.



"Scuba-diving and tanning in the Caribbean."  
Katie Logan  
Soph., Clay Center



"See the ocean."  
Amanda Kennedy  
Soph., Scott City







Photos by Benjamin Denton

Assistant professor of theatre Jd. Bowman's yoga class practice the phases of their sun salute. Yoga is one of Bowman's newer classes, he is also teaching a ballet and ballroom dancing class.

## Recent additions to performing arts program

SARA POWELL  
Spectator Staff

Dance is one of the three main areas of the performing arts. A solid foundation of dance is needed for students who wish to graduate with a broad knowledge of the performing arts which is why McPherson's new performing arts program has integrated yoga and ballet and ballroom dance into the classroom.

Students have responded well to the two classes, both taught by assistant professor of theatre Jd. Bowman.

"Yoga is really nice

when it comes to my flexibility and control of my breathing," said Adriana Dreier, soph., Hesston. "I really enjoy it."

"Yoga has helped me become more calm and limber," said Robby Tobias, senior, Conrad, Iowa.

Bowman is excited about the level of difficulty presented in both classes and knows his students aren't skating by, either.

"The classes are going very well," Bowman said. "I think there's this misconception that they would be easy classes, and although the information is all fairly easy, the tech-

nique is tough."

Popular perception may lead one to believe female students dominate the classes, but men are actively participating in both yoga and dance. Men who are taking Professor Bowman's class have to constantly fight the stigma on campus that ballet and ballroom are primarily female sports. Bowman is impressed with the level of athleticism shown during dance.

"The guys in the class are working very hard," Bowman said. "Some of my strongest football players in the class are

telling me that this class is kicking their butt because of the workout. Dance requires heavy leg workouts each week."

The first half of the semester is dedicated solely to ballet, while the rest of the semester students will be learning a new ballroom dance each week. For sophomore Julie Escobar, Brush, Colo., the class provides an outlet for a passion for dance.

"For someone who has always been into dancing, I find this class is a challenge and rewarding at the same time," Escobar said. "I love it!"

## Protocol party educates on business etiquette

ASHLEY DAMERON  
Spectator Staff

You've seen the fliers, emails and heard it talked about in class, but what is that protocol party all about? How can it benefit students? On March 23rd at 7 p.m., the business club will be hosting a protocol party that is sure to benefit anyone who attends.

So what is a protocol party exactly? The protocol party will teach stu-

dents by example how to operate in the business world, such as learning how to work office parties, hosting network events and landing a job or promotion while attending a business party. President Michael Schneider will be speaking on topics such as how to network and who to network with, how to hold a dinner plate while shaking hands, dinner etiquette and much more. Knowing how to carry and present oneself in the busi-

ness world is critical to succeed. The party is not intended for only business majors. Everyone on campus and in the community is encouraged to attend.

"Area business professionals attend the dinner so it is a good networking tool, especially for business students," said Carley Sharp, sr., Chanute.

What made the business club decide to host a protocol party?

"We didn't have a protocol party last year," said

John Brown, sr., Baldwin City. "A couple years ago we had a full protocol dinner; I thought it was time to switch it up."

The party is being sponsored by career services, student services and President Michael Schneider. If you would like to attend the Protocol Party, you'll need to register with Chris Wiens. There will be a small fee of five dollars to cover the food and beverages served.

## The Hot spot

A THOUGHTFULLY DEvised ARRAY OF QUESTIONS FOR ASSISTANT ART PROFESSOR ANN ZERGER

TAYLOR ADAMS



**Q** What is your role here at the college?

**A** I am an assistant art professor here, along with several others. We work as a team. We have a great art department here, my role is to maintain that.

**Q** How were your two college experiences different, one studying medicine and one studying art?

**A** In health and science there is a right and a wrong, and all of art is subjective. However, the art of medicine does require some critical thinking. In medical training you never argued, but in art you are expected to argue.

**Q** How long have you been at Mac?

**A** I came here in 2004, so about 5 years.

**Q** Where are you from?

**A** Well, I grew up here. Not in town, but about 11 miles away, and went to school in Salina

**Q** What makes Mac so different from the colleges you attended?

**A** I never went to a very small college, I went to big schools. It's very interesting to be on the other end as a professor, the interaction with the students—the one on one. There is a lot of wonderful interaction. And even though this school is small, there is still a lot of diversity.

**Q** What classes do you teach Ms. Zerger?

**A** I teach art history I and II, sculpture, jewelry design and casting, independent studies and topical design.

**Q** Tell me about your education.

**A** I've always done art since I was very little. But I grew up in a house where art was a hobby, not a living. My first degree was in health—I worked in medicine for about 15 years. During that time, I did art on the side. Part time, my husband and I owned, and still do own, Prairieworks Design, so we were busy with that. But after my kids grew up I tried a whole new focus, and went back to school.

