# The Mcゆherson College SPECTATOR 

# Auto program celebrates 25 years <br> \author{ Spectator Staff 

 <br> Tracy Firch <br> with over 100 entries.}

The auto restoration program celebrated its 25 th anniversary with a banquet Friday, May 4. The second annual C.A.R.S. Club car show was hosted on Saturday in conjunction with the banquet.
Attendees at the banquet in the Sport ${ }_{3}$ Center included past and current auto restoration faculty, students, alumni and National Advisory Board members. The dinner was planned by the advancement office with much help and input from Joel Keefer and Will Tobin, two students currently in the auto restoration program.
"It was well-attended by past alumni and instructors. It was great that Smoky Billue's family washere. Without him the program wouldn't have started," said Robert Vaughn, director of the auto restoration program.

Tobin, Cincinnati, Ohio and Keefer, Vienna, Va., gave a slide show presentation with pictures from the program. Scott McDearmon, SGA president, spoke of the camaraderie and great example the auto restoration students set for the rest of the campus. President Gary Dill spoke and Dr. Galen Snell, who was president of the college when the Auto Restoration program began, also spoke.
The C.A.R.S. Club's car show was an even bigger success than last year,
"The students produced the entire event. They did a great job. They put a full year into planning," Vaughn said. "It was nice that the entire college supported the event. It was nice of the sports complex people to let us take over their facility
The quality of the cars was another impressive feature of this year's show.
"Everything was gorgeous. The quality was outstanding. It blew our minds," said Adam Martin, C.A.R.S. Club president.
"People brought their cars in trailers. These were cars in immaculate condition, cars you'd see at big car shows. People from town were really impressed," said Laura Morgan, Culpeper, Va .
One factor in the improvement of this year's C.A.R.S. show was the increase in publicity.
"We advertised a lot more. We had a commercial on TV, ads or articles in major car magazines and radio spots," Morgan said. "Nate Lander, Will and I publicized the event when we went to Arizona for the Barrett-Jackson auction and when Adam and I went to California."
"There were articles about the C.A.R.S. show in the Kansas City Star, Wichita Eagle, Salina Journal, Topeka Capitol and the Hemmings Motor News, which is like the car person's bible," Martin said.


Mike and Diana Sterling, Wichita, pictured here with Adam Martin, C.A.R.S. Club President, received the People's Choice Award at the car show for their 1947 Cadillac Convertible.

## Fourteen awardswerepresented. Stu- this award. Raffle prizes were also dents, alumni of the program and current auto restoration students served as judges. The C.A.R.S. Club Best of Show was a Dodge Challenger; all C.A.R.S. Club members determined <br> awarded. <br> The auto restoration program's Na tional Advisory Board was on campus all day Friday in meetings. <br> "It's always great to have them here. <br> They have good ideas and are very helpful," Vaughn said. <br> "We want to thank Phil Hudson and the rest of the grounds crew for letting us use the grass. The faculty and staff were awesome," Martin said. <br> New behavioral science faculty bring clinical, classroom experience to McPherson College

## at 2001 Commencement

## Lindsay Krehbiel

Spectator Staff

The 113th Commencement will take place on Sunday, May 20, in Brown Auditorium at 2 p.m. The ceremony will end with a reception honoring graduates at the Quadrangle. Delivering the Commencement Address is Reverend Keith Funk, who is currently the pastor at the Church of the Brethren, in Quinter. His address is entitled "Open Wide."
Funk is 1988 graduate in philosophy and religion from McPherson College.
While at the college, he and his wife served as resident directors for the original Bittinger Hall. He was also listed in Who's Who Among Students in American Colleges and Universities.
Following graduation from McPherson College, Funk attended Bethany Theological Seminary and earned his divinity degree in 1991.

Steve
Gustafson, provost and dean of faculty, will present the 93 candidates for graduation and President Gary Dill will officially confer all degrees
 and honors. The seniors and faculty on the Commencement Committee chose Carolyn Coon to deliver the traditional homily and a senior ensemble will be performing "Be Ye Glad."
This year's marshals are Chet Buchman and Chris Curran. Buchman will be leading in the faculty and the platform party, which is the tradition of the newly elected SGA president.
Curran will usher in the senior class. Two seniors, who have not yet been chosen, will give the class welcome.

## Kara Reiff <br> News Editor

The college has employed two faculty to teach one-halftime in the behavioral science department. Jessica Brown and Jim Haritatos will be take these one-year visiting professor appointments.
"We are sad to see Ryn go," said Laura Eells, sociology, "but we are looking forward to having both new people in the department."
Brown holds an M.S. degree in counseling and guidance and lives in Wichita with her husband. She has done graduwith her husbanigher education and is ate work in higher education and pursuing a doctorate in business.
She has taught previously at Kansas Newman College, Webster University, Nutler County Community College. Butler County Commiversity and Wichita State University and McPherson College.
When the college began looking for someone to fill this position, the group
that was seeking out candidates thought of Brown because they had seen her work in the classroom when she taught a class here previously.
"Jessica has a very approaçhable teaching style. She is a discussionoriented teacher," Eells said. "She has a lot of real-world experience and academic preparation.
Brown will teach Minorities in the U.S., Social Problems and Human Sexuality.
"I think she will be able to inspire students and be able to get them excited for what they will be doing in class," Eells said, "Students will find her very approachable and will seek out her ideaseven though she will not be advising students formally."
Haritatos will teach several psycholHaritatos wincon Personality Theoogy classes, including Personality feories, Counseling, Child and Adolescent Psychology and Social Psychology.
"We are very fortunate to have found two people of this caliber and who are as excited as they are at the end of the
year," Eells said, "We found two ideal candidates for the positions."
Haritatos is a certified gerontologist, has maintained his own clinical practice and has taught a number of courses at Cloud County Community College. II have taught classes at Cloud County and I wanted to continue to make an impact on the lives of students," Haritatos said. "My primary motivation in taking this position is to maintain connections with students." Haritatos thinks that he will be a good resource because of his experience in social work and in clinical setting. He secieves he will create a good balance to Eells and Brian Midgely, psychology.
"I like the interchange of ideas and timulus of the classroom," Haritatos said. "I am looking forward to providing a chaltenging and provocativeenvironment for students.
Haritatos will not have any of his present responsibilities with career services, as that area will be reorganized for the coming school year.

## Mac Opinion

## OUR Lead Editorial

## THE SPECTATOR

Editorial Staff: LeAnn Wine, Courtney Irwin, Kara Reiff, Elizabeth Stover, Elissa Thompson, Genelle Wine.

## Celebrate unity

"We luv Dill," pronounced the underwear-laden banner, as it fell from the proscenium at Monday's Celebratory Awards Convocation. As the auditorium filled with laughter, it was apparent that a final prank of the year, was in good humor. Celebratory convo is a time for professors to recognize student's achievements. Outside of academia, though, it has been a tough year for some students to see the positive side of McPherson College. From the cancellation of the soccer, tennis and golf programs, to the annual tuition hike, the college has faced many challenges. However, several individuals and groups have risen above the problems and are helping to once again unite the college community.
Seemingly out of nowhere, Minorities United Spiritually Inspired Collectively, or M.U.S.I.C., formed to unite minority students on campus. M.U.S.I.C. has done more than that, though. Its poetry readings, parties, and talent show brought the whole campus together. Students were crying for a new outlet to express themselves, and M.U.S.I.C. provided that outlet.
Although probably inadvertently, the new set-up for convocations also served as a catalyst for campus unification. By encouraging students to attend more campus activities, more groups of students mixed together. Musicians went to basketball games and the C.A.R.S. show while jocks went to music concerts and poetry readings. Every student had the opportunity to be exposed to other students' activities.
Many students had a problem with the tuition hike this year. Because of the strong feelings about it, students shared their concerns in a forum of staff members and Trustees. Although student concerns didn't lower tuition, students felt that their voices were heard and were joined in a common cause. McPherson College, has been consciously working for better communication during trying times, expressing frustrations, and working to seek common ground. But why should the campus wait until there is a conflict to connect with each other? The end of this yearhas been a great one and should be a model to follow next year. This summer, challenge yourself to remember the good points from this year and learn from the less-than-ideal situations you dealt with. Come back to campus next fall with energy, an open mind. And possibly ideas for a new prank.

