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The McPherson College

SPECTATOR

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November 6, 2009

THE STUDENTS' VOICE SINCE 1917

NEWS BRIEFS

Blood drive scheduled

A blood drive will be held on Nov. 17 in the small gym. Those who wish to donate need to sign up Nov. 11-13. Last year the college gave 60 units of blood.

Alternative Christmas market returns

This year the market will be located at The Cedars.

Non-traditional/alternative Christmas gifts from many international non-profits will be available for purchase.

Food drive to be held this month

The Kiwanis and Lions Clubs would appreciate help this year with their food drive.

The goal is to fill at least 350 food baskets for McPherson City and McPherson County residents who need food items.

On Nov. 14 volunteers are needed to hang grocery bags with information at each residence within McPherson City limits.

On Nov. 21 volunteers will pick up the non-perishable food from the residents.

For more information, contact Glen Gayer at lggayer@cox.net.

Intramural football plays Sunday

Intramural football will compete Sunday in a tournament starting at 1:00 p.m.

Winners will advance to the next game at 2:00 p.m.

Volleyball sign-ups are due Monday, teams should be submitted to Susan Barton.

SAB to host bowling Friday

SAB's monthly bowling activity will be held tonight at 11:30 p.m. at Starlight Lanes. Admission is free.

Tailgating at last football game hosted by SAB

Saturday Nov. 14 SAB will host a tailgate lunch outside the stadium for students, faculty and staff.

This will be the last home game of the season.

Schneider to be inaugurated as 14th president

DUSTY KITCHEN
Spectator Staff

McPherson College inaugurates its 14th president this Saturday and hopes are high that new and known faces can enjoy coming together to hear ideas from McPherson's newest president.

Michael Schneider assumed the presidency in April 2009 and has been working hard trying to raise funds and make new connections for the college. Nov. 7, 2009 at 2 p.m. in Brown Auditorium, he will be fully inaugurated.

"I feel this is more about the position of the presidency rather than me," Schneider said. "I want to take this opportunity to affirm the vision of being the number one private college in the state and just a chance to get people together and work on relationships."

Schneider sees this moment as more of a chance for different parts of the McPherson College community to come together to celebrate the many good years the college has had.

For Schneider, this includes students. He wants everyone to come together

and work on making McPherson College a better place and he feels coming together at his inauguration could do that.

LaMonte Rothrock, dean of students, also sees this as a chance for students to be able to witness a historic moment in the college's history.

"I am excited to be involved in the inauguration of our 14th president here at McPherson College," Rothrock said. "I would encourage the students to attend Saturday's event as this is an historical event in not only the college's history, but also a major

event in their time here on campus."

Staff members aren't the only ones who wish to see a large student turnout. Lane Allison, SGA president, hopes for students to attend the inauguration as well.

"I think that it would really show support and appreciation for President Schneider if we could have a larger number of students attend the inauguration," Allison said. "He is working very hard for this college and deserves this recognition for doing so. We as students need to let him know that we are

grateful for the work he has already done, and encourage him to continue his efforts."

Although Saturday is the big day, Friday is the day Schneider is really excited for. That night an invitation only dinner will be held in his honor. In his opinion, it will be much more laid back.

"I feel Friday is the casual night where everyone from the community can come and share ideas. I also feel that this is the night people will be able to meet the real me and have some fun in doing so," Schneider said.

Student callers connect with alumni



Photo by Ben Denton

Michael Darden, soph., San Antonio, Tex., Amber Novinger, soph., Greeley, Colo., Dylan Jandreau, jr., Greeley, Colo., and Allison Hoskinson, jr., Wichita, work in Beeghley Hall calling alumni for information and potential donations.

Students get to know alumni through calls made for Project Connect

SHANNON WILLIAMS
Spectator Staff

Project Connect workers focus on training because the workers' goal for the year is connecting with alumni from the college.

"[The student callers] are the only connection some of the alumni have with the college, so they're a way we can reach out to alumni and touch base with them," said Kathy Nicholson, associate director of advancement. Nicholson selected ten student callers and spent a

two hour session training them. She also looks for certain characteristics in callers when hiring them. "They have to be an outgoing person, they have to be interested in talking to people who went to school here and they have to be willing to make a connection with them," Nicholson said.

Connecting with alumni is the biggest part of Project Connect.

"Project Connect, as the name implies, helps alumni stay connected to MC," Nicholson said. "The students obviously

would like to receive a donation, but part of the main purpose of calling also is to update mailing

"When the alumni donates a gift...it is great knowing that I contributed to that gift"

-Kelly Custer

address, email address and to find out if they are receiving class letters and The Review."

All donations the student callers receive from alumni go into the annual

scholarship fund.

"My favorite part of being a caller is the chance to connect with the alumni and to inform them about upcoming and new events happening here at Mac," said Kelly Custer, soph., Elkhart. "Also, when the alumni donates a gift to the scholarship fund it is great knowing that I contributed to that gift."

The goals for the student callers this year will be the same as last year: \$100,000 for the annual scholarship fund, 75 student referrals and to reach 2,000 alumni households.

Board of Trustees meets

KRISTEN KIRKMAN
News Editor

The Board of Trustees' fall meetings began Wednesday, Nov. 4 with an orientation session and dinner for new trustees and will end Saturday, Nov. 7 with the inauguration of President Michael Schneider.

The budget is a main issue and many are concerned after events from last year. Schneider believes the budget "should be fluid and ongoing," and has been working with Shane Netherton, vice president for finance, to periodically check the budget.

"Right now we're making projections and we're on track, we're on budget," Schneider said. This has been a little tough with the more conservative budget due to surprises in the economy. "If we have really good retention, our budget may be better," Schneider said.

Schneider would like to have "more resources to make education better," and the money from returning students will help with that goal.

SGA president Lane Allison attended the meeting

Please see Trustees, page 8

Strategic planning committee looks to the future

KRISTEN KIRKMAN
News Editor

A strategic planning committee will begin forming and working on new ideas and goals for the college beginning in the spring.

Every five to seven years, a new group of faculty, staff and students begin researching what direction the college needs to go and how to get there.

SGA president Lane Allison, soph., Greensburg, will be a part of the new

committee and looks forward to "working towards constantly improving the quality of our school."

Kent Eaton, vice president of academic affairs, is President Michael Schneider's delegate for the committee. Eaton describes the focus of the committee as: "where do we need to be five years from now?"

Eaton mentioned potential discussion topics such as the number of residential students, offering online courses

and continuing education classes, changes in student services, whether or not to offer graduate programs and looking deeper into what degree programs look like.

According to Eaton, the "first step is an environmental and institutional audit." This consists of focus groups and surveys about how well the college is doing for students, talking about internal strengths and weaknesses and how the college measures up with comparable

schools and other respectable schools. What is really important is "how well are we doing what we say we want to do," said Eaton.

Eaton looks forward to the time when McPherson College isn't "just here to educate students" but produces graduates that "go out and change the world." He wants graduates to be "the kind of teachers society needs."

Gathering ideas may be easier than implementing them. Resources must be

found and allocated.

Eaton is excited about expanding the horizons of the college by looking at census data and bringing in students from emerging populations and first generation college students.

Many are excited about what the committee will produce.