**Q** What are your plans for the future?

**A** Probably to continue teaching here. I still have my business, and will continue to do what I am doing.

**Q** Is there anything else you would like the student body to know about your role at the college or you personally?

**A** My door is always open to anyone that wants to come by and talk—it's always open.

## How to...

### Keep a Healthy Immune System

JACOB NELSON

Do you hate being sick? Your immune system is your main defense against diseases such as the flu, the common cold and many common diseases. It's important to keep the immune system in good working order. This can be done with these simple suggestions.

1 Does your mom still have to tell you to take your vitamins? Feed your body with all the

vitamins it needs, and it will fight off diseases better. Vitamins important to your immune system include vitamin C, vitamin E, and Zinc.

2 Exercise can also help boost your immune system. It gets the blood flowing, and also makes you feel great. Immunity health is directly related to the health of your other body systems. The healthier the rest of

your body is, the healthier your immune system will be.

3 Get plenty of sleep. This helps in regenerating white blood cells, which are the main component of your immune system. This also regenerates your other organs, so your body can focus on fighting off diseases.

4 The easiest way to protect against diseases

and keep your immune system in good shape is to get yearly flu vaccines. The vaccine protects against the strains of flu that experts think will be most prevalent in that particular flu season. Many people die each year from the flu, so this is a line of defense not to be missed.

Keeping up your immune system is easy. Just follow these guidelines and your chances of getting sick will be greatly reduced.



# How Health Conscious Are You?

## Fighting off the 'freshman fifteen'

TRICIA FENSKY  
Spectator Staff

The dreaded "freshman fifteen" haunts every student's mind as they prepare to enter the college world.

A study involving 907 students funded by the Robert Wood Johnson Foundation found that students gained an average of 7.8 pounds during their freshman year of college. More than 30% gained 10 pounds or more, and 20% piled on the "freshman fifteen."

Knowing this, what actions are students taking to prevent those fifteen pounds?

When walking into the cafeteria, there are a variety of foods to choose from, but how many of us think before we eat?

"My freshman year, I didn't care that much until I saw the weight I gained," said Erica Schlender, sr.,

Burrton. "I realized I had to change my eating habits and exercise. Even though we can't eat exactly what we want in the cafeteria every day, there are still ways that you can make your eating habits healthy."

"I try to avoid greasy, fried, and fattening foods," Schlender said.

If students want to change eating habits, they should venture to the salad bar or make a sandwich on whole wheat bread.

The cafe provides a variety of healthy choices for every meal. Fresh fruit and vegetables are always available and will become more prevalent as March progresses and student services pushes the college to become more health conscious.

An important part of staying in shape is exercising. When making the transition from high

school to college, many high school athletes gain weight because they're no longer active every day.

Students can keep in shape by exercising more frequently and watching their food intake.

The sport center provides students with facilities such as a weight room and fitness center in which to exercise daily.

"I try exercise every day but it really depends on my schedule if I can make it over to the sports center or not" said Ashley Noll, sr., Atchinson. "I exercise to try and maintain my weight, as well as to improve my overall body image."

Some students are happy with themselves and don't really care about what they eat.

"I can eat whatever, I have never really been concerned about that," said Justin Cude, soph.,

Phoenix, Ariz. "I think I eat more than I did my freshman year, but I should probably cut back."

Dale Schwartz, jr., Crystal Lake, Ill. said "Although it's good to be in shape, there is also a problem of being too concerned about your weight, if you start to obsess or constantly weigh yourself, this could affect you mentally and physically. It is better to be happy about your body and health than worry constantly."

Our health is a big issue, and the only person that can change how you feel about your body image is you.

For students who are struggling with weight issues Kelli Pfau Johnson, personal counselor has started a weight loss group that meets on Wednesdays. E-mail her for more details or for nutrition and weight loss information.

# Lent through the eyes of a student

CARLEY SHARP  
Spectator Staff

The big game. Practice is essential, right? A season of preparation is crucial for one to grow, fight through pain and focus on the main event.

For Christians, the main event is Easter and Lent is a time for them to prepare themselves for the most important holiday of the Evangelical Calendar. Through the forty days of Lent, the Church unites every year to study Jesus' 40 days in the desert and prepares spiritually for the celebration of his passion.

Students walked around with 'dirt' on their foreheads on Wednesday, Feb. 17. This is in association with Ash Wednesday, the kick-off of Lent. On this day, services are offered in Catholic and Lutheran churches as well as other Christian denominations where church-goers may receive ashes on their forehead.

Giving up something during the Lenten season is a common practice. Doing this helps a person to step back and look at their life and see what obstacles are between them and God.

One may give up something they feel is in more control of them than God. Examples of what a person may give up may include certain foods (especially sweets), smoking, sex outside of marriage or other bad habits. Lent sometimes provides a sort of springboard to giving up a bad habit

all together, even after Easter has passed.

"I chose to take on a challenge instead of giving something up," said Andrea Falk, soph., Cheyenne, Wyo. "I am going to try not to eat after eight at night."