## The McPherson College SPECTATOR

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"Snow. I had never seen it before and I love it -Clay Benson fr., Austin Texas

"Last weekend at Fun in the Sun."
-Connie
Pucket, jr.,
Ulysses
"The first time I hadagirlsnightout at the club." - Melanie Bridges, fr., Noble, Okla.

is ending his career at McPherson College. The college wouldn't offer me tenure, so I have to find a new career. I guess it'sjust like a close friend said to me once: you should never love something or someone so much that you can't say goodbye to it or them, because eventually you will have to. I know the feeling.
I say goodbye after nine years, and yes, I have heard all the doctor jokes from Tommy Boy. Heck, I make some of them.
All humor aside, I have some serious thoughts and feelings to share and leave you with. I asked to write this column, not only because I have been here so long, but also because Becky Snell's column made methink. She is right. We can make a difference.
In nine years of being a student, I have seen and experienced a lot. I have been blessed with friendships that words can not explain. President Paul would become Brother Paul and Dr. Dill would become simply Gary. How wonderful our leaders are that informal becomes the rule, not the exception.
I came to McPherson wanting to change the world. I was young, energetic and naïve. I had a lot to learn and even more room for growing. One of the men responsible for helping me is no longer with us. My deepest regret and sorrow is that the great Dr. Leland Lengel won't be present to see me finally finish my degree.
As changes came and goodbyes became a reality, hello became a blessing. Gary Entz and Ken Yohn are incredible assets to McPherson College. WOW! What other words can I use to describe the compassion and love for teaching that these two have?
These next two goodbyes are the
hardest. Herb whet hardest. Herb, what can someone say to the most compassionate man I have evermet. You are McPherson College. You are the reason students come and want to stay at McPherson. Your door is always open to offer a hug, smile, or college the most incredible gift: you!


## Jerry's

Final Words

## Jeramy Bowen

Manny, we have just met, and yet my life is going the direction it is because of you. I am going into the ministry, because I feel God has called me through you. If I can touch the lives of one person as deeply and greatly as you have the entire community, I will be successful.
This wasn't supposed to be mushy love crap, butgoodbye ishard. I thought I would be funny, but so many emotions and feelings come out when you are remembering your greatest years so far. McPherson College is what brought my wife and me together. My friends, my best friend, became my family. All my friends know that I will al ways hold you close.
So McPherson College students, faculty, staff and administration, I say farewell with a heavy heart, but with a joyful skip in my step. I do leave you with a challenge that I believe you have to take. I challenge the administration to ask for help. You have to realize that you don't know or have all the answers, and sometimes that kid down the hall may have it. Please don't hesitate to use the students.
Staff, please know you are appreciated and needed. I know, first hand, that sometimes we get lost in the cracks, but everyone needs us, and they appreciate us. Keep up the good work, but also I challenge you to help the students grow and learn - the faculty are not the only teachers.
Faculty, I don't have any real challenges for you, save one. Take time for yourselves. Sometimes a break will allow you to see things anew and restore that incredible energy needed to teach all us hardheaded students. It may seem that we don't want to learn or listen, but you are the ones we take

What was your favorite experience of the school year?


When th panties fellatclosing convo."
-Jason
Chalashtari,
sr., Gore,
Okla.
"Spreading flour in Bittinger. (Steiner and Kenan did it!)" -JeffCure, fr., Burlington, Colo.

"The end - Anna Bricker, fr., Meriden


## 'Grandpa' gives words of wisdom to McPherson College

Finally, students, I give you the hardest challenge. I challenge you to accept your mistakes, but to accept them fighting. This campus is yours and yours alone. A united voice has to be heard, but leadership is the responsibility of all students. If you want change, make it happen. You can't make things different from your room, get involved, be proactive. It works.
Thank you McPherson College, the memories are deep and ingrained. Ihold you all close and with these fading

## And the

winners are... (A)

## KATE BAUER

Two weeks ago I challenged the college in a contest to create fun on campus. It's the end of the two weeks and I have found my winners.
In first place were The Mudhukers for their outstanding toga party equipped with mud pit, after party, and Buddha's nice pair of blue pasties! No chickens were hurt in the process of the huckers flying into the mud pit.
ScottMcDearmon won second place with his mellow acoustics in the Gazebo during the middle of the night. Even thought he can't remember all of the words to "Free Falling" he still put people in a good mood.
In third place is "Survivors," better known as Ebony Williams, Chenise Robinson, and Jessica Rainey who hosed down anyone that walked by. (I think Jay Williams got the short end of the stick on that deal).
It was nice to see some traditions come back, and people creating their own fun to help liven up Mac College.

## Urban Life Center

"Excuse me, are you lost? Does your manknow you're here? Will he be mad that I'm flirting with his woman?" an African American man says to me as I wait to change buses.
The men are always asking me if I know where 1 am. Of course I know where I am! Where I am is Chicago, the Windy City, where I'm student teaching through the Urban Life Center. I teach English in a 5th - 8th grade classroom at Cesar E. Chavez, a bilingual school.
The overall experience has been awesome. But I want to depict all aspects of my life here, not just one. Perhaps I can paint a clear picture of my life in Chicago by describing some of the things I've encountered on a regular basis at

## /a $\sqrt{1}$ al National <br> Perspective

## BETH Kidder

the bus stop, the school and my apartment. It may sound negative, but I guess that's life in the city
■"Do you have a quarter to spare, so I can ride the bus?" a young African American woman asks as I stand waiting for the bus in my down jacket, my book-bag overflowing with books and a portable stereo in my hands. Quickly I state, "I have no change."

## Religion course raises doubts about faith

One of my classes this semester is World Religions. I wanted to take this class because I'd heard that it was an interesting course, because I wanted to take aclass taught by Herb, and because I thought it would be interesting to learn about other religions. For some reason, I thought it would strengthen my faith by helping me better understand other religions. I never thought it would cause me to doubt what I believe, but it has. In this class, I have learned a little about Hinduism, Buddhism, Tao-ism, Shintoism, Zoroastrianism and Islam. You may wonder if I'm doubting my Christian beliefs because I suddenly am intrigued by one of these other religions and want to begin practicing it. Well, that's not the reason. I question because other people question. I ask myself how can I be so certain when other people find "proof" that I'm wrong and they're right.
Almost every day in class, I put up my guard. I try to close my ears to the questions, the doubts people put into my head. I don't want to doubt what I've always believed. In class, when Herb asks us to chant or walk around the class and bow to a little man sitting on the table, I have to ask myself if that's OK. Would God be angry at me for doing that? Sometimes I don't know. One day in class, Herb mentioned a scripture from the Bible: "On one occasion an expert in the law stood up to test Jesus. 'Teacher,' he asked, 'what must I do to inheriteternal life?' 'What is written in the Law?' he replied. 'How do you read it?' He answered, '"Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind," and "Love your neighbor as yourself." 'You have answered correctly,' Jesus replied. 'Do this and you will live."' Luke 10:25-28.
What was said about this scripture upset me a lot. Up to this point I had been able to push other doubts out of my mind and continue to believe as I always had, but now, I was breaking down, feeling crushed. I couldn't believe what I was hearing.
Could it be possible that there is a scripture that says you can have eternal life just by loving God and your neighbor? What about believing that Jesus Christ is God's Son, that He came to earth to die on the cross to save us from


Cornerstone

## DENISE NORSWORTHY

our sins and then rose again in three days? What happened to believing in that being the only way to Heaven? I wanted to cry. My heart felt broken. I couldn't get back to my room quickly enough. I hurriedly got out my Bible, turned to the passage in Luke and read it. I was really confused at that point. I felt such agony in my soul that I could hardly breathe. I kept searching because I knew there had to be something more.

