

# *the* Spectator

Student Run Newspaper for McPherson College

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# TRUTH ABOUT NATURAL MEDICINE RECOGNIZED IN KANSAS

Kansas House Passes Bill Allowing for Medicinal Marijuana Usage

By Diamond Blaylock

Cannabis, also known as marijuana among several other names, is a preparation of the Cannabis plant intended for use as a psychoactive drug or medicine. THC or Tetrahydrocannabinol is the psychoactive constituent of Marijuana that is responsible for the feelings of euphoria when weed is smoked. 9 out of 50 states have legalized the recreational use of Cannabis. Cannabis, also referred to as Marijuana, Mary Jane and/or bud has been the topic of political discussions all over the nation. It's uses are many but restrictions placed upon the drug make it

difficult to take advantage of what some may consider it's perks.

The push to legalize Marijuana for medicinal uses has been advocated within congress for quite some time now. On one side, people fear the potential abuse of the drug for purposes outside medicine. Contrasting these apprehensions, certain representatives push for the drug legalization to alleviate some of the side effects of certain diseases or conditions affecting the majority of U.S citizens. Some of these include: Asthma, HIV/AIDS, Epilepsy and Seizures, Alzheimer's, and IBS.

Former U.S Surgeon General Joycelyn Enders advocated for the legalization of marijuana stating that "The evidence is overwhelming that marijuana can relieve certain types of pain, nausea, vomiting and other symptoms caused by such illnesses as multiple sclerosis, cancer and AIDS — or by the harsh drugs sometimes used to treat them. And it can do so with remarkable safety. Indeed, marijuana is less toxic than many of the drugs that physicians prescribe every day."

Though Marijuana may offer some solutions to painful conditions it is impossible to ignore the

negatives that would accompany the passage of legislation legalizing the drug. Studies have shown that as time goes on a marijuana user acquires a tolerance that will increase the smoker's intake. In simpler terms, Cannabis can be addicting and is often associated with low achievement. The drug provides temporary solutions short term however increases complications within the nervous system in the long run.

More locally, the Kansas House committee passed a bill allowing the use of a certain part of the Cannabis leaf. The bill allows for the Cannabis

oil to be distributed to individuals, children specifically, that suffer from seizures. Moreover, the oil may not have more than three percent THC, the active ingredient in Marijuana. Due to the low amount of THC it would be very difficult to get high off of the prescription protecting the user from acquiring addiction.

Despite the differing opinions regarding the legality of the drug it's important that people understand the unavoidable truths about Cannabis. A common misconception about the drug is that it is an equivalent to hard core drugs like that of heroin

and cocaine but in fact it is used to wean people off the drugs and encourage sobriety. As stated by Jocelyn Enders, Marijuana is way less harmful than drugs that are accessible in your local walmarts. And as recently discovered here in Kansas, it can make a child's life more enjoyable by halting any seizures the child experiences. It's important with all prescription drugs to use in moderation and cautiously.

If you or anyone you know is suffering with a drug addiction please consider calling the addiction hotline at (800) 448-3000.



# Student Service Recognized with Ceremony

## Life and Light Awards Received by Student Service Participants

By Madison Hoffman

McPherson College Recognizes Student Leaders and Groups at Light and Life Awards

McPherson College hosted its fourth annual Light and Life Awards on Monday, May 1 in Mingenback Theatre. The event, organized by the Student Government Association (SGA) and the Office of

Student Life, is designed to recognize student leaders and groups for their work on campus and in the community.

Nominations were submitted by fellow students, faculty, and staff members as well as groups themselves a week prior to the awards ceremony. SGA reviewed the nomination applications

and chose the final award recipient for each category. The categories included: Emerging Leader, Outstanding Student Leader, Overall Excellence in Community Service, Overall Excellence in Programming, Outstanding Student Group, Outstanding Volunteer Advisor, and Outstanding Community Partner Award.

"I choose to be involved on campus because I want to see McPherson College thrive in the way I know it's capable of," said junior Logan Schrag.

The evening began with dinner catered by Jaime Perez and students and was followed by a presentation of the awards by SGA members. McPherson College President, Michael

Schneider, delivered a closing speech to end the evening's festivities.

Below is a list of the award recipients.

Emerging Leader Award: Brandt Wolters  
Outstanding Student Leader Award: Logan Schrag  
Overall Excellence in Community Service: Teachers of Tomorrow

Overall Excellence in Programming/Activity: M Club, United Against Hate  
Outstanding Student Group: Student Activities Board

Outstanding Volunteer Advisor Award: Colleen Gustafson  
Outstanding Community Partner Award: Client Centered Counseling



Photo by Colleen Gustafson

SGA Hosted the Award Ceremony that recognizes students for their participation in service and scholarship within the McPherson Community. Recipients were presented their awards on May 1 by Michael Schneider, College President.