Catholics, as well as some other Christian religions such as Lutherans and Methodists, join together in a common form of penance through fasting and abstaining from meat on Fridays. These days are significant because Christ died on a Friday. In Jesus' time, meat was a luxury, fish was food for the poor.

However, Lent can also be a time where a Christian can look inside and see what needs to be done to develop a more meaningful connection with Christ. Everyone has their own ideas of this including devoting more time to reading the Bible, praying more often and volunteering time to help the needy. Becoming a better person and being a friend to all also helps some feel more connected to Christ. Lauren Larsen, soph., Sylvan Grove, decided to add something to her routine to help her connect with her religion.

"I decided to add 15 minutes of reading my Bible every night," Larsen said.

The theme of the Easter season is resurrection from sin to a life of grace and Lent is a time where Christians look inside themselves to figure out what will bring them closer to God and appreciate the sacrifice Jesus made for the world.

# Women's history month looked over

DUSTY KITCHEN  
Spectator Staff

They make up half of the population. You see them every day when you walk out your door. They are everywhere and now it's that time where we take a moment to take in all of their contributions of culture and history and celebrate what they have done for our country. They are the women of the world.

The event that would later become Women's History Month actually all started because of a week-long event in the school district of Sonoma, California, in 1979. The idea of celebrating women's accomplishments for one week in March quickly caught on and spread throughout communities and then across the country.

In 1981, the U.S. Congress made it official, passing a resolution establishing Women's History Week. Six years later, the event was expanded into the entire month of

March. This date would line up with the time of International women's day (March eighth), the day that many countries take their time to celebrate the importance of women in their culture. This day has been recognized by the United Nations since 1975.

One year before U.S. Congress made Women's History Month an official time to celebrate, an organization was formed to help recognize the achievements of women in U.S. History. This group is The National Women's History Project that still exists today. Every year since 1980 the group has put a theme in March trying to celebrate different things that women have accomplished in different areas of our culture. This year marks the 30th anniversary of the group so this year the theme is "Writing Women Back into History." The official site of the National Women's History Project defines the theme as follows: "In 2010, in celebration

of our 30th Anniversary, we will be highlighting themes from previous years. Each of these past themes recognizes a different aspect of women's achievements, from ecology to art, and from sports to politics. The history of women often seems to be written with invisible ink. Even when recognized in their own times, women are often not included in the history books." This theme pushes the organizations attempts to get more women put into history books, text books and any other place they may belong.

So why doesn't McPherson College have events for Women's History Month? Personal counselor Kelli Pfau Johnson said we did at one point.

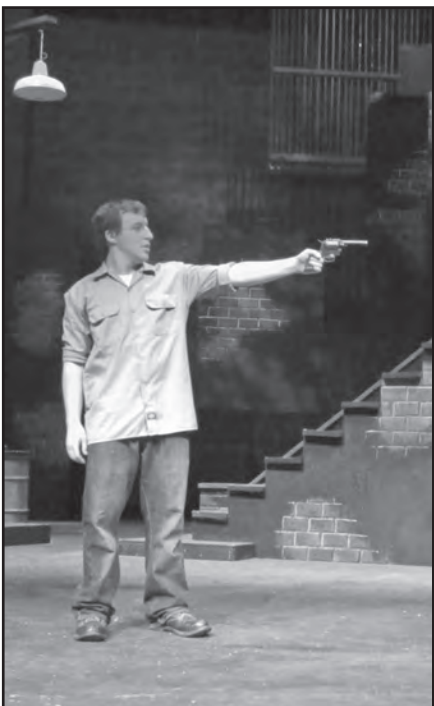
"The successes of the events in the past were good, but we are trying to broaden events not just by gender, but by anything we can. We want to inform the college in many different areas and just try to give students an opportunity on everything," Johnson said.

Chris Wiens, director of career services, who helped Johnson in planning the events for women's week in the past agreed with what Johnson had to say.

"We work hard on trying to celebrate all the different people that make up McPherson College, but some thought we focused too much on women and needed to spread it to as many things as we could," Wiens said. "So that's what we're doing now and though it may not seem like we are doing anything, we are trying to get as many different things out as possible."

Junior Jenny Andreesen, Falls City, Neb., thought the idea of giving everyone time in the spotlight seemed fair.

"I don't see anything wrong with it," Andreesen said. "It's nice to see every group, not just women, get attention and it shows that the college cares about everyone."



Left: Robby Tobias, sr., Conrad, Iowa, plays twin Mickey Johnstone and prepares to shoot his brother in the final scene. Middle: Kelsey Leiker, sr., Goodland, plays Mrs. Johnstone falls over her twin sons as they lie dead at center stage. Right: Joey Staskowski, fr., Oriskany Falls, New York plays Eddie, reasons with his twin brother, Mickey.

# Brother against brother: 'Blood Brothers' a success on the McPherson stage

BETSY SHAFFER  
Spectator Staff

Fun and games, blood and destruction, Kelsey Leiker, sr. Goodland's senior project "Blood Brothers" had it all.