And then I found it. I found what I needed. "In my Father's house are many rooms; if it were not so, I would have told you. I am going there to prepare a place for you. And ifI go and prepare a place for youl will come back and take you to be with me that you also may be where I am. Youknow the way to the place where I am going.' Thomas said to him, 'Lord, we don't know where you are going, so how can we know the way?' Jesus answered, 'I am the way and the truth and the life. No one comes to the Father except through me.'" John 14:2-6.
Tears of joy slipped down my face

## Poetry Corner

## Bright Green Philodendron

Bright green philodendron, Ileft you outside in the cold For days and days.
Your leaves, now brown and dry;
they told me, "Philodendron just don't die."

Your stalks were still green, Sol cut your brown limbs. You sit in the corner,
Glaring at me.

- by Angela Gribble

How do I explain that I'm rich, but have no changetogive her? How doI get used to others constantly begging for change as I turn my head, and they walk away cussing?
My students constantly ask me, "Cuantos anostiene? Yotengo ventidos anos. Pero, Usted esta vieja. Por queno tiene ninos?" It's hard for them to comprehend that I'm not a mother. A 14-year-old girl in my eight-grad class is four month's pregnant.
-"Students, please go straight home after school because there is activity in the neighborhood," says the assistant principal during the end of the day announcements. Thisneighborhood has four gangs. The students wear uniforms because of the gang activity

Last week a two-year-old girl was shot in the eye during a gang drive-by in the middle of the day. Her brother attends my school. I know a sixth grader with two tear drops tattooed on his cheek. The tears symbolize the number of people he has killed.
""We all need to remember to wash our dishes after we dirty them," my housemate states, as she washes her own dishes for the first time in a week and a half.
I have learned to be tolerant of other people'smesses. Sincel'm aneat freak, it has been a challenge forme to live with untidy individuals.
-"I can't believe she said that!" my housemate screeches in the hallway
s a test of tolerance that I fail miserably. I have to get up by $5 \mathrm{a} . \mathrm{m}$. every day for school. I am a pain in the butt when my housemates are loud after eleven.
Later the same morning, Iam awakened again by a car alarm attached to a junker continually sounding in thenight. Eventually, the rhythmic, obnoxious voice of the patrolman through the bullhorn-"Back away from the car, back away from the car"-lulls me to sleep.
I have changed and grown as an individual in so many ways during my semester with the Urban Life Center. I encourage each of you to challenge yourself to go beyond your comfort ourses to go beyond your comfor

## Experiences at McPherson College provide preparation to live in France

## My life at McPherson College will

 soon come to an unexpected close. Next year, Im headed for the other City ofLights....or at least I'll see it anyway. I'm going to Strasbourg, Franceto study through BCA.
Although I'm ecstatic to be going to France again, I'm not sure I'm ready to be finished with McPherson College. I have had wonderful adventures and experiences that I would not trade for the world. Here are a few things I have learned and some advice to go along with them.
I discovered the effect that tickling has on freshman women and how most upperclass men figure it out within a week.

- Ah. Behold the power of frosting on a rainy day...or finals week.
-What I wouldn't do to have my own cow in the cafeteria, rather than a tin can with milk
-The people I have looked up to the most have taught me to never underestimate my potential. When I see where


## Courtney IRwin

they have been and where they are going, I can't help but believe them.

- The word "no" still doesn't have a useful place in my vocabulary
-There is a difference between creativity and psychobabble.
- Always have a camera along at sunset during the fall.
- Stars are among the greatest gifts in the world, especially if they are falling in a shower of fire.
-There has to be something in Kwik Shop nachos.
-There are no excuses for getting caught for breaking visitation hours...only bribes.
It's better not to think about how
much of your food was on the floor before it was served to you.
$\quad$ Popcorn should be popped for three minutes, not thirty
-I don't believe in scarab beetles, don't believe in scarab heetles, I don't believe in scarab beetles.
-Roommates are like a perfect pair of jeans. No matter how much you wear them, they never fade. shrink, wear out or change. The only drawback is when you lose them.
- Expect the unexpected so much that you don't even expect the unexpected.
Change is inevitable. My life will changenextyear morethan I can dream. Some of it will be good and some will be bad, but everything I have learned here has unknowingly prepared me for my experience in $F$ rance.
My life has truly been fulfilled here, and I will carry the memories with me always.
Well, I do hope I can forget the food in the caf.


Q LIGHTS, CAMERA, ACTION! /T Celebrity look-a-likes discovered


Laina McKellip


Julie Stoffer


Peter Samland

## It's an honor just by him

 being as popular as he was with the ladies.-Dallas Blacklock, soph.
ing superstar. During Thanksgiving Break, Wells and Samland were cruising Main when some high school girls from Ellsworth spotted Samland.
"They asked my sister at school what Kevin was doing in my car," Wells said.
Matt Roberts, fr., Cheyenne Wells, Colo., was honored when Nichole Williams, soph., Russell, nominated him forlooking like wrestling big man, Stone ColdSteve Austin. "I'madie-hard fan," Roberts said.
Roberts has been perfecting his Stone Cold moves since he became enthralled with Austin on Wrestle-Mania two years ago. Roberts has an assortment of Stone Cold memorabilia from action figures and a vest to Stone Cold old's smokin' skull belt. Roberts would even wrestle his peers in high school.
"T'd give people the Stone Cold Stunner ." Roberts said.
Roberts was definitely elated to participate in the look-a-like story.
Thanks for nominating me, Nichole Williams. It's an honor and aprivilege,"
Roberts said


Cora Coleman


Kevin Richardson

It's not a bad thing, but I like to be my own person.

Matt Marcus, soph., Grass Valley, Calif., nominated James Conley, fr., York, Penn., for resembling Goose from the movie "Top Gun."
"I've been called it the entire year here," Conley said of his nomination. Conley's nicknames of "Top Gun," "Ice Man" and "Goose" originated when he bought reflective sunglasses like those worn by the characters in the movie
"I got those sunglasses because I liked the style," Conley said
Conley is proud to be identified with his nicknames. His voicemail even refers to him as "Top Gun."
"Ithink it's kind of fun,"Conley said. LainaMcKellip, soph.,Nampa, Idaho, was nominated for resembling Julie from MTV's "The Real World" by Jodi
Good. Good.
"I was kinda surprised," McKellip said
However, McKellip doesn't feel she knows adequate information to pass judgment on whether she and Julie are really alike.
II don't even know who she is,"


## Jenna Elfman

If I looked into a mirror and I saw his reflection staring back at me, I would know that it wasn't me.
-Peter Samland, soph.