## Color Run Takes Place After Cancellation

By Madison Hoffman

M Club hosted its first MColor Dash on Tuesday, April 25th at Light Capital Baseball Field before the start of the McPherson College vs. Central Christian College baseball game. Participants started the Dash at the Avenue A entrance behind right field, ran through four color stations, and finished back at the starting line.

M Club organized the event while SAB, Rotaract, and PST provided volunteers, yard games, drinks, and music. Free custom-made white rally towels were handed out along with white sunglasses

for runners to wear. Following the Dash, Food Service Director Jaime Perez and students grilled hot dogs and veggie burgers and served chips, cookies, and water. PST held a raffle after each inning to give away gift cards to participants and student volunteers. Students were invited to stay after the Dash to support the baseball team as they had their last home game of the season.

Junior Logan Schrag said, "My favorite part of the color dash was seeing all different varieties of students out here coming together to enjoy the dash

and baseball."

The Dash had previously been set for Tuesday, March 28 but was postponed due to weather. Nearly 80 students initially signed up for the Dash while 20 attended because of overlapping sporting events.

"I enjoy helping plan events and anything with lots of color is always a blast," said sophomore Amanda Lolling.

M Club plans to host another MColor Dash in the fall before a home football game that's open to the McPherson College community.



Photo by Madison Hoffman

The Color Run had previously been set for Tuesday, March 28 but was cancelled due to rain. Students were able to participate in the Color Dash as well as yard games.



Photo by Madison Hoffman

The Color Dash began at Avenue A and included four different color stations.

## C.A.R.S Club to Host Annual Classic Car Show

### Festivities to Include Cruise-In and Demonstration

By Andrew Tanner

In 1976, local McPherson entrepreneur Smokey Billue endowed McPherson College with 125 classic cars and start-up funding to begin what is now the thriving Automotive Restoration Program. With cars come car guys, and with car guys come car shows. For the last 17 years, McPherson College has hosted an annual car show at the hands of the Automotive Restoration students and professors. The show is handled primarily by the C.A.R.S. (College Automotive Restoration Students), and as such is largely student run. Not only does the yearly car show bring in revenue to further the Automotive Restoration Program, it also raises awareness for the program, and makes

for the biggest on-campus event of the year. The car show is the event at the end of the year that is the culmination of all the hard work the C.A.R.S. Club students have put in, planning, preparations, and organizing the other restoration students. This year's show is set for this Saturday, May 6 at 8AM, and will include some of the most prestigious feature cars that have ever rolled their way onto campus. Some of the feature cars this year include the first Camaro to roll off the line, 1967 Chevrolet Camaro VIN number 100001, a 1957 Chrysler 300C that was one of four ordered specifically for NASCAR racing, as well as a perfection restored 1937 Mercedes 540K Cabriolet that was a 2016 Pebble Beach participant. In addition to the feature cars,

there will be many other local and national entrants, as well as the Student Section that includes finished and project cars owned by McPherson College students. Some other notable related events going on this weekend include the Model T Build event, and the C.A.R.S. Club Cruise-In on Friday, May 5 at 6PM, which is open to anyone. The McPherson College Car Show is free admission for anyone who wants to come and walk around, or watch the T-Build Team put together an entire car in under 10 minutes. It's a great opportunity to meet new people, check out some cool cars, and get a look at some of the cool projects McPherson College students are spending their free time working on, and will likely continue for years to come.

#### RETRACTIONS:

AIGA Picture from Issue 11 taken by Sarah Neher

Coach RaShawn Calvert is not a McPherson Alumni

## Get Paid.

Spectator is hiring the following positions for 2017/2018

Managing Editor  
News Editor  
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Business Manager  
Copy Editor  
Marketing Manager

For any questions please contact us at [spectator@mcpherson.edu](mailto:spectator@mcpherson.edu)



## Know Your Stuff

### Final Advice

By Channing Wall

**H**ot dang! It's the last issue and I am having a hard time believing it. I thought it necessary to write in the last issue, so here are the two biggest lessons I've learned over my roller coaster, 5-year, college career.

Own your stuff. Nobody, not friends or family and especially not bosses, like it when you can't take responsibility for an error that you clearly made. Even if there is a perfectly logical explanation for why you made that mistake, own it. You will gain so much more respect from everyone by demonstrating that level of maturity. I'll never forget when I learned this lesson. I'd just gotten real fired up at a teacher in high school and said some things I shouldn't have, got sent to the Principals office where I was trying to justify my actions but instead was told I just needed to own it. At first, my high school mind was furious and appalled that my side hadn't been taken. This last week, I accepted a job in Boulder, CO and called that same Principal to thank him for teaching me that lesson because I feel it was a huge contributor to where I am now. Own your stuff. Shout out to Brett McClendon for that lesson learned.

