

SPECTATOR

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College unprepared for injuries

Students and staff unaware of safety steps, protective supplies not readily accessible

Patricia Goering
News Editor

High on the catwalk in Brown Auditorium, Tim Bruton, facility manager, smacked his head on a bolt. With blood streaming from the wound, Bruton applied a temporary pressure dressing.

Finding himself alone, Bruton ran to the Facility Management office in search of help. Upon his arrival, Bruton's co-workers attempted to determine the severity of the profusely bleeding head injury.

As it turned out, the injury was minor, and Bruton and his co-workers followed the proper safety procedures. But the situation could have turned out much worse.

McPherson College, as well as every other place of employment, must follow guidelines set by the Occupational Safety and Health Administration

(OSHA) when dealing with emergency situations. OSHA regulations require employers to provide employees with annual training sessions and supplies to protect themselves from exposure to blood-borne pathogens. Blood borne pathogens are infectious microorganisms, like



the hepatitis B virus (HBV) and the human immunodeficiency virus (HIV), present in blood and other body secretions.

A recent training session for faculty and staff on

transmission of blood-borne pathogens served to reveal several shortcomings in the college's level of preparedness to handle accidents such as Bruton's.

While the faculty and staff handbooks include the OSHA-required exposure control plan, administrators acknowledge that the college is not adequately prepared to carry out the plan. The required supplies—disposable gloves and masks, for example—are not readily available in all buildings, and the campus is not well prepared for injuries more serious than Bruton's, said LaMonte Rothrock, dean of students.

Some improvements, like the annual faculty training sessions, have already been made, Rothrock said, but we still have "a ways to go."

Rothrock wants to see that first aid kits containing gloves, masks, eye protection and marked biohazard

Universal Precautions

- Wash Your Hands
- Wear Gloves
- Wear an apron, a mask, and eye protection if splashing is possible
- Handle sharp objects carefully
- Dispose of all items in Biohazard bags

bags as well as other emergency equipment are available and easily accessible to all students and staff. College administrators are also in the process of drafting a crisis plan for more serious occurrences, Rothrock said, but the college's deficiency in this area might take a while to overcome.

The exposure control plan in the faculty/staff handbooks identifies the employees who are at the greatest risk of exposure to blood borne pathogens. Those identified include coaches, athletic trainers, department lab professors, operations personnel, first aid providers, and the campus nurse

The athletic department is

probably the best prepared for serious injuries, said Amanda Wolf, athletic trainer. Wolf deals with everything from broken and dislocated bones to scrapes and bruises, and must follow OSHA regulations every time. All coaches and student trainers are CPR certified, Wolf said.

If students are helping someone who is hurt or sick, Rothrock advises students to take precautions. They should wear gloves if they expect contact with potentially infectious material and should always dispose of contaminated items in red bags, marked biohazard.

"We are very fortunate that we have not had any major crises," Rothrock said.

NEWS BRIEFS

Melott presents "Origin and Fate of the Universe"

Dr. Adrian Melott will present "Origin and Fate of the Universe" on Sunday, October 19, at 3:30 p.m. in Mingenback Theatre. The presentation, sponsored by the McPherson College Center for Religion and Science, is free and open to the public and refreshments will be served.

Melott, professor of physics and astronomy at KU, was named a Fellow of the American Physical Society in 1996 "for groundbreaking studies of the origin and evolution of cosmic structure." In 2001 Melott also received the Steeples Award from KU for his public outreach activities in science.

Melott co-authored the Sunday school curriculum, "Celebrating Our Origins in the Universe." This curriculum introduces the Big Bang and evolution theories to elementary school children.

Flu shots now available

Flu shots are available from the campus nurse for \$12, but interested persons should move quickly to get their vaccination since the college has enough serum for only 40 shots.

Students who would like to have a flu shot should contact Jeanette Hodson, campus nurse, between 8:45 and 10:15 am Monday, Wednesday, and Friday in Dotzour Hall or Tuesday and Thursday at the same hours in Metzler Hall.

Hodson also said mononucleosis is going around and would like to remind students not to drink from anyone else's glass.

"Lost in Yonkers" debuts

Neil Simon's Pulitzer Prize winning play, "Lost in Yonkers" debuts on McPherson campus during the third and fourth weekends in October.

Set during World War II, "Lost in Yonkers" features two young brothers who are sent to live with their Grandmother.

Cast members include Seth Schoming, fr., Davenport, Neb.; Lois Davidson, jr., Welda; Janell Klenke, jr., Dodge City; Bryan Grosbach, soph., Mo; Amanda Harkness, Hays; and McPherson youth Parker Johnson and J.J. Krehbiel complete the cast.

The play is directed and designed by Dr. Rick Tyler, professor of theatre, Amanda Snell, soph., McPherson, is stage manager.

Admission is \$5 for adults and free for McPherson College students.

Pepsi under pressure to improve service

Laurie Neiman
Spectator Staff

PepsiCo's failure to keep campus vending machines stocked recently prompted administrators to warn Pepsi officials to meet the college's expectations for service or to remove their machines from campus.

Three weeks into the school year, PepsiCo—which has an exclusive contract with McPherson College—had not restocked any of its campus vending machines.

Students were reporting frustration with the number of machines across campus that had sold out of most or all of their product.

College administrators contacted PepsiCo to tell them that the college wanted out of the contract. PepsiCo's officials arrived on campus the next day

and spent eight hours updating and stocking the machines.

"They emptied the entire truck and had to stock 100 more cases," said LaMonte Rothrock, dean of students. "Their excuse was that they did not tell the driver where the machines were."

The college is in the second year of a ten-year contract that gives PepsiCo exclusive rights to soft drink sales on campus.

As part of the contract, PepsiCo donated \$18,700 toward the stadium's scoreboard and awards a \$1,500 scholarship every year.

The college also receives a percentage of sales from vending machines for giving PepsiCo the space and exclusive rights to sales. Monies earned from these



Lyndsi Dooley, Fr., Sand Springs, Ok, attempts to make a purchase from the vending machine in Bitteringer Hall.

machines fund many functions on campus. All dorm activities and intramural sports receive income from the sales.

"We rely on these funds on campus," Rothrock added. "We need the revenue.

"If we don't get the satisfaction we deserve, they will have five days to take their equipment off campus," Rothrock said. "I've already been in contact with Coke. PepsiCo has

done everything we asked for so far. We will have to see what happens now."

Counselor challenges students to celibacy

Celibacy Week encourages sexually active students to put energy elsewhere

Shandi Schoming
Editor in Chief

Students, faculty and staff arrived Tuesday morning to find signs promoting Celibacy Week plastered all over campus.

Celibacy Week is part of an effort led by Kelli Johnson, personal counselor, to push free choice on campus. Celibacy Week encourages students that have been sexually active to put their energy somewhere else, whether it be a football game, art project, or making their relationship more intimate, Johnson said.

Johnson was prompted to develop Celibacy Week by the growing number of students reporting diffi-

culties with reversing previous decisions to be sexually active. Johnson said society has no support system for those who have previously said "yes" to begin saying "no."

"It's an attempt to throw the option out there," Johnson said. Johnson is not only challenging students to take a celibacy pledge, but she is encouraging faculty and staff as well.

The main controversy Johnson has faced so far is the definition of celibacy. Webster's Dictionary defines it as never having a sexual relationship. Johnson says that the current trend in celibacy implies "making a choice from within to put one's sexual energy somewhere else for a given period of time."

"I don't deal in specifics," Johnson said. "I deal in social trends, and they change." Johnson's Celibacy Week efforts will include placing in student mailboxes pledge cards encouraging them to make their own personal choices. The target population is those who have been sexually active, according to Johnson.

Johnson stresses that even if those who take the pledge fail, that there will be no judgment "Failure is okay," she said. She wants to remind students that they need to be safe and carry protection with them, "just in case."

"Hopefully this will spark people to make good, informed decisions about their sexual behavior," Johnson said.

All students received this pledge in their campus mailbox as part of Celibacy Week.

I, _____ do

Pledge

on this

_____th day of October in 2003,

to be

Celibate

as defined by

Will	_____	Will not
_____	Holding Hands	_____
_____	Hugging and Kissing	_____
_____	R-rated movies	_____
_____	Pornography	_____
_____	Masturbation	_____
_____	Heavy Petting	_____
_____	Dry Sex	_____
_____	Oral Sex	_____
_____	Anal Sex	_____
_____	Sexual Intercourse	_____
Beginning	_____	and ending
_____		_____

OUR LEAD EDITORIALS

Although trying, campus isn't there yet

Issue 1: OSHA safety training
Our Position: Campus should be better prepared and equipped.

While the college has developed a plan to safeguard students and employees from the threat of blood-borne pathogens, it exists more on paper than in fact. Faculty and staff have attended a training session, and the athletic department is fully prepared to handle an emergency situation, but the gloves, masks and bio-hazard containers necessary

to deal with common injuries or body fluid clean-up are not widely available across campus, and it is unclear whether all the personnel identified in the college plan as being at high risk to exposure have received the proper training and materials.

Administrators realize that not everything is in place to handle accidents on campus, and are working to fix the problem. It is important that the college follow through with implementing the OSHA procedures. If not, the repercussions suffered may outweigh the time and cost that following the procedures may take.