## McKellip said

Though several people have told her that she is muchlike Julie, McKellipjust hopes that Julie isn't "too annoying." McKellip also differs with Julie in her religious thoughts.
"I'm not Mormon," McKellip said.
BaBaRobinson,jr.,Oklahoma City, received her nomination from Ebony Williams, soph., Kansas City, for looking like rap star, The Brat.
"It's funny. I get it all of the time," Robinson said
Robinson laughed as she recalled that it is the worst pick-up line that she gets.
"Most of the time I say, 'Can't you come up with something original? Or I just walk away," Robinson said.
Robinson believesthat shelooks more like The Brat when she lets her hair grow out and wears it braided. People have been comparing her to the rapper for the past two years.
"It's not abad thing, but I like to be my own person," Robinson said.
Even though the clothes they wear and the hairstyles they display are similar, Robinson made it clear that she is different than The Brat in a major way. "She can't dance. I can," Robinson said.
Dallas Blacklock, soph., Houston, Texas received his nomination for looking like the late rapper TuPac from Marcus.
"It's not the first time," Blacklock said.
Blacklock believes Tupac resembles himin some small ways. He recognizes that they have the same build and same color. However, when Blacklock was bald, he feels that he looked even more like the rapper
Blacklock is proud to be associated with Tupac, who just happens to be Blacklock's favorite rapper
It's an honor just by him being as popular as he was with the ladies,"

MCPHERSON CELEBRITIES


Matt Roberts (Stone Cold Steve Austin)


Baba Robinson (Da Brat)


James Conley (Goose from "Top Gun")

## $\underset{\text { westofert }}{\text { Alternative exercise WOIKS OUt at McPherson }}$ <br> \author{ Spectator Staff 

 <br> It is a lot of stretching <br> "It is a lot of stretching and flexibility.}Whilejogging, swimming, and shooting hoops are activities most students usetoget their exercise, four McPherson students have put their aerobics videos and Weight Watcher's membership's on hold to perfect new tactics for staying in shape.
Caleb May, jr., Warrensburg, Mo., and Dustin Gregg, ' 00 , have been practicing the art of Kendo off and on for three years. Kendo is a Japanese martial arts form and can be described as

It's like Jazzercise with a piece of bamboo.
-Dustin Gregg, '00
sword fighting with bamboo sticks.
"It's like Jazzercise with a piece of bamboo," Gregg said.
Gregg and May learned Kendo from a former McPherson College student who gave them some rudimentary training. Other than that, the two musketeers have taught themselves, and now they both fight ambidextrously. Both Gregg and May agree that Kendo gives thema good full-body workout.
"It's a constant movement for about two hours," Gregg said.
Kendo only requires an open outdoor area and the bamboo sword, but padded
and flexibility. After the first couple of Mondays, my legs were a little sore.

## Becky Snell, fr.

## gloves are highly recommended since

 participants do get hit with the bamboo sword."It is oft times painful. . . very painful," May said.
For Gregg and May, the object of Kendo is not to defeat or injure your sparring partner, but rather to improve speed, skill and coordination.
Instead of fighting with sticks, Becky Snell, fr., McPherson and ten other McPherson women participate in the college's belly dance troupe, directed by Professor Mary Flagg. Traditionally, belly dancing is for women only.

It is oft time painful very painful.

This semester, the group learned a veil dance, slowly perfecting the routine every Monday for about an hour. Though the troupe did perform a recital, Snell said that it was really for her own personal fulfillment. It also provided for some good exercise.

After the first couple of Mondays, my legs were a little sore," Snell said. Besides the physical benefits of belly dance, Snell also enjoyed the stress relief and the creative outlet that it provided.
For the lazy at heart, fitness guru Matt Roberts, fr., Cheyenne Wells, Colo., seems to have found an ideal workout. His exercise regimen: five diet pills a day. Roberts takes two pills after breakfast to give him energy, one pill each before lunch and dinner to improve metabolismand one pill sometime in the afternoon to control appetite. Roberts

This way l'll never miss my favorite TV show.
claims to have lost five pounds in two weeks due to the pill-taking habit and is keeping it off with minimal exercise.
"This way I'll never miss my favorite TV show," Roberts said.
However, this method is not without side effects, Roberts warned. While on his pill diet, Roberts had extreme difficulty falling asleep at night, creating a vicious cycle that eventually made him tired during the day and energetic at night. However, he still stands by his methods.
For critics of his methods, Roberts said, "It works, doesn't it?"


Dustin Gregg, '00, and Caleb May, jr., Warrensburg, Mo., practice Kendo.

## Scholarships: A worthwhile contribution

## Chris Curran

Business Manager
Standing in the enrollment line, students often feel like abrick has hit them as the debt on their student account smacks them into reality. Luckily, donors soften the blow with financial support that can keep us coming back to that enrollment line for at least eight semesters.
"Most of the scholarships offered at McPherson College are provided by alumni, or friends and family of alumni,' said Fred Schmidt, quality assurance director. "Generally scholarships are given because of a positive regard for a pastexperience at McPherson College."
Many times scholarship money is simply placed on the student's account without much thought of where the scholarship actually originated. Many families play a part in supplying funds for student educational needs. The Yoder family of McPherson is an example of such a family.
Una Hester Yoder was born on February 23,1912 . During her lifetime she dedicated 25 years to McPherson College as a professor of speech, literature, and drama. She also led a book discussion group at the McPherson Public Library for 17 years. In 1984 she was awarded the McPherson College Alumni Citation of Merit for meritorious achievement, leadership, and service.
Even in death Mrs. Yoder continues to contribute to the furtherance of the community of McPherson College through the Una Hester Yoder Memorial Scholarship.
"My wife requested that all memorial
donations go to either the public library or McPherson College," said Una's husband, Wilbur Yoder, a 1934 graduate of the college. "As it became a large sum I talked to my children and we decided to use the funds for a scholarship in my wife's name.
Most scholarships are funded through wills or trusts. The person drafting the will specifies that certain monies are to goto McPherson College. When drafting a will, people often designate where and to whom the scholarship is sup-
making sure that scholarships are distributed fairly. Most scholarship contributions are given to McPherson College as a lump sum of money froma will that was written many years prior.
"It is important for people to talk to McPherson Collegeto helpthemdetermine the best way, so that the gift(s) that are created will be effective," said Bob Vesely, director of gift planning. "Certain restrictions can be contradictory to the way the college deals with scholar-
ships. Some of the older scholarships fall into this category."
One of the newest forms of scholarship creation is the endowed scholarship, which was recently approved. The scholarship has a $\$ 15,000$ minimum, and then the scholarshipis funded through the interest revenue generated by the lump sum. Anendowed scholarship can be started with $\$ 1,000$ if the donating party shows good faith that the full $\$ 15,000$ will be reached.
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posed to go. For example, one scholarship is designated for students from the Western slope of the Colorado Rockies. Scholarships can also be created through a Charitable Remainder Trust. This type of trust is like an annuity, where a donor gives a lump sum to the college. In turn the college makes specific payments to the donor over the remainder of the donor's life.
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## STORAGE TOWN




Co-Athletes of the Issue


Art Baker, a junior from Strong City, participated in tennis for the first timethis spring. According to coach Robin Johnson, Baker improved the most on the team.
Art Baker
BarbieSerrano, a freshman from Brownsville, Texas, was the fifth top scorer at the KCAC track meet last weekend. She has placed in the top ten in the long jump at every meet this season.

## Mike Mitchell

Spectator staff
Barbie Serrano and Billy Ray Smith led the Bulldog track team to a successful day at the KCAC track meet Saturday, May 5. Both Serrano and Smith received All-Conference recognition for their performances.
Scoring 22 of the 24 points for the women's team, Serrano placed in three events. Her jump of 16 feet, $81 / 2$ inches earned gold in the long jump
and was a season best. Serrano also placed second in the triple jump with a jump of 35-1 $1 / 2$, and fourth in the 100 -meter dash with the time of 12.71 seconds.
"I expected to do good in the meet," Serrano said.
"Serrano is a very good jumper and is dedicated at workout," head coach Erik Dickkut said. "This was her best performance of the season."
"They'll hear more about me next year," Serrano said.
Serrano will compete as an individual in long jump at the Emporia Invitational track meet this weekend in an attempt to qualify for nationals. She hascomeclosetothe mark previously with jumps that were disqualified.
Elizabeth Stover scored the remaining two points for the women'steam, finishing fifth in the 800 with a season best of $2: 33.97$ seconds. She also placed seventh in the 1500 with a season best of 5:34.71.
The men's team came out of the meet with seven points. Billy Ray Smith was the top scorer, placing third in the triple jump with a personal record of

43-1. Smith also just missed the top six in long jump, placing seventh (20-10).
Ray Salinas scored one point, grabbing sixth place in the 100 -meter dash with a time of 11.10 . Adam Cacal threw the shot put and discus for the Bulldogs.
"I practiced too hard and my arm wastired going into the meet," Cacal said. "It's hard as a team to do as well as we would like when other teams have five and six people throwing and we have one or two."
"This wasn't my best performance of the year either," said Clay Haggard, who felt the windshad an impact on all the events. As a graduating senior, Haggard felt his last season was a good one.
Sean Eason was mentally prepared for the KCAC meet. Eason had very high expectations and felt that he "got stronger every track meet"

At the start of the race Eason contends that his blocks slipped from under him, but the race wasn't called back. Eason felt the track meet was the worst performance of the year for him, but plans to go "all out next year."
Also participating for the 2001 track and field season were Brisa Saks, Christine Sheller, Shane Netherton, Archie Achuara, Daniel Butler and J.C. Otero,

Dickkut felt that although the team went through some rough times, his first season as coach was a success.
"The season went pretty well," Dickkut said. I will be looking forward to next year, because we are getting in other recruits to help us out."