"I think that this group has done a good job in the past at identifying the key elements that must be looked at in order to make forward progress," Allison said.

LEAD EDITORIAL

Sports team deserves positive recognition

We all know what it is like to be the butt of a joke. We know what it is like when people talk about us behind our backs. We forget sometimes that even when we are joking, others could take it to heart and be upset about what we are saying.

We feel that we need to recognize a specific group on campus that has been somewhat ridiculed for a few years. The football team has made an amazing transformation. It's obvious that something has changed in them. A fire has been sparked beneath their feet.

They are dedicated. They are together as a team, a family. They have persevered over loss and have triumphed. It wasn't a bad reputation that they have earned. It was never like that. They were just the butt of jokes because they are the biggest team on campus.

Is that fair? No.
Have they proved us wrong since? Yes.
We can learn a lot from the team's successes. We are never down and out. We can always come back from a loss.

Regardless of what others say, that should never let us put our heads down in shame. We should ignore the negativity and embrace the positive change around us.

We need to support one another. Success sometimes cannot be gained from working alone. We need others to help carry us along. If one or more persons come together for a greater good, something great will be accomplished.

So, thank you football team. Not only for being successful on the football field, but for being positive role models for the campus and the community of McPherson.

It takes a lot to come back from nothing and turn it into something. You are an inspiration to those who need to see that determination can help change things for the better.

Sportsmanship is a start. Good attitudes help everything along. There shouldn't be anymore negative talk about any sport or organization on campus. Each part makes up this whole as a campus. We need to start acting like a whole.

We need to start being positive as a whole campus. Thank you football team for being that little flicker of hope that we need to turn into a bright light that shines from our campus.

I hope all groups on campus can adopt those things that helped bring your team together to be successful off and on the field.

ISSUE 1:
Football team
OUR POSITION:
Successful season can teach

Not Necessarily Ordinary



Rockin' classes and freedom of speech are the welcome mat to a great college career

I'll just be blunt. I am a traitor. I am a rebel, a cheat and a scoundrel. My dad will tell you so, because he works for Tabor College. By making my decision to skip out on Tabor's conservative rules and unattractive communication major, I was dissing the town my parents call home and let me tell you, attending holiday work parties with my parents is pretty awkward. First off, my mom tells me to make sure my tattoos are covered. Check. Secondly, I must be dressed appropriately. Thirdly, I have to watch what I say diligently.

I get the typical questions to begin with: Where do you go to school? What's your major? I answer my father's coworkers with confidence: McPherson College, and I'm double majoring in communication and history. There's always a look of puzzlement when I tell them this. They want to know why I chose McPherson Col-



Jillian Overstake

lege. What's the appeal? They ask. I typically tone down my answer to save face, but I don't have to do that on my own turf.

I chose McPherson out of all of the KCAC schools because, for one, it's more liberal in its rules, guidelines and expectations for students.

I mean, even our cross-town rival Central Christian College has a "Time-In Policy" for their freshman. According to their handbook, fresh-

men must be in their dorm rooms by 11 p.m. and 1 a.m. on weekends. A request to stay out late can be made through an R.D. I must ask, where's the college experience there? Many high school kids have curfews later than that.

As well as curfew rules, movies are subject to review by the RAs and profanity results in punishment. Although the college is probably trying to protect itself and its students by creating a safe and non-offensive environment for all, I just don't see the way most Mac students live fitting in with that lifestyle.

I also chose McPherson College because, frankly, our academic programs rock compared to other KCAC schools. Our communication program is far advanced in its technology classes. Our multimedia storytelling class prepares students for the obvious: paper press is dying, and

we need to be prepared for the future. Our business classes are rocking: I can hear an advertising class every morning bumping through the walls and interrupting my 8:30 a.m. history class.

Students are free to talk openly about cursing, drinking, pre-marital sex, the gay community, racial issues, religious differences, relationship issues, partying on the weekends and even our dislikes of the college.

In other religious-based private institutions, students don't have the same verbal freedoms. We're blessed to be able to take part in such an open and understanding academic community.

So why'd I pick Mac? Let me count the ways... Really, it's because I felt like home the minute I walked on campus. I can show my tattoos, dress however I want and speak freely. Thanks, Mac, for letting me be me.

Confusion and no sense of direction drive the mind

I have an issue. I have a huge issue. I'm an adult, right?

I'm almost done with school and I have other people thinking that just because they are older and "wiser" that they can help dictate my life and where I'm going with it. I feel like I'm trapped in a bubble and at any moment, someone could just walk by and poke it. I'll stand there, watching my life blow by, in pieces, in the wind.

All of this happens just because I didn't listen to my heart or do what I wanted to do.

I was really feeling



Ashley Andrews

graduate school. I wanted to go on and get my master's degree and maybe eventually my doctorate's degree. I then realized that

I also love to travel.

Why can't I do both? Go travel to another country and get my master's, work and just live the life of another culture. Here's the problem with that; money.

Money makes the world go round. It restricts me from doing what I want to do at the times that I want to do it.

I can't complain that my parents don't help me out, because they do a lot for me.

They do more for me than I could even put into words. I just can't earn a lot of money on my own. Taking 15-17 hours a se-

mester, makes it hard to work at the same time.

I'm stressed. I'm driving myself crazy. I'm exhausted when I hit my pillow at night but I can't sleep because the worries of tomorrow are already buzzing around in my head.

Where am I going? What do I want to do? Work? School? Travel.

I wish I could do it all. I know that's not possible. Well, it isn't all at the same time.

Dang. There's a new idea that is going to keep me up all night long tomorrow. Goodbye, sleep. Hello, endless thoughts.

The McPherson College SPECTATOR

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Good Dog

- Warm weather
- Fresh, warm sheets out of the dryer
- Hot tea on the way to an 8:30 a.m. class

Bad Dog

- Crazy deer in the road
- Writing on the windows of cars outside the dorms
- Losing keys to the dorm and keys to a car

CHEW ON THIS

"I don't use drugs, my dreams are scary enough."
-M.C. Escher

"The roots of education are bitter, but the fruit is sweet."
-Aristotle

LETTER TO THE EDITOR

H1N1 vaccine response from college personal counselor

I want to respond to the column "H1N1 vaccine distributed to the public," printed in the Oct. 16 issue of the Spectator.

This letter attempts to provide more knowledge about H1N1 so that individuals will be able to think critically about all of the information that is being shared about the virus.

Each year the World Health Organization (WHO) and United States Center for Disease Control (CDC) utilize research gathered from around the world to determine the strain or strains of virus that will most likely infect the greatest number of Americans. From that information vaccines are developed.

Think of flu vaccines as ice cream sundaes: the ice cream and ingredients are the same, but you get to choose the topping. Influenza vaccines are similar.

The ingredients remain the same from year to year, the only change being the "topping" that protects against a certain strain of virus.

H1N1 is no exception. It too is a viral strain. The difference is that we are not as immune to it as we are to other strains. We haven't been previously infected or vaccinated against H1N1 and haven't built up the antibodies and immunity to H1N1 that we have developed against so many other strains.

Speaking of ingredi-

ents, the author of the Oct. 16 column lists two of concern: squalene-based adjuvants and Thimerosal.