Students need to know where to go for assistance if an emergency arises. The athletic trainer is trained to handle this type of situation, and coaches have a good background as well. In the dormitories, students should contact their resident directors or the campus nurse in case of an injury involving exposure.

To ensure the safety of all staff and students, the college needs to have the proper equipment readily available—and prominently labeled—all across campus. The sooner the better.

Celibacy Week sparks debate

A week of abstaining from sexual activity is a great way for people to think about their sexual existence. It brings to light many ideas and emotions usually not encountered during the regular procession of a life including sex or sexual actions.

Celibacy week gives students time to rethink their decisions and examine their best intentions. A week of campus-wide celibacy could be a great way to unite and grow as a whole community, and grow on an individual basis as well. However, the method for promoting the event has been a bit lacking. While coverage is widespread and readily available, the signs seem a little misplaced—more "in your face" than a motivational calling. It appears to the viewer unaware of campaign's intent as if the students may do nothing except attend class, participate in sporting events, and have sex.

As we all know from our childhood, when we are told not to do something, we begin to do it as much as possible. Abstaining from sex for a week may cause some people to think about it more, therefore compounding an already difficult decision.

The McPherson College SPECTATOR

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MAC OPINIONS

What are your thoughts on Celibacy Week?

"I didn't pledge...let's put it like that."
Joe Blas, Jr., Seattle, Wash.



"(It's a) good way to get people's attention about sex ed."
Katie Hill, Jr., Alma



"Doesn't really bother me."
Brian Payne, Jr., Tulsa, Okla.



"I just have a very strong opinion of myself—I've set very high standards for myself before."
Nick Anderson, Jr., McCook, Neb.



"It's a good idea."
Tara Loyd, Jr., Boise City, Okla.



"It's fine if you want to do that, it's your own decision."
Bam Izzard, Jr., Lancaster, S.C.

Busy schedule prompts reflection

"Life throws you curves, but you learn to swerve," Rascal Flat's song "Prayin' for Daylight" says. Well, I have found lately that it's more exciting to meet those curves head-on and straight up.

These last two weeks, I've done everything from going to the emergency room to getting fired from and hired back on the same job, to three or four even more extraordinary events that I care not to share with you. The key to getting as much as possible out of this short life we have to enjoy is to not stress over what, in the grand scheme of things, is petty, and to fully enjoy the excitement of the rare stuff.

For instance, I had a minor incident on a dirt bike and thought it would be worth my while to go see what the doctors at our fine local hospital had to say. They didn't really say much, as those of you who have visited a hospital know. My roommate and I sat and examined the walls for quite some time and then some bored doctor came to tell me I was fine.

In such a situation, many might become worried or anxious about their condition and the effects it may have on their enjoyment of

the rest of their life. I, however, am not of that school of thought.

I say, "What is done is done, and what will be, will be." If I'm crippled, that's OK. I can't really rewind and not wreck that bike. And if I'm fine, how cool is that? Pain reminds me I'm alive and how much I enjoy not being in pain.

Real pain comes along rarely enough for most people that it should be enjoyed as much as possible. That is,

"Real pain comes along rarely enough for most people that it should be enjoyed as much as possible."
-Luke Eberly

physical pain. Emotional and psychological pain can just jump off the train right now.

Some things, however, should be taken seriously.



Indiana Insights
Luke Eberly

Some of them should be taken more seriously than others. I present the concept of schoolwork and classes.

Some of this may depend on your personal goals and desires. Myself, I am here for the full effect, the whole shebang. If a more alluring opportunity than studying comes along, I'll take it! That is precisely the reason I didn't bring my favorite magazine to work tonight—I took that route last night, and it's time to be a mature student and get some studying done. (Don't get me wrong though; if some pretty young thing wants to come and chitchat that book will leave my memory like a cat out of a cannon.)

Last year I had a lot of free time, and my freshman year, at "the school out east" as I call it, I had too much free time. This year is so jam-packed, instead of looking for things to fill my free time, I'm looking for things to skip to get some free time. You would not believe how fast the weeks go by.

So far, I have really enjoyed it. The worst part is always worrying about getting everything squeezed in to my timeframe, but every night I seem to find time to hang out, watch some TV

and catch my breath. I guess I should apply what Willie Nelson sings: "Whatever it is that's meant to be, sooner or later it'll come to me."

I haven't enough time to worry about things I can't do much about. I smoke too much to also take years off my life worrying! Actually, I'm trying to quit, and there's another quandary. Do I quit and live in agony with a few extra dollars, or do I keep smoking, make you're my mom worry and be a little more broke, yet enjoy that lovely nicotine? I think I'll go buy a pack.

Folks, this is college. You've been looking forward to this your whole life, and you will look back on it for all the life that's coming. You've got to quit pussy-footing around and (I hate to quote a Dodge ad in a way that doesn't promote Ford) grab life by the horns.

Consequences? Deal with them when they arrive! Don't be a total moron, but hey, live it up! Do what you want! Life is too short to worry. Part of a liberal arts degree is being open to new concepts, exploring the world around you, and learning from it.

Schwarzenegger's election both unsurprising and uninspiring

Who could not have predicted the outcome of the governor recall election race in California?

As the toilets mightily flush in the west, this new travesty rears its ugly head. The bile-filled runoff will not only contaminate the "Golden State," it will violate the whole damned American pie.

It was not quite horrible enough out there with Gray Davis' unbelievable political decisions; now they have a politically inexperienced actor in charge, who won by a mere 1.2 million votes. Remember there are over 30 million people in California, so 1.2 million is not that much. I think over two million homeless people sleep in Palisades Park each night.

I put forth another question: how can over three million Californians and several million more Americans believe anything promised in Arnold's campaign?

The man is paid to make you believe he is something he is not. Arnold is paid to follow a script and follow it he did. He said all the right things, went the right places and he had a supporting cast that could have gotten the Unabomber into office.

Ninety-nine percent of Americans would not have

Guest Columnist
Michael Peters

cared about the recall if Schwarzenegger had not been an avid supporter. Actually, 99 percent of Americans would not have known about the recall if the news networks had not saturated the airwaves with it because of Arnold's involvement.

I do not understand the mental capacity of the average working American who thinks that a millionaire actor will know about, care about or respect the concerns that really matter. These people could have changed the channel or turned it off altogether. They could have spent quality time with their families and friends, but the California recall, featuring Arnold Schwarzenegger, was far too important. This was all I heard about today; damn people!—We are over 1,500 miles away—not our problem.

Arnold claimed that he will not be puppet to the special interest groups and wants to work with the other political parties. Does he live in a cloud? How exactly does he think he got to the governor's office? The

"I do not understand the mental capacity of the average working American who thinks that a millionaire actor will know about, care about or respect the concerns that really matter."
—Michael Peters

republicans, actors and women's groups all lobbied to get him elected. I am sure that other involved parties will become clearer as time goes by.

You cannot expect an actor who will follow the Republican script given to him by his supporters to try and work fairly with the other parties involved in the state government. When the Democrats smell ultra-conservative blood flowing their way, they will circle the wagons and we get another stalemate. Gods of the absurd rejoice!

Another promise by the "governator-elect" is to focus on environmental issues so those new "environmentally sound" vehicles that run on Spotted Owl heads and caveman bones can come to fruition. Someone will have to remind him that the environment needs to be preserved and saved by things that make sense, not destroyed by Hummer-driving pseudo-politicians.

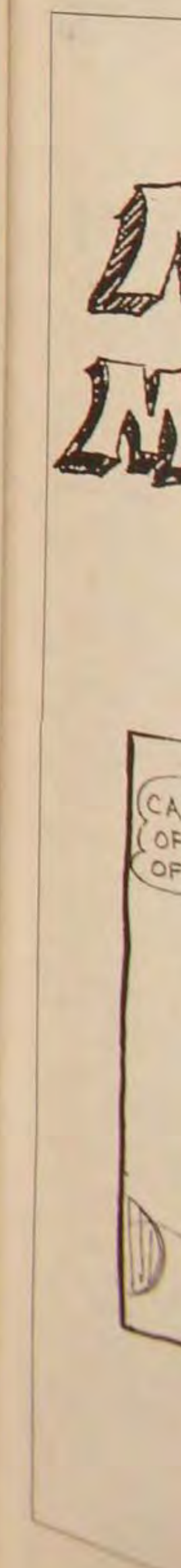
The realm of politics is rapidly crumbling underneath the idiocies of the

people who are chosen to legislate. It is not about who is the most qualified or even the most upstanding. The game now involves popularity, looks and the biggest bank accounts.

Let us hope that this latest episode of the "big dumb show" will not be the black hole that envelops what is left of common sense.

October 10, 2003
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Childhood memory still affects actions today

Are there times you learned something that you still remember vividly? I'm not talking basic stuff here. I'm talking about quirky little life skills that you picked up along the way. I am going to attempt to tap into your random brain storage, so bear with me.



Guest Columnist
Rebecca Stover

I distinctly remember the time I learned to wipe off counters twice after baking. I was in the first few years of grade school, and I had just finished helping my mom make cinnamon rolls. It was my job to wipe down the baking center.

Even though she is no longer with us, I can still hear Mom's voice telling me, "Even though it may look clean the first time, always wash it off again." For some reason, that crystal clear memory has stuck with me. To this day I wipe counters off twice. I probably always will.