Be an empathetic shark. Take risks, make power moves, go after your goals like a shark, but stay empathetic. I learned from a friend I value deeply, Stephen Preisig, that understanding different perspectives is important, but so is sticking up for your own. I am considered a 'Super-Sensitive' person so this concept is hard to grasp but I've come to appreciate the lesson.

Finding a balance between the two is a bit of an art form but one worth the time.

You can't worry about how others are feeling to the extent you get nothing done, it's great to be relatable and have people enjoy your company, but you've still got to be doing what you need to do because in the end you're the only one who will get you to that point. Don't be afraid to debate with people, as long as you know your stuff and can make a genuine point to understand their perspective as well.

# Letter to the Editor

## Eliminate Race

By Izzy Wood

**T**o whom it may concern:

I am Izzy Wood, an African-American student at McPherson College. I was recently invited to join the Black Student Union on campus. The President of the union Diamond Norris addressed why she is pushing to bring the Black Student Union back here on campus. Ms. Norris posted on Twitter recently her main reasons for establishing this club on campus.

According, to her tweet on April 17,2017 "Black representation lacks in what seems like every facet of our community. Because of this, it's important to create environments that offer African American students the freedom to feel liberated and get alleviation from injustices experienced within the community." I respect the direction she wants to take with this student union, but I disagree with this club being reestablished here on campus and I would not

join.

I disagree with reestablishment of the Black Student Union because I see no color. Although, I agree there are some things that need to be corrected in society based on ethnicity, I don't think we should isolate ourselves from one another by establishing a club here on campus titled "Black Student Union". Additionally, I feel as though whenever a race is inserted into a particular group name it will instantly

cause some sort of divide, which could result in racial tensions. If you look at most terrorist group titles they usually involve aim at a specific ethnic group; for example: "The Ku Klux Klan (KKK)", " Islamic State of Iraq and Levant (ISIL)", and now "Black Lives Matter". All of these groups have been associated with violent crimes. Personally, I feel as though people associated with these groups feel superior towards certain ethnicities. Rather than cause a

division among students, I believe students at McPherson College should come together. If we are going to get past all of this racial division in society we should come up with groups on campuses whose chief aim is to celebrate individuality. Dr.Martin

Luther King Jr. said it best: " I look to a day when people will not be judged by the color of their skin, but by the content of their character."

# Uncommon, Unusual, Unwanted

## Cars on the Corner with Andrew Tanner



Photo By Andrew Tanner

Junior, Lane Sutterby is the owner of this 1971 Chevrolet C/10

By Andrew Tanner

**H**ailing from Uniontown, Kansas junior Lane Sutterby brought along with him his 1971 Chevrolet C/10 pickup, a beloved family vehicle that has been with the Sutterby family since brand new. Although C/10s of this vintage are relatively common, as they have always been a favorite in the world of classic trucks, this truck has a few things that set it apart from the majority of similar C/10s one would see at a car show.

The most obvious less-

common feature of this C/10 is the fact that under the hood is a 250 cubic inch inline-six-cylinder engine, which was likely quite common in 1971, however nowadays most old Chevy trucks have powerful V8s installed in them. To see the original six-cylinder power plant still in place is truly a unique feature of this truck, and a testament to the family that has owned it. This truck also has a 4-speed manual transmission, which hooked up to a six cylinder engine likely makes for excellent hauling, which is precisely

what this truck has spent most of its life doing.

Lane's grandfather purchased the C/10 brand in 1971 at Fort Scott Chevrolet for use as a farm truck, and he did exactly that. This truck was used to haul hay, hogs, grain, and most things that needed hauling. After seeing daily farm duty for 20 years, with the occasional trip to town, it was sent off to Kansas State University along with Lane's dad around 1992. During this time at college, the truck acquired Chevrolet truck rally wheels, a sound system,

and a seat from a 1992 Suburban, all of which were upgrades for someone using it as a daily driver.

Lane's father drove the C/10 everywhere until 2004, at which time it encountered a distracted driver and was involved in a literal fender bender. Lane's father opted to purchase a newer truck with the insurance money, and the Chevy sat until the summer of 2011, when Lane got his learner's permit, and began to work on it to make it run properly. In the summer of 2015, the Sutterbys pulled the engine

and had it rebuilt, putting it back together only a couple of days before he had to drive to McPherson for his freshman year in the Automotive Restoration program.

Although Lane says his truck has been giving him a hard time for the last two years, he has no intentions of giving it up. He plans to upgrade the drivetrain and keep the truck in the family for at least the next two generations, because of the large amount of family history that follows it.

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## LETTERS TO THE EDITOR

Any student, staff or faculty member can submit a letter to the editor to potential be published in The Spectator. Letters should be limited to 350 words in length. The letter must be accompanied by the signature of the author; letters may not be sent anonymously.

Letters may be edited for grammar, spelling, content or length. The Spectator staff reserves the right to refuse publication of any letter.

All letters should have a point that is constructive or contributes to the enhancement of the McPherson College community; The Spectator staff will not print libelous material.