According to the WHO, squalene "is a naturally occurring substance found in plants, animals, and humans. It is manufactured in the liver of every human body and circulates in our bloodstream."

As well as in a variety of foods, cosmetics, over-the-counter medications, and health supplements.

It is commercially extracted from fish oil, and in particular shark liver oil. Squalene used in pharmaceutical products and vaccines is purified from this source."

I researched extensively online and in medical journals and could find only one claim that links squalene to autoimmune disorders.

While the Spectator column referenced a study, that medical research injected rats with large amounts to find the pathway for the cause of arthritis.

In addition, the person making this claim is trying to sell a book. Squalene is actually a moot point because it is not an ingredient in H1N1 vaccines.

Thimerosal, a form of mercury, has been wrongly accused of being a "contributing factor in the current Autism epidemic." First, research demonstrates repeatedly that there is not an "autism epidemic," but rather scientists have found a set of criteria that meet the current diagnosis of autism spectrum disor-

ders.

The symptoms have always been present but have been misclassified into other disorders. Repeated scientific research published in professional journals has failed to prove any link between Thimerosal and autism.

Second, Thimerosal has been used and tested for years, and research continues to find that in the trace amounts used for vaccination there are no adverse effects. Studies in five countries over five decades have shown that while the number of vaccinations have been stable or declined, the number of autism spectrum disorder diagnoses has increased.

Third, Thimerosal is not of the same chemical makeup as the mercury that leads to mercury poisoning. According to the CDC, "data from studies in human infants that were given routine immunizations with thimerosal-containing vaccines showed that mercury levels in blood and urine were uniformly below safety guidelines for methyl mercury and that unlike methylmercury excretory profiles, infants excreted significant amounts of mercury in stool after thimerosal (ethylmercury) exposure, thus removing mercury from their bodies."

At one time California did ban vaccinations with Thimerosal for children under 6-years of age, but the ban was lifted in 2004.

Fourth, the claim that the mercury found in vaccinations causes autism is widely disseminated by people who

are trying to sell natural health supplements. Finally, Thimerosal-free vaccines are available. If you want one, you can request one.

Tests on the safety of the H1N1 vaccine are currently being conducted on children and pregnant women, and similar vaccines have been tested for a number of years on these populations.

It is true that children will need two doses to be immunized, but this is not new for influenza vaccinations.

It is even more important for pregnant women to be vaccinated against H1N1 because, according to the CDC, "pregnant women have had higher rates of hospitalization than the general population. About 6 percent of confirmed H1N1 2009 influenza deaths in the U.S. have been in pregnant women, while only about 1 percent of the general population is pregnant at any given time."

One recent large case control study found that the seasonal flu shot (inactivated flu vaccine) given to pregnant women reduced flu illness in their infants under 6 months of age by 63 percent. This study confirms that seasonal flu vaccination of pregnant women can benefit both mothers and infants."

While the H1N1 viral strain has not been as lethal as the Spanish influenza pandemic of 1918, there have been 146 confirmed hospitalizations in Kansas due to H1N1, and the actual numbers are thought to be much higher.

As of Oct. 12, there had been six H1N1-related deaths in Kansas.

The vaccine is effective as evidenced by summer trials conducted on volunteers. The vaccine is safe. According to the Kansas Department of Health, "It has been manufactured using the same processes used for making seasonal flu vaccines for years."

Hundreds of millions of people have received these vaccines with very few serious adverse effects. The chances of serious adverse outcomes after getting infected with the flu itself are immensely greater than any theoretical risk of harm associated with the vaccine."

Much more research and information than I have cited here exists to indicate that all students, faculty and staff should receive the H1N1 and seasonal flu vaccines this year.

Claims are easily made, but I will place my bets on scientific research published in professional journals and utilized by organizations that are promoting the health of all individuals.

YOU are the one that needs to decide for yourself.

I hope you think critically, read the research (I am happy to provide Web sites and journal articles), and look into the claims made by people trying to sell you something.

Most of all, I hope you stay safe and healthy during this flu season!

Kelli Pfau Johnson
Personal Counselor

SHOUT IT OUT!

To contribute to Shout It Out! put your shout in the submission box in Hoffman Student Union.

Thanks for informing us all about the negative side of the H1N1 vaccine.

If you do catch that squirrel he won't let go of you.

I'm the king of good news and sparkle.

Playing music on your cell phone loudspeaker doesn't make you cool. It makes you annoying.

Why does student services check my fridge for mold but the cleaning crews don't check the bathrooms?

Your mom likes my mohawk.

Even if you're of legal drinking age and a highly-regarded professor on campus that does not mean that you should drink at college parties. Beer pong may be fun, but so is having a job.

Everyone has been washing their hands. Yay!

I wish I wasn't musically challenged. That would make life so much easier.

I've said what I've had to say!

Love the new foam soap!

Tutus and sparkles.

I wish I was a Blue Barricuda.

Yes. No. What?

Okay. Wait. What? I put that where? Oh. Okay. I thought I lost it.

I don't care if you text in class. When I ask you a question, you better have the answer.

No GRE. I will not let you win.

Don't worry Winter, you can bring on the snow now. I have my Ugg boots and we are ready for you.

All students held to an equal standard regarding actions

What criteria do you judge a person? On their looks, grades, moral structure? Or should you be judging them at all? Should we not see everyone for who they are and not for the group in which they associate?

After hearing differing opinions regarding current events at this campus, I began to delve deeper into the standard that a person should be held.

The notion that athletes should be held to a higher



Ryan Heller

standard didn't sit quite right with me. I started to think that if a person's responsibility to society is based on their existential activities, we are all doomed.

Everyone should be held to an equal standard with any bias removed from the equation.

If a person says they believe in equality for all, then a group of students cannot and should not be held at a higher standard than another.

Everyone in our community should be held to the highest of standards regarding our actions and the consequences of those actions.

Is there a difference between holding someone to a higher standard, or is it simply that they have more responsibilities to fulfill?

I believe the latter to be true. A person with greater responsibility should complete those duties to the same standard in which

we are all held. After the world removes the idea of collectivism, we will see everyone as an individual, all held to an equal standard.

Until this utopian society presents itself, I give you full permission to judge a person based on your lack of knowledge regarding that individual.

Think about this before you decide to what standards to hold another: Let he who is without sin cast the first stone.

On the Fly

With midterms over, what are you looking forward to now?



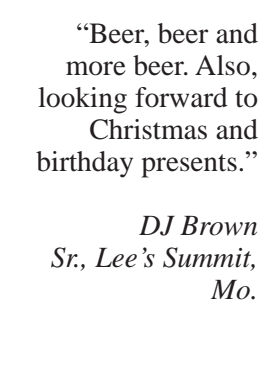
"Winter Break."
Heath Helmer Jr., Shawnee



"Thanksgiving."
Colton Stewart Soph., Augustac



"Yummy, nibbley food."
Robby Tobias Sr., Conrad, Iowa



"Beer, beer and more beer. Also, looking forward to Christmas and birthday presents."
DJ Brown Sr., Lee's Summit, Mo.



"Human Sexuality class with Dan Hoffman."
Cameron Snell Sr., McFarland, Calif.