On a somewhat deeper

note, I also remember the time I learned how good it feels to forgive and not hold grudges. I was sitting at my desk in Mr. Windholz's fifth grade classroom feeling excited about a new seating arrangement. I had become part of a little pod consisting of my best girl friend at the time, another guy, and Nathan Porter. (Fancy that. We are STILL going to school together.)

Nathan was playing with my new bendy ruler that had pictures of all the presidents on the back. I had just been to Washington, D.C. and this was my favorite souvenir. He bent it too far and the end snapped off.

He felt horrible, and I thought I was going to be furious.

Instead, for some reason, I let it go. It was just a ruler, right? Not really worth sacrificing a friendship over, was it? No.

So that was that. We banded the end with some tape and forgot about it. Well, not really, because I think about that situation whenever I want to get furious with someone...and when I pull that same ruler out of my drawer and laugh at the crusty brown tape around the end (not to mention the fact that the last president on there is Bush...of 1989.)

So, why am I telling you these stupid stories from my childhood? Since I have been back at college, I have been reminded daily of another vivid learning experience in my past. Perhaps some of you saw it too, when you were a kid. Though some of it is fuzzy,

I remember a little ditty that used to be on PBS years ago.

The animated scene is this: First, a cute fish swims happily around in a pond outside a house. Inside the house an adorable little boy is going into the bathroom to brush his teeth. He turns on the water and leaves it running as he goes on brushing.

Meanwhile, outside the window the water level of the fish's pond drops lower and lower. The poor little fish flops around in a panic until the little boy finally spits and turns off the water.

I honestly don't really remember what happened after that, but for me, that was enough. For this wide-eyed, freckle-faced, Ramona look-a-like, the message was quite obvious. Perhaps that was the first time I was challenged to think about how our actions affect the earth and every-

"These basic principles of conservation apply to the amount of food wasted in the cafeteria, the quantity of paper and other trash that could be recycled, and even the loads of electricity exhausted by the lights and/or music left on when we go to class."

—Rebecca Stover

don't understand, but it seems to be the common practice in my communal bathroom. I am not trying to point fingers or condemn anyone. I just wonder if people are aware of how wasteful that can be.

This doesn't just apply to wasting water in the bathroom, of course. These basic principles of conservation apply to the amount of food wasted in the cafeteria, the quantity of paper and other trash that could be recycled, and even the loads of electricity exhausted by lights and/or music left on when we go to class.

All these minor things add up to be some of the world's largest problems. Every little bit helps, so try to do your part.

thing else around us. For whatever reason, I remember it, and I put it in to practice.

Now I'm not the perfect role model for being earth conscious, but I have managed to follow through with some little things. Like not leaving the water running when I brush my teeth.

Can someone tell me why people do that anyway? I

New goals bring newfound awareness

Priorities are difficult to maintain through time.

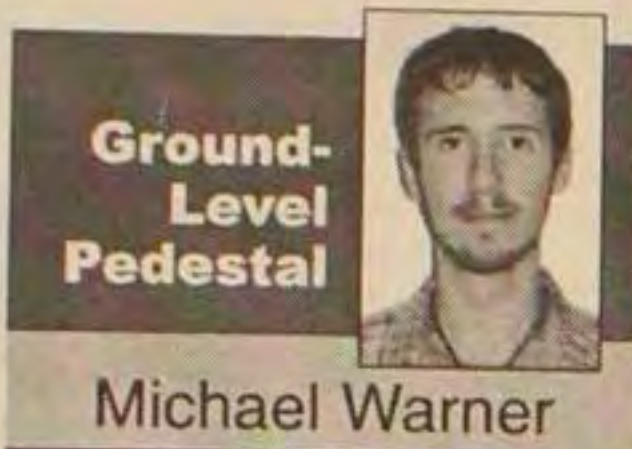
When the school year got started, I thought to myself that this year I was going to do everything in my power to get the best grades and throw myself at every opportunity that comes at me.

Tonight, I sit in front of a near-empty Word document helping a needy editor to fill his pages.

Great, I have an opportunity to be heard. I'm taking it.

It makes me feel good to apply myself at something productive. After all, this was part of my priority list entering into my junior year.

I've battled with tests, made sure I've completed my assignments well before they are due, and made an effort to do the assigned



Ground-Level Pedestal
Michael Warner

reading.

I have forfeited a lot more free time to put more effort into school and try to set high goals and push hard to achieve them.

How am I doing it? Well, I don't know, but I want it to stop.

Sometimes when you know you are doing something right for the long run, it doesn't mean that life is fine and rosy at that moment.

I've come to realize that fulfillment should be the highest priority for anyone.

I'm not trying to encourage people to stop working towards their goals for a happy future, but I feel we need to look at what we have going on for ourselves today. I wake up every morning and I foolishly take whatever is left of my youth for granted. I think to myself what I have going on throughout the day. Lately, I've been cringing at the idea of everything I do being an obligation.

Class is important to me. After being very sick two weeks ago, I still dragged myself out of the comforts of my dorm and into the rain just for one class. I could be on my deathbed and panic that I'd be missing a class. It's ridiculous.

Running started off as an effort to keep my body in

shape. Today, it's a must in a routine. I run two miles every day. I run in sweltering heat, floods, sleet, tsunamis if it were possible in these parts; you name it, I will run in it with little regard for the damage my knees will suffer in the years to come.

Music has played a big part in my life. I've been constantly absorbed in my guitars and my collection of CDs. There's no greater form of release for me than self-expression, even though the only people that hear me are my neighbors.

Such integrated personal priorities also change over time. Though I'm learning to balance my studies and free time, what I do with that free time has changed dramatically since the last

school year.

I haven't touched my guitars for a few days. I don't listen to music much anymore. This priority of self-expression has since changed into the form of writing.

Every night I make sure that I have a one to two-hour slot to write a letter. Every two or three weeks, I gather those letters and send them off to my girlfriend, who is spending the year in England. I haven't missed a night of writing since she left.

This might sound hypocritical to say that I'm tired of working for the long-term and say that I write to someone every night and just sit and wait to see the person. My focus is on the fulfillment of a relationship

I want to hold onto.

The college experience is dandy, but I know that time is running out on my college career, and I feel like I just got started. I need to have fun while I'm here. It needs to be a fulfilling experience.

It's sad that some of the most painful things in life, such as classes, are the most helpful in the future. I recognize their importance. But what is life if you're too wrapped up in obligations to have one?

I'm 21 years young, and I need to realize it more. The fun doesn't last forever, but it's a priority I must pay more attention to.

Mac musicians step back in time

Singers, trombonists, and recorder players take a trip to the Renaissance

Stefanie Slinkard
Spectator Staff

Select McPherson College musicians traveled to Bonner Springs on October 5, stepped off the bus, and joined 180,000 people in a fairytale setting of the past. Singers, trombone, and recorder players traveled to perform, but also partook in the Renaissance Festival.

Throughout the day, four performances were given each including a combination of vocal, trombone and recorder pieces. All choir members and instrumentalists dressed in Renaissance costume.

"Going back into a bit of 'living history' is a great way to experience the art, the craft and the costume of the Renaissance," Steve Gustafson, vocal music instructor, said. "As singers, we grew in our musical craft through four different performances and the chance to interact with an audience. It was a great way to bond as a group, experience the pleasure of singing and simply to have fun together."

Members of the McPherson College Singers are Katie Atwater, fr., Elizabeth, Colo.; Kelsey Crist, fr., Bennington; Althea Harding, soph., Lawrence; Stefanie Slinkard, fr., Howard; Heather Elrod, sr., Kansas City.

Lara Lichty, fr., Quinter; Rebecca Stover, jr., Quinter; Lois Davidson, jr., Welda; Amanda Snell, soph., McPherson; Becky Snell, sr., McPherson; Rayetta Tracy, fr., Sylvia.

Also Brandt Busse, soph., McPherson; Corey Ferguson, fr., Guthrie, Texas; James Keith, sr., McPherson; Myles Regier, fr., Henderson, Nebr.

Nick Griggs, jr., Colorado Springs, Colo.; Jeremy Hoffman, fr., McPherson; Eric Perry, fr., Solomon;

and Steve Gustafson, choir director.

Performing with trombones were Matt Tobias, sr., Conrad, Iowa; Dean Feasenhiser, jr., Fruitland, Idaho; Derrick Ward, fr., Palos Heights, Ill.

Corah Coleman, sr., Chase; Brandt Busse, soph., McPherson; Nick Griggs, jr., Colorado Springs, Colo.; Michael Warner, jr., Hutchinson; and Larry Kitzel, professor of music.

Kitzel also directed a recorder group including Saraphin Kasparie, sr., Spearville; Sydney White, sr., Topeka; Abby Harper, fr., Grimes, Iowa; and Shandi Schoming, sr., Davenport, Nebr.

Catch a glimpse of the Renaissance troupe, in costume, as well as the entire McPherson College choir's, concert on the Sunday of Homecoming Weekend, Oct. 26, at 2:00 p.m. at the McPherson Church of the Brethren.



Kelsey Crist, fr., Bennington, and Nick Griggs, jr., Colorado Springs, Colo. enjoy some freshly made soup at last week's Renaissance Festival.

photo by Lara Lichty

ABOUT THE FESTIVAL

Lara Lichty
Features Editor

The Renaissance Festival happens in Kansas two months out of every year. People dress in costumes of the Renaissance era, games and booths are set up, foods of the time are available to eat, and artwork is displayed all around the area. This year's setting was in Canterbury, in the year of 1533.