"Blood Brothers" is the fateful tale of twin brothers

separated at birth and the journey they take back into each other's lives.

Forced apart by fate the brothers become friends at an early age and quickly become "blood brothers".

Growing up as best friends, the boys quickly approach adulthood and

what began as innocent childhood fun becomes dramatic in a climatic death scene where both men die.

"This was one of the hardest plays I have done, but I really enjoyed the final outcome," said Robby Tobias, sr., Conrad, Iowa,

"'Kids' Game' was my favorite part. I loved that song!" said Jenni Birdsall, sr., Lansing. "Robby was definitely my favorite actor as this role showed a more serious side of him, actress wise, Kelsey Liker was my favorite: she captured the mom perfectly."

"My favorite part was when the mother gave the little boy the locket to remember her by," said Meghann Jeffrey, fr., Hill City. "Blood Brothers was a really great dramatic play."

"It was obvious the cast put in a lot of hours preparing for blood brothers," said Shandi Tobias,

Bittinger resident director. They meshed well together and put on a great performance."

The performing arts department will follow "Blood Brothers" with "Spoon River Anthology" coming in April.

courtesy photos





Photo by Leterius Ray

Freshman guard Kasey Miller takes a shot from beyond the arch, forcing his St. Mary's opponents to scramble to block him at the KCAC quarter-final game on Feb. 25.

# Rival's win brings Bulldog victory

DUSTY KITCHEN  
Spectator Staff

The buzzer went off, the officials left the court and the McPherson College fans stood in silence as the fate of the rest of the men's basketball season hung in limbo. No one could believe that the Bulldogs had come so far from a huge halftime deficit to lose by just two to the University of Saint Mary's Spire, placing their hope for National titles in the hands of one of their biggest rivals.

Friends University had to win their heated game against Bethany to give McPherson a chance at moving on in post-season play. With the Bulldog

team holding their breath, Friends came through and won 82-75, sending themselves and McPherson through to the NAIA Division II National Tournament in Lookout Point, Mo. Their hopes, however, were almost dashed by the extremely close loss to the Spire on February 25.

"I was obviously disappointed by our first half performance," Head coach Tim Swartzendruber said. "But I'm also real proud of how hard our guys came out that second half. It just showed a lot of heart to play that hard in the situation they were in."

When the first half started the Spire came out

strong, scoring 20 points in the first seven minutes to the Bulldog's nine. The Spire would end up hitting seven of sixteen threes in the first half and a total 51.6% from the field. McPherson shot 44% from the field and going only one for eight from the three-point line.

The first half ended 43-27. As the player's walked off the court, only slight grumbles of dismay could be heard from the stands.

The second half started with the Spire's Eric Avant hitting a three in the first few seconds. Instead of breaking the Bulldog's spirit, it brought the team to life. Dwayne Thomas scored the first two points

of the second half for the Bulldogs at the free throw line followed by senior Mike Reece with a nice lay-up. Soon after, senior Antwine Lamb got the gym standing with a huge block and pulled the Bulldog fans back into the game.

The Bulldogs would go on to making a seven minute run that eventually gave them the lead at 48 to 46. However, the Bulldogs couldn't pull away far enough and the threes of the Spire proved too much as the Bulldogs fell 64-62.

Seniors Charles Moore and Marlon Dominique led the Bulldogs in scoring with 11 while Lamb



Photo by Leterius Ray

Head basketball coach Tim Swartzendruber speaks to his team during a time out.