"Getting my senior project done."
Ashley Noll Sr., Salina





Rod Barlet

Top: Emily Donell and Tabatha Surveyor work on producing costumes in the costume shop. Bottom left: Rick Tyler, professor of speech and theatre, hems the skirt of Lidia Labra for the latest theatre production "The House of Bernarda Alba." Labra plays the title character in the show. Tyler and his crew can be found in the costume shop for days before a show, sometimes even through the first act.



Looking behind the curtain

EMILEE REINHERT
Spectator Staff

Putting a theater production together takes a lot of time, patience and hard work. There are lines to memorize, rehearsals, stage directions and then there are the costumes.

"Many people do not realize that every costume is made from scratch," said Rick Tyler, professor of speech and theater. "There is a process that goes along with each show. It depends on who is designing the show and what the director wants. Then patterns need to be found and fabrics have to be bought. Some shows require more

detailed costumes than others. Every show is different."

The costume shop is filled with laughter and jokes as well as fabric and sewing machines. Students can usually hear the sound of the sewing machines and, when pulling an all-nighter, a techno CD that Jd. Bowman, assistant professor of theatre, was kind enough to make. Most of the people who work in the costume shop will say it's "therapy central."

Several students are working in the costume shop this year. "I cut patterns, sew costumes, iron, basically whatever they

need me to do as a newbie," said Micki Crook, fr., Overbrook.

"Anyone can learn to sew" Tyler said. "It's a skill that people will use well even outside of college. During the production of Guys and Dolls, I had five guys down here sewing most of the costumes, instead of the girls."

With eight shows this year, there are hundreds of costumes being made and during the week of the show, the costume shop is busy and stressful.

Tyler and his crew work until the very end. Tyler was finishing up the last touches on costumes for act II during act I of "The

Sound of Music."

"Talk about no pressure there," Tyler said.

"All areas of the theater are stressful," Bowman said. "But the people who work in that area are able to handle stress in their everyday lives."

Tyler has worked at the costume shop for thirty-three years, and has done well over two-hundred shows at McPherson College. By now he has learned all the tricks of the trade.

So the next time you go to watch a play, pay a little more attention to the costumes and think about all the hard work that went into them.

Spanish play opens on McPherson stage

JILLIAN OVERSTAKE
Copy Editor

Federico Lorca's "The House of Bernarda Alba" is a two-language play written in Spanish. McPherson College's performing arts program put on a two-weekend production of the work, translating part of it to English and cleverly projecting subtitles onto the well-designed set to help viewers who do not know Spanish understand.

The play focuses on a wicked mother and her five daughters, none of

whom have left the house after reaching adulthood. The title character, Bernarda Alba, played by Lidia Labra sr., Scott City, speaks only in Spanish, adding to her incomprehensible actions and blindness in her daughters' desires. The daughters and servants speak both English and Spanish, portraying a deeper understanding that the times are changing, and so is their world.

While the play was shocking, it was also relevant to our modern society. The changes we face from generation to gen-

eration are clear: people, relationships and ideas of perfection are never going to remain the same.

In this production, the stylization was flawless: the blending of modern-twist costumes with classic Spanish-influences and the adobe set was a beautiful way to interpret the Spanish themes throughout.

Although the women each shared the stage well, there were a few obvious breakout roles - the power of Bernarda Alba was evident in every scene, as well as the daughters with larger roles and their

ability to argue with such gusto.

It pushed the audience members into the conflicts on stage. While this is not an easy task, it was certainly done well by the direction of Jd. Bowman, assistant professor of theater, and by the actresses.

With a shocker of an ending, several hair-pulling catfights and sharp, stinging words from every cast member, this production is not for the faint of heart. However, it is worth seeing as an entertaining and heart pounding performance.

How to... Deal With Stress

JACOB NELSON

At times, college can be stressful. There may be an assignment due that you put off until hours before it's due or maybe a final tomorrow that you still haven't studied for. No matter where the stress comes from, these tips will help you get through it and maybe even help relieve stress.

1 Take a walk: it's good for the body and the mind. Taking a walk helps clear your head. It allows you to think more clearly and make better decisions.

2 Watch a movie or read a book. These are both

great ways to stimulate your mind and let you forget about whatever is stressing you out. There are so many good movies and books out there. Try it out.

3 One of the best ways to relieve stress is to sleep. Sleep is one of the body's defense mechanisms. It's the easiest stress reliever. After a nap, you'll feel refreshed and ready to take on the world. Not having enough sleep can cause stress, so this is also a way to avoid stress.

4 Exercise makes you happy. It releases endorphins into your body which help relieve stress.

It is also very good for your health. Plus, if you can't sleep, exercising will make you tired so you can sleep like a baby.

5 Sometimes you need to treat yourself to whatever it is you enjoy best. Go enjoy a Blizzard from Dairy Queen, or your favorite candy perhaps. Anything you haven't had in a while will usually do the trick. It may help you concentrate on whatever you're doing and alleviate the stress while you're doing it.

6 Take a drive. Sometimes you just need to go cruising. Drive to the

middle of nowhere and back, it's a great way to clear your head. Sometimes you just have to get away for a while.

7 Talk to someone about whatever is stressing you out. You might share the same stresses, or maybe they know how to help you out. It's such a big relief to tell someone about your problems. This is probably the most important method. It's never good to bottle up your feelings, let them out.

These are great ways to relieve your stress, and help make college easier on you. If you are ever stressed out, give one of these methods a try.

The Hot spot

A THOUGHTFULLY DEVISED ARRAY OF QUESTIONS FOR OFFICE ASSISTANT AND RECEPTIONIST VIKKI TRIMMEL

TAYLOR ADAMS



Q You are the office assistant and receptionist. Tell me what that job entails?

great staff.

Q How do you think your job will change in the future?

A My main job is booking campus visits. I meet and greet perspective students. I also answer the college switchboard.

A I don't think it will, I will just have more students to help.

Q What characteristic do you most utilize in your job?

Q How long have you been with the college?

A Good customer service. I have to be patient. My goal is to know every student's name on campus.

A This is my 26th year. I have worked through five presidents and watched several buildings go up.

Q You graduated from Hutchinson Community College, not far from here. Are you from Kansas?

Q So you remember Fahnestock?

A Yes, I've lived here my whole life.

A Yes. Those residents were a wonderful bunch of kids, very mischievous.

Q Having seen so much, are you excited about all the changes the college is making?

Q How many people went to that school?

A I love it. I'm very excited. I think it's going in a great direction.

A It was over 1,000, I don't know the exact number. I was in yearbook and newspaper.

Q What is your favorite aspect of your job?

Q What drew you to McPherson?

A Working with students. I love it when students come back in the fall. It's harder in the summer.

A My husband was hired as the men's basketball coach 26 years ago. I was in the banking business at the time, then this job opened.

Q Are you here throughout the summer?

Q Is there anything else you want the student body to know about your job or you personally?

A Yes.

Q What do you think about the 200 incoming students for 2010?

A Just enjoy the four years you are here. Listen to your teachers. These four years go by very quickly, and then you are in the real world.

A I think it's doable, we just have to work at it. We have

Non-traditional students participate in athletics

JILLIAN OVERSTAKE
Copy Editor

On the courts and fields, on the track and in the sport center and especially around campus, McPherson College athletes are familiar faces. From the freshmen to the seniors, every student-athlete is recognized with their sport. But this year, the standards have changed.