The Renaissance festival celebrates an era of discovery and rebirth, honors the reformation of the church, and acknowledges the various scientific discoveries of the century. This year was focused on Henry VIII who broke off of the Roman church in 1534 and founded what is now the Anglican Church.

At the festival, you can spot the royal court and must bow in their presence. There are also peasants and men rolling in the dirt. Men bow to the ladies, and it isn't unusual to say good day to anyone passing by.

To spend a day making crafts, shopping, watching jousting, or eating turkey legs, attend this year's Renaissance festival. For more information, visit <<http://www.renaissancefestival.com>>.



Steve Gustafson, choral director, directs the trombones and singers on their final combined number.

photo by Michael Jardon

Stars and strugglers: Mac water fountains evaluated

Luke Eberly
Opinions Editor

Food, water and shelter: the three things you need to survive. A college campus provides us with housing and food, but the water supply is often overlooked—unless of course, there's only cold water in your shower. Nothing refreshes a parched throat on a hot

day better than a long, tooth-freezing drink from a water fountain. However, finding a decent water fountain can be a challenge.

In a mere 15 minutes on campus, you can sample a surprising number of different water fountains, each one with a quirk all of its own.

Perhaps the first "foun-

tain of fame" is the newly replaced fountain on first floor Metzler. Legend claims it to have been ripped off the wall a few years ago, but thankfully it was replaced this summer.

The worst of the thirst quenchers is located in the Sports Center next to the Vending Machines. While the water from this fountain is decently cool, the flow is barely more than drool from a sleeping student's mouth—as if the hose has been kinked...twice.

Another poorly-performing water fountain can be found in Melhorn. The water tastes of rust or blood, and leaves you wishing you would have opted for drinking out of the toilet bowl instead.

Miller Library is home to another frightening-flow fountain. On the

north wall, by the Royer Center stands the "Wall Waterer." The unsuspecting, fluid-deprived user will position her mouth in the accepted spot, press the button, and witness an expulsion of water reminiscent of Ole Faithful. The key to using this apparatus is to approach it like an old farm dog you're not familiar with—slowly and cautiously.

There are many fountains on campus that successfully suffice. They provide adequate flow and pressure, good flavor, and a nice temperature. We skipped these mediocre fountains in an effort to shed light on the best performers we could find.

Templeton Hall has been blessed with a number of exemplary water fountains. From the main hallway, to the machining

lab, to the woodshop, each fountain has sufficient pressure, and the water is always cold. The welding lab holds claim to the best in the house, followed closely by the main hallway.

Another good, yet rather unknown water fountain is in the hallway behind the Doghouse. This old stand-alone fountain appears antique in a world of handicap-accessible plastic fountains, yet still serves up a wicked and cold drink. The overall height of the fountain aids in accessibility to those without physical challenges.

Surprisingly, with all the fountains on campus, the best stands well above the competition; far enough, in fact, to warrant no contest.

The number one fountain on campus is the taller of the two on second floor Mohler, by the back stairway. This fountain far surpasses all others, even the one below it on the same pipe! Any day of the week, you will be greeted by a clean surface, a beautiful upward arc of clear, refreshing water that tastes fresh from an unpolluted

stream, and you will leave with a smile, knowing you just indulged in one of the best simple pleasures of Mac College.

Drinking fountains were first introduced in the early 1900s as a combatant to contaminated water, a cause of typhoid fever. They weren't introduced to public schools until the 1950s, and were adjusted for handicapped use in the '60s.

Surely as you continue to pursue academic success here at college, you will come in contact with nearly all of the water fountains on campus and will become familiar with the best and the worst, maybe even developing a personal favorite...or a personal enemy.

Just remember to stay away from the no-flow dribbler in the Sports Center (luckily not the only one over there), keep an eye on Long Shot Louie in the Library, keep your distance from Rusty Ralph in Melhorn, and remember to refresh yourself with the Best on Campus, the cool, refreshin', high-flavin', quenchin' Mohler Hall Magnificent.

Kenny's hometown, Harare, in 1970.



his family was intertwined with the English. He can also recall the day his father died in front of him after being poisoned. Kenny was only five years old at the time.

"I remember the rebels bringing a man named Paul who they thought was spying for the enemy to our grandfather about shooting him right in front of us, but he would have none of that," Kenny said. The man was taken next door where Kenny could hear the fire of the gun and feel the harsh realization that someone had died, again.

On another day, Manhamo's grandfather was taken away. Word was sent to the family that they needed to hide because the Rhodesian forces would be back to kill them, so the family went into hiding at a neighbor's home. Luckily, his grandfather returned unharmed.

Soldiers and gunfire routinely intruded into the daily, private life of Manhamo's family. Once when the family hadn't eaten in days, they had just

ITALIAN NIGHT
Brought to you by your Bulldog Cheerleaders
When: Oct. 19th
6:00-7:30
Where: Doghouse
Tickets are \$5 and must be purchased by Oct 15th

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MEMBER FDIC

October 10, 2003
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Features Spotlight: Kenny Manhamo

COLLEGE'S CAMPUS MINISTER STRIVES FOR WORLD PEACE

Lara Lichty
Features Editor

Imagine your earliest memories being of gunshots and war, lying to protect your family, and hiding under anything you can find to escape the violence that is going on around you. Such are campus pastor Kenny Manhamo's memories of the first seven years of his life.

Manhamo was born in 1973 in Rhodesia, or modern day Zimbabwe, a nation torn by injustice and civil war.

Rhodesia's internal strife in the latter part of the 20th century had its roots in colonial history, Manhamo said. One struggle for independence in the 1890s was led by a woman by the name of Mbuya Nehanda. The British were victorious and beheaded Nehanda, but some of her last words—"My bones will rise again; you shall take the gun and fight for self-rule"—stuck with the people of Rhodesia. Approximately 100 years later, fighting broke out again and turned into a war of race and controversy.

Manhamo's childhood stories are chilling and moving. He remembers being held at gunpoint at a young age by Rhodesian forces wanting information about how

gathered for a meal only to hear the sound of a helicopter landing. They quickly had to dig a hole to hide the food so they wouldn't be accused of cooking for rebels.

Another time, he watched soldiers strike his brothers' and cousins' heads against a tree for dumping rainwater out of a cart.

The sounds of gunfire became so frequent that Kenny and his family could recognize each gun by their sound. "Guns sounded like popcorn in the kettle, but the bazookas shook the ground and everything grew silent," quotes Manhamo.

Kenny's home was often invaded, sometimes for whole days at a time. Rebels would come around and throw parties to raise the morale of the people, he said. They worried that Rhodesian forces would recognize the footprints of the rebels' boots, but it seemed as if a storm would always follow and erase all evidence. This convinced the people of Rhodesia that the war was supported by God, and that their independence day would come soon.

Kenny said there was only one time when the rebels were not friendly to his family. That was when they came seeking six girls who had sought refuge in Kenny's home. The family kept their word, keeping

thought would be a normal day at school.

However, as the children were lining up in classes, gunfire rang out. Most of the children dropped to the

"I am proud of my country. It is the perfect example of how races can live together. Everything has taught me to see people as human beings rather than white, black, or colored."

—Kenny Manhamo



Kenny Manhamo with his wife Ivy and daughter Claire after his graduation from Bethany Seminary in 2001.

ground, Kenny stood for a while, feeling the bullets buzzing by. Fortunately, Kenny tripped and fell to the ground. After some time the schoolmaster yelled at the children to run into the school and hide. Kenny found cover under a teacher's desk. Kenny says he also remembers times when his siblings were stranded at school and could not come home until it was safe enough to walk the four miles.

Kenny's independence day came in April, 1980. With the end of war came high expectations for a new life, but the new nation was not yet ready to provide justice or equal opportunity to all

where the air was of the lowest quality.

Not only were these areas the ones that the government picked on, Manhamo said, but they were also the ones who saw the effects of the war, while the white people did not.

After their independence, Kenny and his siblings decided to run away, and soon joined their mother who had been working in the city.

"Life was better then," Kenny said. "We had a maid, who marked success for our family. There was access to bread, food, everyday, and we no longer had to work like slaves."

After the war, Kenny spent his days going to school and helping his mom work in her market.

"Education is like religion at home," Kenny said. School uniforms were worn as a mark of pride, and his six years of high school were among Manhamo's favorite years.

Kenny soon met and married his wife, Ivy. On the day of his daughter, Claire's, birth, the long process of applying to come to the United States was made final. He left his young fam-

working for peace on earth; he'd always been taught that humans would never experience any peace other than inner peace. These Brethren

ideas changed Kenny's worldview.

Now Kenny adds a diverse spunk to McPherson College as our campus minister. He said he was tired of school and wanted a break, and McPherson seemed very welcoming. However, he would eventually like to get his Ph.D.

Longer term, Kenny sees himself returning to Zimbabwe. "Zimbabwe will always be home," he said. "There's so much more I can do to help the people there. I miss the sunshine."

Zimbabwe continues to overcome the results of war, but Kenny can now look at his home with pride.

"I am proud of my country. It is the perfect example of how races can live together. Everything has taught me to see people as human beings rather than white, black, or colored."