Anyone can submit a letter to the editor at any time so long as the time of publication is not vital to the author.

Letters can be printed and submitted directly to any member of The Spectator editorial staff or emailed directly to the Editor-In-Chief at [wallcha@bulldog.mcperson.edu](mailto:wallcha@bulldog.mcperson.edu).



## SGA Hosts Blowout Community Anticipates Event

By Joyce Muhizi

Our Annual Campus Blowout is right around the corner. It is one of the most anticipated events on campus and is definitely not one to be missed on Friday May 12th. The Student Government Association has been planning it since February and they have so much in store. A variety of inflatables, games, yard games, margarita machine, cotton candy and popcorn

machines, as well as fun houses will be set up. The teams (of 6 people each) will be judged on three aspects: Best dressed, best spirit and fastest time. All 3 categories will receive First place: \$1,000 to split among the team. Second place: \$500 to split among the team. Third place: \$250 to split among the team. To win the prizes, the teams must be at the comedy show that will take place that same evening. Gigmaster's

#1-Rated Comedian "Scott Long" will be doing a show in Brown auditorium at 6pm. It will be open to the McPherson Campus Community at no cost. "This will be a great time to come out and not be professional with your colleagues, get down and have fun and not have to worry about the professional setting." Corey Long, President of SGA said.

## Alpha Psi Omega 2016-17 Theatre Awards

Production Crew Member

Tori Broers

Team Player

Tara Gladding

Outstanding Morale

Whitney Murray

Achievement in Performance (Male)

Grant Tuttle

Achievement in Design

Liz Thornton

Refining the Craft - Technical

Bailey Short

Refining the Craft - Acting

Aysia Pryor

Achievement in Performance (Female)

Erin Fralick



# Black Light Volleyball Tournament

May 13th @ 1 pm  
in the Sports Center

Cash Prizes  
1st place \$600  
2nd place \$300  
3rd place \$150

Popcorn and Gatorade will be served during the tournament. Pizza will be served at the conclusion of the tournament.

# Confessions from a College Campus

"I hate how small this school is because once you do something, everyone on campus knows about it within the next hour... talk about privacy?"

"We need more to do on campus. Im sorry but like one bingo and intermural event a month doesnt cut it... The only fun things to do anymore are the same old house parties or an hour trip to Rodeo. Just wish there was more to do here."

"I hate how certian people walk around campus acting like they own the place, please get off your high horse and relax..."

"Its so fun getting to listen to the guy next door cheat on his gf every other day, but at least he is classy enough to get new girls off tinder..."

# May

5 Awards Convocation


12 All Schools Day/  
Campus Blowout

21 Commencement Ceremony

6 C.A.R.S Club Car Show

8 Band: Pops Concert

15-18 Finals



# STUDY HACKS

Summer vacation is near and so are final exams! We've got you covered with these tips and tricks to finish out the semester strong.

### Candy

Get a sugar rush. Pop some candy to stay alert.

### Memory

Jog your memory by using flash cards. Flash cards can help you retain vital information. You can also try an interactive flash card site, such as Quizlet.

### Pace

It can be intimidating if you feel you have a lot to do. Pace yourself by working on or studying in sections.

### Sleep

Tests are important, but so is your health. Don't neglect your beauty sleep.

### Music

Listen to instrumental music or ambient sounds while you study.





## Campus Club Involved in Community Service



Photo by Madison Hoffman

Cara Hudson and Amanda Lolling, members of Rotaract, involved in community service.



Photo by Madison Hoffman

Amanda Lolling and Logan Schrag working together with community event.



Photo by Madison Hoffman

Logan Schrag helps out with Rotaract community service event.