## Coaches adjust recruiting to include athletic scholarships <br> Elizabeth Stover

Sports Editor

With the recent introduction of athletic scholarships at McPherson College, coaches have a new tool to bring student-athletes to campus. After a semester of recruiting, athletic director Dan Hoffman feels there has been a positive response from the recruits.
"The caliber of skill level will improveoverthenext few years," Hoffman said.
Every sport has at least two scholarships to offer incoming freshmen and transfers. Football has eight. But with
many athletes waiting on total financial aid packages before deciding, the majority of the athletic scholarships are still pending.
Head football coach Dan Davis has offered all eight of his scholarships but nothing has been made official
"There are positives and negatives about the scholarships," Davis said. He has been heavily recruiting offensive players for next fall's season. With 34 men in the spring training program, Davis is confident about the program, "We're miles ahead of last year, but we'rejust trying to rebuild," Davis said. Mel Wright, head women's basketball coach, feels the scholarships are
helping him get his foot in the door to talk to players earlier.
"It's helping to a degree, but we're still behind the curve," Wright said. One women's basketball scholarship has been offered but is still undecided. Many of the coaches agreed that while the scholarships are a step in the right direction, the limited number of scholarships also makes recruiting harder. Coaches are finding that incomingathletes not offered an athletic scholarship become frustrated.
Accordingto Roger Trimmell, men's head basketball coach, this may be due simply to confusion about the existing overall scholarship system.
"Kids want to be rewarded for both academics andathletics," Trimmell said, "even if it was the same amount of money divided differently."
Trimmell spends four nights a week on the phone with incoming students. Every Monday and Wednesday the team scrimmages with the recruits.
"I've been doing this for a long time," Trimmell said. "But two scholarships makes an improvement over last year. Both men's basketball scholarships have been offered but are undecided. Regardless of the effects of the new scholarships, most coaches are optimistic about their upcoming seasons.
"We have ten returning athletes and

I'd like to get at least 18 players," said head volleyball coach Nathalea Stephenson. "We've offered one scholarship so far, but we already have three athletes signed to come play."
Cross country head coach Erik Dickkut is waiting to hear from one men's cross country runner, while one women's cross country scholarship has been accepted.
"We're working on two full squads for men's and women's. We have a good base so if we can build on that we should be competitive," Dickkut said.
"The kids have a good attitude." Davis said. "I'm feeling pretty confident."

# Season improvement overshadows fifth-place finish in conference 



Kimmi Hogan leaps to catch a pop-up fly vs. KWU.

## Scott McDearmon

Spectator staff
The McPherson Bulldog softball team ended its season tied with Bethany for fifth overall in the conference. Mac played its last game against Kansas Wesleyan, losing 0-8 in the KCAC tournament. The loss was a tough one for the Bulldogs, but their play in the tournament was much improved compared to regular season play
"We were the last seed going in. No one really gave us a chance to win," said head coach MikeMcCormick. "But we cut down on errors, and the girls played hard.
Despite the team's position after regular season, four Bulldogs were recognized with All Conference Honorable Mentions: Juli Greep, pitcher with a .385 batting average; Kimmi Hogan, second base (.385); Jessica Brown, third base (.424); and Lisa Salazar, left fielder (.304).
"I think it really says something that we were able to stick with Friends, who were only up 2-0 for five innings," McCormick said. "We also beat Ottawa who ended up third in the tournament."
The Bulldogsdefense improved over the final games of the season. The Bulldogs had only four errors in the tournament. Team unity also increased in the final weeks, McCormick said. "Everyone got along overall. I'm very pleased.
"Towards the end of the season we were playing better with each other. We gave more encouragement," Amber Ontiveroz said. "It's like a chain reaction. When one person gives encouragement, it helps keep mistakes down."
"I think our biggest improvement was overall attitude," Hogan said. "It's hard to turn a young group of girls into a team."
With one season of official conference play under its belt, the team is looking forward to next season. The Bulldogs have 10 possible upperclassmen returning nextseason, with a strong returning core of outfielders. With these possible players as a base, Coach McCormick is actively looking for prospects. He has nine solid recruits, four of whom have already signed letters of intent.
"I'm still looking for more pitching, and hopefully more infielders," McCormick said, "I expect to raise at least one to two spots in conference and hopefully play .500 ball next year or better."

## Sports Briefs

## - Schwartz, Alvarez <br> named Athletes of the Year

Erica Alvarez and Jason Schwartz were named the Female and Male athletes of the Year at the Annual Awards Convocation Monday, May 7.
Alvarez is a freshman from Brownsville, Tex., and has been akey player in the volleyball, basketball, and softball teams this year.
Schwartz, a senior from Manhattan, played football for Mac earning numerous awards. During this last season, Schwarz was named first team All-American. The names of both ath letes will be engraved on the plaque in the Sport Center.

## - Football recruits

announced for 2001 season
McPherson College head football coach Dan Davis has announced sixteen signees for the 2001-2002 school year.
Joining the Bulldogs next season will be Collin Singleton of Spanish Forks, Utah; ToddDavis of Chalmette, La.; Wilbert Morris of Lawton, Okla.; Robert Jackson-MicCall, Hoxie, Ark., Dennis Joiner of EI Paso, Texas; Durale

Harperof Hugo, Okla; Neil Reinhart of Ruston, La.; Randy Ladd of Bisbee, Ariz.; Rod Boatner of Lynnwood, Wash.; Lorenzo Hearns of Clearwater, Fla.; Brendan Baptiste of Fairbanks, Ala;BrentStehlingof ThreeRivers, Texas; and Alan Childress of Chalmette, La.

## - Tennis men hit the nets at <br> KCAC tournament

The men's tennis team finished up the season last weekend at the KCAC tournament, earning seventh overall in both regular season andtournament play. According to coach Robin Johnson, the team did better than expected.
"We were a lot more competitive in the tournament than in regular season," Johnson said. "I wish we had another season to look forward to."
Art Baker was the top finisher for the Bulldogs in singles, taking fourth in \#5 singles. Two doubles teams also finished in the top six. Lynn Walter and Baker lost in the fifth place game in \#2 doubles while Chet Buchman and Tim Weaver earned fifth in \#3 doubles.
"I was real pleased with Art's first round. He was justovermatched against Bethany in the semi-final round," Johnson said. "The guys went out there and played hard every match. I
never could fault their effort. I am very happy to have coached such great student athletes," Robin Johnson said.

## - Walter awarded sportsmanship award

Lynn Walter, a senior majoring in business management, was named the co-winner of the KCAC tennis sportsmanship award for the 2001 tennis season after the tournament last weekend. Walter is the \#3 singles for Mac and partner of Art Baker in \#2 doubles.
"Lynn played hard every time out," coach Robin Johnson said. "He was always a gentleman on the court."