When the events of September 11, 2001, and the later anthrax threat occurred, Kenny said he was reminded of his past. "People were so shocked...at home we lived with that."



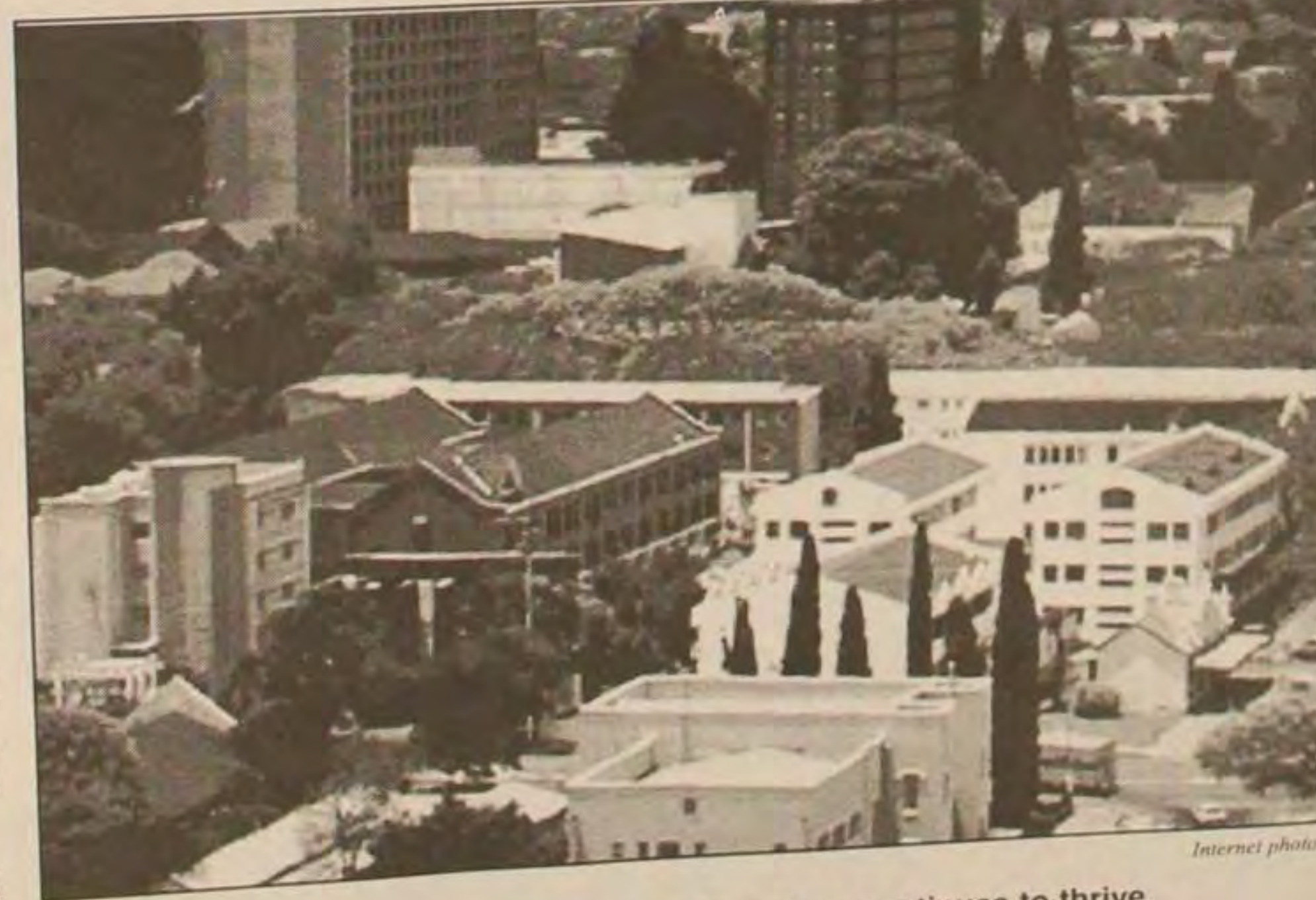
Kenny's hometown, Harare, in 1970.

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"I remember the rebels bringing a man named Paul who they thought was spying for the enemy to our farm. They talked to my grandfather about shooting him right in front of us, but he would have none of that," Kenny said. The man was taken next door where Kenny could hear the fire of the gun and feel the harsh realization that someone had died, again.

On another day, Manhamo's grandfather was taken away. Word was sent to the family that they needed to hide because the Rhodesian forces would be back to kill them, so the family went into hiding at a neighbor's home. Luckily, his grandfather returned unharmed.

Soldiers and gunfire routinely intruded into the daily, private life of Manhamo's family. Once when the family hadn't eaten in days, they had just



Even after years of civil war and fighting, Zimbabwe continues to thrive.

silent, even though their lives were threatened. His sister finally spoke up, told the rebels what she knew of the girls, and saved the lives of the family.

The war also reared an ugly head on Kenny's first day as a schoolchild. He had missed the bus and had to walk four or five miles, but was still excited for what he

its citizens.

The nation still dealt with segregation of races and every city was split in the same manner: the Europeans lived in the northern section. The only blacks there worked as maids or servants. The mixed people lived in their own area, and black people lived in the industrial areas

ily in Zimbabwe and traveled to Richmond, Indiana. After getting over the initial culture shock, Kenny decided to attend Bethany Seminary, and his family joined him in the states.

Kenny said he was drawn to the Brethren church because of its stance on peace. He'd never been introduced to the idea of

Fitness with Dave Fact or Fiction?

Dave Gochnour
Spectator Staff

There are many myths dealing with health and fitness. Take note of these **top 10 myths** along with the facts to disprove them.

1. Myth: Aerobic exercises are better for shaping up than weight training.

Fact: To really transform your body, you must weight train.

2. Myth: Women who weight train will get "bulky" and look like a man.

Fact: Weight training will create a leaner, toned body.

3. Myth: Muscles grow while you're weight training.

Fact: Muscles grow while you're resting and recuperating.

4. Myth: A certain number of sets and reps while lifting will produce the best results.

Fact: High intensity weight training produces the best results.

5. Myth: Eating three balanced meals per day is best.

Fact: Eating five to six small meals keeps us from overeating and helps speed up our metabolism. Also, our bodies better utilize smaller more frequent meals.

6. Myth: High carbohydrate, low fat diets work best.

Fact: Americans are overweight from eating too many carbohydrates.

7. Myth: You should drink water only when you're thirsty.

Fact: Your body needs more water than it's telling you. Everyone should drink at least 8-10 cups of water daily.

8. Myth: Weight training is only for young people.

Fact: Because people begin losing one-half pound of muscle per year around the age of 25, people of all ages should weight train.

9. Myth: Exercising can turn fat into muscle.

Fact: Fat cannot turn into muscle and muscle cannot turn into fat. A good fitness program will increase muscle while losing fat.

10. Myth: You can reduce your waistline by doing abdominal exercises.

Fact: The only way to get rid of the fat around the waistline is through proper nutrition and cardiovascular activity.

David Gochnour is a certified personal trainer with 20 years of weight training experience who is currently serving as the strength coach for the McPherson College womens' basketball team.



Andrea Gonzales, #1, outside hitter, and Erin Pargman, #10, outside hitter, stand ready as Erica Alvarez, #11, middle hitter, goes up for a kill against Central Christian College last week.

Spikers top St. Mary, 3-1

Walker Phillips
Sports Editor

Last night at the Sport Center, varsity volleyball earned an important win over St. Mary 3-1 (19-30, 30-28, 30-10, 30-27). After finishing last season 8-19, the McPherson spikers have already advanced to 11-6, and 5-4 in the KCAC. They currently have the highest overall winning percentage in the KCAC.

The spikers can improve their conference standing as they host Sterling College at 7 p.m. Monday.

Last week, the Bulldogs enjoyed two wins at home, beating Ottawa (3-1) and Central Christian (3-1). Coaches cited movement and communication as key factors in the victories.

On Tuesday, Mac volleyball traveled to Tabor to face a tough opponent in the Blue Jays. After a strong start, the team lost three games in a row (23-30, 19-30, 26-30). "We started out

really well in the first game and were leading Tabor," coach Nathalea Stephenson recalls. "At 19-19, things fell apart." By game two, it appeared as though the team "hadn't played volleyball at all."

Despite some improvement in game three, they failed to capture a win.

"In the Ottawa games, we were talking and doing the things we needed to in order to win," Stephenson said. "We were covering, passing, and playing smart." Those elements failed to come together against Tabor. "It was a disappointing loss."

Against St. Mary last night, the team was eager for redemption. Beforehand, Stephenson felt smart, aggressive play and strong communication were essential for success. "We have to come focused and do the little things right in order to win."

The Bulldogs were able to do just that. Off to a slow

start, the team dropped the first game to the Spires, 19-30. A switch in the rotation to compensate for St. Mary's Kerry Jacobs, the KCAC leader in kills, kept the spikers from finding their groove.

As a result, Stephenson elected to resume the team's usual format. The Bulldogs quickly gained confidence and momentum, overcoming a four-point deficit to win game two, 30-28.

"From now on, we're not going to worry about the other teams. We're going to make them worry about us," Stephenson said after the match.