Three people have broken the mold by embracing their roles as non-traditional student athletes. Fred Miller, Greenwood, Dela., is on the cross country team and working on a degree in automotive restoration, Loni Kilima Tolutau Jr., soph., Kihei Maui, Hawaii, is currently playing on the football team while working on a degree in criminal

justice, and Amy Jantz, jr., McPherson, participates in women's basketball while working on her degree in communication. All are in their 30s, a contrast to the common late-teen and early-20s typically associated with athletics.

For Tolutau, football was part of the reason he decided to come to McPherson.

"I have had the chance to be part of the football team as it was building a great program, not to mention (being under) coach Brian Ward," Tolutau said.

Jantz also feels honored to be a part of McPherson athletics. "I am so privileged to have this opportunity to play with the awesome girls that make up the basketball team this year, and when things get too crazy



Amy Jantz



Loni Kilima Tolutau Jr.



Fred Miller

I remind myself that I am living the dream right now," Jantz said.

Jantz's initial motivation for coming to McPherson was to be an assistant basketball coach in 2001. After making a transition from coach to player, she's now a senior in eligibility. Jantz is ready to play her final year in her hometown of McPherson.

Age isn't the only dif-

ference these athletes face. Their lifestyles differ greatly from that of a traditional student, but they're okay with that.

"I rarely eat in the cafeteria. I mostly cook for myself,"

Miller said. "I also have more room for all of my junk, books, clothes and my own private bathroom."

Sure, they have the privilege of living off-campus.

But life hasn't always been a picnic.

"I guess I can say that my life is different from other students not only because I'm older than most of them, but because I've experienced the real world and what it's like," Tolutau said.

Both Jantz and Tolutau have encouraging words for students who wish to pursue their dreams, no

matter their age.

"I will turn 39 this month and I have to wonder how many other people think they are too old to go back and finish something," Jantz said. "How many students here feel that way already? It's never too late. Basketball is my drug, my thing, my passion and it is helping me leave a legacy for my family that words alone can't convey."

Tolutau wants students to realize that reaching goals isn't limited to those whose lives are free of obstacles.

"I would say to students that no matter what happens in life, don't ever give up hope because that will lead you to success," Tolutau said.

Additional reporting by Betsy Shafer, Campus Life Editor.

Career oriented liberal arts: what does it mean?

REBECCA GROSBACH
Spectator Staff

Students at McPherson College have opportunities presented to them they wouldn't get elsewhere: personal relationships with professors, being involved in extra-curricular activities and taking classes outside of their major. This is all because of career-oriented liberal arts.

Many faculty members, staff members and students agree: having career-oriented education as well as liberal arts is vital to a student's success.

"It's creating a study of liberal arts that leads to people getting jobs," said Kim Stanley, Professor of English.

Luke Chennell, assistant professor of technology, agrees.

"It provides a traditional liberal arts background... in a curricular model that

is tailored to professional success," Chennell said.

Career orientation and liberal arts seem inseparable at McPherson College.

"They go hand in hand," said Lidia Labra, sr., Scott City.

Having both fulfills the mission of McPherson College of developing well-rounded individuals.

"It's a cart and a horse issue," said Kent Eaton, vice president of academic affairs. "Liberal arts is what drives the curriculum but what do you do with it? How do you apply it? What makes it relevant? That's the career focus."

The college's size is attributed to the success of the winning combination.

"It works here because this place is characterized by relationships," Eaton said.

He noted that at larger colleges and universities, the focus is on the students'

field of study.

Taylor Adams, fr., Richmond, Va., sees a difference between his experiences here than experiences members of his family had at larger schools. He notes that at McPherson, it's a lot more focused on the individual and "not just on the social security number."

Having a career-oriented liberal arts education is becoming marketable. Stanley explained how employers are looking for "community-oriented people who can write and help with team building."

People are confident that career-oriented liberal arts is becoming more prominent in higher education. President Michael Schneider is looking to the future on this issue, and plans to speak on it in his inaugural address on Saturday.

"I am looking forward

to continually challenging our campus with this idea," Schneider said.

Eaton is also optimistic. "I think we are the future, and that liberal arts, particularly with a changing student demographic, has to catch up with us," Eaton said.

Adams is looking forward to the opportunities presented to him. He looks forward to his general education classes and the outside experiences he'll get that aren't included in his automotive restoration classes.

"I'm not here to learn how to turn wrenches and that's it," Adams said. "Certainly in the world you need more than the ability to take stuff apart and put it back together."

Perhaps the ability to put it education back together is what McPherson college is doing for its students.

College students faced with saving money

Saving money is difficult during expensive college years

STEPHANIE POLAND
Spectator Staff

For college students, saving money is one of the greatest challenges faced. The four to five years that most students spend in college wind up being filled with stress, not only that of school work, but of money and how students are going to pay for their education. While most college students receive financial aid from grants and scholarships, they still end up graduating in debt. How can students save?

First, cut back on spending habits. Instead of going out to eat or picking up fast food, go to the cafeteria. This is a bill already covered by tuition, so take advantage of the money that being spent.

To further cut back on spending, students should take a look at what they are buying. Is it a necessity or a luxury? If it isn't needed, don't buy it. Spending money on a luxury is an easy expense to cut out of a monthly budget.

In addition, a smart way to have a safety net in case of an emergency is to have a savings account. Every week, put in that account a portion of money. Even if it is a small amount, this money will add up over time. For instance, \$25 away a week will quickly add up to be \$100 a month. Just imagine if doing that for a year!

Trying to find an ex-

tra twenty-five dollars a week? Try saving money by cutting out spending on luxury or unneeded items. Instead of going to Wal-Mart and picking up extra items that aren't needed, make a list and stick to the list! Don't drop extra candy or a five-dollar movie into the cart. That is money that could be saved for the future.

With gas prices slowly starting to rise again, limit trips around town or to other cities. A benefit of limiting trips around town is that with less incentive to buy luxury items, spending habits are controlled. Remember car-pooling isn't just for soccer moms: sharing a ride with friends not only cuts down on gas costs, it cuts down on pollution too. To avoid having one friend always springing for gas, offer to pitch in a couple dollars or buy them lunch every so often. While still spending money, the expense will be less in the long run.

Saving money in college is difficult, especially when it seems that nothing these days comes cheap. In most situations friends are also trying to watch their pennies, so cut back on the trips to Wal-Mart and brainstorm some fun activities to do around the dorm. A group of people chipping in for one activity will go a long way when trying to save money in the future.

Health Week inspires smiles, laughter



Benjamin Denton

Halloween costumes get wild



Benjamin Denton

Top: Sean McCrae and Nicolette Rodriguez receive bananas during health week. Left: Sean Griffin, Katey Taylor, and Sarah Taylor sport their halloween costumes at the soccer game. Right: Emma Bromme, at lunch on banana day.

Emilee Reinherth

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Prowling toward playoffs

Bulldogs to end seasonal play with games against Bethel and Bethany to claim spot in playoffs

JORDAN ROQUEMORE
Sports Editor

The Bulldogs will be traveling to Newton tomorrow for a game against Bethel at 1:30. This, along with a home game against Bethany the following week, marks the end of regular season play.