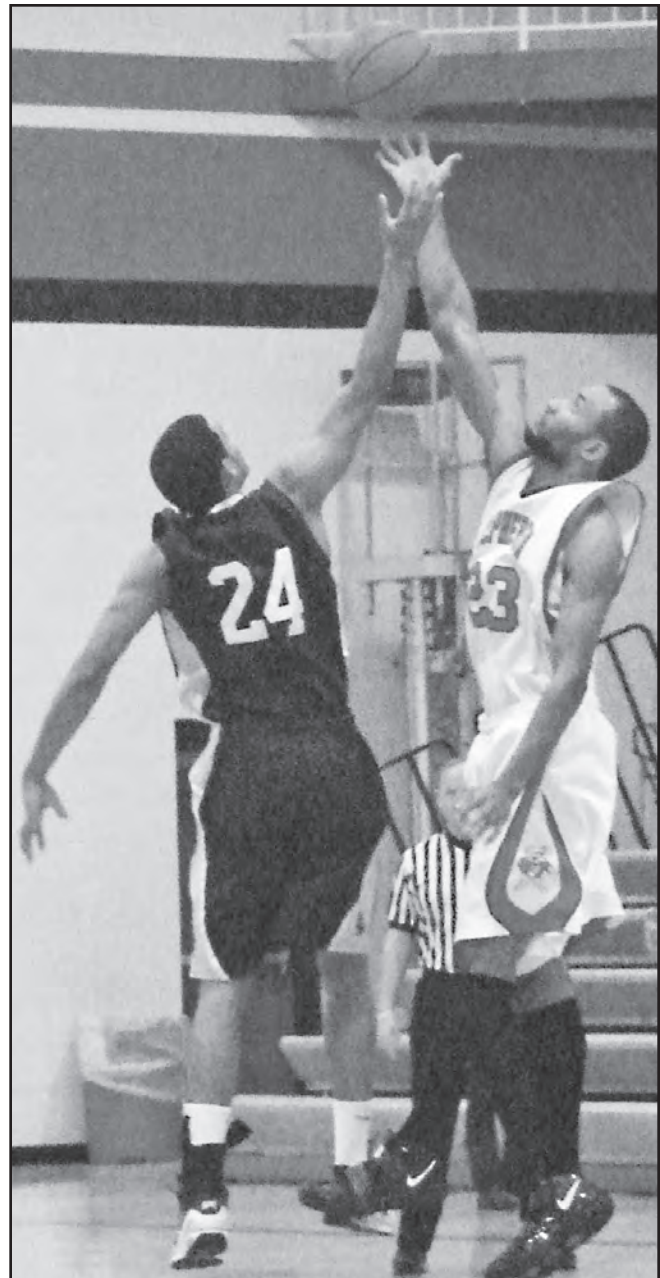


Photo by Leterius Ray

Senior forward Antwine Lamb beats his Spire opponent in the initial tip-off of the game.

had eight points and 11 rebounds. Avant lead the Spire with 20, while Eric Nietzsche had 15, and Brandon Dougherty had 13.

Despite the hard-fought loss, the Bulldogs were given a second chance. They will be moving on thanks to their record-setting season.

"We are only the fourth team in Bulldog history to have a twenty win season and the last time was in

1995-1996," Swartzendruber said. "I'm really proud of the seniors who helped get us here. They really are the heart and soul that pulls this team together."

The Bulldogs will be playing their first game in the NAIA Tournament on Wednesday March 10th against Dakota Wesleyan University. The tournament is one-loss elimination and will be held in Point Lookout, Mo.

## Team prepares for outdoor season

JORDAN ROQUEMORE  
Sports Editor

The campus will be holding the McPherson Bulldog Invitational on March 13. It will be the first outdoor meet of the season. With the temperature warming up, the team is hoping for good weather and a large turn-out this year. The first event will take place at 11 a.m. and the final event at 4:30 p.m.

"Indoor meets are preparation for outdoor meets, but they're still important," Ryan Jilka, sprints and hurdles coach, said. "Winning nationals for indoor is still a big deal."

At the recent Nebraska tune-up indoor event on February 19, Javier Ceja seized 5th place in the 5,000 meters with a time of 15:18.11, setting a school record and qualifying for nationals. Rachel Leuthold also took 15th place at the large meet, but still vaulted a season best of 3.21 meters. The only other Bulldog to place at the meet was sophomore

David Parry who took 24th in the 1,000 meters with a time of 2:42.13.

The following day, more of the track team competed at Kansas State University. Junior Mitch Krier highlighted the day with the top finish in the men's pole vault with 4.90 meters. Ginickachi Ibe also finished in sixth place in the men's 60 meter dash with a time of 7.09. Ibe also gained a tenth place finish in the 200 meters with a time of 23.62.

The women's competition ended with Andrea Swanson finishing sixth in the shot put with 12.82 meters while Rachel Leuthold vaulted for a ninth place finish with 3.05 meters.

The indoor competition for the bulldogs wraps up this weekend in Johnson City, Tenn., with the National Indoor Championship.

Jilka believes that the teams have the ability to be top in the conference.

"We'd like to see the men's team take first or second in the tournament,"



Photo by Leterius Ray

Evan Gurschick stretches with the javelin, preparing for some practice throws on March 2.

Jilka said. "The women have improved since last year and we hope to make progress in their confer-

ence standings from year to year. We're hoping to sneak up on Southwestern in the standings."

## Women show slow annual progress

ASHLEY DAMERON  
Spectator Staff

The 2009-2010 season is over for the women's basketball team. They ended with a 3-21 season after the game against Ottawa University at the KCAC Tournament on the 23rd, losing by a mere 10 points.

Though the Lady Bulldogs kept up with Ottawa in both turnovers and rebounds, they were severely outgunned in shots made. The team managed to make only 17 out of 72 shots attempted giving them a 23.6% average, while the Braves performed above their season norm with 43.6% shots made.

Senior forward Carley Sharp still managed to put up eleven points while senior guard Kristen Ozburn and sophomore guard Brooke Weisenburger managed nine and eight points each. Senior center Stephanie Poland also led the team in rebounds, with nine.

The women finished their illness and injury-lit-

tered season with a record of 3-15 for the conference and 6-21 overall. Despite their losing record this season, they did manage to double their wins from the previous year.

The program will be graduating four seniors this year, Carley Sharp, Stephanie Poland, Amy Jantz and Michelle Ducey. Head coach Shelly Prescott remains proud of the team and their hard work.