## - Six athletes signed to McPherson softball

Head softball coach Mike McCormick recently announced his first signees for the 2001-2002 school year. Joining the Lady Bulldog softball program next season will be Kendra Anderson of Tampa; Lois Davidson of Welda; Season Graves of Lawton, Okla.; and Kimberly Taylor, atransfer from Cloud County Community College.

## Mac Trivia

Q: Which Big 12 University has lost 83 percent of its women's basketball games to McPherson College?

## A: The University of Kansas

From the seasons of 1969 to 1972, the McPherson women's basketball team competed against the University of Kansas in the regular season, defeating them five of six times. Led by coach Doris Coppock ' 48 and student Mary (Hutchinson) Holloway' 73 , the Bulldogs traveled to Lawrence for two of the six games.
"We'd had more time to build our program than them. Mary was such a strong player," said former coach Doris Coppock. "It was a lot of fun."
The men's basketball team has also enjoyed victory over the highly-regaled Jayhawks. During the 1908-1909 season, Mac traveled to Robinson Gymnasium on the KU campus to take on the already much larger university.
loss @ McPherson March 4, 1969
61-67 @ McPherson Feb. 14, 1970
40-37 @ McPherson Feb. 27, 1971
31-26@ Lawrence March 5, 1971
44-40 @ Lawrence March 6, 1972
44-40 @ McPherson 1973
information courtesy www. kuathletics.com


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## Conyers awarded Prof of the Year <br> manship Award was given to Luke

Kara Reiff

News Editor
In spite of a "brief" interruption during Jo Hayes' presentations for the business students, Monday's Celebrative Awards Convocation recognized various groups of students and individuals for their achievements. An underwear curtain meant as a prank for President Gary Dill fell early to the amusement of the audience.
Along with student recognition, one professor was also rewarded for his time and effort this year. Who's Who students presented the Professor of the Year Award to Wayne Conyers, art.
"What an honor to have the Who's Who students choose you for this," Conyers said. "It is one thing to have your peerstell you you're doing a good job, but it is another thing to get something like this from students."
Conyers said he was stunned and surprised to get this award. He feels very honored to be a part of the group of professors who have already received this distinction.
The Jay Leno/Popular Mechanics Scholar this year was David Muir, McPherson. This scholarship pays for all school expenses for one year at McPherson College.
To achieve this scholarship, students must have a GPA of 3.0 or higher, have enthusiasm for the restoration program and have good public speaking skills. Genelle Wine, Imperial, Neb., was given the Burkholder Award and Jonas Lichty, Quinter, was given the Merit Research Award. Both awards are given to science students who perform outstanding work on their senior research projects.
Julie Scheef, Bennington and Tim Hayden, Rangely, Colo., both received national awards from the KCAC. Scheef attained the A. O. Duer Award and Hayden, the Emil S. Liston Award. The students also earned $\$ 1000$.
The Julian H. "Pop" Rice Crafts-

Chennell, Evergreen, Colo.
Ryn Deitz, psychology, named Nancy-Jill Crank, sr., Hutchinson, as the Behavioral Science Student of the Year in psychology. Crank has the highest grade point average of all graduating psychology students this year. Laura Eells, sociology, presented Jennifer Flood, McPherson, with the Behavioral Science Student of the Year Award in sociology.
Amanda Tuttle, Quinter and Becky Ullom, Wiley, Colo., achieved Model Educator Awards.
LeAnn Wine, Imperial, Neb., received the Outstanding Accounting Student Award. Matt Porter, Quinter, Nicole Phillips, Great Bend and Victoria Crow, Hutchinson, were recognized as Outstanding Business Administration Students. Each of these students had perfect or near perfect grade point averages.
Each year, two history students receive the Leland L. Lengel History Scholar Award. This year, Laura Potts, fr., Chandler, Okla. and Philip Michael, fr., Iola, were honored.
The Outstanding First-Year Chemistry Student was Chris Almaguer, Abilene, Texas.
Kansas Collegiate Athletic Conference (KCAC) academic all-conference athletes were recognized and Erica Alvarez, Brownsville, Texas and Jason Schwartz, Manhattan, were named Female and Male Athlete of the Year. Carolyn Harris, Hutchinson, received departmental honors in the area of computer science.
Clay Haggard, Lebanon, Mo., was identified as the Outstanding Physical Education Major.
Brethren Colleges Abroad (BCA)/ Foreign Study Awards were given to students who have participated this year and also those who will study abroad for the next school year. BCA international students who have been studying at McPherson College were recognized.


Denise Norsworthy, sr., Peace Valley, Mo. and Becky Snell, fr., McPherson, perform in Mingenback Theatre, Monday, May 6.

## News BRIEFS

## M.U.S.I.C. Club sponsors

 dance and poetry readingThe M.U.S.I.C. Club will sponsor a dance in the Doghouse, tomorrow, May 11 from 9:30 p.m. to 1:30 a.m.

The club held another poetry reading last night in the Doghouse from 7:30-9:30 p.m.
Relay for Life event to be in Wall Park June 8-9

The annual all-night Relay for Life event will be on Friday, June 8 , beginning at 6 p.m. and continuing through Saturday, June 9,6 a.m. in Wall Park.
McPherson College is organizing a team of walkers to attend. Ten people are needed to field the basic team, but all are welcome to participate by making donations.

Those interested in becoming a team member and/or making a donation, should contact Connie Stucky at ext. 1372 or email her at stuckyc@mcpherson.edu.

## All Schools Holiday

Tomorrow college offices will be closed because of the All Schools Holiday. There will be a parade in the downtown area. When you purchase an All Schools Day pin for \$1, you can get an all-day pass at the carnival for $\$ 10$.

## Campus to improve over summer

LeAnn Wine
Editor in Chief
Students returning to campus in the fall will notice improvements made over the summer. Some improvements will not be visible to students but will be appreciated.
Among projects beginning after students leave for the summer, Dotzour, Metzler, and Hoffman Student Union will have their roofs replaced, Dotzour and Metzler bathrooms will be refur-

| Final Exam Time | Monday May 14 | Tuesday May 15 | Wednesday May 16 | Thursday May 17 |
| :---: | :---: | :---: | :---: | :---: |
| 8:00 a.m. | $\begin{aligned} & \text { 9:30 Classes } \\ & \text { MWF } \\ & \text { MTWF } \end{aligned}$ | 10:30 Classes MWF MTWF | 8:30 Classes MWF MTWF | 1:45 Classes MWF MWRF |
| 10:30 a.m. | $\begin{gathered} \text { 1:45 Classes } \end{gathered}$ | $\begin{aligned} & \text { 9:30 Classes } \\ & \text { TR } \\ & \text { 3:45Classes } \\ & \text { MWRF } \end{aligned}$ | $\begin{gathered} \text { 12:45 Classes } \\ \text { TR } \\ \text { MWRF } \end{gathered}$ | $\begin{gathered} \text { 10:30 Classes } \\ \mathbb{R} \end{gathered}$ |
| 2:00 p.m. | $\begin{aligned} & \text { 2:45 Classes } \\ & \text { MWF } \\ & \text { MWRF } \end{aligned}$ | $\underset{\mathbb{T}}{8: 30 \text { Classes }}$ | 7:30 Classes MWF MTWF | $\begin{gathered} \text { 11:30 Classes } \\ { }_{R} \end{gathered}$ |
| 7:00 p.m. | Monday Night Classes | Tuesday Night Classes | Wednesday Night Classes | Thursday Night Classes |

bished and the main entry of Dotzour will be replaced. There will also be a sidewalk installed along Gordon Street. When students return in the fall, air conditioning will remain on all day due to an energy management system being installed over the summer as well as a new rate structure at the utility company. The system will allow plant operations to monitor and control the electrical demand of the college.
Students in Bittinger Hall will enjoy a quieter hall next fall. Plant operations
staff will be installing sound dampening materials in the lobby and the rooms over the summer. The material, similar to bulletin board material, will beput on the walls. Then a wall covering will go on top.
"We'll see if this works," said Phil Hudson, director of plant operations. "If it does, we'll do more of the same. If not, we'll try something else." Morrison Hall will not be dampened until a successful method is found, according to Hudson.