"These games will be real challenges," said head football coach Brian Ward. "Bethel hasn't been beaten badly, they've lost six games but only by a few points. They could very easily be 7-1."

The home game against Bethany on the 14th is a rivalry game and the last game of the season. Ward believes that Bethany's seniors will want to go out winners.

"Bethany has had some injuries, but I've heard they're getting pretty healthy now," Ward said. "Beating us could right their whole season or help ruin ours."

The Bulldogs recently plowed through the Tabor Bluejays with a score of 43-10. The offense made a season high of 588 yards of total offense with junior quarterback Shane Mascarenas throwing for five touchdowns. Defensively, the Bulldogs were led by



Photo by Emily Reinert

Junior runningback Aaron Lafitte runs for a short gain amidst Moundbuilder opponents after a hand-off from junior quarterback Shane Mascarenas. Lafitte carried the ball 16 times and posted 100 yards for the game, but failed to make it into the end-zone for only the second game all season.

juniors Scott Jones and Will Powers, holding the Bluejays to only 44 yards of total offense in the second half.

The defeat of Tabor, and Southwestern the week before, puts the Bulldogs on a five game winning streak and gives them a re-

cord of 7-1 for the season. They have been averaging 48 points per game while their opponents have only been averaging 19.5

points per game.

"We just have to keep doing the ordinary better than everyone else," Ward said. "Our strategy

is still the same and its to take care of our business. We've come this far and if we lose now it would be a huge disappointment."

Women to compete in post-season tourney

ASHLEY DAMERON
Spectator Staff

The women's soccer team has been working hard this season to make their way to into the post-season playoffs. Their endurance has paid off and they will be playing today at Tabor as the number three seed.

The women start each game strong, creating solid opportunities to score. In their game against Friends, they took 13 shots toward the goal but the score at the end of the game was 0-0. In fact, the women have tied three games this year.

"The reason why we've tied three games this fall is because of our lack of finishing," said head coach Robert Talley. "The girls understand that they hold their destiny for playoffs in their hand and each game result affects their post-season play positively or negatively."

On Oct. 21, the girls played against Southwestern and won 1-0 by a goal from junior Haley Cook.



Photo by Emily Reinert

Freshman mid-fielder Breana Jones attempts to one-touch the ball out her opponents reach at the game on Oct. 31 against Bethany. The Bulldogs defeated the Swedes 3-0 on senior night to make put their overall record 9-4-3 and their conference record 6-1-2.

Their defense was strong, allowing Southwestern to attempt only six shots. Offense controlled the first half well, putting up 16 shots toward the goal.

The women played St. Mary's on Oct. 24, and won 3-0, making it their

fourth shut-out of the season. Their overall record stands at 9-4-3.

The two teams that finished above McPherson in conference rankings are Ottawa and Kansas Wesleyan. The team will be facing these as well as

other KCAC teams in the post-season tournament beginning tomorrow and ending the following Saturday.

"We have to make sure we capitalize on every opportunity if we want to move up," Talley said.

Team kicks off new season as underdogs



Photo by Benjamin Denton

Senior guard Michelle Duce passes to a teammate during the alumni game on Oct. 30. The women won and hope to continue winning tomorrow against Oklahoma Wesleyan.

ALEX STILLWELL
Spectator Staff

The women's basketball team began practice two weeks ago and will be kicking off their season at home tomorrow as underdogs against Oklahoma Wesleyan. The team was ranked the lowest out of 10 teams in the KCAC pre-season polls.

The team has been devoted in team practice so far despite the amount of newcomers recruited to the team this year. The Bulldogs have four returning seniors who possess strong leadership qualities and are hoping to set a high standard for the team to follow. Coach Shelly Prescott believes that the team will be better offensively this season than last season.

"We have more expe-

rience on our team this year," Prescott said. "Our returners have made good improvements."

Freshmen recruits this year include players from Colorado, Texas and Kansas. The team currently has 18 players with a relatively even class mixture.

"I am very happy with all of our newcomers this year and how well they have meshed with the returners so far," Prescott said.

The team recently defeated former players in the alumni game last Friday. Freshman guard Kelli Watts believes that playing well as a team in the alumni game is giving them confidence for the season.

"It was a great way to start the season," Watts said. "The team is looking very good."

Assistants seen as valuable assets

JORDAN ROQUEMORE
Sports Editor

Each year, the college employs a number of assistant coaches to help head coaches in whatever way they can. Their devotion is not only to their superiors, but also to the team as a whole.

According to athletic director Jenni Richardson, assistant coaches serve two major roles in their

position.

"Assistant coaches help with coach-player interaction as well as serve the athletes themselves," Richardson said. "Sometimes an athlete will have communication problems or personality conflicts with their head coach. Having another person there as an off-branch of the coach helps give support, guidance and another perspective."

As a basic rule of thumb, the more players on a team, the more coaches are needed.

"The football team has over 90 players and that's the reason they need so many assistant coaches," Richardson said. "They're critical for teaching the game to players and they are a great resource for the head coach. They're a support network for students."

Head football coach Brian Ward said that having assistant coaches who don't turn over every year or so has been a great asset.

"Our program is only as good as our assistant coaches," Ward said. "In the football program, our coaches know our offense and defense and the way we run things. They mean everything to the success of the program."

Bulldogs start in middle of pack

DUSTY KITCHEN
Spectator Staff

Winter is moving in and fall sports are coming to a close. It's time to turn on the gym lights, pull out the gym shorts and lace up the high-tops because basketball season is underway.

The Bulldogs open at home tomorrow against defending NAIA Division II champions Oklahoma Wesleyan. The Coyotes are ranked number one in pre-season polls and are returning four out of their five starters.

The Bulldogs are also returning many key players. Returning 12 out of 20 players, the team is led by senior starters Mike Reese, Marlon Dominique and Dwayne Thomas.

Coach Tim Swartzendruber believes that after seeing his players in scrimmages, he has plenty of men that can play when he needs them.

"I think we have a deep team," Swartzendruber said. "I feel we have ten to twelve guys who can play and contribute each game. I hope we do a better job taking care of basketball

and certainly I hope we shoot better from the free-throw line and from the field when we play a real game."

Another change for the bulldogs over the off-season is assistant coach Edward Newton from Lemoine Owen College in Memphis, Tenn., where he was interim head coach for two years. He was named the 2007-08 SIAC Coach of the year and last year led his team to a championship. Swartzendruber is happy to have Newton's experience at his side.

"I have given Coach Newton more responsibility in terms of running individual workouts, the weight room and certain aspects of practice," Swartzendruber said. "I am thrilled to have someone with his experience on our staff."

Coach Newton is also excited to be at McPherson College. After getting to see the team play in the alumni game and scrimmages, he has a very good outlook on the season.

"I've seen when we play hard, we can be one of the best teams in the confer-



Photo by Leterius Ray

Senior guard/forward Dwayne Thomas drives into the key between his opponents at the alumni game on Oct 30. The Bulldogs will be playing their home season opener tomorrow against the Oklahoma Wesleyan Coyotes.

ence," Newton said. "We have some very good athletes, and with this pre-season we've worked out

a lot of kinks. We're one of the most athletic teams in the conference and we can really use that advantage."