In the third game, the 'Dogs clearly hit their stride, whopping the Spires by 20. Kelsey Crist held serve during a nine-point run, and Lisa Salazar served out the game from 21-10. The team recorded an attack percentage of 58% for the game.

Just as it seemed McPherson was unstop-

pable, St. Mary began game 4 with an 0-4 lead. It was not enough, however, and the Bulldogs overcame them in an exciting 30-27 victory, winning the match in four games.

Erica Alvarez led the team with 17 kills, followed by Andrea Gonzales with seven and April Stos with five. Lisa Salazar had 26 digs, and her contribution of 16 passes was surpassed only by Kelsey Crist with 22. Kendra Stephenson put up the most assists with 22, followed by Kelsey Hendricks with 13.

Following the game, coach Stephenson was "so excited" about the win. The women "wanted the game badly and worked hard for it."

On the season, Stephenson believes "It is good to have them feel that any game we go into now we can win. That wasn't always the case in the previous year. They are more confident with their game."

KCAC HONORS

Stephenson: "Setter of the Week" for KCAC Volleyball



Following her standout performances against opponents Ottawa and Central Christian, McPherson volleyball setter Kendra Stephenson was named KCAC "Co-Setter of the Week." She shares the award, announced on Monday, with Andrea Moya of Kansas Wesleyan. Stephenson, a 5'8" freshman from Salina, played in all 8 games of last week's two matches.

During the games, Kendra recorded a total of 4 kills from 13 attempts. Defensively, she picked up 12 digs. Her serve percentage was 100%, with 3 aces. This is nothing new, as she set a school record of 167 serves without an error earlier this season.

Most notable, however, was Stephenson's 54 assists, averaging 6.75 per game. Though still short of her goal of 30 per match, Kendra continues to lead the team in this category, and currently ranks seventh among KCAC setters, averaging 5.83 per game for the season.

Soccer "Player of the Week" awarded to Bray



Sophomore Austin Bray was recognized as KCAC "Co-Player of the Week" in the KCAC for the week of Oct. 6. His performance last week in the Bulldogs' wins over Bethany College and Sterling College last week earned him the honor, which he shares with Charles Millison of the University of Saint Mary. During the Bulldogs' 4-2 win at home Wednesday evening over Bethany College, the 6'0" forward contributed an assist. Bray then went on the road to score both goals for McPherson in a non-conference win over Sterling on Saturday. "Austin is a player that performs everyday for us," said head coach Doug Quint. "He works just as hard in practice as he does in the game." remarks Coach Doug

Quint. "We took him as our leader and playmaker."

Bray currently leads the KCAC in total offense (7 goals + 4 assists = 18 points). He holds 6th sixth in scoring (.58 goals per game) and 5th fifth in total assists (0.33 per game). "This is just the beginning of his accomplishments here at McPherson College," says Quint of Bray's award. "There is a lot more to come."

Standout performances are nothing new to Bray, a transfer from Southwestern Oklahoma State and 2002 graduate of Provo Canyon High School. He was twice selected as the "Most Valuable Player" and "Best Offensive Player" for the Tulsa Soccer Club (Oklahoma State champions in 1999 and 2001).

The win over Bethany marks the first conference win for the Bulldogs since reinstating soccer this fall after a two-year hiatus. Saturday's victory propelled McPherson to 3-9 overall.

Quint: "We will qualify"

With eyes towards the post-season, has men's soccer reached its breakthrough?

Walker Phillips
Sports Editor

Despite a 0-1 loss on the road to conference leader Ottawa on Monday, the Bulldog men's soccer team enjoys a winning record over the past three games as they head towards Saturday's home match-up with Sterling.

"The team is coming together at the right time of the year," said an enthusiastic Doug Quint, head coach. "Right now, we are playing our best soccer."

In Lindsborg last week, the Bulldogs recorded their first conference victory and second win of the season against rival Bethany, 4-2. Creative shots by flank players were partially responsible, with the Swedes 13-6. John White scored three times, thanks to assists by Matt Herber, Austin Bray and Jon Rothrock. Herber also

"Right now we are playing our best soccer."

—Coach Doug Quint

scored on a cross pass from Brian Trussell.

Also introduced during this game was a new defensive style, called a Zonal Flat-Back Four.

"We were giving up far too many goals and it was because we were spread out all over," Quint said. "The zone keeps us compact and together." Noting the team's success in learning this defense, Quint said, "I plan on using this system as long as I'm the coach of the Bulldog soccer program, which I hope is for a very long time."

While not a conference game, McPherson's 2-1 overtime win against Sterling secured a 3-9 record for the men and KCAC "Player of the

Week" honors for forward/mid-fielder Austin Bray. Bray was responsible for both the team's goals, including a clutch shot to win the game two minutes into post-regulation play. Ryan Souter, subbing for an injured Kevin Lamm, had nine saves in the goal.

Monday's loss at Ottawa came at the hands of "the best team we've played," Quint said. "I must give them (Ottawa) credit. We had a chance to win the entire way. We limited their chances at goal on us and just didn't take advantage of ours."

Quint cited the match as the team's most successful from start to finish.

"If we can continue to put 90 minutes together like that, there is no doubt in my mind we will qualify for the KCAC post-season tournament in our first year. It is in the palm of their hand, all they have to do is grab hold."



McPherson's Matt Herber scored one goal and one assist in the Bulldog's conference win over the Swedes in Lindsborg.

BULLDOG CALENDAR

Cross Country	
Oct. 11	Kans
Oct. 18	Sou
Football	
Oct. 11	@S
Oct. 18	@S
Men's Soccer	
Oct. 11	Ste
Oct. 15	@B
Oct. 18	Yor
Oct. 21	Tab
Oct. 24	@F
Women's Soccer	
Oct. 11	Ste
Oct. 15	@B
Oct. 18	Yor
Oct. 21	Tab
Oct. 24	@F
Volleyball	
Oct. 13	Mc
Oct. 15	Ho
Oct. 17	Br
Oct. 18	@
Oct. 21	S
Oct. 23	@

A

Walker Phillips
Sports Editor

OCTOBER 4, 2003

McPherson
St. Mary's

It was a long bus ride to Leavenworth for the University of Saint Mary football team on Saturday. Though loyal fans of the Spires never gave up their jugs full of beer, the team got 'dawg' McPherson at the 62-34. This marked the Bulldog's first conference victory this season.

Transfer tailback Jacobs dominated the rushing for 305 yards and scoring touchdowns. Darrell junior slotback, added TD's in gaining 208 yards, with 164 rushing and 44 rushing. In his varsity start, quarterback Chris Johnson completed four touchdown passes, including the day 10 of 233 yards and 0 interceptions.

Considering these impressive stats, one might assume that a Bulldog victory was never in question. That hardly the case. Starting place of regular starter quarterback Erik Johnson who broke his left hand week in the game against Bethany, backup Chris Johnson fumbled four times in the first quarter. St. Mary recorded 168 yards of offense versus Mac's during the opening 15 minutes. Despite Colt Knight's 84 yard interception return for a touchdown.

Cross

Shandi Schomig
Editor in chief

The Bulldog cross country team will travel to Kansas Wesleyan this Saturday looking to show some pride what's going according to

BULLDOG ATHLETIC CALENDAR: OCT. 10 - 24

Cross Country

Oct. 11 Kansas Wesleyan Invitational .12:30 Salina
 Oct. 18 Southwestern Invitational10:30 Winfield

Football

Oct. 11 @Southwestern College1:30 Winfield
 Oct. 18 @Sterling College 1:30 Sterling

Men's Soccer

Oct. 11 Sterling College 8:00 McPherson
 Oct. 15 @Bethel College2:00 Newton
 Oct. 18 York College 8:00 McPherson
 Oct. 21 Tabor College 8:00 McPherson
 Oct. 24 @Friends University7:00 Wichita

Women's Soccer

Oct. 11 Sterling College 6:00 McPherson
 Oct. 15 @Bethel College4:00 Newton
 Oct. 18 York College 6:00 McPherson
 Oct. 21 Tabor College 6:00 McPherson
 Oct. 24 @Friends University5:00 Wichita

Volleyball

Oct. 13 Mohler Hall7:00 McPherson
 Oct. 15 Hoffman Student Union7:00 McPherson
 Oct. 17 Brown Auditorium TBA St. Louis, MO.
 Oct. 18 @St. Louis College of Pharmacy TBA
 St. Louis, MO.
 Oct. 21 Southwestern College 7:00 McPherson
 Oct. 23 @Kansas Wesleyan College7:00 Salina

Women set sights on rematch

Sterling soccer "in for a treat" here on Saturday

Walker Phillips
Sports Editor

Though still searching for its first season win, the Bulldog women's soccer team remains hopeful.

The team traveled to Winfield Sept. 27 to play a rematch with Southwestern. The women led 2-0 with only 13 minutes remaining in the game, but were stunned by a barrage of goals from the Moundbuilders, losing 2-4.

Last Thursday the ladies were dominated by the Swedes in Lindsborg, losing 0-7. Despite a first-quarter goal against Central Christian at Tiger Stadium last Friday, the Bulldogs were outshot by Central 2-37. Against Sterling on Monday, Sarah Story had 11 saves at the goal, but the 'Dawgs were unable to overcome their opponent's single score and lost 0-1. Wednesday, hardship continued as a tough Ottawa team beat up on the ladies, 0-7.