## Harnly remembered by alumni, faculty, students

## LeAnn Wine

Editor in Chief

Alumni, faculty and students will gather to remember Harnly Hall at the commemoration service on May 19, 2001 at $2: 30$ p.m. The service will include a litany, speeches by Kent Noffsinger and Laura Morgan and a final tour of the building.
Harnly was built in 1922 and has served many different departments over the years. The building has been wellused and is valuable to alumni who studied there, according to Bob Knechel, director of advancement.
"The purpose is to appreciate, recognize and honor the relationship between the building and the college," Knechel said, "then to take forward the relationship between faculty and students to Melhorn.
President Dill will preside over the
service. A litany written and led by Bruce Clary, English, will begin the ceremony. Then Noffsinger, physical science, and Morgan, jr., Culpeper, Va., will speak on behalf of the current faculty and students, respectively.
A booklet is being prepared that shares a history of Harnly.
"We wanted to get an overall remembrance of Harnly Hall," said Donna Swenson, information services.
The booklet contains photographs of the building over the years and a list of professors and disciplines housed in Harnly. Alumni were invited to share anecdotes or memories about Harnly. Twenty of the fifty alumni responses are printed in the booklet. A rendering of Harnly Garden, which would take the place of the building, is also shown in the booklet. Although plans are no. final, this is one thought for the use o the space.

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## Students acquire skills to fulfill mission, become successful

Time's up! Members of the class of 2001 are counting the days until freedom fromacademia. At least, most are. And one of the biggest questions is, "What now? Cañ I survive life in the real world?"
So, what are you going to do with everything you learned at McPherson? Graduates should be able to use their hard-earned knowledge in a job, or during grad school. Even if they can't, there are during grad school. Even if they can 1 , there are
lessons graduates will be able touse no matter what lessons graduates will be able to use no matter what life holds in store for them.
From the lecturn on the stage in Brown Auditorium, students have heard the college's mission statement countless times. In fact, most students
have the sentence memorized by the time they attend their first class their freshman year "McPherson College's mission is to develop whole persons through scholarship, participation and service."
Some more cynical members of our college community will say that the mission statement is just lip service or that it is never acted upon. Others may say that the mission is a good one, but that it may say that the missient in the everyday happenshould be more ev
ings on campus
The action in the statement, "developing whole persons," cannot take place overnight. In fact, the success of the mission may not be evident until
many years after a student has graduated and gone out into the world beyond Euclid, Gordon, Carrie and Baer.
As the college prepares to send the Class of 2001 out into the world, we can be confident that each out into the worla, was at Mas been broad and graduate's education at future. The graduates will will benefit them in the future. The graduates and English. have learned abo how to prepare a budget and others howe to separate proteins by electrophoresis. Some how to separate protensirand others will be able to will be able todirect a choir and others will be ableto rebuild an engine.
Beyond the education in the classroom, gradu
Bes of McPherson College will have the social
skills to survive in the real world. Most of the graduates will have learned how to live in community with others. Most will know how to handle the anxiety of giving a speech to a roomful of people. Some will know how to conduct meetings and Some will know how to coming a pep talk to fellow some will be experts at giving a pep talk to fellow athletes. Others will have the ability to console a friend who just lost a loved one.
All the skills acquired by Mac graduates will help. All theskils eqect of their lives. Though they them in every aspect laid out when they leave, may not have aclear path laid out when they they can use their education at McPherson tofind a path, become a successful person, and survive the world that is awaiting them.

# Stopthespinningworld <br> r., Grand Junction, Colo., like 

 soph., Lamar, Mo. "Anything to get my mind out of reality.
Julie Montoya, soph., Pueblo, Colo., has found that just keeping a sense of humor helps her deal with things.
"Having a good sense of humor is the only way I keep my sanity," Montoya said.
RanaEl-Halabi, sr., Hutchinson and Jade Boyer, doing physical activity. Theirstress reliever is running. Boyer also meditates to relax.
"Running releases a lot of stress for me," El-Halabi said, "because I feel free when I run."
Although some students like being active, others choose more leisurely activities to unwind. Bill Sroufe, sr., Winona, uses reading and writing poetry as a creative release.
Roger Rocha, fr., Brownsville, Texas, goes to movies. It lets him relax and have no worries.
Access Health, Inc., finds that "everyone has their own ways of relaxing." They suggest that people try a number of different techniques to find out what works best and then incorporate those activities into daily life.
"I try and give myself a few minutes in my day just for me," said Adelina Cripe, soph., Nogales, Ariz. "Sometimes I go for a walk, take a nap or even curl my hair."
Taking a long bath and visiting nature are some other activities that people find hel pful, according to Access Health.
When you get out on your own, try to find ways to keep your mind healthy and ready to handle whatever life brings you.

## Check out the sales

## to become a savvy shopper

## Elizabeth Stover

Sports Editor
Many recent grads are unversed at the fine art of grocery shopping. They may miss the bargains, often not getting all they could for their money. Balancing personal preferences with cost and health can bechallenging. Bryan Wave, soph., Onekema, Mich., lives off-campus and has done his own grocery shopping for a few years
"Ithink I'ma logical impulsive shopper. I make a general list, but if it looks good and I want to get it, then I should get it," Wave said. "If I see anything cheap and easy to make, I buy it."
According to Wave, there are four categories of shoppers: logical, impulsive, logical-impulse and the non-enlightened buyer. People falling in the last category generally buy name brand without thinking about it. Over 50 percent of the general population fall into this group.
"I think college kids eat too much frozen food," Wave staid.
After high school, Wave lived in Chicago for one year during his time in Brethren Volunteer Service.
"I was in the Puerto Rican neighbor-
hood so Mexican hood so Mexican food was very cheap.
That's what I learned Wave said. . learned how to cook,"

Wave's taste in food was evident in his shopping cart. The big purchase of the day was alarge jug of salsa for $\$ 6.39$.
"I eat lots and lots of salsa," Wave said.
While Wave doesn't usually buy any junk food, he also doesn't buy many fruits or vegetables.
"I kind of think about eating healthy," Wave said. "It just depends if it's on sale
Some foods have become a staple item in Wave's cupboards, including pasta, rice, curry, peanut butter and jelly and bagels.
"Bagels are a must. You can do so much with them-pizza bagels, with cream cheese, peanut butter and jelly. Toasted or not toasted. Or you can just grab one and shove it in your mouth. That's good too," Wave said.
Comparing prices is key for successful grocery shopping. Ramen noodles cost $29 \&$ at Dillons but only $16 ¢$ at Walmart.
"You can live a long time on Ramen," Wave said.
Quick math can also be an asset among the aisles. Wave al so discovered that two blocks of 10 oz . cheese was cheaper than one 20 oz . block of the same brand of cheese. Block cheese is also generally cheaper than pre-shred-
ded cheese.
"Pre-shredded cheese is for pansies. If you can't shred your own cheese, you have problems," Wave said. "I buy a brick of cheese." When deciding between brands, Wave suggests that it depends on each product.
"Cheap isn't good with tortillas. But you can't screw up with bread. Bread is bread," he said.
Wave also offers these tips for successful grocery shopping:

1. Always buy bulk unless you have roommates because they'll eat it before you can.
2. Plan to cook a large amount for one meal, then enjoy the leftovers, instead of trying to cook for one.
3. Spend time to cook your food. It can be fun!
While Wave estimates that he spends $\$ 25$ for three weeks of groceries, the grand total of this trip to the grocery store was $\$ 22.34$. ( $\$ 29.51$ before the discount from the Dillon's card.)
While some students may need to take astricter approach to budgeting for the monthly grocery bill, Wave takes a very practical approach.
"I try not to put more in my cart than what I have in my pocket," Wave said, "I did that once and it's
apmang
Actually purchased:
V 3 U. hamburger
@ 1.39/U. (cheapest)
$\checkmark$ MamaLupe'stortillas
@1.69
『Hotdogs@ 0.69
(cheapest)
VLoaf of white bread
@ 1.39 (cheapest)
VHotdogbuns@0.99
(cheapest)
$\checkmark 3$ frozen burritos
@ 3 for 0.99
V4potpies@2for1.00
V1/2 gallonorange
juice@1.50
V2 cans refried beans
@ 0.74 each
V4W.jugofsalsa@6.39
V 210 oz. blocks of
cheese@2for4.00
Vbag ofbagels@0.99
$\checkmark 2$ Lbottle of Coca-Cola
@ 1.25

# Form a budgeting habit to 

 LeAnn WineEditor-in-Chief

Typical college students experience a short supply of money while in school. This is especially the case for full-time students who spend most of the day in class or studying and have little time for ajob. Upon graduation, however, most students will experience an increase in income. Learning how to use the money wisely can be difficult.
Fred Schmidt, quality assurance director, suggests that budgeting involves a two-step process. First, determine criteria for wants and needs. Second, develop a realistic budget.
Fundamental to the first step is understanding the difference between wants and needs.
"It is difficult to notallow our culture todictate our wants andneeds," Schmidt said.
Graduates must determine their expenses and income to create a budget. Some expenses are fixed or uncontrollable. Other expenses can be controlled by the student.
A few fixed costs are rent, utilities, and phone bills. Most graduates will eventually begin student loan payments. Those payments are another fixed expense.
items but the cost can be controlled. These items includeclothing, entertainment and transportation. Some controllable costs may become fixed. If a person chooses to buy a car, the car payment becomes a fixed expense, Next, a person should determine all sources of income.
Once a person has figured expenses and income, he or she can decide if they needtocutback on some of the controllable expenses or find a way to increase their income. One of the best things to do is change the controllable expenses, butfew do, according to Schmidt.
The budgeting process will be easy after graduation if a habit is formed during college. The process of determining wants, needs, expenses and income remains the same for Schmidt. students. Some individual items will

## Connect with new friends after college



Elissa Thompson
Features Editor
The gown is in the closet and the diploma is secured to the wall. New lives begin, lives without Dotzour and Metzler. Mohler transforms into some-
thing that students are asking their dentist about.
Along with these changes, students are also forced to say "so long" to many of their college friends. This can leave people feeling lonely and scared. Meeting new people can seem like a chore. I decided to take these struggles to the World Wide Web. Just typing in "How do I meet people?"' on Google's search engine provided me with a plethora of options.
Among these options, I found an online personal ad site called www.oneandonly.com. Finding a perfect match was as easy as selecting USA and then Kansas. Soon, there was a list of Kansas towns with men seeking women at my fingertips.
Of course answering and posting a personal ad is not somethingthat everyone is going to enjoy. There are still plenty of options for people who are plenty of options face to meet someone.
In Rhona Raskin's article, "Going Down to Lucky Town," Raskins explores other tactics that can be used to plores other tactics in in in finding friendly people.
Raskin's first attempt to meet other people was to join a pottery class. Perpeople was pottery is not your bag. Raskins
has haps pottery is no your bag. Risk ot-
learned very quickly that throwing pottery didn't fetch friends. However; she

# Toilet paper and cable not included 

ition, room and board, and books are on a student'slist of fixed expenses.

Students often have more than one source of income. Scholarships, work and even family can be sources of income while a student is in school.
Schmidt identified two items that students and graduates should consider: saving and charitable gifts. The amount of the savings deposit or gift is not of importance, but the habit is, according to Schmidt. One final warning for students and graduates is to limit the use of credit cards. They can be helpful inemergencies and for general convenience, but also dangerous if the owner charges
more than he or she can pay off, according to

## Nichole Williams

## Spectator staff

Cable television does not automatically come with every apartment. You have to call and order cable from one of our local cable companies. The information can be located in the yellow pages under television.
Getting cable is one of the many small steps that you must go through when you start setting up a home and living on your own.
First, let's talk about lights and water. Have you ever heard of the Board of Public Utilities? If you want your lights to work, this is the company to call. This bill will also pay for trash pick-up. You can't just set your trash on the curb, you have to make arrangements to have it picked up. In McPherson, 241-2515 is the number to call.
For summer living, Kansas Power and Light suggests that after you have turned on you air conditioner you should set it at 79 degrees and turn it up to 80-85 degrees while you are gone to reduce your energy bills.
"It was really easy to turn on my electricity, and the people were very nice," said Angela Ulrich, Garden City. "I just gave them the information they needed and I had power.
Making a call to the gas company is another necessity when moving into a new place. McPherson does not have a local branch of KGE but you can set
up your gas account by calling 1-800-794-6101. This will put you in contact with the Wichita office.
Once your home is set up, you are responsible for maintaining it. In some places, you are responsible for keeping your grass mowed to a certain height. Keeping the inside of your house or apartment clean is also your job. Some cleaning supplies you might need include bathtub cleaner, glass cleaner, dish soap and all-purpose cleaners.
When you find a place to live, try to make a list of everything you may use because many small things can beoverlooked until they are needed.
"One of the biggest things I didn't think about needing was toilet paper," said Amanda Wells, Ellsworth. "And that is definitely a necessity."
It is exciting to live on your own for the first time, but it also carries a lot of responsibility.
"I'm excited and scared to live on my own. I don't really know what to expect," said Catlin Wehner, Saint Mary, "but it will be a new experience and I can't wait for the summer to start."
$\qquad$
 new.

Though it will be harder to find new buddies outside of college life, it can and will be done. Meeting new people does take action, so don't be alarmed if your phone is not ringing. It may be your turn to make the first move.
hands are up in the air. "Come on! I just hands are up in the air. "Come on! graduated from college. I'm through with that stuff." How about taking a fun class? Maybe a dance class, or some kind of basket weaving class could provide much insight!
1, for one, say that your best bet is to just get involved. Go to a church and help out with their youth group, fellowship dinner or teach Sunday school. Volunteer for service projects that take place in your area. Give blood at a Red Cross blood drive. Nothing gets a person talking like sticking a needle in his or her arm and pumping out about a gallon of blood.
eHow's web site listed several ways to meet people. For instance, go to public spots like grocery stores, Laundromats, bookstores, coffeehouses and restaurants. And of course, obvious places like bars and the local gymcan put you in the position to meet someone
did find that taking classes to meet did find that taking classes to "Classes?" You are shouting. Your -


## Op€n

Tuesday-Saturday
Call for your Appointment Today! the image professionals
Present this coupon for $\$ 3^{00}$
off any regular cut
(Must bring coupon)

## \section*{SpecialSection} <br> Students survive and thrive at Mac

Mac students have been offered numerous opportunities this year to broaden their horizons. From the season opening of the fall sports teams to the election of new SGA officers this spring, McPherson College has given
students the chance to pursue a diverse spectrum of activities that are available only at a liberal arts college.
For those who take advantage of these opportunities, college can be a time to explore and expand yourknowl
edge of different subject matter. When else in life could you study business, play sports, be an actor on a live stage, and take part in music performances? Even though these may not be activities you will do for the rest of your life,


Tim Hayden, jr., drives to the basket against Ottawa.


Benson Broyles, fr., and Ryan Mackey, sr., perform

Scott McDearmon, sr., and Katie Sue Nicklos, jr., chat over cocktails in the murder mystery spoof "Whodunnit?"



Julie Scheef, jr., receives George Stephens Scholarship presented by Dixie Stephens
original music at a coffee house.


Kevin and Kenny Romero have a brotherly joust during Fun in the Sun activities


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