The Bulldogs are ranked fifth in the KCAC conference pre-season polls, but will show what they're really made of against Oklahoma Wesleyan at the home opener tomorrow.

Men's soccer earns 2nd year championship



Photo by Emily Reinert

Senior mid-fielder Alex Toro stops the ball, enticing his Bethany opponent to stab at it in order to make him miss. The Bulldogs won the Oct. 31 game with a shutout 3-0.

LANGSTON RHYNES
Spectator Staff

The men's soccer team hopes to gain entrance to the National Tournament for the second year in a row. The team has won their two remaining conference games and been proclaimed KCAC champions. Their regular season ends with an overall record of 15-1 and a conference record of 9-0.

"The reason for the success of the team this year has been because of team chemistry due to all the seniors, and the connection of the entire team," senior forward Jose Arenas said. "Also, the team has really gelled so well this season and we have a defense that is one of the top in the nation."

This season the team has scored a total of 41 goals and given up only seven.

Their most recent games were shutouts against Sterling, 1-0, and Bethany, 3-0. Junior Brent Mulford scored three of the goals from the two games and senior forward Armando Rodriguez scored one.

These hard-earned victories have not only won the Bulldogs back-to-back conference championships, but also make them the number one seed for the post-season. The post-season quarterfinals will begin tomorrow at Tabor. The final game will take place the following Saturday.

"Every game seems to be a challenging game," Arenas said. "We feel we always have to defend our championship every game."

Other teams to play in the tournament include Kansas Wesleyan, Friends, Ottawa and Tabor.

Post-season play hangs in the balance

Women hope to win decisive final game against Bethel

DUSTY KITCHEN
Spectator Staff

The volleyball team has found itself in a race for a fifth seed in the KCAC tournament after losing three decisive games against third ranked Sterling, fifth ranked Saint Mary's and ninth ranked Southwestern.

"Well, we are in our last week of regular season conference matches," Head coach Susan Barton said. "Last Thursday we were in fifth place, today we are in eighth. Every night we step on the floor is vitally important."

After last week, Barton stresses how valuable winning is at this stage.

"We have one match left this week which is a must win," Barton said. "We travel to Bethel on Thursday and if we can win we could jump back in to sixth place again. The conference race is so tight in the middle that one hiccup can really drop you."

The Bulldogs placement can easily affect many aspects of the tournament for them. If they are seventh or lower the



Photo by Leterius Ray

The volleyball team lines up to receive a serve from their Sterling opponents at a home game on Oct. 31. The women lost the match to the warriors in three quick games.

women will host a game Saturday evening. However, if the Bulldogs were to win and jump into sixth place tie with Bethany and Ottawa, they would win a bye for the first round of the tournament due to the fact they swept both teams in the regular season.

Barton is optimistic that this week will fall in the Bulldog's favor.

"Anything can happen this week," Barton said.

"We must execute our game plan to defeat Bethel and I really like our chances even though we lost to them at home earlier in the season. I truly believe we will be successful this week and in the tournament."

As the season comes to a close for the Bulldogs, freshman Natalie Boss leads the team with 200 kills and 92 errors on 556 attempts. Sophomore Amy

Neufeld who has 133 kills and 73 errors on 430 attempts follows her. Freshman Kelli Watts also has 208 assists on the year.

Defensively the Bulldogs have been led by Neufeld who has 61 solo blocks and 25 assisted blocks. And in the back row sophomore Brooke Wedel leads the team with 358 digs followed by fellow sophomore Savannah Sievers who has 225 digs.

Competition to decide national qualifiers

LAUREN LARSEN
Spectator Staff

The men's and women's cross country teams will be competing tomorrow in the KCAC Conference Championships. If the runners qualify, they will be eligible to compete in Vancouver, Wash. for the national championships.

The team has been consistently beating their own best times throughout the season.

"Throughout the season times for both girls and boys have improved every week," said soph. captain Katie Logan. "We are continually getting better."

Assistant coach Ryan Jilka believes that at least one woman and two or three men could place high

enough to go to nationals. "The boys and girls teams both have the potential to run well and prove to be good competition," said fr. Paula Carpenter. "But everybody needs to run their best."

On Oct. 24, the team ran at Southwestern, improving many of their times but still finishing toward the bottom.

"Southwestern was a good race and the team did well," said fr. Kyle Smith. "Personal times were improved and we ran hard."

Coach Joe Eby is happy with the way the team has held up this season.

"The season has been going well up till this point," Eby said. "We have had great workouts and progressed nicely.



Photo by Benjamin Denton

The women's cross country team practices for the upcoming championship by running repeat 500s. They will be running tomorrow along with other conference qualifiers.

In order to prepare for conference, the teams have backed off their miles. They want to go into conference well rested and fresh. However, they do not want to rest too much

and ruin the stamina they have built up all season.

"At conference we will need some people to step up and run some big races," Eby said. "We are ready to do this."

Martin fills position in auto-restoration development

DALE SCHWARTZ
Spectator Staff

The director of automotive restoration development position has been filled by McPherson College graduate Brian Martin.

Martin graduated in 2006 from McPherson College with his bachelor's degree in automotive restoration with emphasis on business management. He then took a job maintaining a private car collection with Hunter Engineering in St. Louis, Mo.

Martin stayed in touch with various faculty and staff from McPherson after graduation. The college contacted him about the open position late this past summer. Martin had been working at Hunter Engineering for three and a half years, so he felt it was very difficult to decide whether or not to take McPherson's offer.



Brian Martin

"This was a neat opportunity," Martin said. "I thought I'd try a new adventure."

Oct. 26 was Martin's official start date. "I had some catching up to do but Dan left me notes to help," Martin said.

The duties of this job primarily involve being the public face for the automotive restoration program. Martin will attend many car shows throughout the year, and be in touch with potentially important people in

the industry who may offer scholarships, internships or donations to the program.

Martin will also encourage student involvement by inviting automotive students to shows with him. Barrett Jackson in Scottsdale, Ariz., is first on his agenda. The automotive program is taking a 1955 Chevy Bel Air this year.

In addition to this big event, Martin is also working on implementing the final steps to get the motorcycle restoration program up and running for fall 2010. A calendar of events is currently being prepared, and Martin encourages input on possible shows, auctions or other events from students.

"He's going to do wonderful work for our program," said Amanda Gutierrez, vice president for advancement.

Athletes face charges, discipline

KIMBERLI ROQUEMORE
Spectator Staff

Two cheer captains recently faced charges of driving under the influence (DUI) and minors in possession of alcohol (MIP).

This incident became known to the campus through a school wide e-mail from a student expressing concerns that the discipline the captains received was less than they deserved compared to the seriousness of their offenses.

"Anyone who gets behind the wheel drunk is being foolish and should feel the weight of the consequences," said Kent Eaton, vice president of academic affairs.

Dean of students LaMonte Rothrock commented that the college is aware of a few of these incidents each year.

The college does not apply disciplinary action if the event occurs off campus.

"Unless it's a violation of [on campus] judicial policies or procedures, we don't deal with it any

further," Rothrock said.

When asked about the students being held to a higher standard due to their position of leadership, Rothrock chose to respond with no comment.