By Joyce Muhizi

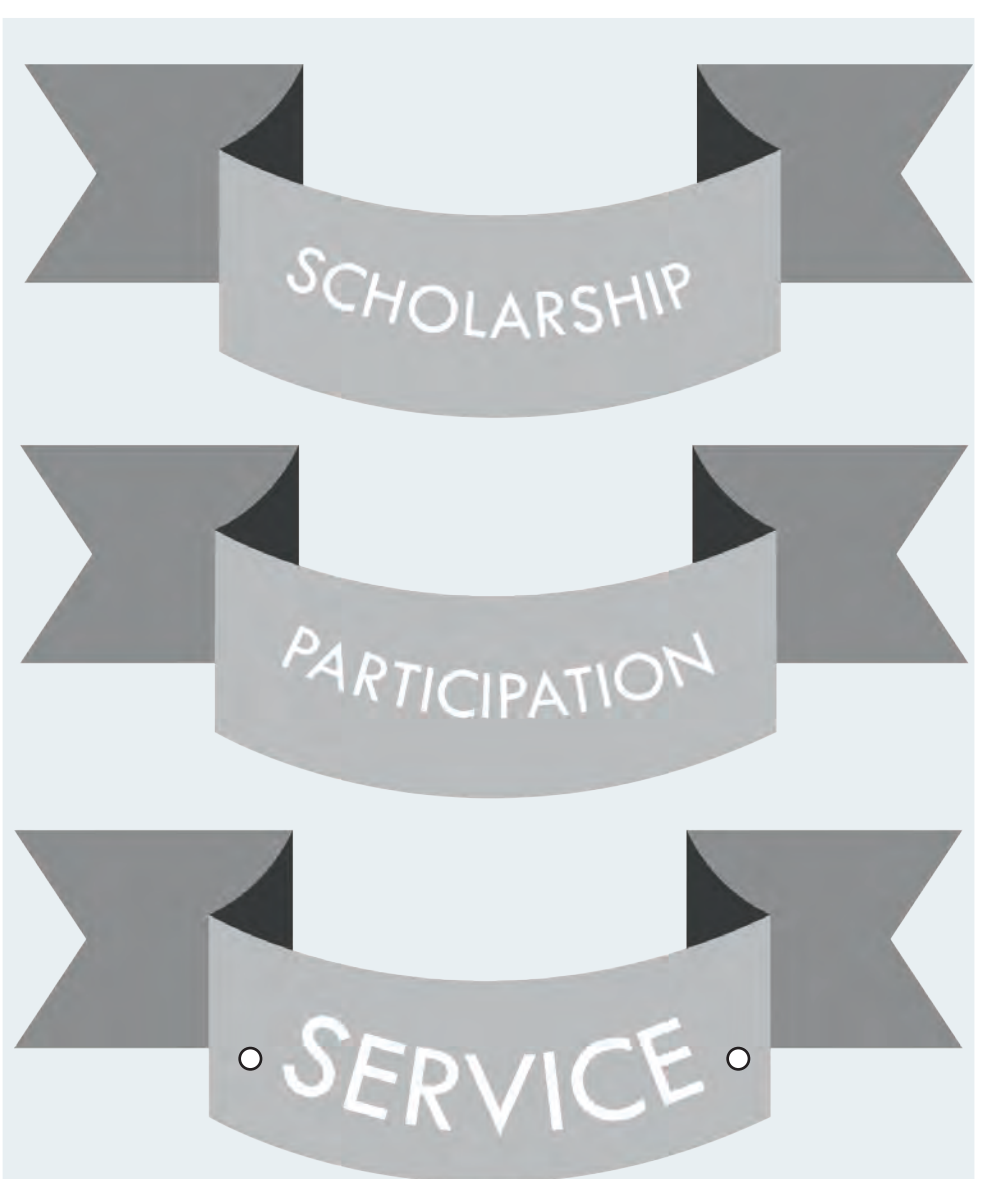
Rotaract is a service club for anyone 18-30 years old. This club is dedicated to serving the local, national and International communities through project and events. Rotaractors develop leadership and professional skills by engaging in community services and connecting with people from all over the world.

The main events for this year involved painting PETs (personal energy transportation systems) that

are sent all over the world as well. The second one was participating in Operation Christmas Child where they distributed boxes for faculty and staff members to fill up for underprivileged children during Christmas time. Thirdly, they also volunteered time by running admissions gates at the Festival of Cultures and helped at the local Numana night where members packaged meals to be sent around the area and the world. "I think being involved in Rotaract

helps students realize the impact that serving can have. Even just two hours of volunteering can change someone else's life" Madison Hoffman.

Next year, they are planning to host a mud volleyball tournament in September for the campus community to raise donations and awareness for childhood cancer awareness month. Events such as PETs and Operation Christmas Child will continue and hopefully will get more and more people involved.



## Fulfilling the Mission

### Students Featured for Recognition

By Johanna Hoffman

Rhianna Smith has taken McPherson College's motto of scholarship, participation, and service to heart. She is a business administration major, a student-athlete, and an active part of business club, as well as an ACE mentor. She also has taken advantage of many service opportunities while in her two years here, but has participated in service opportunities much longer than that.

Service has been a large part of Rhianna's life since she high school. Her first service club involvement was her freshman year at McPherson High School. She joined the KAY club, an organization with goals to create a positive atmosphere and be good examples for high school

peers.

"I first got involved in service because I wanted to be able to give back to my community. I think it's very important to give and expect nothing in return."

When she got to college, Rhianna immediately joined Rotaract club, a campus service organization of which she now is co-president. Rhianna consistently sets aside time to participate in service opportunities in her busy college schedule, squeezing in time between classes, volleyball, and clubs.

"Service is taking time out of my busy life, without someone asking for my help, in order to make someone else's life better."

For Rhianna, service has also been a way to expand her perspectives

and travel. One of her favorite service memories is traveling to Haiti after participating in the Global Enterprise Challenge. She was able to assist in clean water projects, as well as a mobile clinic as part of the Haiti Medical Project.