After several close battles and a few potentially

"Our women work hard everyday knowing their first win is just around the corner. Motivation isn't hard for these ladies."

—Coach Doug Quint

devastating losses, the McPherson kickers have had no problem maintaining enthusiasm.

"Our women work hard everyday knowing their first win is just around the corner," said head coach Doug Quint. "Motivation isn't hard for these ladies."

Quint acknowledges that some of this season's opponents "were far better than us" from the onset, but also that McPherson has had several chances to win against such teams. "We have just been unlucky in some games," Quint said.

"The ladies are really excited" to play a rematch with Sterling at home Saturday after losing to the Lady Warriors on Monday," says Quint. The



Mandy Harvey, #4, forward, sneaks past an Ottawa defender during Monday's game.

coach cites a focus on defensive play in preparation. "Once we get our gaps filled up and understand why we are giving up so many goals, we will

be so much better," Quint says. "Sterling is in for a treat here on Saturday. Our ladies are ready for them and so am I."

A "resilient" win for football

Walker Phillips
Sports Editor

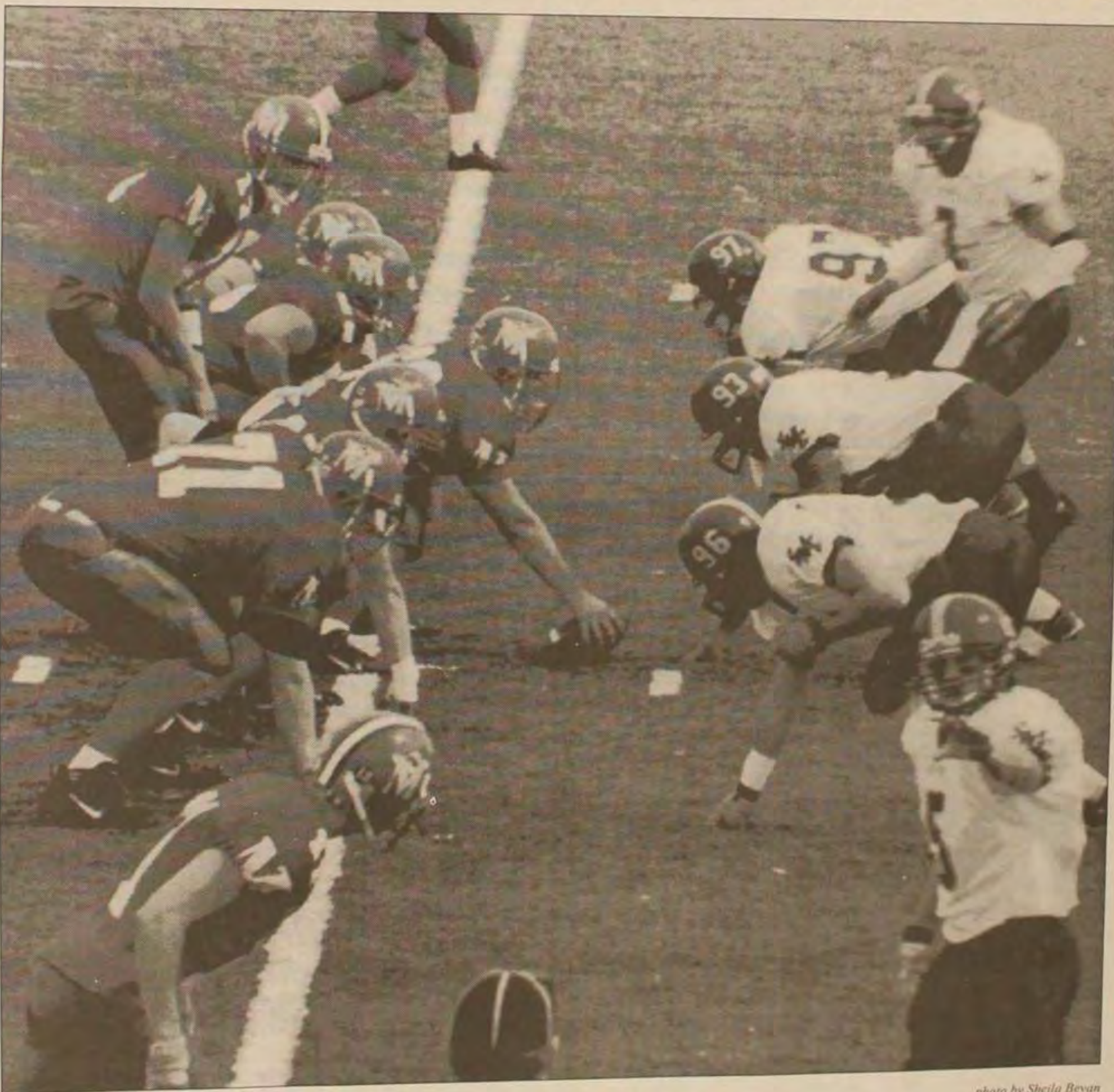
OCTOBER 4, 2003

McPherson 62
 St. Mary's 34

It was a long bus ride back to Leavenworth for the University of Saint Mary football team on Saturday. Though loyal fans of the Spires never gave up rattling their jugs full of beans, their team got 'dawged by McPherson at the Stadium, 62-34. This marks the Bulldog's first conference victory this season.

Transfer tailback Lamar Jacobs dominated the game, rushing for 305 yards in 34 carries and scoring two touchdowns. Darrell Cole, a junior slotback, added two TD's in gaining 208 total yards, with 164 receiving and 44 rushing. In his first varsity start, quarterback Chris Johnson completed four touchdown passes, finishing the day 10 of 20 for 233 yards and 0 interceptions.

Considering these impressive stats, one might assume that a Bulldog victory was never in question. That was hardly the case. Starting in place of regular starting quarterback Erik Johnson, who broke his left hand last week in the game against Bethany, backup Chris Johnson fumbled four times in the first quarter. St. Mary recorded 168 yards of offense versus Mac's 42 during the opening 15 minutes. Despite Colt Knigge's 84 yard interception return for a touchdown, the



The McPherson offense lines up at home against St. Mary this past Saturday. The Spires defense allowed a total of 609 yards.

"Dawgs found themselves facing a 12-point deficit by the start of the second quarter.

Coach David Cunningham admitted he was "a little discouraged" at the 7-19 first

quarter score. "We were on the verge of being buried at home. We had a lot of built-in excuses and reasons to give up. However, we fought back and won a game we had to win." Cunningham

characterized the team's second-quarter performance as "resilient" in coming back to lead 27-19 at the half. He credited strong play by offensive linemen Todd Davis, Alan Childress,

Aaron Rothenberg, Brian Goodell and Jarrod Zerr for enabling the accumulation of 609 total yards by the Bulldog offense. By "staying calm and sticking with the game plan," added

"We were on the verge of being buried at home. We had a lot of built-in excuses and reasons to give up. However, we fought back and won a game we had to win."

—Coach David Cunningham

Cross country awaits Kansas Wesleyan Invitational

Shandi Schoming
Editor in chief

The Bulldog cross country team will travel to Kansas Wesleyan this Saturday "looking to show some people what's going on," according to sophomore

runner Troy Hernandez. The meet begins at 10:30 a.m. at the Indian Rock Course next to Smoky Hill River.

First-year women runners Rachel Crist and Mandy Shobe will put forth an "awesome effort" at

Saturday's meet, according to Hernandez. Hernandez is hoping to run a 27:37 to break a record set by Southwestern's Landon Porter.

Last weekend the harriers traveled to Oklahoma State for the annual "Cowboy

Jamboree." Competing against 232 other men runners, Hernandez finished 76th overall, and seventh in the KCAC with a time of 28:16, his second best all-time finish.

Bryan Grosbach finished 168th in the race with a

time of 30:35 for the Bulldogs.

The women were led by freshman, Bethany Lobmeyer, who finished at 24:36, followed by Shobe (27:07) and Crist (27:56).

Hernandez finished fifth at the Tabor meet two weeks

ago with a time of 28:02. Grosbach followed with a 36th place finish at 31:00.

Although all the women continued to lower their season bests, the group is staying positive for Saturday's meet.

SGA plans Homecoming 2003

Casey Durst
Spectator Staff

Student Government Association, residence life staff and Student Activities Board have planned a Homecoming week full of new events as well as old favorites, beginning Monday, Oct. 20 through Friday, Oct. 26.

Senior Homecoming Court includes Cora Coleman, Chase; Lisa Salazar, Brownsville, Texas; Shandi Schoming, Davenport, Neb.; Kenny Romero, McPherson; Matt Tobias, Conrad, Iowa; and Robert Ullom, Wiley, Colo.

Representing the freshman class are April Stos, Hoisington, and Cody Chaffin, Hays.

Sophomore class representatives are Rylee Miller, Rangely, Colo.; and Jon Rothrock, McPherson.

Lois Davidson, Welda, and Erik Johnson, Caldwell, Idaho, will represent the junior class.

Voting for Homecoming king and queen will take place on Oct. 17.

"We've brought in some new activities, and we're trying to make it fun for students. We want them to get excited" about Homecoming, said Jen Schuyler, SGA

vice president. Among the new activities scheduled for Saturday, Homecoming Day, are a car bash and a carnival.