"I feel like the girls took each game experience, learned from it, made adjustments and carried them over into the next game," Prescott said.

The team has set higher expectations for next year and with the help of some new recruits, the team is hoping to have a successful season. Two freshmen have been signed for next season while several other prospects have yet to make a final decision.

"Thank you so much to those of you who came to our games this year and showed support for the girls," Prescott said. "I truly appreciate it and I know they do as well."





Photo by Torey Fry

The squad performs a cheer during a time-out at the men's basketball game against Friends on Feb. 13. Fans were asked to wear red to the game.



Photo by Torey Fry

The squad performs a stunt during a time-out, showing their skill and enthusiasm for the special "Red-Out" game against Friends.

# Cheer, dance teams search for new coach

LAUREN LARSEN  
Spectator Staff

With the resignation of Anita Parks, the dance team and cheerleading squad were left without a coach. Until the athletic department hires a new coach the teams are left with an interim sponsor/supervisor, though the teams have been proving their leadership qualities by guiding and monitoring the teams.

"Overall, the cheer and dance programs have taken the adjustment rather well," Andreesen said. "Although it has been hard not having someone, the cheer team has stepped up and things are taking off for the better. This is the best we have

looked all year."

Athletic director Jenni Richardson is very impressed with the way the captains of each team, senior Amanda Larsen and juniors Jenny Andreesen and Roxie Ayres have stepped into leadership roles and communicated effectively with the team.

Richardson said that an ad for part-time, separate cheer and dance coaches was placed the second week of January and ran for two weeks. However, unsatisfied with the result, the ad ran another two weeks. As of right now, they are waiting for two or three candidates to confirm.

After confirmation, the candidates will come to campus and meet the teams. They

will also meet with faculty and staff, get a campus tour and receive information. The cheer and dance teams will have an opportunity to voice their opinion on the candidates, but the athletic department staff will make the final decision.

Richardson hopes that the programs will prosper under new coaches. When asked how the current lack of a coach is affecting the recruiting process, Richardson answered positively.

"Recruitment is no further behind than before," Richardson said. "If a potential student is interested, the admissions staff is notified first."

Richardson, along with the teams, remains optimistic about next season and the future of the programs.

"I hope to find the right person for the position," Richardson said. "I want to find somebody willing to keep the job long-term and build the program."

## Ward's success, program's loss

Head football coach Brian Ward resigns to assume new position at North Dakota State

JORDAN ROQUEMORE  
ALEX STILLWELL  
Spectator Staff



Brian Ward

Former head football coach Brian Ward gave his resignation on February 22, an action which officially took effect only six days later. He has taken a job as an assistant coach at North Dakota State and has already moved up and assumed his position there.

"I was stunned when it happened," freshman defensive back Mitchell Leppke said. "I thought he would stick it out at least another year."

Ward held a special meeting to announce the resignation which all of his football players attended. Freshman wide-receiver James Patton said that he was unsure about the decision when he heard the news.

"When he called his resignation meeting I didn't know what to think," Patton said. "But I could understand if it was a good opportunity for him and his family."

After the announcement, Ward sent a thank you E-mail to the entire campus. In the letter he reminisces about coming to the college, feeling indebted to them as both a student and staff member. Ward also said that the position he interviewed for was one

that NFL and Division IA assistants had also been in the running for.

"After being offered the job, I delayed my acceptance for almost a week in order to make sure I was making the right decision for my family, our future, and my career," Ward said in the letter. "I want everyone to feel pride in what I have learned and experienced here, and know that the education and experience is second to none."

The head coach position has been taken over by former assistant coach Joe Betasso. Freshman defensive back Jacob Ryan believes that the program will still go on and be successful, despite the loss of a great head coach.

"He was my position coach, so I guess I'll have to get used to a new coach," Ryan said. "But I believe in Betasso and all the other coaches, so I'm not worried. I'm looking forward to next season."



Photos by Jordan Roquemore

Freshman pitcher Kelsey Dutton prepares to release a fastball over the plate, hoping to strike out her Central opponent at the double-header game on March 3. The Bulldogs beat the Tigers in the first game with a close score of 5-3. In the

## Ladies trounce Tigers twice

LETERIUS RAY  
Multimedia Editor

The McPherson College softball team opened its season this passed Wednesday in a double header against Central Christian College. The two games were originally scheduled for Tuesday, but were postponed due to field conditions.

The change of dates also resulted in better playing weather, a factor that the Bulldogs took advantage of. They won both games in the double header against the tigers, winning the first game 5-3 and the

second 10-0.

"Our team came together to defeat the Central Tigers," senior in-fielder Natasha Florian said. "We always had positive attitudes and we will continually keep having those attitudes throughout the season."

McPherson went 4-0 against Central Christian last season, outscoring the Tigers 42-13 in their four meetings of 2009. Dating back to the 2008 season, McPherson had won six of the last seven games.

Some of the team's notable returners include senior Kristen Ozbun and

sophomore Katie Logan who were named as 2009 All-KCAC 2nd team members; and junior Kelsey Gray, sophomore Andrea Falk and sophomore Sadie Green who earned an Honorable mention status last season.