Rhianna believes service is important, whether it's volunteering locally or abroad, because everyone can use a helping hand sometimes. Helping those who are unable to help themselves for a variety of reasons is rewarding, and well worth the time and energy.

"I serve because I believe helping others is one of the most valuable things I have to offer this world. I want to make a positive impact on every possible person."





## Women's Tennis Brings Home KCAC Champion-



Photo Provided by College Athletic Communications  
Lady Bulldogs bring home the KCAC Championship title.



Photo By Madison Hoffman  
Senior, Joan-Marc Fujla competing in the men's semifinals against Southwestern College.

By Madison Hoffman

The men's and women's tennis teams both won the Kansas Collegiate Athletic Conference (KCAC) Tournament title on Saturday, April 29th in Topeka, Kan. The two-day tournament began early Friday morning as the Bulldog women took on Bethel (Newton, Kan.) indoors at Genesis Health Clubs.

The women, seeded at No. 1, started off strong winning all three doubles spots before sophomore Lea Striegel (Emmendingen, Germany, Albert-Schweitzer Gymnasium) and freshman Besa Bwalya (Hoisington, Kan., Hoisington High School) closed out the match with singles wins, making the final score 5-0 and advancing the Bulldogs to the finals against the No. 2 seed Southwestern College (Winfield, Kan.).

In the title match, the Bulldogs again won all three doubles points as Bwalya and freshman Brittany Zipf (Rockhampton, Queensland, Australia, Emmaus College)

held onto a close No. 1 doubles match. Zipf and Bwalya clinched the title with singles wins. "It's great to be going back to nationals again! I'm glad that our freshmen can experience this. Our goal this year is to go further than the first round," said Striegel.

The men's team, who also occupied the No. 1 seed, took all three doubles points Friday afternoon against Southwestern College in the semifinal held outdoors at Kosover Tennis Center. Junior Hector Carrillo (Barcelona, Spain, Bom Salvador) and freshman Nicolas Wahl (Kommigen, Germany) finished the match with singles wins, making the final score 5-0.

The Bulldog men then took on the No. 2 seeded Bethany Swedes (Lindsborg, Kan.) indoors for the tournament finals just four days after defeating them for the regular season crown. The Bulldogs won at the No. 1 and No. 2 doubles spots, taking a 2-1 lead before heading into singles. Junior

Ahmed Lahlou (Casablanca, Morocco, Groupe Scolaire Anfa) won at No. 2 singles while senior Joan-Marc Fajula (Catalonia, Spain) finished out the match with a close win at the No. 1 spot.

"During the last week before the conference tournament we worked more on specific things that our coach saw during previous matches," said sophomore Juan Jimenez (Pereira, Colombia, Liceo Taller San Miguel).

Both Bulldog teams are now preparing to head to the NAIA Men's and Women's Tennis National Championships in Mobile, Alabama. This is the fourth consecutive trip for the women and third consecutive trip for the men.

"It feels really good to know that we're able to participate in the national championship tournament. Winning the conference tournament was a reflection of all the hard work that we have done the whole year. Good job Bulldogs!" Jimenez said.

## Bulldog's Softball Clenches Spot in Conference Tourney

By Joyce Myhizi

Seniors Katie Holmes, Azaria Romero and Jourden Masero participated in their final home games as Bulldogs. "The impact of the seniors to our program has been huge since they first stepped on the field, they have built trust in themselves and their teammates and they continuously trusted the process that the coaches provided. They have set a good example to the underclassmen about always believing and never giving up. As a group, they

worked through struggles at the beginning of the season with playing time and hitting. They stuck with it, they kept working and it's really paid off as now Holmes and Romero are in the starting lineup again" Ashley Spencer, head coach for Softball said. The seniors will definitely be missed by their teammates but have left a mark on them.

"I would say to our seniors thank you. For keeping us motivated and for being such great role models. They have impacted me and our team

and have represented the softball program in so many special, positive ways that will carry onto our next seasons" Kylee Martins, freshman said.

The McPherson College softball team closed out its 2017 Kansas Collegiate Athletic Conference slate with a two losses Tuesday night playoff Tabor College at the Hillsboro Sports Complex.

McPherson, which qualified for its first KCAC Tournament since 2014, closes out its regular-season schedule Saturday afternoon with a 1 p.m.

doubleheader at Central Christian College but due to inclement weather in the McPherson area, Saturday's scheduled nonconference softball doubleheader between McPherson College and Central Christian College was cancelled. The rainout concludes the regular season for the Bulldogs (25-23, 11-11 Kansas Collegiate Athletic Conference), whose next game will be on Wednesday, May 3, in the opening round of the KCAC Softball Tournament.



Photo By Taylor Hires-Clark  
Freshman, Christie Betker hits the ball for a base hit against the Tabor pitcher.



Photo By Taylor Hires-Clark  
Senior, Katie Holmes is behind the palte catching Christie's curve ball against Tabor.