The carnival replaces the traditional activity fair "in hopes that more students will attend," said Tracy Stoddart, SGA and SAB advisor. Campus clubs will provide the carnival activities, which will serve as club fund raisers.

Dorm competitions, sponsored by Residence Life, will last throughout the week and will include dorm decorating, tug of war, an obstacle course, a cheer competition and an eating contest.

SAB will offer "Think Fast," a game-show-like trivia competition, as part of the dorm competition on Wednesday, Oct. 22.

Spirit Week, offered by SGA, returns with prizes awarded to the best dressed in daily categories. SGA will also sponsor a bonfire on Thursday night.

Bruce Appel, '83, Ronda Switzer Neher, '83, and Marty Ward, '78, will receive Young Alumni Awards at the honors convocation. McPherson College alumni plan to attend activities throughout the week-end.

Homecoming Schedule

Monday, Oct. 20 - Sunday Oct. 26

Monday

TBA Eating competition Cafeteria
..... Bed Head/Pajama Day

Tuesday

5:30 p.m. Tug of war and dinner Lakeside Park
..... Twin Day
..... Movie Night

Wednesday

9:30 p.m. Think Fast Trivia Game Mingenback
..... Color Day

Thursday

lunchtime "Toss the Coyote," Cafeteria
6:00 p.m. Cheer competition, Cafeteria
10:00 p.m. Bonfire vacant lot
..... Mismatch Day

Friday

1:00 p.m. Honors Convocation, Brown Auditorium;
7:30 p.m. Theatre Production: "Lost in Yonkers," Brown Auditorium
10:00 p.m. Obstacle course meet at the gazebo
..... Red and White Day

Saturday

9:30 a.m. Carnival Mingenback Hall
..... Car bash
12:00 p.m. Tailgate
1:30 p.m. Football vs. Kansas Wesleyan Bulldog Stadium
7:30 p.m. Theatre Production: "Lost in Yonkers" Brown Auditorium
..... Dorm decorating

Sunday

2:00 p.m. Choir Concert McPherson Church of the Brethren

NEWS BRIEFS

Official enrollment numbers reported

Official enrollment numbers have now been reported to the state, and they have increased significantly from last year. The fall 2003 semester's full time equivalency student count is 424, a 12 percent increase from last year.

"Much of that increase is due to the freshman class," said Karlene Tyler, associate dean of academic records. "We have experienced a 75 percent increase in our freshman enrollment compared to last year."

Enrollment of transfer students is the second highest in 20 years with 60 students.

President Ron Hovis gives credit for the increases to the office of admissions and financial aid and many members of the faculty, athletic staff and other employees.

The \$3 million renovations of the athletic facilities might have something to do with enrollment increases as well, according to Carol Swenson, coordinator of athletic recruitment.

International Bread Show seeks models

Models are being sought for an International Fashion Show that will be part of the International Bread Festival on Saturday, Nov. 8. The festival features breads from many countries of the world.

McPherson College students traditionally put on the fashion show, which features the dress of various countries and cultures, to help with the annual fund raiser. This year the fashion show will begin around 9:30 a.m. and is expected to last only 20-25 minutes.

Students who would be willing to model or lend an international or traditional outfit to the show should contact Jeanne Smith at extension 1246 or at smithj@mcpherson.edu.

The International Bread Festival generally raises several thousand dollars, all of which goes to hungry people in this country and abroad through CROP/Church World Service.

SGA contacts food service director

Student Government Association board members received a positive response from Greg Heimburger, food service director, to a list of cafeteria pros and cons. SGA encourages students to voice suggestions directly to Heimburger or to an SGA member.

SGA meets Sundays at 9 p.m. in the corner room of the SU basement. All regular meetings are open to the public. Anyone wishing to be on the agenda should contact Rebecca Stover, SGA president, at ext. 7598 by the preceding Wednesday.

TOP 10 REASONS TO GIVE BLOOD

1. It's the right thing to do.
2. You will be someone's hero. You may give a newborn, a child, a mother or a father, a brother, or a sister another chance at life. In fact, you may help save up to three lives with just one donation.
3. It's something you can do on equal footing with the rich and famous—blood is something money can't buy, only something one person can give another.
4. You will be helping to ensure that blood is there when you or someone close to you may need it. Most people don't think they'll ever need blood, but many do.
5. You will walk a little taller afterwards—you will feel good about yourself.
6. Nobody can ask you to do any heavy lifting as long as you have the bandage on. You can wear it as long as you like. It's your badge of honor.
7. It's something you can spare. Most people have blood to spare...yet, there is still not enough to go around.
8. It's easy and convenient. It only takes about an hour, and you can do it right on campus.
9. You will weigh less when you leave—the weight of one pint less.
10. You get free juice and cookies.

Source: www.give life2.org/donor/top10.asp

SGA to host blood drive

Laurie Neiman
Spectator Staff

Every two seconds someone in the United States needs blood.

Giving the gift of blood is a simple way to make a difference—and will probably never be more convenient for college students and staff than Wednesday, Oct. 15, when SGA will sponsor the first blood drive on campus since December 2000.

The blood drive will take place in the small gym in the Sport Center from 9:30 a.m. to 2:30 p.m. To reserve a time to donate contact Cora Coleman at extension 7530 but walk-ins are also welcome, Rebecca Stover, SGA president said.

SGA decided to host the blood drive "just to try and stir up some interest among

the college students," said Stover.

Any student 17 or older and weighing a minimum of 110 pounds is eligible to give blood. Donors cannot have existing health problems nor have donated blood in the last 56 days.

During registration donors must read information about donating blood and complete a form requesting basic health information. An ID card is required.

Trained personnel will ask some medical history questions during a private and confidential interview. Each donor also undergoes a brief examination during which temperature, blood count, blood pressure and pulse are measured.

After collecting a pint of blood, personnel bandage the arm and offer refreshments.

Although the donation process, from arrival until departure, takes about an hour, the donation itself takes approximately ten minutes.

Red Cross officials recommend that you get a good night's sleep and do not skip meals before donating blood. Afterwards, donors should drink extra water and fluids and avoid heavy lifting and physical activity for about five hours.

They also suggest that you wear short sleeves or sleeves that easily rise above the elbow. Make sure to relax and take advantage of the refreshments offered after donating.

SGA encourages all students to take an hour out of their schedule to give the gift of life, Stover said.

HLC accreditation preparations begins

Kara Reiff
Spectator Staff

A process that improves students' ability to obtain jobs after graduation or transfer credits to a graduate school recently got underway at McPherson College.

The process is an institutional self-study that culminates in a campus visit from the Higher Learning Commission (HLC) and-if all goes well-re-accreditation of the college for a 10-year period.

HLC is an organization that examines the effectiveness of colleges and universities. It plans to visit McPherson College on April 25-28, 2005.

To receive accreditation, McPherson College must prove that students receive a quality education, said Laura Eells, provost and dean of faculty.

The self-study and accreditation visit "is an opportunity to validate our own success at achieving our mis-

sion," said President Ron Hovis.

The self-study required by HLC consists of a series of reports prepared after the college examines itself against a set of five criteria. Criterion One considers mission and integrity. Criterion Two scrutinizes the college's strategic planning and preparation for the future. Three studies student learning and effective teaching. Four examines acquisition, discovery and application of knowledge, and Five inspects engagement and service. If the college satisfactorily meets all criteria, HLC could accredit it for up to 10 years.

A Self-Study Steering Committee has been appointed by President Hovis. In turn, the Steering Committee has formed committees to examine each of the five criteria.

Eells said that this process will allow us to look at ourselves and find out what we are doing well and what we

need to work on.

"Every one of us, including the institution, can improve," Eells said.

For the remainder of this school year, committees will meet on a regular basis to document their findings and discuss strategies to improve deficiencies.

This summer committees will draft a complete report, then revise and add to it as the next school year begins. In the fall of 2004, officials will hold a mock visit to help the college prepare for the accreditation visit.

Rick Tyler, professor of theatre and chair of the Steering Committee, said that as the accreditation visit gets closer, the college community will be informed about what the commission looks for from students and other community members.

Eells said the commission will want to meet with students and she hopes they will be willing. Committees may also survey students before the visit to help with

the self study.

Tyler said that the process shows how the college really has to work together, including everyone from faculty to facility management individuals. In addition to seeking current students' input, the college will also talk to recent alumni.

McPherson College will be among the first of many schools to complete the review process using new criteria established by HLC.

"Criteria used to be based on the historical perspective of the school," Tyler said. "New criteria require us to look toward the future. We must identify who we are and where we plan to be in the years ahead."

Tyler says the college is in good shape for the self study and accreditation visit because of the preparation that went into an accreditation visit from the National Council for Accreditation of Teacher Education (NCATE). A team from NCATE visited the college

last fall to evaluate McPherson's teacher education program.

For the NCATE accreditation, McPherson College had to evaluate itself not only for teacher education but also for each program in which it certifies teachers. Because of NCATE, Tyler said, some of the legwork is already done for the HLC accreditation.

Tyler said that the self-evaluation process involves a thorough study of the mission of the college. Criterion One requires that programs agree with the mission.

The college will be a better institution at the end of the accreditation process because it will clearly focus on the mission, Hovis said.

Eells urges students to ask any questions they have about the self-study process or accreditation.

The college celebrated the beginning of the self-assessment study with a kick-off reception Sept. 30 in Mingenback Theatre.