Athletic director Jenni Richardson said the athletic program does not have a specific handbook to deal with disciplinary acts such as these.

"All of the teams have their own sports manuals," Richardson said. "The coaches try to have some flexibility [depending on the offense], yet still do something the athletes will understand."

Such disciplinary actions can vary from team to team and can include penalties such as: suspension from the team, extra conditioning, suspension from games, etc.

In accordance with the McPherson College cheer and dance contract, which all team members are required to sign, if a member of the team is caught drinking under age or doing anything illegal the guilty individual/individuals will have to run the

entire practice and/or do planks. Other penalties that require the members to run or perform planks include talking during the games, disrespectful behavior, or being late.

The disciplinary action of the two students in question is still unknown. Anita Parks, cheer coach, declined to answer questions concerning the repercussions the students faced for their charges.

According to Richardson, both students were proactive by talking to their advisers, their families and coaches without first being questioned about the incident.

"Leaders are still human and they're still going to make mistakes," Richardson said. "Everybody, regardless of their interests, should be treated the same. Instead of categorizing them as athletes or non-athletes, we should view everybody as a student at McPherson College."

When given the opportunity to speak about the occurrence, the students in question declined to comment.

Trustees: board meets prior to inauguration

from Page 1

about student services as a student observer.

"As an observer representing the students, I will be sitting in and giving input when asked for a student's perspective over any issue being discussed," Allison said. "This helps the Board receive an idea of how things are going from our point of view.

These meetings are basically an overview of how the school year went last year. They will be looking over all the statistics regarding retention, residential life, meal plans, service and so on."

The fall meeting will allow the trustees to check up on things from last year, and learn what has happened so far this year. "Everything we do is

about you guys," Schneider said. "I'm excited about the work the board is doing in conjunction with the college."

After these meetings the focus will move to spring.

"There's lots of things we'd like to do," Schneider said. "Once we have an idea on spring we'll be able to make that projection."

New act to make college more affordable for students

CARLEY SHARP
Spectator Staff

President Barack Obama is challenging the nation to improve early education and make college more affordable to all U.S. citizens. The Student Aid and Fiscal Responsibility Act is setting out to do just that - without any additional cost to taxpayers.

The EdLabor Journal states that \$40 billion will be invested to increase Pell Grant scholarships. The Act will attempt to reduce the expected rise in interest rates of student loans by keeping interest rates low. This is a relief to future students as interest rates are predicted to go from 3.4 percent to 6.8 percent in the next three years.

Loans will move from private based companies to public-private partnerships overseen by the

U.S. Department of Education. The Perkins Loan will be changed so that interest will be charged as soon as the loan is disbursed.

"This would also require new promissory notes and entrance interviews for each borrower," said Steve Frick of financial aid.

The plan also focuses on making things easier all around. FAFSA will be simplified and funding will be increased to help schools create more efficient learning environments. Not only will the focus be on the knowledge gained, but the atmosphere in which it is attained.

"The transition from Stafford to the Federal Direct will undoubtedly cause some confusion and delay, and dealing with multiple loan holders after graduation will require some additional

organization," Frick said.

"It sounds like an overall good plan for future students," said Katie Schlichter, fr., Elkhorn, Wis. "However, there needs to be a simple way of consolidating the loans for those of us who have already borrowed money."

Certain groups are being targeted with this act. \$2.55 billion will be invested in black and minority colleges. Those in the military will be forgiven of loans when serving causes them to be absent from school.

How will this affect McPherson College? "We won't know for sure what effect it will have until the act gets through the Senate and conference committee," Frick said. "This is all proposed legislation at this time, and any or all of it may change by the time it is signed into law."

Abuse prompts temporarily removal of campus wide e-mail privilege

AUDREY SECKER
Editor-in-Chief

Campus wide e-mail is a privilege that students at McPherson College have, not a right. On Oct. 21, campus wide e-mail was shut down for a period of time due to misuse.

The 'students@mcpherson.edu' web address allows students to send out a mass email to all students as well as some administration. Guest speaker C.L. Lindsay, a lawyer for college students around the nation, learned of the campus wide e-mail after his visit for convocation on Oct. 23.

"C.L. Lindsay couldn't believe we had a campus

wide e-mail. Most colleges have done away with it," said LaMonte Rothrock, dean of students. "I've been a proponent of keeping this [campus wide e-mail] it is a way for the campus to communicate."

According to McPherson College's Information Technology Usage Policy "e-mailing unsolicited advertising or otherwise using College network and/or equipment for commercial gain, creating and/or forwarding chain letters and posting or mailing obscene materials" are just a few things that the campus wide e-mail should not be used for.

"We still have people

who sell Mary Kay, that's not the best use of the e-mail," Rothrock said.

E-mailing students to sell books and other items, find lost items, find rides to and from various places and tell students about activities available are acceptable ways to utilize the e-mail. However, selling products such as Mary Kay, sending forwards and targeting or mean e-mails are not.

"At this point we are choosing to believe students can use it properly," Rothrock said. "If we feel something is inappropriate we will shut it down temporarily to assess whether we will continue it."

ISBNs in bookstore fall 2010

CARLEY SHARP
Spectator Staff

Before a new act recently passed by The U.S. House of Representatives, International Standard Book Numbers (ISBN) on books required for classes were not given to students by the bookstore.

By July 2010, the government will "require institutions of higher education... to the maximum extent practicable and in a matter of the institution's choosing to provide students with accurate course material information including ISBN and retail price," according to HEA Textbook Provisions.

Ever rising costs of required college material have brought about this act.

The intent of House Bill 226 is to lower costs while still provid-

ing teachers with quality books and course supplements for students.

Some of the items in this act include requiring the publisher to provide certain information such as the publishing dates of all previous editions and the differences between each book. All available formats must be listed including hardback, paperback, and unbound. Items that are usually packaged together must be separated and priced individually.

Colleges will be required to list the ISBN number and retail price of all class materials for each course. This information must be disclosed on the college's on-line course schedule.

This availability of information will allow students to compare prices from the bookstore to other places where textbooks are sold. In turn,

the new rule forces the bookstore to have more competitive prices.

"The Act may hurt the bookstore," said Linda Barrett, bookstore manager. "But hopefully we can come up with a plan where the college and the students can both win."

Look for additions to the college's website beginning next year.

"It will be handy to not have to e-mail professors to get the ISBN numbers beforehand," said Savannah Sievers, soph., Stafford. "This means a little bit less stress before school starts. This will be nice for us but not so much for the bookstore."

Bulldog bookstore support can be shown by purchasing things other than books, such as shirts, sweatshirts and other Mac merchandise in the bookstore itself or online through the MC homepage.

STUDENT GOVERNMENT ASSOCIATION

STEVE BUTCHER
Spectator Staff

President Lane Allison received a reply to his letter to the White House for President Barack Obama to attend President Michael Schneider's inauguration. He was regrettably informed that President Obama's schedule would not allow him to attend the inauguration, but he sincerely congratulated President Schneider.

SGA members have the chance to go to Washington, D.C., for a week or two to meet with political officials and listen to what is going on. As of now, there are only two members who have decided to go. Lane Allison and Jessica Bewley will travel there for two weeks over interterm.

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