Photo By Taylor Hires-Clark  
Junior, Amanda Connell recieving a ball on second base for an out against Tabor.

## Baseball Upsets No. 23 Sterling in Nail Biter



Photo By Micah Gilbert/McPherson College Athletic Communications  
Junior, Treyton DeVore delivers a strike for the Bulldogs.

By Braden Bush

After a couple of recent losses the McPherson College baseball team battled back to secure a win over Bethany College. After being picked last in the conference the McPherson baseball team has been selected to the KCAC conference baseball tournament. Junior Catcher Evan Willow gave us his

thoughts on making the tournament "Like you said, obviously we are an underdog and, like you said in your paragraph already, we got picked last in the conference, so it's pretty good to get into this conference tournament finally. We have been talking about it, like you overheard us at the table, we've been talking about

it all week. It's going to be a hard road, but you never know with our team, we have really good chemistry and we are like a family, that's pretty much how we are and we are going to go to battle no matter what." Which is exactly what the bulldogs have displayed all season, they battled through the adversity of being picked last and being

an underdog nearly every week, but the Bulldogs have overcome most of those battles and are now setting a good stride for their conference run. You can catch Evan and the Bulldogs opening up the KCAC tournament on May 3rd, 2017, in Great Bend, Kansas, against an opponent that is yet to be determined.



Photo By Micah Gilbert/McPherson College Athletic Communications  
Sophomore, Lane Fleming catches a pick off from Matt Green, the pitcher for the Bulldogs.



## Blake Reed Miracle Mile

By Braden Bush  
Come support the Blake Reed scholarship at the Blake Reed Miracle Mile on Saturday May 13, 2017. The event is hosted on Campus and everyone is welcome to join with a \$20 entry fee which goes directly towards the scholarship. In past years the Blake Reed Scholarship has been granted to just one senior from the football team but this year has been expanded to one junior and one senior, which shows how much this Miracle Mile and this young man means to not only McPherson College but McPherson as a community.

## Spring Ball Makes Football Team excited for Upcoming Season

By Braden Bush  
The McPherson College football team entered their offspring workouts after a tough season, but then the team hit the ground running hoping to take further steps in the program after a couple rebuilding years. The Bulldogs have

struggled in the past couple of season with positive and consistent productivity on both sides of the ball. On April 22nd, the Bulldogs hosted their annual Spring Football scrimmage which ended with an offensive victory overcoming the defense 63-51. The

scrimmage was based on a custom scoring system which gave the offense points for touchdowns, plays over 15 yards, and first downs. The defense earned their points from 3 and outs, pass break-ups, and sacks. A few days after the scrimmage We got a

quote from Quarterback Ed Crouch about his thoughts on the spring game's outcome. "The Spring Game went well, you know everybody worked hard, we competed, and everyone gave their heart out there. We had no negative influences, we all stayed

together and focused, everybody was positive; Positive thoughts, positive outcomes." Although it was just the Spring Game, the Bulldogs looked ready for their home opener against Texas Wesleyan on September 2nd @ 7:00 p.m..

## McPherson Hosts NAIA Conference

By Diamond Blaylock  
As the outdoor season comes to an end for our Men and Women's Track and Field teams the pressure is on for a successful conference meet. Traveling all over Kansas to compete, the Men and Women's teams have had great achievements thus far with having several individuals qualifying for nationals. Among the qualifiers included Amy Braimbridge, an international student from Perth, Australia. She

qualified for nationals when she ran a season best 200m in 24.9 during the Bethel Invitational. Alongside Amy, the Men's 4x100m relay team qualified for nationals having run a 41.89 at Friends University. The Men's 4x100m proclaimed, "We just have to trust one another and make sure that we have clean hand-offs. We should compete well at nationals. It's all about trusting the process, the training, and one another."

Hunter Sury, sophomore, also qualified for nationals in the open 100m dash with a 10.53 at Friends University. The sophomore had an injury his freshman year so his qualification this season didn't come easy but was well worth training for. "It was a lot more work than I expected having an injury, but once I got back into it, I felt better than ever." Sury said. With conference approaching and nerves increasing Sury is expecting to see great improvements

at the upcoming meet. "I expect to PR at nationals and hopefully become an all American." With a very large percentage of the teams being graduating seniors this year it has been an emotional yet very successful adventure for these athletes. J'Moi Penn, a leading senior, holds the top mark for this season in the 200m at 21.80. The qualifying time for nationals is 21.65. Penn will fight to the finish at the upcoming conference

championship meet to earn his spot at the national championship. "I'm close but it makes me feel that I'm consistently getting better. My body is well rested and I'm confident and trusting in the training and praying that all the work pays off" -J'Moi said. All in all, it's been an impressive season for all the bulldogs. The men will race to continue their title streak at the NAIA outdoor conference May 5-6 at the McPherson college track.