Logan led last season's team in plate appearances, with 108 at bats, and stolen bases, with a total of nine. She was also the bulldogs most frequently used pitcher, as she took the mound in 104 innings.

The team has a total of 14 players returning from last season. Ozbun and Florian are the lone seniors on a

roster consisting of four juniors, nine sophomores, and six freshmen.

The Bulldogs finished last season with an 8-8 record in conference play and 17-19 overall.

The women have traveled to Wichita and are playing in the Friends University Tournament today. Their Friday schedule includes Concordia University at 10 a.m., Morningside College at 2 p.m., and Central Methodist University at 4 p.m. Tomorrow they will face Haskell Indian Nations at 2 p.m. and Dana College at 4 p.m.



## Nash fills director of facilities position

DALE SCHWARTZ  
Staff Writer

Wakefield, a large real estate firm. He has over 27 years of experience in supervising and developing staff in the facilities and construction fields.

Nash has lived many places in the United States, but is returning to his roots in Kansas.

"I spent the first few years of my life in Nebraska," Nash said. "The family moved to Agra when I was around 2 years of age. My father was a teacher and coach there for several years. We moved to Atchison where I attended junior high and high school. I attended both High Junior College and Butler County Community College before I joined the Air Force for 4 years. I finished both my B.S.E and my M.S. at Emporia State University."

Nash received both his Bachelor in psychology and business administration and Masters in industrial psychology at Emporia State.

Nash will be arriving on campus March 15 to assume his position as director of facilities management.

Mark Nash has filled Marty Sigwing's position as director of facilities management. Sigwing served as director for the college for two years. Facilities management is responsible for directing all maintenance around campus, from fixing broken dresser drawers and plowing snow before any students are awake, to contracting workers to fix a collapsed roof.

Recently, McPherson College put out two searches for potential new directors. During the second search, they received Nash's resume.

"His most recent position was property operations director at Nellis Air Force Base Hospital, for Johnson Controls," said Shane Netherton, vice president of finance.

Nash also worked for Drake University for three years as the Facilities Director. He also worked at the Millard Public School in Nebraska. Recently, he was the property operations director for Cushman and

## Senior to present paper at history conference

DUSTY KITCHEN  
Staff Writer



Jillian Overstake

Mount Rushmore is one of our nation's most famous icons; little do people realize it was put on stolen property. As sculptor Gutzon Borglum carved what we see as one of the great symbols of our country, Borglum didn't realize he was actually trampling on holy ground of the native people who lived there at the time.

Jillian Overstake, sr., Fort Scott, tells the story in a paper she will be presenting to the Phi Alpha Theta Midwest Regional Conference that will be held at Park University in Parkville, Missouri.

The idea for Overstake to submit her paper for a chance to present it at the conference was pushed by now Phi Alpha Theta McPherson chapter advi-

was the only one with the follow-through to get it submitted and for that I and others, like Ken Yohn, are very proud of her and happy at the chance she gets," Ames said.

Overstake says she actually wrote the paper for one of her classes her sophomore year.

"I wrote the paper for the American Indian History class my sophomore year, and Gary Entz really liked it, but we didn't pursue getting it accepted to a conference," Overstake said. "When Marjon Ames, the new history professor on campus, approached me about submitting a paper to this conference, I immediately thought of my Mt. Rushmore paper."

Submitting her paper was just the first step, however. Now, after being accepted with other entries, Overstake will

go to Park University on March 12-13 and present her paper to an audience as well as people of the history world. Overstake expects questions on her paper and her sources, but still is pretty happy to get this chance to present her paper.

"It's my first time to ever do anything like this, and being the kind of person who takes great pride in the things I write, I'm both nervous and excited to get something I've written out to the history community," Overstake said. "I'm told it will be a great resume builder, but I'm more excited that my hard work has paid off and that I can tell this little-known story."

Overstake is double majoring in history and applied communication. She plans to attend graduate school for museum studies next fall.

son students are seniors, 88 percent reported they have participated in community service or volunteer work.

Ninety-two percent of seniors at least occasionally discuss career plans with faculty.

Enriching your educational experience is important and with 59 percent of students reporting they frequently have serious conversations with students who are different from themselves in terms of their religious, political or personal beliefs, there is no question on the diversity of McPherson's students.

With 89 percent of students reporting a favorable image of McPherson, it is no wonder our percentages are higher than other regional colleges.

These scores are just part of the puzzle that makes McPherson College a unique institution. NSSE helps us better understand what contributes to our institution's overall goal.

## College scores big in NSSE

SARA POWELL  
Staff Writer

National Survey of Student Engagement (NSSE) has been a help with McPherson College's understandings on how professors are engaging students socially and academically. NSSE provides an in-depth understanding of first-year students engagement on campus. Each year, McPherson College is compared against itself as well as against regional and national colleges.

The survey is conducted with freshman and senior level students. One of the highest ratings McPherson received was in the category of "positively rated their relationships with faculty members" at 91 percent for freshman students. Seniors rated highly on "participation in community service or volunteer work" with a score of 88 percent.

For freshman, the lowest benchmark was "writing more than four papers or reports between five

and 19 pages" with a count of 12 percent. For seniors the lowest score was "study abroad experience" with a count of 11 percent.

NSSE evaluates not only on relationships with administration and coursework, but also shows how students devote their time to co-curricular activities and interactions with other students.

Fifty-eight percent of the student body reported that their peers are friendly, supportive and help them feel as if they belong.

Thirty-six percent of students spend more than 15 hours a week participating in co-curricular activities; while 16 percent spend no time participating in co-curricular activities.

Each year NSSE asks students at hundreds of colleges and universities to reflect on the time they devote to various learning activities. These results can provide prospective students with insights on how they might

learn and develop at the college. Here are some of McPherson College's scores:

Seventy-six percent of first-year students feel that this institution places substantial emphasis on academics.

Fifty-six percent of first-year students indicate that they frequently get prompt verbal or written feedback from faculty members.

Fifty-two percent of students report frequently working with other students on projects in class. While 50 percent shows students working with peers on assignments outside of class.

Fifty-seven percent of first-year students say our faculty are available, helpful and sympathetic.

How students apply their classroom learning to real life through internships or off-campus field experience is important, and in this area of scoring McPherson rated 80 percent from the senior class.

By the time McPherson

## Board of Trustees meet this week

KIMBERLI ROQUEMORE  
Staff Writer

New athletic programming and educational program reviews for education, religion and philosophy are a few of the items on the agenda for the academic and student life committee. Also included are recommendations for faculty tenure/promotion and emeritus status according to the board of trustees meeting schedule for the week-end.

The admissions and advancement committee will be undertaking the ask of reviewing tuition and fees for fall 2010, while the committee of trustees will begin their elections.

The Board of Trustees will be meeting this week to discuss financial, academic, student life and admissions business.

"The board is focused this meeting on our residence hall project and the 2010-2011 budget," President Michael Schneider said.

The financial affairs committee will be addressing issues such as the college's spending rate for the upcoming fall and spring semesters, the investment policy and residential housing matters.

## Changes: admissions, academic

from Page 1

they need to maximize people's gifts," Schneider said.

Other changes include adding a half time paraprofessional in the library, as well as a half time position that will help Eaton with institutional assessment and

research. Also, the half time data-entry position in admissions will be moved to full-time.

The changes are slowly being put into effect, but won't officially be integrated until the beginning of the new fiscal year, which begins this summer.

## SGA News

BY SHANNON WILLIAMS  
News Editor

SGA has many things on its agenda for the next few months.

They are planning on improving the basement in Hoffman Student Union sometime next year. They are also looking to put security cameras in Hoffman Student Union to insure the safety of what they decide to purchase for the basement.

They are also heading the Green committee. The Green committee met yesterday with Steve Mohler, a McPherson College trustee. SGA plans for the Green committee to eventually become its own club on campus. Currently the Green committee is all SGA members, but SGA plans on including students on campus.

They are also still working on constitutional changes, which will be voted on March 25. The student body will be voting on the changes and will also be voting for the new SGA President and Vice President. Petitions are due for elections March 9.

None of the changes SGA has proposed have been voted on by either LaMonte Rothrock, dean of students, or the student government members.

## One college, two campuses

### McPherson College Milwaukee Center

DUSTY KITCHEN  
Staff Writer

McPherson College: a school where one can continue their education, classes meet from 7:30 a.m. to 4:30 p.m. and it usually enrolls 1,200 to 1,500 students each summer. Doesn't sound like the college you attend? That is probably because it isn't.

McPherson College

Milwaukee Center is a branch of McPherson College that started in the summer of 1976. It allows teachers to go back to school to renew their teacher's license, help get a salary increase, and to learn new innovative ways of teaching that they can bring back into the classroom. Some courses include: "Bring art to your classroom,"

"The school-aged child who stutters" and "Fantastic lessons from fabulous leaders."

Though the Center has many courses, the main purpose of the Center as stated in the student handbook is to provide quality education for area teachers at a reasonable cost. Courses provide these teachers with current methods, techniques and materials which they can utilize in their class-

rooms.

The Center runs mostly in the summer where courses typically last five days from 7:30 a.m. to 4:30 p.m.. However, some classes are held during Milwaukee Public School System's spring break in April.

The Center is directed by Lorraine Lahdenpera and she has worked for the college for 12 years. The prerequisite for the

# ELITE MOVIES

movies you want,  
at the prices you like  
at 202 North Main st

# BRUSHES N BLING

Create something uniquely you

**\$1 off studio fee**

Hours: Monday 12pm to 6 pm,  
Tuesday 10 am to 8 pm,  
Wednesday/Thursday/Friday 10 am to 6pm,  
Saturday 9 am to 5pm