# Senior Features with McPherson Athletes Michael Janzer Lauren Wankum

By Daniel Hartman  
Michael Janzer is a member of the Cross-Country Team, Track and Field team, and also part of the student resident staff as a resident assistant at McPherson College. Janzer discovered McPherson college when his old high school track coach recruited him his senior year. Coming in to college, Janzer was shy and more timid than he is now, and appreciated the fact that the cross-country team was inclusive, accepting, and treated each other like family. Janzer is a sociology major with an emphasis in criminal justice. He plans to one day work in a juvenile detention center with children who have had a troubled up-bringing and need help getting their

lives on the right path. He wants to be able to have a positive impact on their lives. After college, Janzer will be getting married in October to his current team mate and fiancé, Lauren Wankum, and moving to Denver, Colorado. Since being at McPherson college, Janzer has gained "friends of the highest quality," that are accepting, and don't judge. He has become both a more outgoing person and a better person all around, and finally, he feels he has become a better runner. "Just go for it, if you have an idea, just go for it, and don't hold back," Says Janzer in a last piece of advice for remaining friends, peers, and the bulldog community.

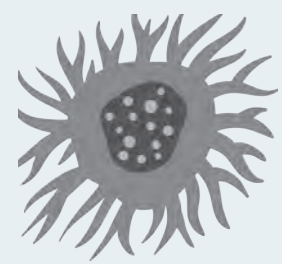
By Daniel Hartman  
Lauren Wankum is a member of the Cross-Country Team, and Track and Field team, at McPherson College. Wankum is from McPherson, Kansas, but grew up in Manhattan, Kansas. Originally, Wankum planned to go to Kansas State University, but was recruited to run at McPherson for the Cross Country, and Track and field teams, and accepted it graciously. Wankum is a business administration major with an emphasis in finance and accounting. She hopes one day to be a stay at home mom. But, aside from that goal, Wankum eventually plans to get her license to become a Certified Public accountant and work her way up to a management position. After Graduation, Wankum plans

to get married in October to her fiancé, Michael Janzer, and move to Denver, Colorado. She has been in a 3-year internship with a company out of McPherson known as Swindoll, Janzen, Hawk & Loyd, and they have offered her a full-time position. She has accepted the job and will be working for them from her home office while living in Colorado. She has, learned how to deal with, and manage other people, and gained a better awareness of her strengths and weaknesses in life. She also learned how to change her mentality towards running and give 100 percent in every race. Wankum would like to leave her fellow peers and friends by saying, "don't take any moment for granted, don't just go through the motions, enjoy every bit of the experience."

# Brain Works

## Sports Psychology with Morgan Little

By Morgan Little  
Along with knowing your mental toughness level and limits of yourself in athletics, there can be another factor that you may be dealing with or know of someone who is. Lots of athletes have cases of anxiety and depression that they deal with everyday. This can be during their practice, a game or even when they are not around their sport environment.



They are very good at keeping it on the down low because they have other responsibilities to take care of. They need to keep their team commitments, and show that they are dedicated to what they love doing even though it may cause some mental instabilities. The originating of the mental illness may or may not have been from an incident in the sport or being involved it for so long. Sports come with much pressure to perform well or there will be consequence. Many require you to always be a leader, keep in your opinions of others to not

disrupt team chemistry, and other things that could possibly build up inside a person.

Sport Psychologists then can come to the rescue. They can help talk you through the mental blocks or problems you may have. They can learn of your background and maybe why you are having some anxiety when you play. They can help

you set goals of when you are triggered or help you become more confident so there are less things for you to worry about. It is so common and nothing to be ashamed of. Many professionals even have to deal with problems in this area of their lives. I would

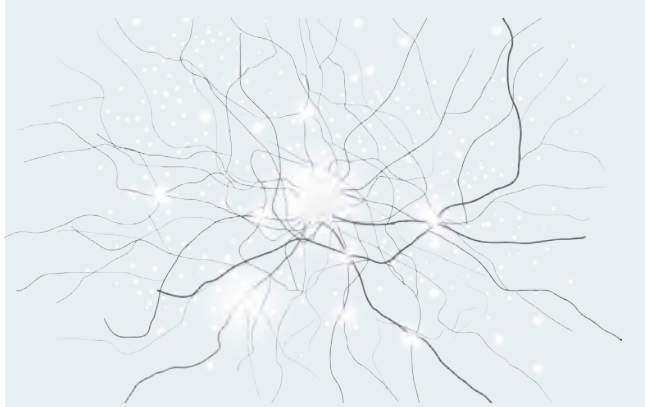


suggest that if you think you may be suffering, get help. It will be so worth it. It will be worth knowing that there is a problem. It will be worth setting goals to become a better person and athlete. It will be worth being able to share your story to help others better their lives too.



Senior, Michael Janzer and Senior, Lauren Wankum.

Photos By Daniel Hartman





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